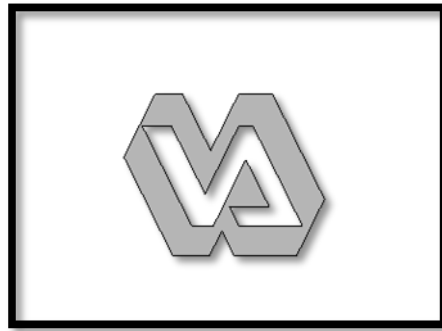


AMENDMENT A00003 TO
SOLICITATION VA262-15-B-0027
ATTACHMENT 4



PROJECT:

VA SAN DIEGO
HEALTH CARE SYSTEM
CHW & HHW Systems Balancing
Correction
PROJECT MANUAL

FINAL CONSTRUCTION DOCUMENTS
FOR CONSTRUCTION

October 18, 2013

(WITH VAMC SD ENG REVISIONS / UPDATES 06-01-15)

3350 LA JOLLA VILLAGE DRIVE
SAN DIEGO, CALIFORNIA 92161

VA PROJECT NO. 664-11-165
GKKWORKS PROJECT NO. 40171
SD-2321

gkkworks

1775 Hancock Street, Suite 150
SAN DIEGO, CALIFORNIA 92110

**DEPARTMENT OF VETERANS AFFAIRS
PROJECT SPECIFICATIONS**

TABLE OF CONTENTS

	DIVISION 01 - GENERAL REQUIREMENTS	
01 00 00	General Requirements	06-15
01 33 23	Submittals	10-13
01 32 16.15	Project Schedules	06-15
	DIVISION 02 - EXISTING CONDITIONS	
02 82 11	Traditional Asbestos Abatement	06-15
02 82 11.01	Asbestos Control Requirements	10-13
08 82 13.13	Glovebag Asbestos Abatement	06-15
02 83 33.13	Lead-Based Paint Removal and Disposal	06-15
	DIVISION 23 - HEATING, VENTILATING, AND AIR CONDITIONING (HVAC)	
23 05 11	Common Work Results for HVAC and Steam Generation	10-13
23 05 12	General Motor Requirements for HVAC and Steam Generation Equipment	10-13
23 05 93	Testing, Adjusting, and Balancing for HVAC	10-13
23 07 11	HVAC, Plumbing and Boiler Plant Insulation	10-13
23 09 11	Controls and Instrumentation	10-13
23 09 24	Controls and Instrumentation T-stat	10-13
23 21 13	Hydronic Piping	10-13
23 21 23	Hydronic Pumps	10-13
23 43 10	Variable Frequency Drives	10-13
	DIVISION 26 - ELECTRICAL	
26 05 11	Requirements for Electrical Installations	10-13
26 05 21	Low Voltage Electrical Power Conductors and Cables	10-13
26 05 26	Grounding and Bonding for Electrical Systems	10-13
26 05 33	Raceway and Boxes for Electrical Systems	10-13
26 29 21	Disconnect Switches	10-13

SECTION 01 00 00
GENERAL REQUIREMENTS
TABLE OF CONTENTS

1.1	GENERAL INTENTION.....	2
1.3	SPECIFICATIONS AND DRAWINGS FOR CONTRACTOR.....	7
1.4	Construction security requiremenets.....	7
1.5	FIRE SAFETY.....	10
1.6	OPERATIONS AND STORAGE AREAS.....	14
1.7	ALTERATIONS.....	18
1.8	INFECTION PREVENTION MEASURES.....	21
1.9	DISPOSAL AND RETENTION.....	25
1.10	PROTECTION OF EXISTING VEGETATION, STRUCTURES, EQUIPMENT, UTILITIES, AND IMPROVEMENTS.....	25
1.11	RESTORATION.....	26
1.12	PHYSICAL DATA.....	27
1.13	As-Built Drawings.....	27
1.14	USE OF ROADWAYS.....	28
1.15	TEMPORARY USE OF MECHANICAL AND ELECTRICAL EQUIPMENT.....	28
1.16	TEMPORARY USE OF EXISTING ELEVATORS.....	29
1.17	TEMPORARY TOILETS.....	30
1.18	AVAILABILITY AND USE OF UTILITY SERVICES.....	30
1.19	TESTS.....	32
1.20	INSTRUCTIONS.....	32
1.21	GOVERNMENT-FURNISHED PROPERTY.....	33
1.22	RELOCATED Items.....	34
1.23	"SUBMITTAL EXCHANGE" Software.....	35

SECTION 01 00 00
GENERAL REQUIREMENTS

1.1 GENERAL INTENTION

- A. Contractor shall completely prepare the site and area of work for construction operations, including demolition and removal of existing work as required by drawings and specifications.
- B. Architect of Record, will render certain technical services during construction. Such services shall be considered as advisory to the Government and shall not be construed as expressing or implying a contractual act of the Government without written affirmations by VA Project Manager or his duly authorized representative.
- C. Access to unauthorized personnel is restricted to all VASD grounds, buildings and equipment. All employees of a general contractor, subcontractors and suppliers shall comply with VASD security management program and obtain required access documentation from police services.
- D. Prior to commencing work, general contractor shall provide proof that a OSHA certified "competent person" (CP) (29 CFR 1926.20(b)(2) will maintain a presence at the work site whenever the general or subcontractors are present. (30-hour OSHA certified Construction Safety course)
- E. General Safety Training:
 - 1. All employees of a general contractor or subcontractors shall have the 10-hour OSHA certified Construction Safety course and or other relevant competency training, as determined by VA CP with input from the ICRA team.
 - 2. All personnel working in ACM or PACM containing interstitial areas shall have 16 OSHA asbestos maintenance and operations training and the on-site supervisor will need to have completed the 40 hour OSHA asbestos contractor supervisor training course. Personnel that are entering these interstitial areas just to look around, do not disturb anything, and STAY ON THE CATWALK are required to have the two hour asbestos awareness training. Everyone entering these interstitial areas will provide their respirator fit test and medical exam certificate for wearing a respirator.
 - 3. Submit training records of all such employees for approval before the start of work.

- F. THIS IS A MULTI PHASE PROJECT IN AN EXISTING HOSPITAL FACILITY AND REQUIRES THOROUGH ASSESSMENT OF THE EXISTING CONDITIONS AND AFFECTED AREAS. THE CONTRACTOR SHALL ENSURE THAT THE HOSPITAL OPERATION SHALL NOT BE DISRUPTED DURING NORMAL OPERATING HOURS. IT IS THE CONTRACTOR'S RESPONSIBILITY TO PROVIDE A DETAILED ASSESSMENT, MEANS AND METHODS TO BE ABLE TO ACHIEVE THE PROJECT INTENT. THE PROPOSED PROJECT PHASING HAS BEEN INDICATED ON PLANS AS A REFERENCE, HOWEVER THE CONTRACTOR MAY PROPOSED AN ALTERNATIVE SEQUENCE THAT WILL LEAD TO A MORE PRODUCTIVE AND MUCH FEASIBLE APPROACH. ANY PROPOSED ALTERNATIVE SHALL BE BROUGHT UP TO VA'S ATTENTION FOR APPROVAL PRIOR TO PROCEEDING TO WORK.
- G. Phasing: To ensure such executions, Contractor shall submit a detailed schedule of anticipated phasing dates on which the Contractor intends to accomplish work in each specific area of site, building or portion thereof. In addition, Contractor shall notify the VA Project Manager two weeks in advance of the proposed date of starting work in each specific area of site, building or portion thereof. Arrange such phasing dates to ensure accomplishment of this work in successive phases mutually agreeable to VA Project Manager and Contractor, which has been proposed as follows:

ID	Task Name	Duration (Calendar Days)
1	Project Schedule	502 days
2	Mobilization and Materials Procurement	56 days
3	Phase 1	28 days
4	Partial Hand over to VA	5 days
5	Phase 2	84 days
6	Partial Hand over to VA	5 days
7	Phase 3	56 days
8	Partial Hand over to VA	5 days
9	Phase 4	84 days
10	Partial Hand over to VA	5 days
11	Phase 5	28 days
12	Partial Hand over to VA	5 days
13	Phase 6	56 days
14	Partial Hand over to VA	5 days
15	Phase 7	28 days
16	Partial Hand over to VA	5 days
17	Phase 8	42 days
18	Final Hand over to VA	5 days

The above estimated project duration for the base scope shall be thoroughly validated by the contractor during bid stage. It is the contractor's responsibility to take all factors into account such as, but not limited to, available working hours as prescribed by VA, working inside the interstitial space, any major work that will generate excessive noise and dust could only be carried out during off hours, weekends or as directed by VA Project Manager, working environment is within occupied and operational building and all other factors and contractor's experience in similar facilities could be a major factor to successfully execute the project.

1.2 STATEMENT OF BID ITEM(S)

The main scope of this project is to balance the existing distribution of chilled water, pre-heat and re-heat hot water systems. Work shall be carried out in multiple phases as outlined on plans so it is very critical to carry out renovation work without disruption on hospital operation particularly during normal working hours. Renovation work shall be carried out after normal working hours and weekends. All other requirements related to hours of construction and safety requirements shall be referred to Division 1 of the specification. It is the intent of this project to correct and rectify existing deficiencies to be able to achieve balance water distribution systems which shall include but not limited to:

A. Chilled Water (CHW) system:

1. Provide new isolation valves on every floor on each riser.
2. Replace existing air handler's control valve to be replaced with a pressure independent combination control-balancing valve with BACnet card. New balancing valve shall be set at the air handler's rated flow as shown on schedule or as directed by VA Facilities.
3. New control valve shall be wired back to existing DDC or to the nearest DDC in cases where the existing air handler has pneumatic controlled valve. Existing pneumatic controls to the valve shall be removed.
4. All the affected piping, fittings and insulation shall be replaced.
5. Existing chilled water pump's VFD at central plant shall be replaced and shall be able to communicate with existing

Building Management System (BMS) based on BACnet

communication. Each VFD shall be provided with BACnet card.

6. Provide differential pressure sensors on locations indicated on plans. The existing primary variable pumping system shall then be fully controlled by newly installed differential pressure sensors and setpoint to be established during balancing exercise.
7. Multiple chilled water balancing exercise shall be carried out to be collaborated with controls installation. Balancing on chilled water system shall be able to demonstrate chilled water flow remotely/via BMS.

B. Pre-Heating Hot Water (PHHW) System:

1. Provide new isolation valves on every floor on each riser.
2. Replace existing air handler's control valve to be replaced with a pressure independent combination control-balancing valve with BACnet card. New balancing valve shall be set at the air handler's rated flow as shown on schedule or as directed by VA Facilities.
3. New control valve shall be wired back to existing DDC or to the nearest DDC in cases where the existing air handler has pneumatic controlled valve. Existing pneumatic controls to the valve shall be removed.
4. All the affected piping, fittings and insulation shall be replaced.
5. Existing pre-heat water pumps at the basement shall be replaced and provided with VFD and shall be able to communicate with existing Building Management System (BMS) based on BACnet communication. Each VFD shall be provided with BACnet card.
6. Provide differential pressure sensors on locations indicated on plans. The existing primary variable pumping system shall then be fully controlled by newly installed differential pressure sensors and set point to be established during balancing exercise.
7. Multiple pre-heat water balancing exercise shall be carried out to be collaborated with controls installation. Balancing on chilled water system shall be able to demonstrate chilled water flow remotely/via BMS

C. Re-Heating Hot Water (RHHW) System:

1. Provide new isolation valves on every floor on each riser.

2. Replace existing isolating valve with a quick shut-off type ball/butterfly valve. Provide new balancing valve that is adjustable type to satisfy the required flow on each branch distribution.
 3. All the affected piping, fittings and insulation shall be replaced.
 5. Existing re-heat water pumps at the basement shall be replaced and provided with VFD and shall be able to communicate with existing Building Management System (BMS) based on BACnet communication. Each VFD shall be provided with BACnet card.
 6. Provide differential pressure sensors on locations indicated on plans. The existing primary variable pumping system shall then be fully controlled by newly installed differential pressure sensors and set point to be established during balancing exercise.
 7. Multiple pre-heat water balancing exercise shall be carried out to be collaborated with controls installation. Balancing on chilled water system shall be able to demonstrate chilled water flow remotely/via BMS.
- D. Provide necessary I/O points including controllers, wiring, graphics update, programming, systems water flow adjustment, balancing and establish set point on each system. Controls modification shall also include programming and sequencing to achieve full automation of primary pumping flow system. All I/O (or VA Facilities preferred points only) points from VFDs shall be added and reflected on BMS.
- E. Testing, balancing and adjusting (TAB) of the entire systems in collaboration with controls set point and sequence of operation. At the end of each project phase, preliminary adjustment shall be carried out to make sure that the affected equipment will be provided with sufficient flow.
- F. Provide 6"Ø chilled water pipe loop as shown on plans. This scope shall be considered as Bid Alternate #1 Bid. The intent of this work is to provide a supplemental chilled water supply source in the event of riser feed failure. The proposed 6"Ø chilled water loop shall be connected from 8"Ø inside the shaft which will require alteration to existing shaft/structure. Restoration of the

affected structure to maintain the integrity of fire rated shaft shall be included in this scope.

G. Both demo and new work shall be carried out in phases and there should be no disruption to hospital operation during normal operating hours. Phasing plan describe on plans are for reference only and it is the contractor's responsibility to establish a more detailed phasing plan to ensure that disruption to hospital operation shall be kept to a minimum. Both demo and new work shall be closely coordinated with VA prior to commencement of work such as connection to existing systems, occupying conditioned space necessary to carry out demo/new work, etc. Working hours shall be carried out at nights and weekends and shall be approved by VA. Sufficient amount of time for system shutdown shall be allocated to allow VA to coordinate with end user. System shutdown shall only be carried upon VA's approval.

H. The contractor shall submit redlines to reflect actual installation and shall be completed a month prior to systems testing, adjusting and balancing.

1.3 SPECIFICATIONS AND DRAWINGS FOR CONTRACTOR

- A. AFTER AWARD OF CONTRACT, 1 set of specifications, full size drawings and a CD-ROM (PDF Format) will be furnished.
- B. IN THE EVENT OF DISCREPANCY BETWEEN DRAWINGS AND SPECIFICATION, BETWEEN A PARTICULAR DRAWING AND ANOTHER DRAWING OR A PARTICULAR SPECIFICATION SECTION AND ANOTHER SECTION, THE MOST STRINGENT AND/OR OF HIGHER VALUE SHALL GOVERN. THE ARCHITECT OR ENGINEER OF RECORD WILL MAKE THE DETERMINATION AS TO WHICH IS CONSIDERED AS THE MOST STRINGENT.
- C. Additional sets of drawings may be made by the Contractor, at Contractor's expense, from the CD-ROM.

1.4 CONSTRUCTION SECURITY REQUIREMENETS

- A. Security Plan:
 - 1. The security plan defines both physical and administrative security procedures that will remain effective for the entire duration of the project.

2. The General Contractor is responsible for assuring that all sub-contractors working on the project and their employees also comply with these regulations.
3. All contractor/vendor personnel are required to check-in with the VA Police Office. All contractors will wear VA issued ID badges. Temporary one day paper badges as well as longer term permanent badges are provided by VA Police and Security.

B. Security Procedures:

1. General Contractor's employees shall not enter the project site/facility without an appropriate badge. They may also be subject to inspection of their personal effects when entering or leaving the project site or hospital.
2. For working outside the "regular hours" as defined in the contract, The General Contractor shall give 3 days notice to the VA Project Manager so that security arrangements can be provided for the employees. This notice is separate from any notices required for utility shutdown described later in this section.
3. No photography of VA premises is allowed without written permission of the VA Project Manager.
4. VA reserves the right to close down or shut down the project site and order General Contractor's employees off the premises in the event of a national emergency safety violation caused by the Contractor that impacts the operation/safety of the facility and/or staff. The General Contractor may return to the site only with the written approval of the VA Project Manager.

C. DESIGNATED POINT OF CONTACT

1. Contractor will be given the name of a VA Project Manager that will be the designated point of contact for coordinating and overseeing the day to day operation of the contractors work performance. The contractor is responsible for checking in each day he on station with that individual so that the VA knows where the contractor is working and what work is being performed.

D. Key Control:

1. The General Contractor shall provide duplicate keys and lock combinations to the VA Project Manager for the purpose of security inspections of every area of project including tool boxes and parked machines and take any emergency action.
2. The General Contractor shall turn over all permanent lock cylinders to the VA locksmith for permanent installation. See Section 08 71 00, DOOR HARDWARE and coordinate.

E. Document Control:

1. Before starting any work, the General Contractor/Sub Contractors shall submit an electronic security memorandum describing the approach to following goals and maintaining confidentiality of "sensitive information".
2. The General Contractor is responsible for safekeeping of all drawings, project manual and other project information. This information shall be shared only with those with a specific need to accomplish the project.
3. Certain documents, sketches, videos or photographs and drawings may be marked "Law Enforcement Sensitive" or "Sensitive Unclassified". Secure such information in separate containers and limit the access to only those who will need it for the project. Return the information to the Contracting Officer upon request.
4. These security documents shall not be removed or transmitted from the project site without the written approval of Contracting Officer.
5. All paper waste or electronic media such as CD's and diskettes shall be shredded and destroyed in a manner acceptable to the VA.
6. Notify Contracting Officer and Site Security Officer immediately when there is a loss or compromise of "sensitive information".
7. All electronic information shall be stored in specified location following VA standards and procedures using an Engineering Document Management Software (EDMS).

- a. Security, access and maintenance of all project drawings, both scanned and electronic shall be performed and tracked through the EDMS system.
- b. "Sensitive information" including drawings and other documents may be attached to e-mail provided all VA encryption procedures are followed.

E. Motor Vehicle Restrictions

1. Access areas will be determined by VA Project Manager. Vehicle authorization request shall be required for any vehicle entering the site and such request shall be submitted 24 hours before the date and time of access. Access shall be restricted to picking up and dropping off materials and supplies.
2. Separate permits shall be issued for General Contractor and its employees for limited parking in designated areas only.
3. Contractors should be advised that the existing VAMC San Diego site is severely impacted and that on-site parking for contractor personnel, vehicles and other forms of transportation may be unavailable. Contractors may have to plan and obtain off-site parking and staging as required.

1.5 FIRE SAFETY

- A. Applicable Publications: Publications listed below form part of this Article to extent referenced. Publications are referenced in text by basic designations only.
1. American Society for Testing and Materials (ASTM):
E84-2009 Surface Burning Characteristics of Building Materials
 2. National Fire Protection Association (NFPA):
10-2010 Standard for Portable Fire Extinguishers
30-2008 Flammable and Combustible Liquids Code
51B-2009 Standard for Fire Prevention During Welding, Cutting and Other Hot Work
70-2011 National Electrical Code

101-2012 Life Safety Code

241-2009 Standard for Safeguarding
Construction, Alteration, and
Demolition Operations

3. Occupational Safety and Health Administration (OSHA):

29 CFR 1926 Safety and Health Regulations for
Construction

4. VHA Directive 2005-007

B. Fire Safety Plan: Establish and maintain a fire protection program in accordance with 29 CFR 1926. Prior to start of work, prepare a plan detailing project-specific fire safety measures, including periodic status reports, and submit to VA Project Manager and Facility Safety Officer for review for compliance with contract requirements in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA AND SAMPLES. Prior to any worker for the contractor or subcontractors beginning work, they shall undergo a safety briefing provided by the general contractor's competent person per OSHA requirements. This briefing shall include information on the construction limits, VAMC safety guidelines, means of egress, break areas, work hours, locations of restrooms, use of VAMC equipment, etc. Documentation shall be provided to the VA Project Manager that individuals working on site have undergone contractor's safety briefing.

C. Site and Building Access: Maintain free and unobstructed access to facility emergency services and for fire, police and other emergency response forces in accordance with NFPA 241.

D. Separate temporary facilities, such as trailers, storage sheds, and dumpsters, from existing buildings and new construction by distances in accordance with NFPA 241. For small facilities with less than 6 m (20 feet) exposing overall length, separate by 3m (10 feet).

E. Temporary Construction Partitions:

1. Install and maintain temporary construction partitions to provide smoke-tight separations between construction areas and adjoining areas. Partitions shall be constructed of metal studs with gypsum board on both sides. Seal joints and penetrations. At door openings, install Class C, ¾ hour fire/smoke rated doors with self-closing devices.

2. Install temporary fire rated construction partitions to maintain integrity of existing exit stair enclosures, exit passageways, fire-rated enclosures of

hazardous areas, horizontal exits, smoke barriers, vertical shafts and openings enclosures.

3. Close openings in smoke barriers and fire-rated construction to maintain fire ratings. Seal penetrations with listed through-penetration firestop materials in accordance with Section 07 84 00, FIRESTOPPING.
 4. Temporary construction partitions shall be taped, textured and painted on all surfaces except surfaces directly facing construction area. Painting shall consist of two colors selections as directed by VA Project Manager.
- F. Temporary Heating and Electrical: Install, use and maintain installations in accordance with 29 CFR 1926, NFPA 241 and NFPA 70.
- G. Means of Egress: Do not block exiting for occupied buildings, including paths from exits to roads. Also movement of equipment, supplies, and waste through occupied areas, corridors, and elevators must be planned and scheduled to minimize interruption to hospital operations. Minimize disruptions and coordinate with VA Project Manager and facility Safety Officer.
- H. Egress Routes for Construction Workers: Worker egress routes to access facility and area of work will be approved by VA Project Manager. Access routes will be maintained free and provide unobstructed egress. Materials, tools, equipment, etc. shall not be located, stored or otherwise remain in access routes. Inspect routes daily for compliance and report findings and corrective actions weekly to VA Project Manager and facility Safety Officer.
- I. Fire Extinguishers: Provide and maintain extinguishers in construction areas and temporary storage areas in accordance with 29 CFR 1926, NFPA 241 and NFPA 10.
- J. Flammable and Combustible Liquids: Store, dispense and use liquids in accordance with 29 CFR 1926, NFPA 241 and NFPA 30.
- K. Existing Fire Protection: Do not impair/disable automatic sprinklers, smoke and heat detection, and fire alarm systems, except for portions immediately under construction, and temporarily for connections. Provide fire watch for impairments more than 10 hours in a 24-hour period. Request interruptions in accordance with paragraph titled, OPERATIONS AND STORAGE AREAS, and coordinate with VA Project Manager and facility Safety Officer. All existing or temporary fire protection systems (fire alarms, sprinklers) located in construction areas shall be tested as coordinated

with the medical center. Parameters for the testing and results of any tests performed shall be recorded by the medical center and copies provided to the VA Project Manager.

- L. Smoke Detectors: Prevent accidental operation. Immediate reporting shall be done on any accidental operations to VA Project Manager. Remove temporary covers at end of work operations each day. Coordinate with VA Project Manager and facility Safety Officer.
- M. Hot Work: Perform and safeguard hot work operations in accordance with NFPA 241 and NFPA 51B. Requests will be submitted at least 24 hours in advance and contractor shall obtain permits from facility Safety Officer.
- O. Fire Hazard Prevention and Safety Inspections: Inspect entire construction areas weekly. Coordinate with, and report findings and corrective actions weekly to VA Project Manager.
- P. Smoking: Smoking is prohibited on VASD grounds, parking areas, in and adjacent to construction areas, inside existing buildings, additions under construction and separate and detached buildings. Smoking is prohibited except in designated smoking rest areas.
- R. Dispose of waste and debris in accordance with NFPA 241. Remove from buildings daily.
- S. Perform other construction, alteration and demolition operations in accordance with 29 CFR 1926.
- T. Shoes and shirts (correct personnel protective equipment) must be worn at all times. Contractors are expected to dress appropriately as this is a public health care facility.
- U. Contractors are expected to use appropriate language as this is a public health care facility. Obscene language is not permitted and all individuals are expected to be courteous. This requirement includes all areas within the hospital facilities, interstitial spaces, mechanical rooms, outdoor spaces, trailers and offices.
- V. Work is being conducted in an occupied health care facility with surgical and medical patients. The contractor is required to continuously consider the impact to the medical center in completing the required work or inconvenience to patients. Any operation causing excessive noise or vibration must be planned in advance with the assigned VA Project Manager. Demolition hammers and drilling equipment of

existing or new floors, ceilings and walls must be planned in advance and shall not proceed without approval by VA Project Manager.

- W. Work involving transport or installation of materials above suspended acoustical ceilings requires 3 days advance notice and approval by VA Project Manager. Work includes but not limited to the transport and installation of equipment and materials, utilities, piping, HVAC systems, electrical, etc. (Work in fan rooms, or catwalks, and above solid ceilings is excluded from this requirement.) Any drilling into slabs or lids requires a mechanical stop on the drill bit to prevent full penetration.
- X. Keys as deemed appropriate will be issued to the contractor for access to construction areas, interstitial, electrical panels, equipment rooms, and elevators. Key request form to be requested and approved by VA Project Manager. Keys are to be returned upon request by the VA Project Manager. Contractor shall be responsible for cost of rekeying areas upon loss of keys.

1.6 OPERATIONS AND STORAGE AREAS

- A. The Contractor shall confine all operations (including storage of materials) on Government premises to areas authorized or approved by the VA Project Manager. The Contractor shall hold and save the Government, its officers and agents, free and harmless from liability of any nature occasioned by the Contractor's performance. Storage is not allowed on balconies, in corridors, or anywhere where it would block access to equipment or exits. If an area is turned over to a contractor for the duration of a project he may use that area for storage. Other designated storage areas may be assigned if available. Contractor shall dispose of all debris, trash, and packaging materials off station in a timely manner. Contractor shall stage supplies and storage within designated construction areas only. Contractor shall take security measures for equipment/supplies stored in common areas.
- B. Temporary buildings (e.g., storage sheds, shops, offices) and utilities may be erected by the Contractor only with the approval of the VA Project Manager at no cost to the government. The temporary buildings and utilities shall remain the property of the Contractor and shall be removed by the Contractor at its expense upon completion of the work. All landscaping disrupted within the staged areas will be returned to original condition at no cost to the government. With the written consent of the VA Project

Manager, the buildings and utilities may be abandoned and need not be removed.

- C. The Contractor shall, under regulations prescribed by the VA Project Manager, use only established roadways, or use temporary roadways constructed by the Contractor when and as authorized by the VA Project Manager. When materials are transported in prosecuting the work, vehicles shall not be loaded beyond the loading capacity recommended by the manufacturer of the vehicle or prescribed by any Federal, State, or local law or regulation. When it is necessary to cross curbs or sidewalks, the Contractor shall protect them from damage. The Contractor shall repair or pay for the repair of any damaged curbs, sidewalks, or roads.

(FAR 52.236-10)

- D. Working space and space available for storing materials shall be as determined by the VA Project Manager. Contractors should be advised that the existing VAMC San Diego site is severely impacted and that on-site parking for contractor personnel, vehicles and other forms of transportation may be available. Contractors may have to plan and obtain off-site parking and staging as required.
- E. Workmen are subject to rules of Medical Center applicable to their conduct.
- F. Execute work in such a manner as to interfere as little as possible with work being done by others. Keep roads clear of construction materials, debris, standing construction equipment and vehicles at all times.
- G. Execute work so as to interfere as little as possible with normal functioning of Medical Center as a whole, including operations of utility services, fire protection systems and any existing equipment, and with work being done by others. Use of equipment and tools that transmit vibrations and noises through the building structure, are not permitted in buildings that are occupied, during construction, jointly by patients or medical personnel, and Contractor's personnel, except as permitted by VA Project Manager where required by limited working space. Operating hours may be established by VA Project Manager to minimize impact to hospital personnel.
 - 1. Do not store materials and equipment in other than assigned areas.
 - 2. Schedule delivery of materials and equipment to immediate construction working areas within buildings in use by Department of Veterans Affairs in quantities sufficient for not more than two work days. Provide unobstructed access to Medical Center areas required to remain in operation.

3. Where access by Medical Center personnel to vacated portions of buildings is not required, storage of Contractor's materials and equipment will be permitted subject to fire and safety requirements.
- H. When a building is turned over to Contractor, Contractor shall accept entire responsibility therefore:
1. Contractor shall maintain minimum temperature of 4°C (40°F) at all times, except as otherwise specified.
 2. Contractor shall maintain in operating condition existing fire protection and alarm equipment. In connection with fire alarm equipment, Contractor shall make arrangements for pre-inspection of site with Fire Department or Company (Department of Veterans Affairs or municipal) whichever will be required to respond to an alarm from Contractor's employee or watchman.
- I. Utilities Services: Maintain existing utility services for Medical Center at all times. Provide temporary facilities, labor, materials, equipment, connections, and utilities to assure uninterrupted services. Where necessary to cut existing water, steam, gases, sewer or air pipes, or conduits, wires, cables, etc. of utility services or of fire protection systems and communications systems (including telephone), they shall be cut and capped at suitable places where shown; or, in absence of such indication, where directed by VA Project Manager.
1. No utility service such as water, gas, steam, sewers or electricity, or fire protection systems and communications systems may be interrupted without prior approval of VA Project Manager. Electrical work shall be accomplished with all affected circuits or equipment de-energized. When an electrical outage cannot be accomplished, work on any energized circuits or equipment shall not commence without the Medical Center Director's prior knowledge and written approval. Refer to specification Sections 26 05 11, REQUIREMENTS FOR ELECTRICAL INSTALLATIONS, 27 05 11
 - a. Interruption of Utilities: A monetary fine, at a minimum of \$2,500 plus expenses, will be levied, if any utility service is interrupted in any area of the facility without proper notification and authorization, i.e., "Utility Shutdown Notice"
 2. Contractor shall submit a request to interrupt any such services to VA Project Manager, in writing, 48 hours in advance of proposed interruption. Request shall state reason, date, exact time of, and approximate duration of such interruption.

3. Contractor will be advised (in writing) of approval of request, or of which other date and/or time such interruption will cause least inconvenience to operations of Medical Center. Interruption time approved by Medical Center may occur at other than Contractor's normal working hours at no cost to the government.
 4. Major interruptions of any system must be requested, in writing, at least 15 calendar days prior to the desired time and shall be performed as directed by the VA Project Manager.
 5. In case of a contract construction emergency, service will be interrupted on approval of VA Project Manager. Such approval will be confirmed in writing as soon as practical.
 6. Whenever it is required that a connection fee be paid to a public utility provider for new permanent service to the construction project, for such items as water, sewer, electricity, gas or steam, payment of such fee shall be the responsibility of the Government and not the Contractor.
- J. The entire building will be occupied during performance of work but immediate areas of alterations will be vacated after normal office hours or as directed by the VA Project Manager. Contractor shall take all the measures and provide all materials necessary for protecting existing equipment and property in affected areas of construction against dust and debris, so that the equipment and affected areas to be used in the Medical Centers operations will not be hindered. Contractor shall permit access to Department of Veterans Affairs personnel and patients through other construction areas which serve as routes of access to such affected areas and equipment. Coordinate alteration work in areas occupied by Department of Veterans Affairs so that Medical Center operations will continue during the construction period.
- K. Abandoned Lines:
1. ALL abandoned service lines such as wires, cables, conduits, ducts, pipes and similar materials, and their hangers or supports, which are to be abandoned shall be entirely removed.
 2. If lines are NOTED to remain in place then they shall be sealed, capped or plugged. The lines shall not be capped in finished areas, but shall be removed and sealed, capped or plugged in ceilings, within furred spaces, in unfinished areas, or within walls or partitions; so that they are completely behind the finished surfaces.

- L. To minimize interference of construction activities with flow of Medical Center traffic, comply with the following:
 - 1. Keep roads, walks and entrances to grounds, to parking and to occupied areas of buildings clear of construction materials, debris and standing construction equipment and vehicles. Wherever excavation for new utility lines cross existing roads, at least one lane must be open to traffic at all times.
 - 2. Method and scheduling of required cutting, altering and removal of existing roads, walks and entrances must be approved by the VA Project Manager.
- M. Coordinate the work for this contract with other construction operations as directed by VA Project Manager. This includes the scheduling of traffic and the use of roadways.
- N. Contractors/vendors are to provide all tools, labor, equipment, and materials to accomplish their work unless otherwise specified or if specifically authorized by the VA under special circumstances. This includes use of ladders, dumpster, hand tools, drop lights, flatbed carts, dollies, containment cubes, etc.
- O. Contractor is allowed to have deliveries made directly to the VA as long as they coordinate the delivery and have a Project Manager on site to receive, off load, and store the shipment. The VA warehouse will refuse receipt of any contractor delivery.

1.7 ALTERATIONS

- A. Before any work is started, the Contractor shall make a thorough survey with the VA Project Manager of areas of the building in which alterations occur and areas which are anticipated routes of access, and furnish a report, signed by both, to the VA Project Manager. This report shall list by rooms and spaces:
 - 1. Existing condition and types of resilient flooring, doors, windows, walls and other surfaces not required to be altered throughout affected areas of building.
 - 2. Existence and conditions of items such as plumbing fixtures and accessories, electrical fixtures, equipment, venetian blinds, shades, etc., required by drawings to be either reused or relocated, or both.

3. Shall note any discrepancies between drawings and existing conditions at site.
 4. Shall designate areas for working space, materials storage and routes of access to areas within buildings where alterations occur and which have been agreed upon by Contractor and VA Project Manager.
- B. Any Items required by drawings to be either reused or relocated or both, found during this survey to be nonexistent, or in opinion of Project Manager and to be in such condition that their use is impossible or impractical, shall be furnished and/or replaced by contractor with new items in accordance with specifications which will be furnished by Government. Provided the contract work is changed by reason of this subparagraph B, the contract will be modified accordingly, under provisions of clause entitled "DIFFERING SITE CONDITIONS" (FAR 52.236-2) and "CHANGES" (FAR 52.243-4 and VARR 852.236-88)
- c. Thirty days before expected partial or final inspection date, the Contractor and VA Project Manager together shall make a thorough re-survey of the areas of the building. They shall furnish a report on conditions then existing, of resilient flooring, doors, windows, walls and other surfaces as compared with conditions of same as noted in first condition survey report:
1. Re-survey report shall also list any damage caused by Contractor to such flooring and other surfaces, despite protection measures; and, will form basis for determining extent of repair work required of Contractor to restore damage caused by Contractor's workmen in executing work of this contract.
- D. Protection: Provide the following protective measures:
1. Wherever existing roof surfaces (TPO/Membranes/BU) are disturbed they shall be protected against water infiltration and damage. In case of leaks, they shall be repaired immediately upon discovery.
 2. Temporary protection against damage for portions of existing structures and grounds where work is to be done, materials handled and equipment moved and/or relocated.
 3. Protection of interior of existing structures at all times, from damage, dust and weather inclemency. Wherever work is performed, floor surfaces that are to remain in place shall be adequately protected prior to starting work, and this protection shall be maintained intact until all work in the area is completed.

- E. The contractor shall fill out a VA supplied permit form for any welding, soldering, brazing, and torch cutting and have it approved prior to accomplishing any hot work. Permits are good only for up to one week and contractor is responsible for adhering to specified requirements stated on the permit.
- F. Shutdown of any utility, alarm, communication, or fire protection system must be coordinated and scheduled in advance. Contractor shall follow OSHA lockout/tagout procedures while systems are shutdown. Contractor shall coordinate reactivation of all systems upon completion of work.
- G. All brazing, testing, calibration, and work on medical gas systems must be accomplished by certified mechanics.
- H. All work accomplished between 4:30 PM and 7:00 AM on weekdays, work on weekends, and work on holidays must be scheduled in advance and a form filed. Forms are available in Room BB108, Engineering, and must include the date, time, area of work, and names of individuals involved. The contractor must check in with the Police at the main entrance prior to beginning after hours work.
- I. All installations in the medical center must have lateral bracing installed to meet or exceed the requirements listed in the current edition of the Uniform Building Code.
- J. Contractors/vendors shall furnish the VA with after hours emergency phone numbers. These numbers will be used only in case of an emergency concerning the work being completed or space occupied by the contractor. These numbers shall be posted at all construction sites.
- K. The contractor is responsible for having material data safety sheets available on site for all chemicals, solvents, cleaners, paints, adhesives, etc. used by the contractor and for following their precautions.
- L. The contractor is responsible for wearing all safety equipment and taking all required precautions for fire and safety issues. This includes wearing goggles, face shields, safety shoes, and having fire extinguishers present. Contractor shall minimize the use of extension cords. All electrical cords shall be inspected and maintained to ensure integrity and proper grounding. GFCI protection shall be utilized on all powered equipment.

- M. Special care must be taken when working off of the catwalks in the interstitial so that data lines, pneumatic air lines, ducting, piping, and conduit is not damaged or stepped on. Should such damage occur contractor is to immediately notify VA Engineering. Any damage shall be repaired immediately at the contractor's expense. All contractor generated debris shall be cleaned up and removed from the interstitial. All asbestos waste bags shall be marked, double bagged and show the contract number, the contractors name, and the date the bag was started. All penetrations through walls and floor slabs shall be fully patched.
- N. Cellular phones are prohibited for use in designated areas inside the building.
- O. The contractor is responsible to provide walk off mats at each entrance or exit from a construction site. Walk off mats shall be 4' X 6' rubber backed, Golden Star 511-3A, or equal. Contractor shall thoroughly clean mat weekly and vacuum intermittently to control construction dust and debris from being tracked through the facility. Multiple sticky mats are to be used in areas of high construction activities and changed as required.
- P. The contractor shall request for interim formal inspections by the VA prior to closing up walls or installing ceilings.
- Q. All correspondence shall be original or (legible xerox copies may be accepted on approval). Fax copies shall be accepted only on an interim basis.
- R. The VA Medical Center is a latex powder free facility. Contractors are not to use any powdered latex gloves or other items which contain latex powder as some individuals have allergic reactions from the airborne particles.
- S. Contractor is required to submit all applicable work plans including but not limited to; asbestos abatement plan, waste disposal plan, safety plan, crane lift plan, corridor shutdowns or any work that affects VA employees work activities, access routes or any impact to staff (noise etc). Plans must be submitted a minimum 3 weeks before work is to commence and be approved before work can start.

1.8 INFECTION PREVENTION MEASURES

- A. Implement the requirements of VAMC's Infection Control Risk Assessment (ICRA) team. ICRA Group may monitor dust in the

vicinity of the construction work and require the Contractor to take corrective action immediately if the safe levels are exceeded.

- B. Establish and maintain a dust control program as part of the contractor's infection preventive measures in accordance with the guidelines provided by ICRA Group. Prior to start of work, prepare a plan detailing project-specific dust protection measures, including periodic status reports, and submit to VA Project Manager and Facility ICRA team for review for compliance with contract requirements in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA AND SAMPLES.
 - 1. All personnel involved in the construction or renovation activity shall be educated and trained in infection prevention measures established by the medical center.
- C. Medical center Infection Control personnel shall monitor for airborne disease (e.g. aspergillosis) as appropriate during construction. A baseline of conditions may be established by the medical center prior to the start of work and periodically during the construction stage to determine impact of construction activities on indoor air quality. In addition:
 - 1. The VA Project Manager and VAMC Infection Control personnel shall review pressure differential monitoring documentation to verify that pressure differentials in the construction zone and in the patient-care rooms are appropriate for their settings. The requirement for negative air pressure in the construction zone shall depend on the location and type of activity. Minimum negative air pressure shall be for ACM removal 0.020 wc and regular construction 0.010 wc. Upon notification, the contractor shall implement corrective measures to restore proper pressure differentials as needed.
 - 2. In case of any problem, the medical center, along with assistance from the contractor, shall conduct an environmental assessment to find and eliminate the source.
- D. In general, following preventive measures shall be adopted during construction to keep down dust and prevent mold.
 - 1. Dampen debris to keep down dust and provide temporary construction partitions in existing structures where directed by VA Project Manager. Blank off ducts and diffusers to prevent circulation of dust into occupied areas during construction.

2. Do not perform dust producing tasks within occupied areas without the approval of the VA Project Manager. For construction in any areas that will remain jointly occupied by the medical Center and Contractor's workers, the Contractor shall:
 - a. Provide dust proof one-hour temporary drywall construction barriers to completely separate construction from the operational areas of the hospital in order to contain dirt debris and dust. Barriers shall be sealed and made presentable on hospital occupied side. Install a self-closing rated door in a metal frame, commensurate with the partition, to allow worker access. Maintain negative air at all times. A fire retardant polystyrene, 6-mil thick or greater plastic barrier meeting local fire codes may be used where dust control is the only hazard, and an agreement is reached with the VA Project Manager and Medical Center.
 - b. HEPA filtration is required where the exhaust dust may reenter the breathing zone. Contractor shall verify that construction exhaust to exterior is not reintroduced to the medical center through intake vents, or building openings (minimum 25 feet from any air intakes and/or personnel areas). Install HEPA (High Efficiency Particulate Accumulator) filter vacuum system rated at 95% capture of 0.3 microns including pollen, mold spores and dust particles. Ensure continuous negative air pressures occurring within the work area. HEPA filters should have ASHRAE 85 or other prefilter to extend the useful life of the HEPA. Provide both primary and secondary filtrations units. Exhaust hoses shall be heavy duty, flexible steel reinforced and exhausted so that dust is not reintroduced to the medical center.
 - c. Adhesive Walk-off/Carpet Walk-off Mats, minimum 600mm x 900mm (24" x 36"), shall be used at all interior transitions from the construction area to occupied medical center area. These mats shall be changed as often as required to maintain clean work areas directly outside construction area at all times.
 - d. Vacuum and wet mop all transition areas from construction to the occupied medical center at the end of each workday. Vacuum shall utilize HEPA filtration. Maintain surrounding area frequently. Remove debris as they are created.

Transport these outside the construction area in containers with tightly fitting lids.

- e. The contractor shall not haul debris through patient-care areas without prior approval of the VA Project Manager and the Medical Center. When, approved, debris shall be hauled in enclosed dust proof containers or wrapped in plastic and sealed with duct tape. No sharp objects should be allowed to cut through the plastic. Wipe down the exterior of the containers with a damp rag to remove dust. All equipment, tools, material, etc. transported through occupied areas shall be made free from dust and moisture by vacuuming and wipe down. Passenger elevators shall not be used for transporting debris.
- f. Using a HEPA vacuum, clean inside the barrier and vacuum ceiling tile prior to replacement. Any ceiling access panels opened for investigation beyond sealed areas shall be sealed immediately when unattended.
- g. There shall be no standing water during construction. This includes water in equipment drip pans and open containers within the construction areas. All accidental spills must be cleaned up and dried within 12 hours. Remove and dispose of porous materials that remain damp for more than 72 hours. Use of water in construction activities shall not occur where wall/floor penetrations are open to areas below.
- h. At completion, remove construction barriers and ceiling protection carefully, outside of normal work hours. Vacuum and clean all surfaces free of dust after the removal.

E. Final Cleanup:

- 1. Upon completion of project, or as work progresses, remove all construction debris from above ceiling, vertical shafts and utility chases that have been part of the construction.
- 2. Perform HEPA vacuum cleaning of all surfaces in the construction area. This includes walls, ceilings, cabinets, furniture (built-in or free standing), partitions, flooring, etc.
- 3. All new air ducts shall be cleaned and ventilated (to remove any chemical off-gassing) prior to final inspection.

1.9 DISPOSAL AND RETENTION

- A. Materials and equipment accruing from work removed and from demolition of buildings or structures, or parts thereof, shall be disposed of as follows:
 - 1. Reserved items which are to remain property of the Government are identified by attached tags. Items that remain property of the Government shall be removed or dislodged from present locations in such a manner as to prevent damage which would be detrimental to re-installation and reuse. Store such items where directed by VA Project Manager.
 - 2. Items not reserved shall become property of the Contractor and be removed by Contractor from Medical Center. Proper Waste Disposal Plan must be submitted and approved by the VA.
 - 3. Items of portable equipment and furnishings located in rooms and spaces in which work is to be done under this contract shall remain the property of the Government. When rooms and spaces are vacated by the Department of Veterans Affairs during the alteration period, such items which are NOT required by drawings and specifications to be either relocated or reused will be removed by the Government in advance of work to avoid interfering with Contractor's operation.

1.10 PROTECTION OF EXISTING VEGETATION, STRUCTURES, EQUIPMENT, UTILITIES, AND IMPROVEMENTS

- A. The Contractor shall preserve and protect all structures, equipment, and vegetation (such as trees, shrubs, and grass) on or adjacent to the work site, which are not to be removed and which do not unreasonably interfere with the work required under this contract. The Contractor shall only remove trees when specifically authorized to do so, and shall avoid damaging vegetation that will remain in place. If any limbs or branches of trees are broken during contract performance, or by the careless operation of equipment, or by workmen, the Contractor shall trim those limbs or branches with a clean cut and paint the cut with a tree-pruning compound as directed by the VA Project Manager.
- B. The Contractor shall protect from damage all existing improvements and utilities at or near the work site and on adjacent property of a third party, the locations of which are made known to or should be known by the Contractor. The Contractor shall repair any damage to those facilities, including those that are the property of a third party, resulting from failure to comply with the requirements of this contract or failure to exercise reasonable care in

performing the work. If the Contractor fails or refuses to repair the damage promptly, the VA Project Manager may have the necessary work performed and charge the cost to the Contractor.

(FAR 52.236-9)

- C. Refer to Section 01 57 19, TEMPORARY ENVIRONMENTAL CONTROLS, for additional requirements on protecting vegetation, soils and the environment. Refer to Articles, "Alterations", "Restoration", and "Operations and Storage Areas" for additional instructions concerning repair of damage to structures and site improvements.
- D. Refer to FAR clause 52.236-7, "Permits and Responsibilities," which is included in General Conditions. A National Pollutant Discharge Elimination System (NPDES) permit is required for this project. The Contractor is considered an "operator" under the permit and has extensive responsibility for compliance with permit requirements. VA will make the permit application available at the (appropriate medical center) office. The apparent low bidder, contractor and affected subcontractors shall furnish all information and certifications that are required to comply with the permit process and permit requirements. Many of the permit requirements will be satisfied by completing construction as shown and specified. Some requirements involve the Contractor's method of operations and operations planning and the Contractor is responsible for employing best management practices. The affected activities often include, but are not limited to the following:
- Designating areas for equipment maintenance and repair;
 - Providing waste receptacles at convenient locations and provide regular collection of wastes;
 - Locating equipment wash down areas on site, and provide appropriate control of wash-waters;
 - Providing protected storage areas for chemicals, paints, solvents, fertilizers, and other potentially toxic materials; and
 - Providing adequately maintained sanitary facilities.

1.11 RESTORATION

- A. Remove, cut, alter, replace, patch and repair existing work as necessary to install new work. Except as otherwise shown or specified, do not cut, alter or remove any structural work, and do not disturb any ducts, plumbing, steam, gas, or electric work without approval of the VA Project Manager.

Existing work to be altered or extended and that is found to be defective in any way, shall be reported to the VA Project Manager before it is disturbed. Materials and workmanship used in restoring work, shall conform in type and quality to that of original existing construction, except as otherwise shown or specified.

- B. Upon completion of contract, deliver work complete and undamaged. Existing work (walls, ceilings, partitions, floors, mechanical and electrical work, lawns, paving, roads, walks, etc.) disturbed or removed as a result of performing required new work, shall be patched, repaired, reinstalled, or replaced with new work, and refinished and left in as good condition as existed before commencing work.
- C. At Contractor's own expense, Contractor shall immediately restore to service and repair any damage caused by Contractor's workmen to existing piping and conduits, wires, cables, etc., of utility services or of fire protection systems and communications systems (including telephone) which are indicated on drawings and which are not scheduled for discontinuance or abandonment.
- D. Expense of repairs to such utilities and systems not shown on drawings or locations of which are unknown will be covered by adjustment to contract time and price in accordance with clause entitled "CHANGES" (FAR 52.243-4 and VAAR 852.236-88) and "DIFFERING SITE CONDITIONS" (FAR 52.236-2) of Section 00 72 00, GENERAL CONDITIONS.

1.12 PHYSICAL DATA

- A. Data and information furnished or referred to below is for the Contractor's information. The government shall not be responsible for any interpretation of or conclusion drawn from the data or information by the Contractor.
- B. Government does not guarantee that other materials will not be encountered nor that proportions, conditions or character of several materials will not vary from those indicated by explorations. Bidders are expected to examine site of work and logs of borings; and, after investigation, decide for themselves character of materials and make their bids accordingly. Upon proper application to Department of Veterans Affairs, bidders will be permitted to make subsurface explorations of their own at site.

(FAR 52.236-17)

1.13 AS-BUILT DRAWINGS

- A. The contractor shall maintain two full size sets of as-built drawings which will be kept current during construction of

the project, to include all contract changes, modifications and clarifications.

- B. All variations shall be shown in the same general detail as used in the contract drawings. To ensure compliance, as-built drawings shall be made available for the VA Project Manager's review, as often as requested.
- C. Contractor shall deliver two approved completed sets of as-built drawings to the VA Project Manager within 15 calendar days after each completed phase and after the acceptance of the project by the VA Project Manager.
- D. Paragraphs A, B, & C shall also apply to all shop drawings.

1.14 USE OF ROADWAYS

- A. For hauling, use only established public roads and roads on Medical Center property and, when authorized by the VA Project Manager, such temporary roads which are necessary in the performance of contract work. Temporary roads shall be constructed by the Contractor at Contractor's expense. When necessary to cross curbing, sidewalks, or similar construction, they must be protected by well-constructed bridges.

1.15 TEMPORARY USE OF MECHANICAL AND ELECTRICAL EQUIPMENT

- A. Use of new installed mechanical and electrical equipment to provide heat, ventilation, plumbing, light and power will be permitted subject to compliance with the following provisions:
 - 1. Permission to use each unit or system must be given by VA Project Manager. If the equipment is not installed and maintained in accordance with the following provisions, the VA Project Manager will withdraw permission for use of the equipment.
 - 2. Electrical installations used by the equipment shall be completed in accordance with the drawings and specifications to prevent damage to the equipment and the electrical systems, i.e. transformers, relays, circuit breakers, fuses, conductors, motor controllers and their overload elements shall be properly sized, coordinated and adjusted. Voltage supplied to each item of equipment shall be verified to be correct and it shall be determined that motors are not overloaded. The electrical equipment shall be thoroughly cleaned before using it and again immediately before final inspection including vacuum cleaning and wiping clean interior and exterior surfaces.

3. Units shall be properly lubricated, balanced, and aligned. Vibrations must be eliminated.
 4. Automatic temperature control systems for preheat coils shall function properly and all safety controls shall function to prevent coil freeze-up damage.
 5. The air filtering system utilized shall be that which is designed for the system when complete, and all filter elements shall be replaced at completion of construction and prior to testing and balancing of system.
 6. All components of heat production and distribution system, metering equipment, condensate returns, and other auxiliary facilities used in temporary service shall be cleaned prior to use; maintained to prevent corrosion internally and externally during use; and cleaned, maintained and inspected prior to acceptance by the Government.
- B. Prior to final inspection, the equipment or parts used which show wear and tear beyond normal, shall be replaced with identical replacements, at no additional cost to the Government.
- C. This paragraph shall not reduce the requirements of the mechanical and electrical specifications sections.

1.16 TEMPORARY USE OF EXISTING ELEVATORS

- A. Use of a designated existing elevator for handling building materials and Contractor's personnel will be permitted subject to following provisions:
1. Contractor makes all arrangements with the VA Project Manager for use of elevators. The VA Project Manager will ascertain that elevators are in proper condition. Contractor may use service elevator No. 1 in Building 500 for daily use.
 2. Contractor covers and provides maximum protection of following elevator components:
 - a. Entrance jambs, heads soffits and threshold plates.
 - b. Entrance columns, canopy, return panels and inside surfaces of car enclosure walls.
 - c. Finish flooring.
 3. Government will accept hoisting ropes of elevator and rope of each speed governor if they are worn under

normal operation. However, if these ropes are damaged by action of foreign matter such as sand, lime, grit, stones, etc., during temporary use, they shall be removed and replaced by new hoisting ropes.

4. If brake lining of elevators are excessively worn or damaged during temporary use, they shall be removed and replaced by new brake lining.
5. All parts of main controller, starter, relay panel, selector, etc., worn or damaged during temporary use shall be removed and replaced with new parts, if recommended by elevator inspector after elevator is released by Contractor.
6. Place elevator in condition equal, less normal wear, to that existing at time it was placed in service of Contractor as approved by VA Project Manager.

1.17 TEMPORARY TOILETS

- A. Contractor may have for use of Contractor's workmen, such toilet accommodations as may be assigned to Contractor by Medical Center. Contractor shall keep such places clean and be responsible for any damage done thereto by Contractor's workmen. Failure to maintain satisfactory condition in toilets will deprive Contractor of the privilege to use such toilets.

1.18 AVAILABILITY AND USE OF UTILITY SERVICES

- A. The Government shall make all reasonably required amounts of utilities available to the Contractor from existing outlets and supplies, as specified in the contract. The amount to be paid by the Contractor for chargeable electrical services shall be the prevailing rates charged to the Government. The Contractor shall carefully conserve any utilities furnished without charge.
- B. The Contractor, at Contractor's expense and in a workmanlike manner satisfactory to the Contracting Officer, shall install and maintain all necessary temporary connections and distribution lines. Before final acceptance of the work by the Government, the Contractor shall remove all the temporary connections, distribution lines, and associated paraphernalia.
- C. Heat: Furnish temporary heat necessary to prevent injury to work and materials through dampness and cold. Use of open salamanders or any temporary heating devices which may be fire hazards or may

smoke and damage finished work, will not be permitted. Maintain minimum temperatures as specified for various materials:

1. Obtain heat by connecting to Medical Center heating distribution system. Steam is available at no cost to Contractor.
- D. Electricity (for Construction and Testing): Furnish all temporary electric services.
1. Obtain electricity by connecting to the Medical Center electrical distribution system. The Contractor shall meter and pay for electricity required for electric cranes and hoisting devices, electrical welding devices and electrical heating devices providing temporary heat. Electricity for all other uses is available at no cost to the Contractor.
- E. Water (for Construction and Testing): Furnish temporary water service.
1. Obtain water by connecting to the Medical Center water distribution system. Water is available at no cost to the Contractor.
 2. Maintain connections, pipe, fittings and fixtures and conserve water-use so none is wasted. Failure to stop leakage or other wastes will be cause for revocation (at Resident Engineer's discretion) of use of water from Medical Center's system.
- F. Steam: Furnish steam system for testing required in various sections of specifications.
1. Obtain steam for testing by connecting to the Medical Center steam distribution system. Steam is available at no cost to the contractor.
 2. Maintain connections, pipe, fittings and fixtures and conserve steam use so none is wasted. Failure to stop leakage or other waste will be cause for revocation (at VA's Project Manager's discretion), of use of steam from the Medical Center's system.

1.19 TESTS

- A. Pre-test mechanical and electrical equipment and systems and make corrections required for proper operation of such systems before requesting final tests. Final test will not be conducted unless pre-tested.
- B. Conduct final tests required in various sections of specifications in presence of an authorized Project Manager of the VA Project Manager. Contractor shall furnish all labor, materials, equipment, instruments, and forms, to conduct and record such tests.
- C. Mechanical and electrical systems shall be balanced, controlled and coordinated. A system is defined as the entire complex which must be coordinated to work together during normal operation to produce results for which the system is designed. For example, air conditioning supply air is only one part of entire system which provides comfort conditions for a building. Other related components are return air, exhaust air, steam, chilled water, refrigerant, hot water, controls and electricity, etc. Another example of a complex which involves several components of different disciplines is a boiler installation. Efficient and acceptable boiler operation depends upon the coordination and proper operation of fuel, combustion air, controls, steam, feedwater, condensate and other related components.
- D. All related components as defined above shall be functioning when any system component is tested. Tests shall be completed within a reasonably short period of time during which operating and environmental conditions remain reasonably constant.
- E. Individual test result of any component, where required, will only be accepted when submitted with the test results of related components and of the entire system.

1.20 INSTRUCTIONS

- A. Contractor shall furnish Maintenance and Operating manuals and verbal instructions when required by the various sections of the specifications and as hereinafter specified.
- B. Manuals: Maintenance and operating manuals (four copies each) for each separate piece of equipment shall be delivered to the VA Project Manager coincidental with the delivery of the equipment to the job site. Manuals shall be complete, detailed guides for the maintenance and operation of equipment. They shall include complete information necessary for starting, adjusting, maintaining in continuous operation for long periods of time and dismantling and reassembling of the complete units and sub-assembly

components. Manuals shall include an index covering all component parts clearly cross-referenced to diagrams and illustrations. Illustrations shall include "exploded" views showing and identifying each separate item. Emphasis shall be placed on the use of special tools and instruments. The function of each piece of equipment, component, accessory and control shall be clearly and thoroughly explained. All necessary precautions for the operation of the equipment and the reason for each precaution shall be clearly set forth. Manuals must reference the exact model, style and size of the piece of equipment and system being furnished. Manuals referencing equipment similar to but of a different model, style, and size than that furnished will not be accepted.

- C. Instructions: Contractor shall provide qualified, factory-trained manufacturers' Project Managers to give detailed instructions to assigned Department of Veterans Affairs personnel in the operation and complete maintenance for each piece of equipment. All such training will be at the job site. These requirements are more specifically detailed in the various technical sections. Instructions for different items of equipment that are component parts of a complete system, shall be given in an integrated, progressive manner. All instructors for every piece of component equipment in a system shall be available until instructions for all items included in the system have been completed. This is to assure proper instruction in the operation of inter-related systems. All instruction periods shall be at such times as scheduled by the VA Project Manager and shall be considered concluded only when the VA Project Manager is satisfied in regard to complete and thorough coverage. The Department of Veterans Affairs reserves the right to request the removal of, and substitution for, any instructor who, in the opinion of the VA Project Manager, does not demonstrate sufficient qualifications in accordance with requirements for instructors above.

1.21 GOVERNMENT-FURNISHED PROPERTY

- A. The Government shall deliver to the Contractor, the Government-furnished property shown on the drawings.
- B. Equipment furnished by Government to be installed by Contractor will be furnished to Contractor at the Medical Center.
- C. Storage space for equipment will be provided by the Government and the Contractor shall be prepared to unload and store such equipment therein upon its receipt at the Medical Center.

- D. Notify VA Project Manager in writing, 60 days in advance, of date on which Contractor will be prepared to receive equipment furnished by Government. Arrangements will then be made by the Government for delivery of equipment.
 - 1. Immediately upon delivery of equipment, Contractor shall arrange for a joint inspection thereof with a Project Manager of the Government. At such time the Contractor shall acknowledge receipt of equipment described, make notations, and immediately furnish the Government Project Manager with a written statement as to its condition or shortages.
 - 2. Contractor thereafter is responsible for such equipment until such time as acceptance of contract work is made by the Government.
- E. Equipment furnished by the Government will be delivered in a partially assembled (knock down) condition in accordance with existing standard commercial practices, complete with all fittings, fastenings, and appliances necessary for connection to respective services installed under contract. All fittings and appliances (i.e., couplings, ells, tees, nipples, piping, conduits, cables, and the like) necessary to make the connection between the Government furnished equipment item and the utility stub-up shall be furnished and installed by the contractor at no additional cost to the Government.
- F. Completely assemble and install the Government furnished equipment in place ready for proper operation in accordance with specifications and drawings.
- G. Furnish supervision of installation of equipment at construction site by qualified factory trained technicians regularly employed by the equipment manufacturer.

1.22 RELOCATED ITEMS

- A. Contractor shall disconnect, dismantle as necessary, remove and reinstall in new location, all existing and items indicated by symbol "R" or otherwise shown to be relocated by the Contractor.
- B. Perform relocation of such equipment or items at such times and in such a manner as directed by the Project Manager.
- C. Suitably cap existing service lines, such as steam, condensate return, water, drain, gas, air, vacuum and/or electrical, whenever such lines are disconnected from equipment to be relocated. Remove

abandoned lines in finished areas and cap as specified herein before under paragraph "Abandoned Lines".

- D. Provide all mechanical and electrical service connections, fittings, fastenings and any other materials necessary for assembly and installation of relocated equipment; and leave such equipment in proper operating condition.
- E. All service lines such as noted above for relocated equipment shall be in place at point of relocation ready for use before any existing equipment is disconnected. Make relocated existing equipment ready for operation or use immediately after reinstallation.

1.23 "SUBMITTAL EXCHANGE" SOFTWARE

VA contractors, selected by award to perform work, are required to obtain and provide access to the "SUBMITTAL EXCHANGE" Software platform. "SUBMITTAL EXCHANGE" Software is the management and collaborative environment that the VA will use on this project.

The contractor is solely responsible for acquiring access to this software and making it available to the VA Project Manager, Contracting Officer, etc.

To gain access to "SUBMITTAL EXCHANGE" Software, the contractor is encouraged to follow the licensing process outline as specified below:

- A. Requirement: "SUBMITTAL EXCHANGE" Software shall be used to execute the management and collaborative environment for the project.
- B. Access Request and Payment can be made through the following URL:

<http://www2.submittalexchange.com/public/>

--- E N D ---

SECTION 01 32 16.15
PROJECT SCHEDULES
(SMALL PROJECTS - DESIGN/BID/BUILD)

PART 1- GENERAL

1.1 DESCRIPTION:

- A. The Contractor shall develop a Critical Path Method (CPM) plan and schedule demonstrating fulfillment of the contract requirements (Project Schedule), and shall keep the Project Schedule up-to-date in accordance with the requirements of this section and shall utilize the plan for scheduling, coordinating and monitoring work under this contract (including all activities of subcontractors, equipment vendors and suppliers). Conventional Critical Path Method (CPM) technique shall be utilized to satisfy both time and cost applications.

1.2 CONTRACTOR'S REPRESENTATIVE:

- A. The Contractor shall designate an authorized representative responsible for the Project Schedule including preparation, review and progress reporting with and to the Contracting Officer's Representative (COTR).
- B. The Contractor's representative shall have direct project control and complete authority to act on behalf of the Contractor in fulfilling the requirements of this specification section.
- C. The Contractor's representative shall have the option of developing the project schedule within their organization or to engage the services of an outside consultant. If an outside scheduling consultant is utilized, Section 1.3 of this specification will apply.

1.3 CONTRACTOR'S CONSULTANT:

- A. The Contractor shall submit a qualification proposal to the COTR, within 10 days of bid acceptance. The qualification proposal shall include:
1. The name and address of the proposed consultant.
 2. Information to show that the proposed consultant has the qualifications to meet the requirements specified in the preceding paragraph.
 3. A representative sample of prior construction projects, which the proposed consultant has performed complete project scheduling services. These representative samples shall be of similar size and scope.
- B. The Contracting Officer has the right to approve or disapprove the proposed consultant, and will notify the Contractor of the VA decision within seven calendar days from receipt of the qualification proposal. In case of disapproval, the Contractor shall resubmit another consultant within 10 calendar days for renewed consideration. The Contractor shall

have their scheduling consultant approved prior to submitting any schedule for approval.

1.4 COMPUTER PRODUCED SCHEDULES

- A. The contractor shall provide monthly, to the Department of Veterans Affairs (VA), all computer-produced time/cost schedules and reports generated from monthly project updates. This monthly computer service will include: three copies of up to five different reports (inclusive of all pages) available within the user defined reports of the scheduling software approved by the Contracting Officer; a hard copy listing of all project schedule changes, and associated data, made at the update and an electronic file of this data; and the resulting monthly updated schedule in PDM format. These must be submitted with and substantively support the contractor's monthly payment request and the signed look ahead report. The COTR shall identify the five different report formats that the contractor shall provide.
- B. The contractor shall be responsible for the correctness and timeliness of the computer-produced reports. The Contractor shall also responsible for the accurate and timely submittal of the updated project schedule and all CPM data necessary to produce the computer reports and payment request that is specified.
- C. The VA will report errors in computer-produced reports to the Contractor's representative within ten calendar days from receipt of reports. The Contractor shall reprocess the computer-produced reports and associated diskette(s), when requested by the Contracting Officer's representative, to correct errors which affect the payment and schedule for the project.

1.5 THE COMPLETE PROJECT SCHEDULE SUBMITTAL

- A. Within 45 calendar days after receipt of Notice to Proceed, the Contractor shall submit for the Contracting Officer's review; three blue line copies of the interim schedule on sheets of paper 765 x 1070 mm (30 x 42 inches) and an electronic file in the previously approved CPM schedule program. The submittal shall also include three copies of a computer-produced activity/event ID schedule showing project duration; phase completion dates; and other data, including event cost. Each activity/event on the computer-produced schedule shall contain as a minimum, but not limited to, activity/event ID, activity/event description, duration, budget amount, early start date, early finish date, late start date, late finish date and total float. Work activity/event relationships shall be restricted to finish-to-start or start-to-start without lead or lag constraints. Activity/event date constraints, not required by the contract, will not be accepted unless

submitted to and approved by the Contracting Officer. The contractor shall make a separate written detailed request to the Contracting Officer identifying these date constraints and secure the Contracting Officer's written approval before incorporating them into the network diagram. The Contracting Officer's separate approval of the Project Schedule shall not excuse the contractor of this requirement. Logic events (non-work) will be permitted where necessary to reflect proper logic among work events, but must have zero duration. The complete working schedule shall reflect the Contractor's approach to scheduling the complete project. **The final Project Schedule in its original form shall contain no contract changes or delays which may have been incurred during the final network diagram development period and shall reflect the entire contract duration as defined in the bid documents.** These changes/delays shall be entered at the first update after the final Project Schedule has been approved. The Contractor should provide their requests for time and supporting time extension analysis for contract time as a result of contract changes/delays, after this update, and in accordance with Article, ADJUSTMENT OF CONTRACT COMPLETION.

- D. Within 30 calendar days after receipt of the complete project interim Project Schedule and the complete final Project Schedule, the Contracting Officer or his representative, will do one or both of the following:
 - 1. Notify the Contractor concerning his actions, opinions, and objections.
 - 2. A meeting with the Contractor at or near the job site for joint review, correction or adjustment of the proposed plan will be scheduled if required. Within 14 calendar days after the joint review, the Contractor shall revise and shall submit three blue line copies of the revised Project Schedule, three copies of the revised computer-produced activity/event ID schedule and a revised electronic file as specified by the Contracting Officer. The revised submission will be reviewed by the Contracting Officer and, if found to be as previously agreed upon, will be approved.
- E. The approved baseline schedule and the computer-produced schedule(s) generated there from shall constitute the approved baseline schedule until subsequently revised in accordance with the requirements of this section.
- F. The Complete Project Schedule shall contain approximately _____work activities/events.

1.6 WORK ACTIVITY/EVENT COST DATA

- A. The Contractor shall cost load all work activities/events except procurement activities. The cumulative amount of all cost loaded work activities/events (including alternates) shall equal the total contract price. Prorate overhead, profit and general conditions on all work activities/events for the entire project length. The contractor shall generate from this information cash flow curves indicating graphically the total percentage of work activity/event dollar value scheduled to be in place on early finish, late finish. These cash flow curves will be used by the Contracting Officer to assist him in determining approval or disapproval of the cost loading. Negative work activity/event cost data will not be acceptable, except on VA issued contract changes.
- B. The Contractor shall cost load work activities/events for guarantee period services, test, balance and adjust various systems in accordance with the provisions in Article, FAR 52.232 - 5 (PAYMENT UNDER FIXED-PRICE CONSTRUCTION CONTRACTS) and VAAR 852.236 - 83 (PAYMENT UNDER FIXED-PRICE CONSTRUCTION CONTRACTS).
- C. In accordance with FAR 52.236 - 1 (PERFORMANCE OF WORK BY THE CONTRACTOR) and VAAR 852.236 - 72 (PERFORMANCE OF WORK BY THE CONTRACTOR), the Contractor shall submit, simultaneously with the cost per work activity/event of the construction schedule required by this Section, a responsibility code for all activities/events of the project for which the Contractor's forces will perform the work.
- D. The Contractor shall cost load work activities/events for all BID ITEMS including ASBESTOS ABATEMENT. The sum of each BID ITEM work shall equal the value of the bid item in the Contractors' bid.

1.7 PROJECT SCHEDULE REQUIREMENTS

- A. Show on the project schedule the sequence of work activities/events required for complete performance of all items of work. The Contractor Shall:
 - 1. Show activities/events as:
 - a. Contractor's time required for submittal of shop drawings, templates, fabrication, delivery and similar pre-construction work.
 - b. Contracting Officer's and Architect-Engineer's review and approval of shop drawings, equipment schedules, samples, template, or similar items.
 - c. Interruption of VA Facilities utilities, delivery of Government furnished equipment, and rough-in drawings, project phasing and any other specification requirements.

- d. Test, balance and adjust various systems and pieces of equipment, maintenance and operation manuals, instructions and preventive maintenance tasks.
 - e. VA inspection and acceptance activity/event with a minimum duration of five work days at the end of each phase and immediately preceding any VA move activity/event required by the contract phasing for that phase.
- 2. Show not only the activities/events for actual construction work for each trade category of the project, but also trade relationships to indicate the movement of trades from one area, floor, or building, to another area, floor, or building, for at least five trades who are performing major work under this contract.
- 3. Break up the work into activities/events of a duration no longer than 20 work days each or one reporting period, except as to non-construction activities/events (i.e., procurement of materials, delivery of equipment, concrete and asphalt curing) and any other activities/events for which the COTR may approve the showing of a longer duration. The duration for VA approval of any required submittal, shop drawing, or other submittals will not be less than 20 work days.
- 4. Describe work activities/events clearly, so the work is readily identifiable for assessment of completion. Activities/events labeled "start," "continue," or "completion," are not specific and will not be allowed. Lead and lag time activities will not be acceptable.
- 5. The schedule shall be generally numbered in such a way to reflect either discipline, phase or location of the work.
- B. The Contractor shall submit the following supporting data in addition to the project schedule:
 - 1. The appropriate project calendar including working days and holidays.
 - 2. The planned number of shifts per day.
 - 3. The number of hours per shift.

Failure of the Contractor to include this data shall delay the review of the submittal until the Contracting Officer is in receipt of the missing data.
- C. To the extent that the Project Schedule or any revised Project Schedule shows anything not jointly agreed upon, it shall not be deemed to have been approved by the COTR. Failure to include any element of work required for the performance of this contract shall not excuse the Contractor from completing all work required within any applicable completion date of each phase regardless of the COTR's approval of the Project Schedule.

- D. Compact Disk Requirements and CPM Activity/Event Record Specifications:
Submit to the VA an electronic file(s) containing one file of the data required to produce a schedule, reflecting all the activities/events of the complete project schedule being submitted.

1.8 PAYMENT TO THE CONTRACTOR:

- A. Monthly, the contractor shall submit the AIA application and certificate for payment documents G702 & G703 reflecting updated schedule activities and cost data in accordance with the provisions of the following Article, PAYMENT AND PROGRESS REPORTING, as the basis upon which progress payments will be made pursuant to Article, FAR 52.232 - 5 (PAYMENT UNDER FIXED-PRICE CONSTRUCTION CONTRACTS) and VAAR 852.236 - 83 (PAYMENT UNDER FIXED-PRICE CONSTRUCTION CONTRACTS). The Contractor shall be entitled to a monthly progress payment upon approval of estimates as determined from the currently approved updated project schedule. Monthly payment requests shall include: a listing of all agreed upon project schedule changes and associated data; and an electronic file (s) of the resulting monthly updated schedule.
- B. Approval of the Contractor's monthly Application for Payment shall be contingent, among other factors, on the submittal of a satisfactory monthly update of the project schedule.

1.9 PAYMENT AND PROGRESS REPORTING

- A. Monthly schedule update meetings will be held on dates mutually agreed to by the COTR and the Contractor. Contractor and their CPM consultant (if applicable) shall attend all monthly schedule update meetings. The Contractor shall accurately update the Project Schedule and all other data required and provide this information to the COTR three work days in advance of the schedule update meeting. Job progress will be reviewed to verify:
1. Actual start and/or finish dates for updated/completed activities/events.
 2. Remaining duration for each activity/event started, or scheduled to start, but not completed.
 3. Logic, time and cost data for change orders, and supplemental agreements that are to be incorporated into the Project Schedule.
 4. Changes in activity/event sequence and/or duration which have been made, pursuant to the provisions of following Article, ADJUSTMENT OF CONTRACT COMPLETION.
 5. Completion percentage for all completed and partially completed activities/events.
 6. Logic and duration revisions required by this section of the specifications.

7. Activity/event duration and percent complete shall be updated independently.
- B. After completion of the joint review, the contractor shall generate an updated computer-produced calendar-dated schedule and supply the Contracting Officer's representative with reports in accordance with the Article, COMPUTER PRODUCED SCHEDULES, specified.
- C. After completing the monthly schedule update, the contractor's representative or scheduling consultant shall rerun all current period contract change(s) against the prior approved monthly project schedule. The analysis shall only include original workday durations and schedule logic agreed upon by the contractor and resident engineer for the contract change(s). When there is a disagreement on logic and/or durations, the Contractor shall use the schedule logic and/or durations provided and approved by the resident engineer. After each rerun update, the resulting electronic project schedule data file shall be appropriately identified and submitted to the VA in accordance to the requirements listed in articles 1.4 and 1.7. This electronic submission is separate from the regular monthly project schedule update requirements and shall be submitted to the resident engineer within fourteen (14) calendar days of completing the regular schedule update. **Before inserting the contract changes durations, care must be taken to ensure that only the original durations will be used for the analysis, not the reported durations after progress. In addition, once the final network diagram is approved, the contractor must recreate all manual progress payment updates on this approved network diagram and associated reruns for contract changes in each of these update periods as outlined above for regular update periods. This will require detailed record keeping for each of the manual progress payment updates.**
- D. Following approval of the CPM schedule, the VA, the General Contractor, its approved CPM Consultant, RE office representatives, and all subcontractors needed, as determined by the SRE, shall meet to discuss the monthly updated schedule. The main emphasis shall be to address work activities to avoid slippage of project schedule and to identify any necessary actions required to maintain project schedule during the reporting period. The Government representatives and the Contractor should conclude the meeting with a clear understanding of those work and administrative actions necessary to maintain project schedule status during the reporting period. This schedule coordination meeting will occur after each monthly project schedule update meeting utilizing the resulting schedule reports from that schedule update. If the project is

behind schedule, discussions should include ways to prevent further slippage as well as ways to improve the project schedule status, when appropriate.

1.10 RESPONSIBILITY FOR COMPLETION

- A. If it becomes apparent from the current revised monthly progress schedule that phasing or contract completion dates will not be met, the Contractor shall execute some or all of the following remedial actions:
 - 1. Increase construction manpower in such quantities and crafts as necessary to eliminate the backlog of work.
 - 2. Increase the number of working hours per shift, shifts per working day, working days per week, the amount of construction equipment, or any combination of the foregoing to eliminate the backlog of work.
 - 3. Reschedule the work in conformance with the specification requirements.
- B. Prior to proceeding with any of the above actions, the Contractor shall notify and obtain approval from the COTR for the proposed schedule changes. If such actions are approved, the representative schedule revisions shall be incorporated by the Contractor into the Project Schedule before the next update, at no additional cost to the Government.

1.11 CHANGES TO THE SCHEDULE

- A. Within 30 calendar days after VA acceptance and approval of any updated project schedule, the Contractor shall submit a revised electronic file (s) and a list of any activity/event changes including predecessors and successors for any of the following reasons:
 - 1. Delay in completion of any activity/event or group of activities/events, which may be involved with contract changes, strikes, unusual weather, and other delays will not relieve the Contractor from the requirements specified unless the conditions are shown on the CPM as the direct cause for delaying the project beyond the acceptable limits.
 - 2. Delays in submittals, or deliveries, or work stoppage are encountered which make rescheduling of the work necessary.
 - 3. The schedule does not represent the actual prosecution and progress of the project.
 - 4. When there is, or has been, a substantial revision to the activity/event costs regardless of the cause for these revisions.
- B. CPM revisions made under this paragraph which affect the previously approved computer-produced schedules for Government furnished equipment, vacating of areas by the VA Facility, contract phase(s) and sub phase(s), utilities furnished by the Government to the Contractor, or

any other previously contracted item, shall be furnished in writing to the Contracting Officer for approval.

- C. Contracting Officer's approval for the revised project schedule and all relevant data is contingent upon compliance with all other paragraphs of this section and any other previous agreements by the Contracting Officer or the VA representative.
- D. The cost of revisions to the project schedule resulting from contract changes will be included in the proposal for changes in work as specified in FAR 52.243 - 4 (Changes) and VAAR 852.236 - 88 (Changes - Supplemental), and will be based on the complexity of the revision or contract change, man hours expended in analyzing the change, and the total cost of the change.
- E. The cost of revisions to the Project Schedule not resulting from contract changes is the responsibility of the Contractor.

1.12 ADJUSTMENT OF CONTRACT COMPLETION

- A. The contract completion time will be adjusted only for causes specified in this contract. Request for an extension of the contract completion date by the Contractor shall be supported with a justification, CPM data and supporting evidence as the COTR may deem necessary for determination as to whether or not the Contractor is entitled to an extension of time under the provisions of the contract. Submission of proof based on revised activity/event logic, durations (in work days) and costs is obligatory to any approvals. The schedule must clearly display that the Contractor has used, in full, all the float time available for the work involved in this request. The Contracting Officer's determination as to the total number of days of contract extension will be based upon the current computer-produced calendar-dated schedule for the time period in question and all other relevant information.
- B. Actual delays in activities/events which, according to the computer-produced calendar-dated schedule, do not affect the extended and predicted contract completion dates shown by the critical path in the network, will not be the basis for a change to the contract completion date. The Contracting Officer will within a reasonable time after receipt of such justification and supporting evidence, review the facts and advise the Contractor in writing of the Contracting Officer's decision.
- C. The Contractor shall submit each request for a change in the contract completion date to the Contracting Officer in accordance with the provisions specified under FAR 52.243 - 4 (Changes) and VAAR 852.236 - 88 (Changes - Supplemental). The Contractor shall include, as a part of each change order proposal, a sketch showing all CPM logic revisions,

duration (in work days) changes, and cost changes, for work in question and its relationship to other activities on the approved network diagram.

- D. All delays due to non-work activities/events such as RFI's, WEATHER, STRIKES, and similar non-work activities/events shall be analyzed on a month by month basis.

- - - E N D - - -

SECTION 02 82 11
TRADITIONAL ASBESTOS ABATEMENT

TABLE OF CONTENTS

1.1 SUMMARY OF THE WORK.....	1
1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS.....	1
1.1.2 EXTENT OF WORK.....	1
1.1.3 RELATED WORK.....	1
1.1.4 TASKS.....	1
1.1.5 CONTRACTORS USE OF PREMISES.....	1
1.2 VARIATIONS IN QUANTITY.....	2
1.3 STOP ASBESTOS REMOVAL.....	2
1.4 DEFINITIONS.....	3
1.4.1 GENERAL.....	3
1.4.2 GLOSSARY.....	3
1.4.3 REFERENCED STANDARDS ORGANIZATIONS.....	9
1.5 APPLICABLE CODES AND REGULATIONS.....	10
1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS.....	10
1.5.2 Asbestos Abatement CONTRACTOR RESPONSIBILITY.....	11
1.5.3 FEDERAL REQUIREMENTS.....	11
1.5.4 STATE REQUIREMENTS.....	11
1.5.5 LOCAL REQUIREMENTS.....	11
1.5.6 STANDARDS.....	11
1.5.7 EPA GUIDANCE DOCUMENTS.....	12
1.5.8 NOTICES.....	12
1.5.9 PERMITS/LICENSES.....	12
1.5.10 POSTING AND FILING OF REGULATIONS.....	12
1.5.11 VA RESPONSIBILITIES.....	12
1.5.12 EMERGENCY ACTION PLAN AND ARRANGEMENTS.....	13
1.5.13 PRE-CONSTRUCTION MEETING.....	13
1.6 PROJECT COORDINATION.....	14
1.6.1 PERSONNEL.....	14
1.7 RESPIRATORY PROTECTION.....	15
1.7.1 GENERAL - RESPIRATORY PROTECTION PROGRAM.....	15
1.7.2 RESPIRATORY PROTECTION PROGRAM COORDINATOR.....	15
1.7.3 SELECTION AND USE OF RESPIRATORS.....	16
1.7.4 MINIMUM RESPIRATORY PROTECTION.....	16

1.7.5 MEDICAL WRITTEN OPINION.....	16
1.7.6 RESPIRATOR FIT TEST.....	16
1.7.7 RESPIRATOR FIT CHECK.....	16
1.7.8 MAINTENANCE AND CARE OF RESPIRATORS.....	16
1.7.9 SUPPLIED AIR SYSTEMS.....	16
1.8 WORKER PROTECTION.....	17
1.8.1 TRAINING OF ABATEMENT PERSONNEL.....	17
1.8.2 MEDICAL EXAMINATIONS.....	17
1.8.3 REGULATED AREA ENTRY PROCEDURE.....	17
1.8.4 DECONTAMINATION PROCEDURE.....	17
1.8.5 REGULATED AREA REQUIREMENTS.....	18
1.9 DECONTAMINATION FACILITIES.....	18
1.9.1 DESCRIPTION.....	18
1.9.2 GENERAL REQUIREMENTS.....	18
1.9.3 TEMPORARY FACILITIES TO THE PDF and W/EDF.....	18
1.9.4 PERSONNEL DECONTAMINATION FACILITY (PDF).....	19
1.9.5 WASTE/EQUIPMENT DECONTAMINATION FACILITY (W/EDF).....	20
1.9.6 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES.....	21
PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT.....	21
2.1 MATERIALS AND EQUIPMENT.....	21
2.1.1 GENERAL REQUIREMENTS.....	21
2.2 MONITORING, INSPECTION AND TESTING.....	23
2.2.1 GENERAL.....	23
2.2.2 SCOPE OF SERVICES OF THE VPIH/CIH CONSULTANT.....	24
2.2.3 MONITORING, INSPECTION AND TESTING BY CONTRACTOR CPIH/CIH.....	24
2.3 ASBESTOS HAZARD ABATEMENT PLAN.....	25
2.4 SUBMITTALS.....	26
2.4.1 PRE-START MEETING SUBMITTALS.....	26
2.4.2 SUBMITTALS DURING ABATEMENT.....	27
2.4.3 SUBMITTALS AT COMPLETION OF ABATEMENT.....	28
2.5 ENCAPSULANTS.....	28
2.5.1 TYPES OF ENCAPSULANTS.....	28
2.5.2 PERFORMANCE REQUIREMENTS.....	28
2.5.3 CERTIFICATES OF COMPLIANCE.....	29
PART 3 - EXECUTION.....	29
3.1 REGULATED AREA PREPARATIONS.....	29
3.1.3.1 DESIGN AND LAYOUT.....	30

3.1.3.2	NEGATIVE AIR MACHINES (HEPA UNITS).....	31
3.1.3.3	PRESSURE DIFFERENTIAL.....	32
3.1.3.4	MONITORING.....	32
3.1.3.5	AUXILIARY GENERATOR.....	32
3.1.3.6	SUPPLEMENTAL MAKE-UP AIR INLETS.....	33
3.1.3.7	TESTING THE SYSTEM.....	33
3.1.3.8	DEMONSTRATION OF THE NEGATIVE PRESSURE Filtration SYSTEM.....	33
3.1.3.9	USE OF THE NEGATIVE PRESSURE FILTRATION SYSTEM DURING ABATEMENT OPERATIONS.....	33
3.1.3.10	DISMANTLING THE SYSTEM.....	34
3.1.4	CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA.....	34
3.1.4.1	GENERAL.....	34
3.1.4.2	PREPARATION PRIOR TO SEALING THE REGULATED AREA.....	34
3.1.4.3	CONTROLLING ACCESS TO THE REGULATED AREA.....	34
3.1.4.4	CRITICAL BARRIERS.....	35
3.1.4.5	PRIMARY BARRIERS.....	35
3.1.4.6	SECONDARY BARRIERS.....	35
3.1.4.7	EXTENSION OF THE REGULATED AREA.....	35
3.1.4.8	FIRESTOPPING.....	35
3.1.5	Sanitary facilities.....	36
3.1.6	PERSONAL PROTECTIVE EQUIPMENT.....	36
3.1.7	Pre-cleaning.....	36
3.1.8	PRE-ABATEMENT ACTIVITIES.....	37
3.1.8.1	PRE-ABATEMENT Meeting.....	37
3.1.8.2	PRE-ABATEMENT CONSTRUCTION AND OPERATIONS.....	37
3.1.8.3	PRE-ABATEMENT INSPECTIONS AND PREPARATIONS.....	38
3.2	REMOVAL OF ACM.....	38
3.2.1	WETTING acm.....	38
3.2.2	SECONDARY BARRIER AND WALKWAYS.....	39
3.2.3	WET REMOVAL OF ACM.....	39
3.2.4	WET REMOVAL OF AMOSITE.....	40
3.3	LOCKDOWN ENCAPSULATION.....	41
3.3.1	GENERAL.....	41
3.3.2	DELIVERY AND STORAGE.....	41
3.3.3	WORKER PROTECTION.....	41
3.3.4	ENCAPSULATION OF SCRATCH COAT PLASTER OR PIPING.....	41
3.3.5	SEALING EXPOSED EDGES.....	41
3.4	DISPOSAL OF ACM WASTE MATERIALS.....	42

3.4.1 GENERAL.....	42
3.4.2 PROCEDURES.....	42
3.5 PROJECT DECONTAMINATION.....	42
3.5.1 GENERAL.....	42
3.5.2 REGULATED AREA CLEARANCE.....	43
3.5.3 WORK DESCRIPTION.....	43
3.5.4 PRE-DECONTAMINATION CONDITIONS.....	43
3.5.5 FIRST CLEANING.....	43
3.5.6 PRE-CLEARANCE INSPECTION AND TESTING.....	43
3.5.7 LOCKDOWN ENCAPSULATION OF ABATED SURFACES.....	44
3.6 FINAL VISUAL INSPECTION AND AIR CLEARANCE TESTING.....	44
3.6.1 GENERAL.....	44
3.6.2 FINAL VISUAL INSPECTION.....	44
3.6.3 FINAL AIR CLEARANCE TESTING.....	44
3.6.4 FINAL AIR CLEARANCE PROCEDURES.....	44
3.6.5 CLEARANCE SAMPLING USING PCM - LESS THAN 260LF/160SF:.....	45
3.6.8 LABORATORY TESTING OF TEM SAMPLES.....	46
3.7 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE.....	46
3.7.1 COMPLETION OF ABATEMENT WORK.....	46
3.7.2 CERTIFICATE OF COMPLETION BY CONTRACTOR.....	46
3.7.3 WORK SHIFTS.....	47
3.7.4 RE-INSULATION.....	47
ATTACHMENT #1.....	48
ATTACHMENT #2.....	49
ATTACHMENT #3.....	50
ATTACHMENT #4.....	51
ATTACHMENT #5 (SEE ATTACHMENT)	

SECTION 02 82 11
TRADITIONAL ASBESTOS ABATEMENT

PART 1 - GENERAL

1.1 SUMMARY OF THE WORK

1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS

Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work and the phasing of the work. In the event the Asbestos Abatement Contractor discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Asbestos Abatement Contractor. All costs incurred due to such action are also the responsibility of the Asbestos Abatement Contractor.

1.1.2 EXTENT OF WORK

- A. See Attachment #5 - Ahera Re-inspection Report Dated March by ENCORP.
 - 1. The contractor shall mitigate any hazardous material indicated in the above report within the area of work and/or any hazardous material encountered through the course of construction of the work in compliance with this section in order to provide a full and complete project as indicated by the drawings and specifications.

1.1.3 RELATED WORK

- A. Section 02 41 00, DEMOLITION.

1.1.4 TASKS

The work tasks are summarized briefly as follows:

- A. Pre-abatement activities including pre-abatement meeting(s), inspection(s), notifications, permits, submittal approvals, regulated area preparations, emergency procedures arrangements, and standard operating procedures for asbestos abatement work.
- B. Abatement activities including removal clean-up and disposal of ACM waste, recordkeeping, security, monitoring, and inspections.
- C. Cleaning and decontamination activities including final visual inspection, air monitoring and certification of decontamination.

1.1.5 CONTRACTORS USE OF PREMISES

- A. The Contractor and Contractor's personnel shall cooperate fully with the VA representative/consultant to facilitate efficient use of buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan

and in compliance with any/all applicable Federal, State and Local regulations and requirements.

- B. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved VA Design and Construction Procedures. VA Design and Construction Procedures drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA representative through the pre-abatement plan of action.

1.2 VARIATIONS IN QUANTITY

The quantities and locations of ACM as indicated on the drawings and the extent of work included in this section are estimated which are limited by the physical constraints imposed by occupancy of the buildings and accessibility to ACM. Accordingly, minor variations (+/- 5%) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the contractor shall provide unit prices for newly discovered ACM and those prices shall be used for additional work required under the contractor.

1.3 STOP ASBESTOS REMOVAL

If the Contracting Officer; their field representative; (the facility Safety Officer/Manager or their designee, or the VA Professional Industrial Hygienist/Certified Industrial Hygienist (VPIH/CIH) presents a verbal **Stop Asbestos Removal Order**, the Contractor/Personnel shall immediately stop all asbestos removal and maintain HEPA filtered negative pressure air flow in the containment and adequately wet any exposed ACM. If a verbal Stop Asbestos Removal Order is issued, the VA shall follow-up with a written order to the Contractor as soon as it is practicable. The Contractor shall not resume any asbestos removal activity until authorized to do so in writing by the VA Contracting Officer. A stop asbestos removal order may be issued at any time the VA Contracting Officer determines abatement conditions/activities are not within VA specification, regulatory requirements or that an imminent hazard exists to human health or the environment. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the VPIH/CIH time. The occurrence of any of the following events shall be reported immediately by the Contractor's competent person to the VA Contracting Office or field representative using the most expeditious means (e.g., verbal or telephonic), followed up with written notification to the Contracting Officer as soon as practical. The Contractor shall immediately stop asbestos removal/disturbance activities and initiate fiber reduction activities:

- A. Airborne PCM analysis results equal to or greater than 0.01 f/cc outside a regulated area or >0.05 f/cc inside a regulated area;
- B. breach or break in regulated area containment barrier(s);
- C. less than -0.02" WCG pressure in the regulated area;
- D. serious injury/death at the site;
- E. fire/safety emergency at the site;

- F. respiratory protection system failure;
- G. power failure or loss of wetting agent; or
- H. any visible emissions observed outside the regulated area.

1.4 DEFINITIONS

1.4.1 GENERAL

Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

1.4.2 GLOSSARY

Abatement - Procedures to control fiber release from asbestos-containing materials. Includes removal, encapsulation, enclosure, demolition, and renovation activities related to asbestos containing materials (ACM).

Aerosol - Solid or liquid particulate suspended in air.

Adequately wet - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.

Aggressive method - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.

Aggressive sampling - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to aggressively disturb and maintain in the air residual fibers after abatement.

AHERA - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.

Aircell - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

Air monitoring - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 2 is used to determine the fiber levels in air. For personal samples and clearance air testing using Phase Contrast Microscopy (PCM) analysis. NIOSH Method 7402 can be used when it is necessary to confirm fibers counted by PCM as being asbestos. The AHERA TEM analysis may be used for background, area samples and clearance samples when required by this specification, or at the discretion of the VPIH/CIH as appropriate.

Air sample filter - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester membrane for PCM (Phase Contrast Microscopy) and polycarbonate for TEM (Transmission Electron Microscopy)

Amended water - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

Asbestos - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

Asbestos Hazard Abatement Plan (AHAP) - Asbestos work procedures required to be submitted by the contractor before work begins.

Asbestos-containing material (ACM) - Any material containing more than one percent of asbestos.

Asbestos contaminated elements (ACE) - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

Asbestos-contaminated soil (ACS) - Soil found in the work area or in adjacent areas such as crawlspaces or pipe tunnels which is contaminated with asbestos-containing material debris and cannot be easily separated from the material.

Asbestos-containing waste (ACW) material - Asbestos-containing material or asbestos contaminated objects requiring disposal.

Asbestos Project Monitor - Some states require that any person conducting asbestos abatement clearance inspections and clearance air sampling be licensed as an asbestos project monitor.

Asbestos waste decontamination facility - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

Authorized person - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.

Authorized visitor - Any person approved by the VA; the contractor; or any government agency representative having jurisdiction over the regulated area (e.g., OSHA, Federal and State EPA).

Barrier - Any surface that isolates the regulated area and inhibits fiber migration from the regulated area.

Containment Barrier - An airtight barrier consisting of walls, floors, and/or ceilings of sealed plastic sheeting which surrounds and seals the outer perimeter of the regulated area.

Critical Barrier - The barrier responsible for isolating the regulated area from adjacent spaces, typically constructed of plastic sheeting secured in place at openings such as doors, windows, or any other opening into the regulated area.

Primary Barrier - Plastic barriers placed over critical barriers and exposed directly to abatement work.

Secondary Barrier - Any additional plastic barriers used to isolate and provide protection from debris during abatement work.

Breathing zone - The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.

Bridging encapsulant - An encapsulant that forms a layer on the surface of the ACM.

Building/facility owner - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.

Bulk testing - The collection and analysis of suspect asbestos containing materials.

Certified Industrial Hygienist (CIH) - A person certified in the comprehensive practice of industrial hygiene by the American Board of Industrial Hygiene.

Class I asbestos work - Activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).

Class II asbestos work - Activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.

Clean room/Changing room - An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.

Clearance sample - The final air sample taken after all asbestos work has been done and visually inspected. Performed by the VA's professional industrial hygiene consultant/Certified Industrial Hygienist (VPIH/CIH).

Closely resemble - The major workplace conditions which have contributed to the levels of historic asbestos exposure, are no more protective than conditions of the current workplace.

Competent person - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29 CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.

Contractor's Professional Industrial Hygienist (CPIH/CIH) - The asbestos abatement contractor's industrial hygienist. The industrial hygienist must meet the qualification requirements of a PIH and may be a certified industrial hygienist (CIH).

Count - Refers to the fiber count or the average number of fibers greater than five microns in length with a length-to-width (aspect) ratio of at least 3 to 1, per cubic centimeter of air.

Crawlspace - An area which can be found either in or adjacent to the work area. This area has limited access and egress and may contain asbestos materials and/or asbestos contaminated soil.

Decontamination area/unit - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.

Demolition - The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

VA Total - means a building or substantial part of the building is completely removed, torn or knocked down, bulldozed, flattened, or razed, including removal of building debris.

Disposal bag - Typically 6 mil thick sift-proof, dustproof, leak-tight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.

Disturbance - Activities that disrupt the matrix of ACM or PACM, crumble or pulverize ACM or PACM, or generate visible debris from ACM or PACM. Disturbance includes cutting away small amounts of ACM or PACM, no greater than the amount that can be contained in one standard sized glove bag or waste bag in order to access a building component. In no event shall the amount of ACM or PACM so disturbed exceed that which can be contained in one glove bag or disposal bag which shall not exceed 60 inches in length or width.

Drum - A rigid, impermeable container made of cardboard fiber, plastic, or metal which can be sealed in order to be sift-proof, dustproof, and leak-tight.

Employee exposure - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.

Encapsulant - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.

Encapsulation - Treating ACM with an encapsulant.

Enclosure - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.

Equipment room - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

Fiber - A particulate form of asbestos, 5 microns or longer, with a length to width (aspect) ratio of at least 3 to 1.

Fibers per cubic centimeter (f/cc) - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.

Filter - Media used in respirators, vacuums, or other machines to remove particulate from air.

Firestopping - Material used to close the open parts of a structure in order to prevent a fire from spreading.

Friable asbestos containing material - Any material containing more than one (1) percent or asbestos as determined using the method specified in appendix A, Subpart F, 40 CFR 763, section 1, Polarized Light Microscopy, that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

Glovebag - Not more than a 60 x 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which materials and tools may be handled.

High efficiency particulate air (HEPA) filter - An ASHRAE MERV 17 filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 micrometers in diameter.

HEPA vacuum - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.

Homogeneous area - An area of surfacing, thermal system insulation or miscellaneous ACM that is uniform in color, texture and date of application.

HVAC - Heating, Ventilation and Air Conditioning

Industrial hygienist (IH) - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop controls for occupational health hazards. Meets definition requirements of the American Industrial Hygiene Association (AIHA).

Industrial hygienist technician (IH Technician) - A person working under the direction of an IH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned. Some states require that an industrial hygienist technician conducting asbestos abatement clearance inspection and clearance air sampling be licensed as an asbestos project monitor.

Intact - The ACM has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix.

Lockdown - Applying encapsulant, after a final visual inspection, on all abated surfaces at the conclusion of ACM removal prior to removal of critical barriers.

National Emission Standards for Hazardous Air Pollutants (NESHAP) - EPA's rule to control emissions of asbestos to the environment (40 CFR part 61, Subpart M).

Negative initial exposure assessment - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), that employee exposure during an operation is expected to be consistently below the PEL.

Negative pressure - Air pressure which is lower than the surrounding area, created by exhausting air from a sealed regulated area through

HEPA equipped filtration units. OSHA requires maintaining -0.02" water column gauge inside the negative pressure enclosure.

Negative pressure respirator - A respirator in which the air pressure inside the facepiece is negative during inhalation relative to the air pressure outside the respirator facepiece.

Non-friable ACM - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

Organic vapor cartridge - The type of cartridge used on air purifying respirators to remove organic vapor hazardous air contaminants.

Outside air - The air outside buildings and structures, including, but not limited to, the air under a bridge or in an open ferry dock.

Owner/operator - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

Penetrating encapsulant - Encapsulant that is absorbed into the ACM matrix without leaving a surface layer.

Personal sampling/monitoring - Representative air samples obtained in the breathing zone for one or workers within the regulated area using a filter cassette and a calibrated air sampling pump to determine asbestos exposure.

Permissible exposure limit (PEL) - The level of exposure OSHA allows for an 8 hour time weighted average. For asbestos fibers, the eight (8) hour time weighted average PEL is 0.1 fibers per cubic centimeter (0.1 f/cc) of air and the 30-minute Excursion Limit is 1.0 fibers per cubic centimeter (1 f/cc).

Personal protective equipment (PPE) - equipment designed to protect user from injury and/or specific job hazard. Such equipment may include protective clothing, hard hats, safety glasses, and respirators.

Pipe tunnel - An area, typically located adjacent to mechanical spaces or boiler rooms in which the pipes servicing the heating system in the building are routed to allow the pipes to access heating elements. These areas may contain asbestos pipe insulation, asbestos fittings, or asbestos-contaminated soil.

Polarized light microscopy (PLM) - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type(s) of asbestos present in a bulk sample.

Polyethylene sheeting - Strong plastic barrier material 4 to 6 mils thick, semi-transparent, flame retardant per NFPA 241.

Positive/negative fit check - A method of verifying the seal of a facepiece respirator by temporarily occluding the filters and breathing in (inhaling) and then temporarily occluding the exhalation valve and breathing out (exhaling) while checking for inward or outward leakage of the respirator respectively.

Presumed ACM (PACM) - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (b).

Professional IH - An IH who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed two specialized EPA approved courses on management and supervision of asbestos abatement projects; has formal training in respiratory protection and waste disposal; and has a

minimum of four projects of similar complexity with this project of which at least three projects serving as the supervisory IH. The PIH may be either the VA's PIH (VPIH) or Contractor's PIH (CPIH/CIH).

Project designer - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Appendix C, Part I; (B)(5).

Assigned protection factor - A value assigned by OSHA/NIOSH to indicate the expected protection provided by each respirator class, when the respirator is properly selected and worn correctly. The number indicates the reduction of exposure level from outside to inside the respirator facepiece.

Qualitative fit test (QLFT) - A fit test using a challenge material that can be sensed by the wearer if leakage in the respirator occurs.

Quantitative fit test (QNFT) - A fit test using a challenge material which is quantified outside and inside the respirator thus allowing the determination of the actual fit factor.

Regulated area - An area established by the employer to demarcate where Class I, II, III asbestos work is conducted, and any adjoining area where debris and waste from such asbestos work may accumulate; and a work area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed the PEL.

Regulated ACM (RACM) - Friable ACM; Category I non-friable ACM that has become friable; Category I non-friable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II non-friable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

Removal - All operations where ACM, PACM and/or RACM is taken out or stripped from structures or substrates, including demolition operations.

Renovation - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

Repair - Overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates, including encapsulation or other repair of ACM or PACM attached to structures or substrates.

Shower room - The portion of the PDF where personnel shower before leaving the regulated area.

Supplied air respirator (SAR) - A respiratory protection system that supplies minimum Grade D respirable air per ANSI/Compressed Gas Association Commodity Specification for Air, G-7.1-1989.

Surfacing ACM - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, fireproofing and other purposes.

Surfactant - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.

Thermal system ACM - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.

Transmission electron microscopy (TEM) - A microscopy method that can identify and count asbestos fibers.

VA Professional Industrial Hygienist (VPIH/CIH) - The Department of Veterans Affairs Professional Industrial Hygienist must meet the qualifications of a PIH, and may be a Certified Industrial Hygienist (CIH).

VA Representative - The VA official responsible for on-going project work.

Visible emissions - Any emissions, which are visually detectable without the aid of instruments, coming from ACM/PACM/RACM/ACS or ACM waste material.

Waste/Equipment decontamination facility (W/EDF) - The area in which equipment is decontaminated before removal from the regulated area.

Waste generator - Any owner or operator whose act or process produces asbestos-containing waste material.

Waste shipment record - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.

Wet cleaning - The process of thoroughly eliminating, by wet methods, any asbestos contamination from surfaces or objects.

1.4.3 REFERENCED STANDARDS ORGANIZATIONS

The following acronyms or abbreviations as referenced in contract/specification documents are defined to mean the associated names. Names and addresses may be subject to change.

- A. VA Department of Veterans Affairs
810 Vermont Avenue, NW
Washington, DC 20420
- B. AIHA American Industrial Hygiene Association
2700 Prosperity Avenue, Suite 250
Fairfax, VA 22031
703-849-8888
- C. ANSI American National Standards Institute
1430 Broadway
New York, NY 10018
212-354-3300
- D. ASTM American Society for Testing and Materials
1916 Race St.
Philadelphia, PA 19103
215-299-5400
- E. CFR Code of Federal Regulations
Government Printing Office
Washington, DC 20420
- F. CGA Compressed Gas Association
1235 Jefferson Davis Highway
Arlington, VA 22202
703-979-0900
- G. CS Commercial Standard of the National Institute of Standards and Technology (NIST)
U. S. Department of Commerce
Government Printing Office
Washington, DC 20420
- H. EPA Environmental Protection Agency
401 M St., SW

Washington, DC 20460
202-382-3949

- I. MIL-STD Military Standards/Standardization Division
Office of the Assistant Secretary of Defense
Washington, DC 20420
- J. NIST National Institute for Standards and Technology
U. S. Department of Commerce
Gaithersburg, MD 20234
301-921-1000
- K. NEC National Electrical Code (by NFPA)
- L. NEMA National Electrical Manufacturer's Association
2101 L Street, N.W.
Washington, DC 20037
- M. NFPA National Fire Protection Association
1 Batterymarch Park
P.O. Box 9101
Quincy, MA 02269-9101
800-344-3555
- N. NIOSH National Institutes for Occupational Safety and Health
4676 Columbia Parkway
Cincinnati, OH 45226
513-533-8236
- O. OSHA Occupational Safety and Health Administration
U.S. Department of Labor
Government Printing Office
Washington, DC 20402
- P. UL Underwriters Laboratory
333 Pfingsten Rd.
Northbrook, IL 60062
312-272-8800

1.5 APPLICABLE CODES AND REGULATIONS

1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS

- A. All work under this contract shall be done in strict accordance with all applicable Federal, State, and local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.
- B. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specifications exists, the most stringent requirement(s) shall be utilized.
- C. Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5 shall be available at the worksite in the clean change area of the worker decontamination system.

1.5.2 ASBESTOS ABATEMENT CONTRACTOR RESPONSIBILITY

The Asbestos Abatement Contractor (Contractor) shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the asbestos abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment (PPE) including respiratory protection including respirator fit testing, as required by applicable Federal, State and Local regulations. The Contractor shall hold the VA and VPIH/CIH consultants harmless for any Contractor's failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental requirement on the part of himself, his employees, or his subcontractors. The Contractor will incur all costs of the CPIH/CIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State requirements related to failure to comply with the regulations applicable to the work.

1.5.3 FEDERAL REQUIREMENTS

Federal requirements which govern of asbestos abatement include, but are not limited to, the following regulations.

- A. Occupational Safety and Health Administration (OSHA)
 - 1. Title 29 CFR 1926.1101 - Construction Standard for Asbestos
 - 2. Title 29 CFR 1910 Subpart I - Personal Protective Equipment
 - 3. Title 29 CFR 1910.134 - Respiratory Protection
 - 4. Title 29 CFR 1926 - Construction Industry Standards
 - 5. Title 29 CFR 1910.1020 - Access to Employee Exposure and Medical Records
 - 6. Title 29 CFR 1910.1200 - Hazard Communication
 - 7. Title 29 CFR 1910 Subpart K - Medical and First Aid
- B. Environmental Protection Agency (EPA):
 - 1. 40 CFR 61 Subpart A and M (Revised Subpart B) - National Emission Standard for Hazardous Air Pollutants - Asbestos.
 - 2. 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA)
- C. Department of Transportation (DOT)
 - Title 49 CFR 100 - 185 - Transportation

1.5.4 STATE REQUIREMENTS

If state requirements are more stringent than federal the state standards are to be followed.

1.5.5 LOCAL REQUIREMENTS

If local requirements are more stringent than federal or state standards, the local standards are to be followed.

1.5.6 STANDARDS

- A. Standards which govern asbestos abatement activities include, but are not limited to, the following:
 - 1. American National Standards Institute (ANSI) Z9.2-79 - Fundamentals Governing the Design and Operation of Local Exhaust Systems and ANSI Z88.2 - Practices for Respiratory Protection.
 - 2. Underwriters Laboratories (UL) 586-90 - UL Standard for Safety of HEPA Filter Units, 7th Edition.
- B. Standards which govern encapsulation work include, but are not limited to the following:

1. American Society for Testing and Materials (ASTM)
- C. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:
 1. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.
 2. NFPA 701 - Standard Methods for Fire Tests for Flame Resistant Textiles and Film.
 3. NFPA 101 - Life Safety Code

1.5.7 EPA GUIDANCE DOCUMENTS

- A. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference. EPA publications can be ordered from (800) 424-9065.
- B. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024
- C. Asbestos Waste Management Guidance EPA 530-SW-85-007
- D. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001
- E. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

1.5.8 NOTICES

- A. State and Local agencies: Send written notification as required by state and local regulations including the local fire department prior to beginning any work on ACM as follows:
- B. Copies of notifications shall be submitted to the VA for the facility's records in the same time frame notification are given to EPA, State, and Local authorities.

1.5.9 PERMITS/LICENSES

- A. The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, State, and Local regulations.

1.5.10 POSTING AND FILING OF REGULATIONS

- A. Maintain two (2) copies of applicable federal, state, and local regulations. Post one copy of each in the clean room at the regulated area where workers will have daily access to the regulations and keep another copy in the Contractor's office.

1.5.11 VA RESPONSIBILITIES

Prior to commencement of work:

- A. Notify occupants adjacent to regulated areas of project dates and requirements for relocation, if needed. Arrangements must be made prior to starting work for relocation of desks, files, equipment and personal possessions to avoid unauthorized access into the regulated area. **Note: Notification of adjacent personnel is required by OSHA in 29 CFR 1926.1101 (k) to prevent unnecessary or unauthorized access to the regulated area.**
- B. Submit to the Contractor results of background air sampling; including location of samples, person who collected the samples, equipment utilized, calibration data and method of analysis. During abatement, submit to the Contractor, results of bulk material analysis and air sampling data collected during the course of the abatement. This

information shall not release the Contractor from any responsibility for OSHA compliance.

1.5.12 EMERGENCY ACTION PLAN AND ARRANGEMENTS

- A. An Emergency Action Plan shall be developed prior to commencing abatement activities and shall be agreed to by the Contractor and the VA. The Plan shall meet the requirements of 29 CFR 1910.38 (a);(b).
- B. Emergency procedures shall be in written form and prominently posted in the clean room and equipment room of the decontamination unit. Everyone, prior to entering the regulated area, must read and sign these procedures to acknowledge understanding of the regulated area layout, location of emergency exits and emergency procedures.
- C. Emergency planning shall include written notification of police, fire, and emergency medical personnel of planned abatement activities; work schedule; layout of regulated area; and access to the regulated area, particularly barriers that may affect response capabilities.
- D. Emergency planning shall include consideration of fire, explosion, hazardous atmospheres, electrical hazards, slips/trips and falls, confined spaces, and heat stress illness. Written procedures for response to emergency situations shall be developed and employee training in procedures shall be provided.
- E. Employees shall be trained in regulated area/site evacuation procedures in the event of workplace emergencies.
 - 1. For non life-threatening situations - employees injured or otherwise incapacitated shall decontaminate following normal procedures with assistance from fellow workers, if necessary, before exiting the regulated area to obtain proper medical treatment.
 - 2. For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker, remove them from the regulated area, and secure proper medical treatment.
- F. Telephone numbers of any/all emergency response personnel shall be prominently posted in the clean room, along with the location of the nearest telephone.
- G. The Contractor shall provide verification of first aid/CPR training for personnel responsible for providing first aid/CPR. OSHA requires medical assistance within 3-4 minutes of a life-threatening injury/illness. Blood borne Pathogen training shall also be verified for those personnel required to provide first aid/CPR.
- H. The Emergency Action Plan shall provide for a Contingency Plan in the event that an incident occurs that may require the modification of the standard operating procedures during abatement. Such incidents include, but are not limited to, fire; accident; power failure; negative pressure failure; and supplied air system failure. The Contractor shall detail procedures to be followed in the event of an incident assuring that asbestos abatement work is stopped and wetting is continued until correction of the problem.

1.5.13 PRE-CONSTRUCTION MEETING

Prior to commencing the work, the Contractor shall meet with the VA Certified Industrial Hygienist (VPCIH) to present and review, as appropriate, the items following this paragraph. The Contractor's Competent Person(s) who will be on-site shall participate in the pre-start meeting. The pre-start meeting is to discuss and determine procedures to be used during the project.

- A. Proof of Contractor licensing.
- B. Proof the Competent Person(s) is trained and accredited and approved for working in this State. Verification of the experience of the Competent Person(s) shall also be presented.
- C. A list of all workers who will participate in the project, including experience and verification of training and accreditation.
- D. A list of and verification of training for all personnel who have current first-aid/CPR training. A minimum of one person per shift must have adequate training.
- E. Current medical written opinions for all personnel working on-site meeting the requirements of 29 CFR 1926.1101 (m).
- F. Current fit-tests for all personnel wearing respirators on-site meeting the requirements of 29 CFR 1926.1101 (h) and Appendix C.
- G. A copy of the Contractor's Asbestos Hazard Abatement Plan. In these procedures, the following information must be detailed, specific for this project.
 - 1. Regulated area preparation procedures;
 - 2. Notification requirements procedure of Contractor as required in 29 CFR 1926.1101 (d);
 - 3. Decontamination area set-up/layout and decontamination procedures for employees;
 - 4. Abatement methods/procedures and equipment to be used;
 - 5. Personal protective equipment to be used;
- H. At this meeting the Contractor shall provide all submittals as required.
- I. Procedures for handling, packaging and disposal of asbestos waste.
- J. Emergency Action Plan and Contingency Plan Procedures.

1.6 PROJECT COORDINATION

The following are the minimum administrative and supervisory personnel necessary for coordination of the work.

1.6.1 PERSONNEL

- A. Administrative and supervisory personnel shall consist of a qualified Competent Person(s) as defined by OSHA in the Construction Standards and the Asbestos Construction Standard; Contractor Professional Industrial Hygienist and Industrial Hygiene Technicians. These employees are the Contractor's representatives responsible for compliance with these specifications and all other applicable requirements.
- B. Non-supervisory personnel shall consist of an adequate number of qualified personnel to meet the schedule requirements of the project. Personnel shall meet required qualifications. Personnel utilized on-site shall be pre-approved by the VA representative. A request for approval shall be submitted for any person to be employed during the project giving the person's name; social security number; qualifications; accreditation card with color picture; Certificate of Worker's Acknowledgment; and Affidavit of Medical Surveillance and Respiratory Protection and current Respirator Fit Test.
- C. Minimum qualifications for Contractor and assigned personnel are:
 - 1. The Contractor has conducted within the last three (3) years, three (3) projects of similar complexity and dollar value as this project; has not been cited and penalized for serious violations of federal (and state as applicable) EPA and OSHA asbestos regulations in the past three (3) years; has adequate liability/occurrence insurance for asbestos work as required by the state; is licensed in

- applicable states; has adequate and qualified personnel available to complete the work; has comprehensive standard operating procedures for asbestos work; has adequate materials, equipment and supplies to perform the work.
2. The Competent Person has four (4) years of abatement experience of which two (2) years were as the Competent Person on the project; meets the OSHA definition of a Competent Person; has been the Competent Person on two (2) projects of similar size and complexity as this project within the past three (3) years; has completed EPA AHERA/OSHA/State/Local training requirements/accreditation(s) and refreshers; and has all required OSHA documentation related to medical and respiratory protection.
 3. The Contractor Professional Industrial Hygienist/CIH (CPIH/CIH) shall have five (5) years of monitoring experience and supervision of asbestos abatement projects; has participated as senior IH on five (5) abatement projects, three (3) of which are similar in size and complexity as this project; has developed at least one complete standard operating procedure for asbestos abatement; has trained abatement personnel for three (3) years; has specialized EPA AHERA/OSHA training in asbestos abatement management, respiratory protection, waste disposal and asbestos inspection; has completed the NIOSH 582 Course or equivalent, Contractor/Supervisor course; and has appropriate medical/respiratory protection records/documentation.
 4. The Abatement Personnel shall have completed the EPA AHERA/OSHA abatement worker course; have training on the standard operating procedures of the Contractor; has one year of asbestos abatement experience within the past three (3) years of similar size and complexity; has applicable medical and respiratory protection documentation; has certificate of training/current refresher and State accreditation/license.

All personnel should be in compliance with OSHA construction safety training as applicable and submit certification.

1.7 RESPIRATORY PROTECTION

1.7.1 GENERAL - RESPIRATORY PROTECTION PROGRAM

The Contractor shall develop and implement a written Respiratory Protection Program (RPP) which is in compliance with the January 8, 1998 OSHA requirements found at 29 CFR 1926.1101 and 29 CFR 1910.Subpart I;134. ANSI Standard Z88.2-1992 provides excellent guidance for developing a respiratory protection program. All respirators used must be NIOSH approved for asbestos abatement activities. The written RPP shall, at a minimum, contain the basic requirements found at 29 CFR 1910.134 (c)(1)(i - ix) - Respiratory Protection Program.

1.7.2 RESPIRATORY PROTECTION PROGRAM COORDINATOR

The Respiratory Protection Program Coordinator (RPPC) must be identified and shall have two (2) years experience coordinating RPP of similar size and complexity. The RPPC must submit a signed statement attesting to the fact that the program meets the above requirements.

1.7.3 SELECTION AND USE OF RESPIRATORS

The procedure for the selection and use of respirators must be submitted to the VA as part of the Contractor's qualifications. The procedure must be written clearly enough for workers to understand. A copy of the Respiratory Protection Program must be available in the clean room of the decontamination unit for reference by employees or authorized visitors.

1.7.4 MINIMUM RESPIRATORY PROTECTION

Minimum respiratory protection shall be a full face powered air purifying respirator when fiber levels are maintained consistently at or below 0.5 f/cc. A higher level of respiratory protection may be provided or required, depending on fiber levels. Respirator selection shall meet the requirements of 29 CFR 1926.1101 (h); Table 1, except as indicated in this paragraph. Abatement personnel must have a respirator for their exclusive use.

1.7.5 MEDICAL WRITTEN OPINION

No employee shall be allowed to wear a respirator unless a physician or other licensed health care professional has provided a written determination they are medically qualified to wear the class of respirator to be used on the project while wearing whole body impermeable garments and subjected to heat or cold stress.

1.7.6 RESPIRATOR FIT TEST

All personnel wearing respirators shall have a current qualitative/quantitative fit test which was conducted in accordance with 29 CFR 1910.134 (f) and Appendix A. Quantitative fit tests shall be done for PAPRs which have been put into a motor/blower failure mode.

1.7.7 RESPIRATOR FIT CHECK

The Competent Person shall assure that the positive/negative pressure user seal check is done each time the respirator is donned by an employee. Head coverings must cover respirator head straps. Any situation that prevents an effective facepiece to face seal as evidenced by failure of a user seal check shall preclude that person from wearing a respirator inside the regulated area until resolution of the problem.

1.7.8 MAINTENANCE AND CARE OF RESPIRATORS

The Respiratory Protection Program Coordinator shall submit evidence and documentation showing compliance with 29 CFR 1910.134 (h) Maintenance and Care of Respirators.

1.7.9 SUPPLIED AIR SYSTEMS

If a supplied air system is used, the system shall meet all requirements of 29 CFR 1910.134 and the ANSI/Compressed Gas Association (CGA) Commodity Specification for Air current requirements for Type 1 - Grade D breathing air. Low pressure systems are not allowed to be used on asbestos abatement projects. Supplied Air respirator use shall be in accordance with EPA/NIOSH publication EPA-560-OPTS-86-001 "A Guide to Respiratory Protection for the Asbestos Abatement Industry". The

competent person on site will be responsible for the supplied air system to ensure the safety of the worker.

1.8 WORKER PROTECTION

1.8.1 TRAINING OF ABATEMENT PERSONNEL

Prior to beginning any abatement activity, all personnel shall be trained in accordance with OSHA 29 CFR 1926.1101 (k)(9) and any additional State/Local requirements. Training must include, at a minimum, the elements listed at 29 CFR 1926.1101 (k)(9)(viii). Training shall have been conducted by a third party, EPA/State approved trainer meeting the requirements of EPA 40 CFR 763 Appendix C (AHERA MAP). Initial training certificates and current refresher and accreditation proof must be submitted for each person working at the site.

1.8.2 MEDICAL EXAMINATIONS

Medical examinations meeting the requirements of 29 CFR 1926.1101 (m) shall be provided for all personnel working in the regulated area, regardless of exposure levels. A current physician's written opinion as required by 29 CFR 1926.1101 (m)(4) shall be provided for each person and shall include in the medical opinion the person has been evaluated for working in a heat and cold stress environment while wearing personal protective equipment (PPE) and is able to perform the work without risk of material health impairment.

1.8.3 REGULATED AREA ENTRY PROCEDURE

The Competent Person shall ensure that each time workers enter the regulated area; they remove ALL street clothes in the clean room of the decontamination unit and put on new disposable coveralls, head coverings, a clean respirator, and then proceed through the shower room to the equipment room where they put on non-disposable required personal protective equipment.

1.8.4 DECONTAMINATION PROCEDURE

The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area.

- A. When exiting the regulated area, remove disposable coveralls, and ALL other clothes, disposable head coverings, and foot coverings or boots in the equipment room.
- B. Still wearing the respirator and completely naked, proceed to the shower. Showering is MANDATORY. Care must be taken to follow reasonable procedures in removing the respirator to avoid inhaling asbestos fibers while showering. The following procedure is required as a minimum:
 1. Thoroughly wet body including hair and face. If using a PAPR hold blower above head to keep filters dry.
 2. With respirator still in place, thoroughly decontaminate body, hair, respirator face piece, and all other parts of the respirator except the blower and battery pack on a PAPR. Pay particular attention to cleaning the seal between the face and respirator facepiece and under the respirator straps.
 3. Take a deep breath, hold it and/or exhale slowly, completely wetting hair, face, and respirator. While still holding breath, remove the respirator and hold it away from the face before starting to breathe.

- C. Carefully decontaminate the facepiece of the respirator inside and out. If using a PAPR, shut down using the following sequence: a) first cap inlets to filters; b) turn blower off to keep debris collected on the inlet side of the filter from dislodging and contaminating the outside of the unit; c) thoroughly decontaminate blower and hoses; d) carefully decontaminate battery pack with a wet rag being cautious of getting water in the battery pack thus preventing destruction. **(THIS PROCEDURE IS NOT A SUBSTITUTE FOR RESPIRATOR CLEANING!)**
- D. Shower and wash body completely with soap and water. Rinse thoroughly.
- E. Rinse shower room walls and floor to drain prior to exiting.
- F. Proceed from shower to clean room; dry off and change into street clothes or into new disposable work clothing.

1.8.5 REGULATED AREA REQUIREMENTS

The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for regulated areas at 29 CFR 1926.1101 (e) are met. All personnel in the regulated area shall not be allowed to eat, drink, smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

1.9 DECONTAMINATION FACILITIES

1.9.1 DESCRIPTION

Provide each regulated area with separate personnel decontamination facilities (PDF) and waste/equipment decontamination facilities (W/EDF). Ensure that the PDF are the only means of ingress and egress to the regulated area and that all equipment, bagged waste, and other material exit the regulated area only through the W/EDF.

1.9.2 GENERAL REQUIREMENTS

All personnel entering or exiting a regulated area must go through the PDF and shall follow the requirements at 29 CFR 1926.1101 (j)(1) and these specifications. All waste, equipment and contaminated materials must exit the regulated area through the W/EDF and be decontaminated in accordance with these specifications. Walls and ceilings of the PDF and W/EDF must be constructed of a minimum of 3 layers of 6 mil opaque fire retardant polyethylene sheeting and be securely attached to existing building components and/or an adequate temporary framework. A minimum of 3 layers of 6 mil poly shall also be used to cover the floor under the PDF and W/EDF units. Construct doors so that they overlap and secure to adjacent surfaces. Weight inner doorway sheets with layers of duct tape so that they close quickly after release. Put arrows on sheets so they show direction of travel and overlap. If the building adjacent area is occupied, construct a solid barrier on the occupied side(s) to protect the sheeting and reduce potential for non-authorized personnel entering the regulated area.

1.9.3 TEMPORARY FACILITIES TO THE PDF AND W/EDF

The Competent Person shall provide temporary water service connections to the PDF and W/EDF. Backflow prevention must be provided at the point of connection to the VA system. Water supply must be of adequate pressure and meet requirements of 29 CFR 1910.141(d)(3). Provide adequate temporary overhead electric power with ground fault circuit interruption (GFCI) protection. Provide a sub-panel equipped with GFCI protection for all temporary power in the clean room. Provide adequate

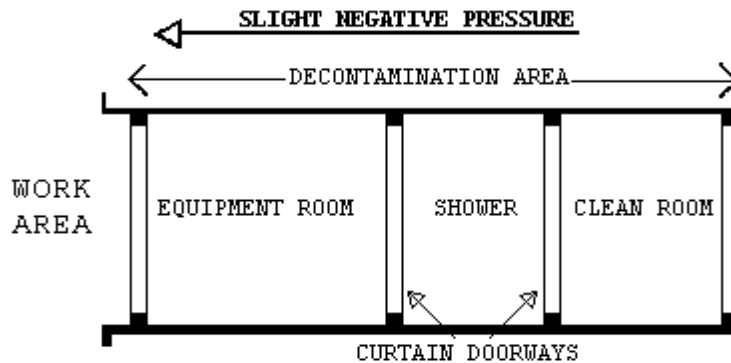
lighting to provide a minimum of 50 foot candles in the PDF and W/EDF. Provide temporary heat, if needed, to maintain 70°F throughout the PDF and W/EDF.

1.9.4 PERSONNEL DECONTAMINATION FACILITY (PDF)

The Competent Person shall provide a PDF consisting of shower room which is contiguous to a clean room and equipment room which is connected to the regulated area. The PDF must be sized to accommodate the number of personnel scheduled for the project. The shower room, located in the center of the PDF, shall be fitted with as many portable showers as necessary to insure all employees can complete the entire decontamination procedure within 15 minutes. The PDF shall be constructed of opaque poly for privacy. The PDF shall be constructed to eliminate any parallel routes of egress without showering.

1. Clean Room: The clean room must be physically and visually separated from the rest of the building to protect the privacy of personnel changing clothes. The clean room shall be constructed of at least 3 layers of 6 mil opaque fire retardant poly to provide an air tight room. Provide a minimum of 2 - 900 mm (3 foot) wide 6 mil poly opaque fire retardant doorways. One doorway shall be the entry from outside the PDF and the second doorway shall be to the shower room of the PDF. The floor of the clean room shall be maintained in a clean, dry condition. Shower overflow shall not be allowed into the clean room. Provide 1 storage locker per person. A portable fire extinguisher, minimum 10 pounds capacity, Type ABC, shall be provided in accordance with OSHA and NFPA Standard 10. All persons entering the regulated area shall remove all street clothing in the clean room and dress in disposable protective clothing and respiratory protection. Any person entering the clean room does so either from the outside with street clothing on or is coming from the shower room completely naked and thoroughly washed. Females required to enter the regulated area shall be ensured of their privacy throughout the entry/exit process by posting guards at both entry points to the PDF so no male can enter or exit the PDF during her stay in the PDF.
2. Shower Room: The Competent Person shall assure that the shower room is a completely water tight compartment to be used for the movement of all personnel from the clean room to the equipment room and for the showering of all personnel going from the equipment room to the clean room. Each shower shall be constructed so water runs down the walls of the shower and into a drip pan. Install a freely draining smooth floor on top of the shower pan. The shower room shall be separated from the rest of the building and from the clean room and equipment room using air tight walls made from at least 3 layers of 6 mil opaque fire retardant poly. The shower shall be equipped with a shower head and controls, hot and cold water, drainage, soap dish and continuous supply of soap, and shall be maintained in a sanitary condition throughout its use. The controls shall be arranged so an individual can shower without assistance. Provide a flexible hose shower head, hose bibs and all other items shown on Shower Schematic. Waste water will be pumped to a drain after being filtered through a minimum of a 100 micron sock in the shower drain; a 20 micron filter; and a final 5 micron filter. Filters will be changed a minimum of daily or more often as needed. Filter changes must be done in the shower to prevent loss of contaminated water.

- Hose down all shower surfaces after each shift and clean any debris from the shower pan. Residue is to be disposed of as asbestos waste.
3. Equipment Room: The Competent Person shall provide an equipment room which shall be an air tight compartment for the storage of work equipment/tools, reusable personal protective equipment, except for a respirator and for use as a gross decontamination area for personnel exiting the regulated area. The equipment room shall be separated from the regulated area by a minimum 3 foot wide door made with 2 layers of 6 mil opaque fire retardant poly. The equipment room shall be separated from the regulated area, the shower room and the rest of the building by air tight walls and ceiling constructed of a minimum of 3 layers of 6 mil opaque fire retardant poly. Damp wipe all surfaces of the equipment room after each shift change. Provide an additional loose layer of 6 mil fire retardant poly per shift change and remove this layer after each shift. If needed, provide a temporary electrical sub-panel equipped with GFCI in the equipment room to accommodate any equipment required in the regulated area.
 4. The PDF shall be as follows: Clean room at the entrance followed by a shower room followed by an equipment room leading to the regulated area. Each doorway in the PDF shall be a minimum of 2 layers of 6 mil opaque fire retardant poly.

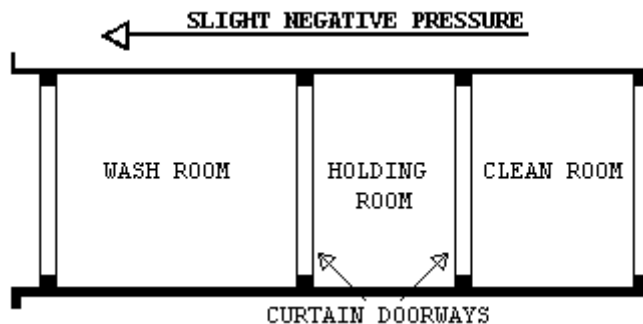


1.9.5 WASTE/EQUIPMENT DECONTAMINATION FACILITY (W/EDF)

The Competent Person shall provide an W/EDF consisting of a wash room, holding room, and clean room for removal of waste, equipment and contaminated material from the regulated area. Personnel shall not enter or exit the W/EDF except in the event of an emergency. Clean debris and residue in the W/EDF daily. All surfaces in the W/EDF shall be wiped/hosed down after each shift and all debris shall be cleaned from the shower pan. The W/EDF shall consist of the following:

1. Wash Down Station: Provide an enclosed shower unit in the regulated area just outside the Wash Room as an equipment bag and container cleaning station.
2. Wash Room: Provide a wash room for cleaning of bagged or containerized asbestos containing waste materials passed from the regulated area. Construct the wash room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. Locate the wash room so that packaged materials, after being wiped clean, can

- be passed to the Holding Room. Doorways in the wash room shall be constructed of 2 layers of 6 mil fire retardant poly.
3. Holding Room: Provide a holding room as a drop location for bagged materials passed from the wash room. Construct the holding room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. The holding room shall be located so that bagged material cannot be passed from the wash room to the clean room unless it goes through the holding room. Doorways in the holding room shall be constructed of 2 layers of 6 mil fire retardant poly.
 4. Clean Room: Provide a clean room to isolate the holding room from the exterior of the regulated area. Construct the clean room using 2 x 4 wood framing and 2 layers of 6 mil fire retardant poly. The clean room shall be located so as to provide access to the holding room from the building exterior. Doorways to the clean room shall be constructed of 2 layers of 6 mil fire retardant poly. When a negative pressure differential system is used, a rigid enclosure separation between the W/EDF clean room and the adjacent areas shall be provided.
 5. The W/EDF shall be as follows: Wash Room leading to a Holding Room followed by a Clean Room leading to outside the regulated area. See diagram.



1.9.6 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES

At the washdown station in the regulated area, thoroughly wet clean contaminated equipment and/or sealed polyethylene bags and pass into Wash Room after visual inspection. When passing anything into the Wash Room, close all doorways of the W/EDF, other than the doorway between the washdown station and the Wash Room. Keep all outside personnel clear of the W/EDF. Once inside the Wash Room, wet clean the equipment and/or bags. After cleaning and inspection, pass items into the Holding Room. Close all doorways except the doorway between the Holding Room and the Clean Room. Workers from the Clean Room/Exterior shall enter the Holding Room and remove the decontaminated/cleaned equipment/bags for removal and disposal. These personnel will not be required to wear PPE. At no time shall personnel from the clean side be allowed to enter the Wash Room.

PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT

2.1 MATERIALS AND EQUIPMENT

2.1.1 GENERAL REQUIREMENTS

Prior to the start of work, the contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and

efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the CPIH/CIH has submitted verification to the VA's representative.

- A. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).
- B. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable and combustible materials cannot be stored inside buildings. Replacement materials shall be stored outside of the regulated area until abatement is completed.
- C. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized location.
- D. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.
- E. Polyethylene sheeting for walls in the regulated area shall be a minimum of 4-mils. For floors and all other uses, sheeting of at least 6-mil shall be used in widths selected to minimize the frequency of joints. Fire retardant poly shall be used throughout.
- F. The method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA and selected to minimize damage to equipment and surfaces. Method of attachment may include any combination of moisture resistant duct tape furring strips, spray glue, staples, nails, screws, lumber and plywood for enclosures or other effective procedures capable of sealing polyethylene to dissimilar finished or unfinished surfaces under both wet and dry conditions.
- G. Polyethylene sheeting utilized for the PDF shall be opaque white or black in color, 6 mil fire retardant poly.
- H. Installation and plumbing hardware, showers, hoses, drain pans, sump pumps and waste water filtration system shall be provided by the Contractor.
- I. An adequate number of HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements, fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project. All electrically operated hand tools, equipment, electric cords shall be connected to GFCI protection.
- J. Special protection for objects in the regulated area shall be detailed (e.g., plywood over carpeting or hardwood floors to prevent damage from scaffolds, water and falling material).
- K. Disposal bags - 2 layers of 6 mil poly for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
- L. The VA shall be provided an advance copy of the MSDS as required for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication in the pre-start meeting submittal. Chlorinated compounds shall not be used with any spray adhesive, mastic remover or other product. Appropriate encapsulant(s) shall be provided.
- M. OSHA DANGER demarcation signs, as many and as required by OSHA 29 CFR 1926.1101(k)(7) shall be provided and placed by the Competent Person. All other posters and notices required by Federal and State regulations shall be posted in the Clean Room.

- N. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a written hazard assessment conducted under 29 CFR 1910.132(d).

2.2 MONITORING, INSPECTION AND TESTING

2.2.1 GENERAL

- A. Perform throughout abatement work monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and these specifications. OSHA requires that the employee exposure to asbestos must not exceed 0.1 fiber per cubic centimeter (f/cc) of air, averaged over an 8-hour work shift. The CPIH/CIH is responsible for and shall inspect and oversee the performance of the Contractor IH Technician. The IH Technician shall continuously inspect and monitor conditions inside the regulated area to ensure compliance with these specifications. In addition, the CPIH/CIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and adjacent area samples to satisfy OSHA requirements. Additional inspection and testing requirements are also indicated in other parts of this specification.
- B. The VA will employ an independent industrial hygienist (VPIH/CIH) consultant and/or use its own IH to perform various services on behalf of the VA. The VPIH/CIH will perform the necessary monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, and that the abatement work proceeds in accordance with these specifications, that the abated areas or abated buildings have been successfully decontaminated. The work of the VPIH/CIH consultant in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the VPIH/CIH and their services will be borne by the VA except for any repeat of final inspection and testing that may be required due to unsatisfactory initial results. Any repeated final inspections and/or testing, if required, will be paid for by the Contractor.
- C. If fibers counted by the VPIH/CIH during abatement work, either inside or outside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed the specified respective limits, the Contractor shall stop work. The Contractor may request confirmation of the results by analysis of the samples by TEM. Request must be in writing and submitted to the VA's representative. Cost for the confirmation of results will be borne by the Contractor for both the collection and analysis of samples and for the time delay that may/does result for this confirmation. Confirmation sampling and analysis will be the responsibility of the CPIH with review and approval of the VPIH/CIH. An agreement between the CPIH/CIH and the VPIH/CIH shall be reached on the exact details of the confirmation effort, in writing, including such things as the number of samples, location, collection, quality control on-site, analytical laboratory, interpretation of results and any follow-up actions. This written agreement shall be co-signed by the IH's and delivered to the VA's representative.

2.2.2 SCOPE OF SERVICES OF THE VPIH/CIH CONSULTANT

- A. The purpose of the work of the VPIH/CIH is to: assure quality; adherence to the specification; resolve problems; prevent the spread of contamination beyond the regulated area; and assure clearance at the end of the project. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM. The VPIH/CIH will perform the following tasks:
1. Task 1: Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.
 2. Task 2: Perform continuous air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities.
 3. Task 3: Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.
 4. Task 4: Provide support to the VA representative such as evaluation of submittals from the Contractor, resolution of conflicts, interpret data, etc.
 5. Task 5: Perform, in the presence of the VA representative, final inspection and testing of a decontaminated regulated area at the conclusion of the abatement to certify compliance with all regulations and VA requirements/specifications.
 6. Task 6: Issue certificate of decontamination for each regulated area and project report.
- B. All documentation, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.
- C. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

2.2.3 MONITORING, INSPECTION AND TESTING BY CONTRACTOR CPIH/CIH

The Contractor's CPIH/CIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications. The CPIH/CIH is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor's personnel. Safety and health conditions and the provision of those conditions inside the regulated area for all persons entering the regulated area is the exclusive responsibility of the Contractor/Competent Person. The person performing the personnel and area air monitoring inside the regulated area shall be an IH Technician, who shall be trained and shall have specialized field experience in sampling and analysis. The IH Technician shall have successfully completed a NIOSH 582 Course or equivalent and provide documentation. The IH Technician shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytic Testing program of AIHA for fiber counting quality control assurance. The IH

Technician shall also be an accredited EPA AHERA/State Contractor/Supervisor or Abatement Worker and Building Inspector. The IH Technician shall have participated in five abatement projects collecting personal and area samples as well as responsibility for documentation on substantially similar projects in size and scope. The analytic laboratory used by the Contractor to analyze the samples shall be AIHA accredited for asbestos PAT and approved by the VA prior to start of the project. A daily log shall be maintained by the CPIH/CIH or IH Technician, documenting all OSHA requirements for air personal monitoring for asbestos in 29 CFR 1926.1101(f), (g) and Appendix A. This log shall be made available to the VA representative and the VPIH/CIH upon request. The log will contain, at a minimum, information on personnel or area samples, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc. The CPIH/CIH shall collect and analyze samples for each representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. No fewer than two personal samples per shift shall be collected and one area sample per 1,000 square feet of regulated area where abatement is taking place and one sample per shift in the clean room area shall be collected. In addition to the continuous monitoring required, the CPIH/CIH will perform inspection and testing at the final stages of abatement for each regulated area as specified in the CPIH/CIH responsibilities. Additionally, the CPIH/CIH will monitor and record pressure readings within the containment daily with a minimum of two readings at the beginning and at the end of a shift, and submit the data in the daily report.

2.3 ASBESTOS HAZARD ABATEMENT PLAN

The Contractor shall have established an Asbestos Hazard Abatement Plan (AHAP) in printed form and loose leaf folder consisting of simplified text, diagrams, sketches, and pictures that establish and explain clearly the procedures to be followed during all phases of the work by the Contractor's personnel. The AHAP must be modified as needed to address specific requirements of this project and the specifications. The AHAP shall be submitted for review and approval to the VA prior to the start of any abatement work. The minimum topics and areas to be covered by the AHAPs are:

- A. Minimum Personnel Qualifications
- B. Emergency Action Plan/Contingency Plans and Arrangements
- C. Security and Safety Procedures
- D. Respiratory Protection/Personal Protective Equipment Program and Training
- E. Medical Surveillance Program and Recordkeeping
- F. Regulated Area Requirements - Containment Barriers/Isolation of Regulated Area
- G. Decontamination Facilities and Entry/Exit Procedures (PDF and W/EDF)
- H. Negative Pressure Systems Requirements
- I. Monitoring, Inspections, and Testing
- J. Removal Procedures for ACM
- K. Removal of Contaminated Soil (if applicable)
- L. Encapsulation Procedures for ACM
- M. Disposal of ACM waste/equipment
- N. Regulated Area Decontamination/Clean-up
- O. Regulated Area Visual and Air Clearance
- P. Project Completion/Closeout

2.4 SUBMITTALS

2.4.1 PRE-START MEETING SUBMITTALS

Submit to the VA a minimum of 14 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-start meeting for this project:

- A. Submit a detailed work schedule for the entire project reflecting contract documents and the phasing/schedule requirements from the CPM chart.
- B. Submit a staff organization chart showing all personnel who will be working on the project and their capacity/function. Provide their qualifications, training, accreditations, and licenses, as appropriate. Provide a copy of the "Certificate of Worker's Acknowledgment" and the "Affidavit of Medical Surveillance and Respiratory Protection" for each person.
- C. Submit Asbestos Hazard Abatement Plan developed specifically for this project, incorporating the requirements of the specifications, prepared, signed and dated by the CPIH/CIH.
- D. Submit the specifics of the materials and equipment to be used for this project with manufacturer names, model numbers, performance characteristics, pictures/diagrams, and number available for the following:
 1. Supplied air system, negative air machines, HEPA vacuums, air monitoring pumps, calibration devices, pressure differential monitoring device and emergency power generating system.
 2. Waste water filtration system, shower system, containment barriers.
 3. Encapsulants, surfactants, hand held sprayers, airless sprayers, glovebags, and fire extinguishers.
 4. Respirators, protective clothing, personal protective equipment.
 5. Fire safety equipment to be used in the regulated area.
- E. Submit the name, location, and phone number of the approved landfill; proof/verification the landfill is approved for ACM disposal; the landfill's requirements for ACM waste; the type of vehicle to be used for transportation; and name, address, and phone number of subcontractor, if used. Proof of asbestos training for transportation personnel shall be provided.
- F. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction and the specific contingency/emergency arrangements made with local health, fire, ambulance, hospital authorities and any other notifications/arrangements.
- G. Submit the name, location and verification of the laboratory and/or personnel to be used for analysis of air and/or bulk samples. Personal air monitoring must be done in accordance with OSHA 29 CFR 1926.1101(f) and Appendix A. Area or clearance air monitoring shall be conducted in accordance with EPA AHERA protocols.
- H. Submit qualifications verification: Submit the following evidence of qualifications. Make sure that all references are current and verifiable by providing current phone numbers and documentation.
 1. Asbestos Abatement Company: Project experience within the past 3 years; listing projects first most similar to this project: Project Name; Type of Abatement; Duration; Cost; Reference Name/Phone Number; Final Clearance; Completion Date
 2. List of project(s) halted by owner, A/E, IH, regulatory agency in the last 3 years: Project Name; Reason; Date; Reference Name/Number; Resolution

3. List asbestos regulatory citations (e.g., OSHA), notices of violations (e.g., Federal and state EPA), penalties, and legal actions taken against the company including and of the company's officers (including damages paid) in the last 3 years. Provide copies and all information needed for verification.
- I. Submit information on personnel: Provide a resume; address each item completely; copies of certificates, accreditations, and licenses. Submit an affidavit signed by the CPIH/CIH stating that all personnel submitted below have medical records in accordance with OSHA 29 CFR 1926.1101(m) and 29 CFR 1910.20 and that the company has implemented a medical surveillance program and written respiratory protection program, and maintains recordkeeping in accordance with the above regulations. Submit the phone number and doctor/clinic/hospital used for medical evaluations.
 1. CPIH/CIH and IH Technician: Name; years of abatement experience; list of projects similar to this one; certificates, licenses, accreditations for proof of AHERA/OSHA specialized asbestos training; professional affiliations; number of workers trained; samples of training materials; samples of AHAPs developed; medical opinion; and current respirator fit test.
 2. Competent Person(s)/Supervisor(s): Number; names; social security numbers; years of abatement experience as Competent Person/Supervisor; list of similar projects in size/complexity as Competent Person/Supervisor; as a worker; certificates, licenses, accreditations; proof of AHERA/OSHA specialized asbestos training; maximum number of personnel supervised on a project; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
 3. Workers: Numbers; names; social security numbers; years of abatement experience; certificates, licenses, accreditations; training courses in asbestos abatement and respiratory protection; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
 - J. Submit copies of State license for asbestos abatement; copy of insurance policy, including exclusions with a letter from agent stating in plain language the coverage provided and the fact that asbestos abatement activities are covered by the policy; copy of AHAPs incorporating the requirements of this specification; information on who provides your training, how often; who provides medical surveillance, how often; who performs and how is personal air monitoring of abatement workers conducted; a list of references of independent laboratories/IH's familiar with your air monitoring and standard operating procedures; and copies of monitoring results of the five referenced projects listed and analytical method(s) used.
 - K. Rented equipment must be decontaminated prior to returning to the rental agency.
 - L. Submit, before the start of work, the manufacturer's technical data for all types of encapsulants, all MSDS and application instructions.

2.4.2 SUBMITTALS DURING ABATEMENT

- A. The Competent Person shall maintain and submit a daily log at the regulated area documenting the dates and times of the following: purpose, attendees and summary of meetings; all personnel entering/exiting the regulated area; document and discuss the resolution of unusual events such as barrier breeching, equipment failures, emergencies, and any cause for stopping work; and

representative air monitoring and results/TWA's/EL's. Submit this information daily to the VPIH/CIH.

- B. The CPIH/CIH shall document and maintain the inspection and approval of the regulated area preparation prior to start of work and daily during work.
 - 1. Removal of any poly barriers.
 - 2. Visual inspection/testing by the CPIH/CIH or IH Technician prior to application of lockdown encapsulant.
 - 3. Packaging and removal of ACM waste from regulated area.
 - 4. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA's representative on a weekly basis.

2.4.3 SUBMITTALS AT COMPLETION OF ABATEMENT

The CPIH/CIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. It will also include information on the containment and transportation of waste from the containment with applicable Chain of Custody forms. The report shall include a certificate of completion, signed and dated by the CPIH/CIH, in accordance with Attachment #1. All clearance and perimeter area samples must be submitted. The VA Representative will retain the abatement report after completion of the project and provide copies of the abatement report to VAMC Office of Engineer and the Safety Office.

2.5 ENCAPSULANTS

2.5.1 TYPES OF ENCAPSULANTS

- A. The following four types of encapsulants, if used, must comply with performance requirements as stated in paragraph 2.6.2:
 - 1. Removal encapsulant - used as a wetting agent to remove ACM.
 - 2. Bridging encapsulant - provides a tough, durable coating on ACM.
 - 3. Penetrating encapsulant - penetrates/encapsulates ACM at least 13 mm (1/2").
 - 4. Lockdown encapsulant - seals microscopic fibers on surfaces after ACM removal.

2.5.2 PERFORMANCE REQUIREMENTS

Encapsulants shall meet the latest requirements of EPA; shall not contain toxic or hazardous substances; or solvents; and shall comply with the following performance requirements:

- A. General Requirements for all Encapsulants:
 - 1. ASTM E84: Flame spread of 25; smoke emission of 50.
 - 2. University of Pittsburgh Protocol: Combustion Toxicity; zero mortality.
 - 3. ASTM C732: Accelerated Aging Test; Life Expectancy - 20 years.
 - 4. ASTM E96: Permeability - minimum of 0.4 perms.
- B. Bridging/Penetrating Encapsulants:
 - 1. ASTM E736: Cohesion/Adhesion Test - 24 kPa (50 lbs/ft²).
 - 2. ASTM E119: Fire Resistance - 3 hours (Classified by UL for use on fibrous/cementitious fireproofing).
 - 3. ASTM D2794: Gardner Impact Test; Impact Resistance - minimum 11.5 kg-mm (43 in/lb).
 - 4. ASTM D522: Mandrel Bend Test; Flexibility - no rupture or cracking.

C. Lockdown Encapsulants:

1. ASTM E119: Fire resistance - 3 hours (tested with fireproofing over encapsulant applied directly to steel member).
2. ASTM E736: Bond Strength - 48 kPa (100 lbs/ft²) (test compatibility with cementitious and fibrous fireproofing).
3. In certain situations, encapsulants may have to be applied to hot pipes/equipment. The encapsulant must be able to withstand high temperatures without cracking or off-gassing any noxious vapors during application.

2.5.3 CERTIFICATES OF COMPLIANCE

The Contractor shall submit to the VA representative certification from the manufacturer indicating compliance with performance requirements for encapsulants when applied according to manufacturer recommendations.

PART 3 - EXECUTION

3.1 REGULATED AREA PREPARATIONS

3.1.1 SITE SECURITY

- A. Regulated area access is to be restricted only to authorized, trained/accredited and protected personnel. These may include the Contractor's employees, employees of Subcontractors, VA employees and representatives, State and local inspectors, and any other designated individuals. A list of authorized personnel shall be established prior to commencing the project and be posted in the clean room of the decontamination unit.
- B. Entry into the regulated area by unauthorized individuals shall be reported immediately to the Competent Person by anyone observing the entry. The Competent Person shall immediately require any unauthorized person to leave the regulated area and then notify the VA Contracting Officer or VA Representative using the most expeditious means.
- C. A log book shall be maintained in the clean room of the decontamination unit. Anyone who enters the regulated area must record their name, affiliation, time in, and time out for each entry.
- D. Access to the regulated area shall be through a single decontamination unit. All other access (doors, windows, hallways, etc.) shall be sealed or locked to prevent entry to or exit from the regulated area. The only exceptions for this requirement are the waste/equipment load-out area which shall be sealed except during the removal of containerized asbestos waste from the regulated area, and emergency exits. Emergency exits shall not be locked from the inside; however, they shall be sealed with poly sheeting and taped until needed. In any situation where exposure to high temperatures which may result in a flame hazard, fire retardant poly sheeting must be used.
- E. The Contractor's Competent Person shall control site security during abatement operations in order to isolate work in progress and protect adjacent personnel. A 24 hour security system shall be provided at the entrance to the regulated area to assure that all entrants are logged in/out and that only authorized personnel are allowed entrance.
- F. The Contractor will have the VA's assistance in notifying adjacent personnel of the presence, location and quantity of ACM

in the regulated area and enforcement of restricted access by the VA's employees.

- G. The regulated area shall be locked during non-working hours and secured by VA Representative or Competent Person. The VA Police should be informed of asbestos abatement regulated areas to provide security checks during facility rounds and emergency response.

3.1.2. SIGNAGE AND POWER MANAGEMENT

- A. Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101 at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed the PEL. Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional signs will be posted following construction of the regulated area enclosure.
- B. Shut down and lock out/tag out electric power to the regulated area. Provide temporary power and lighting. Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.
- C. Shut down and lock out/tag out heating, cooling, and air conditioning system (HVAC) components that are in, supply or pass through the regulated area. Investigate the regulated area and agree on pre-abatement condition with the VA's representative. Seal all intake and exhaust vents in the regulated area with duct tape and 2 layers of 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6-mil polyethylene disposal bags for staging and eventual disposal as asbestos waste.

3.1.3 NEGATIVE PRESSURE FILTRATION SYSTEM

The Contractor shall provide enough HEPA negative air machines to effect $> - 0.02''$ WCG pressure. The Competent Person shall determine the number of units needed for the regulated area by dividing the cubic feet in the regulated area by 15 and then dividing that result by the cubic feet per minute (CFM) for each unit to determine the number of units needed to effect $> - 0.02''$ WCG pressure. Provide a standby unit in the event of machine failure and/or emergency in an adjacent area. NIOSH has done extensive studies and has determined that negative air machines typically operate at ~50% efficiency. The contractor shall consider this in their determination of number of units needed to provide $> - 0.02''$ WCG pressure. The contractor shall use double the number of machines, based on their calculations, or submit proof their machines operate at stated capacities, at a 2" pressure drop across the filters.

3.1.3.1 DESIGN AND LAYOUT

- A. Before start of work submit the design and layout of the regulated area and the negative air machines. The submittal shall indicate the number of, location of and size of negative

air machines. The point(s) of exhaust, air flow within the regulated area, anticipated negative pressure differential, and supporting calculations for sizing shall be provided. In addition, submit the following:

1. Method of supplying power to the units and designation/location of the panels.
2. Description of testing method(s) for correct air volume and pressure differential.
3. If auxiliary power supply is to be provided for the negative air machines, provide a schematic diagram of the power supply and manufacturer's data on the generator and switch.

3.1.3.2 NEGATIVE AIR MACHINES (HEPA UNITS)

- A. Negative Air Machine Cabinet: The cabinet shall be constructed of steel or other durable material capable of withstanding potential damage from rough handling and transportation. The width of the cabinet shall be less than 30" in order to fit in standard doorways. The cabinet must be factory sealed to prevent asbestos fibers from being released during use, transport, or maintenance. Any access to and replacement of filters shall be from the inlet end. The unit must be on casters or wheels.
- B. Negative Air Machine Fan: The rating capacity of the fan must indicate the CFM under actual operating conditions. Manufacturer's typically use "free-air" (no resistance) conditions when rating fans. The fan must be a centrifugal type fan.
- C. Negative Air Machine Final Filter: The final filter shall be a HEPA filter. The filter media must be completely sealed on all edges within a structurally rigid frame. The filter shall align with a continuous flexible gasket material in the negative air machine housing to form an air tight seal. Each HEPA filter shall be certified by the manufacturer to have an efficiency of not less than 99.97%. Testing shall have been done in accordance with Military Standard MIL-STD-282 and Army Instruction Manual 136-300-175A. Each filter must bear a UL586 label to indicate ability to perform under specified conditions. Each filter shall be marked with the name of the manufacturer, serial number, air flow rating, efficiency and resistance, and the direction of test air flow.
- D. Negative Air Machine Pre-filters: The pre-filters, which protect the final HEPA filter by removing larger particles, are required to prolong the operating life of the HEPA filter. Two stages of pre-filtration are required. A first stage pre-filter shall be a low efficiency type for particles 10 µm or larger. A second stage pre-filter shall have a medium efficiency effective for particles down to 5 µm or larger. Pre-filters shall be installed either on or in the intake opening of the NAM and the second stage filter must be held in place with a special housing or clamps.
- E. Negative Air Machine Instrumentation: Each unit must be equipped with a gauge to measure the pressure drop across the filters and to indicate when filters have become loaded and need to be changed. A table indicating the cfm for various pressure readings on the gauge shall be affixed near the gauge

for reference or the reading shall indicate at what point the filters shall be changed, noting cfm delivery. The unit must have an elapsed time meter to show total hours of operation.

- F. Negative Air Machine Safety and Warning Devices: An electrical/ mechanical lockout must be provided to prevent the fan from being operated without a HEPA filter. Units must be equipped with an automatic shutdown device to stop the fan in the event of a rupture in the HEPA filter or blockage in the discharge of the fan. Warning lights are required to indicate normal operation; too high a pressure drop across filters; or too low of a pressure drop across filters.
- G. Negative Air Machine Electrical: All electrical components shall be approved by the National Electrical Manufacturer's Association (NEMA) and Underwriters Laboratories (UL). Each unit must be provided with overload protection and the motor, fan, fan housing, and cabinet must be grounded.
- H. It is essential that replacement HEPA filters be tested using an "in-line" testing method, to ensure the seal around the periphery was not damaged during replacement. Damage to the outer HEPA filter seal could allow contaminated air to bypass the HEPA filter and be discharged to an inappropriate location. Contractor will provide written documentation of test results for negative air machine units with HEPA filters changed by the contractor or documentation when changed and tested by the contractor filters

3.1.3.3 PRESSURE DIFFERENTIAL

The fully operational negative air system within the regulated area shall continuously maintain a pressure differential of -0.02" water column gauge. Before any disturbance of any asbestos material, this shall be demonstrated to the VA by use of a pressure differential meter/manometer as required by OSHA 29 CFR 1926.1101(e)(5)(i). The Competent Person shall be responsible for providing, maintaining, and documenting the negative pressure and air changes as required by OSHA and this specification.

3.1.3.4 MONITORING

The pressure differential shall be continuously monitored and recorded between the regulated area and the area outside the regulated area with a monitoring device that incorporates a strip chart recorder. The strip chart recorder shall become part of the project log and shall indicate at least -0.02" water column gauge for the duration of the project.

3.1.3.5 AUXILIARY GENERATOR

If the building is occupied during abatement, provide an auxiliary gasoline/diesel generator located outside the building in an area protected from the weather. In the event of a power failure of the general power grid and the VAMC emergency power grid, the generator must automatically start and supply power to a minimum of 50% of the negative air machines in operation.

3.1.3.6 SUPPLEMENTAL MAKE-UP AIR INLETS

Provide, as needed for proper air flow in the regulated area, in a location approved by the VA, openings in the plastic sheeting to allow outside air to flow into the regulated area. Auxiliary makeup air inlets must be located as far from the negative air machines as possible, off the floor near the ceiling, and away from the barriers that separate the regulated area from the occupied clean areas. Cover the inlets with weighted flaps which will seal in the event of failure of the negative pressure system.

3.1.3.7 TESTING THE SYSTEM

The negative pressure system must be tested before any ACM is disturbed in any way. After the regulated area has been completely prepared, the decontamination units set up, and the negative air machines installed, start the units up one at a time. Demonstrate and document the operation and testing of the negative pressure system to the VA using smoke tubes and a negative pressure gauge. Verification and documentation of adequate negative pressure differential across each barrier must be done at the start of each work shift.

3.1.3.8 DEMONSTRATION OF THE NEGATIVE PRESSURE FILTRATION SYSTEM

The demonstration of the operation of the negative pressure system to the VA shall include, but not be limited to, the following:

- A. Plastic barriers and sheeting move lightly in toward the regulated area.
- B. Curtains of the decontamination units move in toward regulated area.
- C. There is a noticeable movement of air through the decontamination units. Use the smoke tube to demonstrate air movement from the clean room to the shower room to the equipment room to the regulated area.
- D. Use smoke tubes to demonstrate air is moving across all areas in which work is to be done. Use a differential pressure gauge to indicate a negative pressure of at least -0.02" across every barrier separating the regulated area from the rest of the building. Modify the system as necessary to meet the above requirements.

3.1.3.9 USE OF THE NEGATIVE PRESSURE FILTRATION SYSTEM DURING ABATEMENT OPERATIONS

- A. Start units before beginning any disturbance of ACM occurs. After work begins, the units shall run continuously, maintaining 4 actual air changes per hour at a negative pressure differential of -0.02" water column gauge, for the duration of the work until a final visual clearance and final air clearance has been successfully completed.
No negative air units shall be shut down at any time unless authorized by the VA Contracting Officer, verbally and in writing.
- B. Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure

has been established in the work area. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.

- C. Abatement work shall begin at a location farthest from the units and proceed towards them. If an electric failure occurs, the Competent Person shall stop all abatement work and immediately begin wetting all exposed asbestos materials for the duration of the power outage. Abatement work shall not resume until power is restored and all units are operating properly again.
- D. The negative air machines shall continue to run after all work is completed and until a final visual clearance and a final air clearance has been successfully completed for that regulated area.

3.1.3.10 DISMANTLING THE SYSTEM

After completion of the final visual and final air clearance has been obtained by the VPIH/CIH, the units may be shut down. The unit exterior surfaces shall have been completely decontaminated; pre-filters are not to be removed and the units inlet/outlet sealed with 2 layers of 6 mil poly immediately after shut down. No filter removal shall occur at the VA site following successful completion of site clearance. OSHA/EPA/DOT asbestos shall be attached to the units.

3.1.4 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA

3.1.4.1 GENERAL

Seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All surfaces in the regulated area must be covered to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated as a result of the work, shall immediately stop work and clean up the contamination at no additional cost to the VA. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 3.1.4.8; FIRESTOPPING.

3.1.4.2 PREPARATION PRIOR TO SEALING THE REGULATED AREA

Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. All uncontaminated removable furniture, equipment and/or supplies shall be removed by the VA from the regulated area before commencing work. Any objects remaining in the regulated area shall be completely covered with 2 layers of 6-mil fire retardant poly sheeting and secured with duct tape. Lock out and tag out any HVAC/electrical systems in the regulated area.

3.1.4.3 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area is allowed only through the personnel decontamination facility (PDF). All other means of access shall be eliminated and OSHA DANGER demarcation signs posted as required by OSHA. If the regulated area is adjacent

to, or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid and capable of withstanding the negative pressure.

3.1.4.4 CRITICAL BARRIERS

Completely separate any operations in the regulated area from adjacent areas using 2 layers of 6 mil fire retardant poly and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects/openings in the regulated area. Heat must be shut off any objects covered with poly.

3.1.4.5 PRIMARY BARRIERS

- A. Cover the regulated area with two layers of 6 mil fire retardant poly on the floors and two layers of 4 mil, fire retardant poly on the walls, unless otherwise directed in writing by the VA representative. Floor layers must form a right angle with the wall and turn up the wall at least 300 mm (12"). Seams must overlap at least 1800 mm (6') and must be spray glued and taped. Install sheeting so that layers can be removed independently from each other. Carpeting shall be covered with three layers of 6 mil poly. Corrugated cardboard sheets must be placed between the bottom and middle layers of poly. Mechanically support and seal with duct tape and glue all wall layers.
- B. If stairs and ramps are covered with 6 mil plastic, two layers must be used. Provide 19 mm (3/4") exterior grade plywood treads held in place with duct tape/glue on the plastic. Do not cover rungs or rails with any isolation materials.

3.1.4.6 SECONDARY BARRIERS

A loose layer of 6 mil shall be used as a drop cloth to protect the primary layers from debris generated during the abatement. This layer shall be replaced as needed during the work and at a minimum once per work day.

3.1.4.7 EXTENSION OF THE REGULATED AREA

If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. Decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

3.1.4.8 FIRESTOPPING

- A. Through penetrations caused by cables, cable trays, pipes, sleeves, conduits, etc. must be firestopped with a fire-rated firestop system providing an air tight seal.

- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

3.1.5 SANITARY FACILITIES

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

3.1.6 PERSONAL PROTECTIVE EQUIPMENT

Provide whole body clothing, head coverings, gloves and foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d). The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle.

3.1.7 PRE-CLEANING

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. All workers performing pre-cleaning activities must don appropriate personal protective equipment (PPE), as specified throughout this document and as approved in the Contractor's work plan. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.

Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location. Drapes, clothing, upholstered furniture and other fabric items should be disposed of as asbestos contaminated waste. Cleaning these asbestos contaminated items utilizing HEPA vacuum techniques and off-premises steam cleaning is very difficult and cannot guarantee decontamination. Carpeting will be disposed of prior to abatement if in the regulated area. If ACM floor tile is attached to the carpet while the Contractor is removing the

carpet that section of the carpet will be disposed of as asbestos waste.

SPEC. WRITER NOTE: Indicate who is responsible for this.

Pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After pre-cleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape. Objects (e.g., permanent fixtures, shelves, electronic equipment, laboratory tables, sprinklers, alarm systems, closed circuit TV equipment and computer cables) which must remain in the regulated area and that require special ventilation or enclosure requirements should be designated here along with specified means of protection. Contact the manufacturer for special protection requirements.

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

3.1.8 PRE-ABATEMENT ACTIVITIES

3.1.8.1 PRE-ABATEMENT MEETING

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH/CIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH/CIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

3.1.8.2 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH/CIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, the Contractor's employees perform all major aspects of the approved AHAP(s), especially worker protection, respiratory systems, contingency plans, decontamination procedures, and

monitoring to demonstrate satisfactory operation. The operational systems for respiratory protection and the negative pressure system shall be demonstrated for proper performance.

- C. The CPIH/CIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the asbestos abatement work in accordance with this specification and all applicable regulations.

3.1.8.3 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.
- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of VA A/E Quality Alert 07/09 indicating the failure to identify asbestos in the areas listed as well as common issues when preparing specifications and contract documents. This is especially critical when demolition is planned, because AHERA surveys are non-destructive, and ACM may remain undetected. A NESHAPS (destructive) ACM inspection should be conducted on all building structures that will be demolished. Ensure the following areas are inspected on the project: lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations; inside utility chases/walls; transite piping/ductwork/sheets; behind radiators; lab fume hoods; transite lab countertops; roofing materials; below window sills; water/sewer lines; electrical conduit coverings; crawlspaces (previous abatement contamination); flooring/mastic covered by carpeting/new flooring; exterior insulated wall panels; on underground fuel tanks; and steam line trench coverings.
- C. Ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects required to be removed from the regulated area have been cleaned and removed or properly protected from contamination.
- D. If present and required, remove and dispose of carpeting from floors in the regulated area.
- E. Inspect existing firestopping in the regulated area. Correct as needed.

3.2 REMOVAL OF ACM

3.2.1 WETTING ACM

- A. Use amended water for the wetting of ACM prior to removal. The Competent Person shall assure the wetting of ACM meets the definition of "adequately wet" in the EPA NESHAP regulation and OSHA's "wet methods" for the duration of the project. A removal encapsulant may be

used instead of amended water with written approval of the VA's representative.

- B. Amended Water: Provide water to which a surfactant has been added shall be used to wet the ACM and reduce the potential for fiber release during disturbance of ACM. The mixture must be equal to or greater than the wetting provided by water amended by a surfactant consisting one ounce of 50% polyoxyethylene ester and 50% polyoxyethylene ether mixed with 5 gallons (19L) of water.
- C. Removal Encapsulant: When authorized by VA, provide a penetrating encapsulant designed specifically for the removal of ACM. The material must, when used, result in adequate wetting of the ACM and retard fiber release during removal.

3.2.2 SECONDARY BARRIER AND WALKWAYS

- A. Install as a drop cloth a 6 mil poly sheet at the beginning of each work shift where removal is to be done during that shift. Completely cover floors and any walls within 10 feet (3 meters) of the area where work is to be done. Secure the secondary barrier with duct tape to prevent it from moving or debris from getting behind it. Remove the secondary barrier at the end of the shift or as work in the area is completed. Keep residue on the secondary barrier wetted. When removing, fold inward to prevent spillage and place in a disposal bag.
- B. Install walkways using 6 mil black poly between the regulated area and the decontamination facilities (PDF and W/EDF) to protect the primary layers from contamination and damage. Install the walkways at the beginning of each shift and remove at the end of each shift.

3.2.3 WET REMOVAL OF ACM

- A. Adequately and thoroughly wet the ACM to be removed prior to removal with amended water or when authorized by VA, removal encapsulant to reduce/prevent fiber release to the air. Adequate time (at a minimum two hours) must be allowed for the amended water or removal encapsulant to saturate the ACM. Abatement personnel must not disturb dry ACM. Use a fine spray of amended water or removal encapsulant. Saturate the material sufficiently to wet to the substrate without causing excessive dripping. The material must be sprayed repeatedly/continuously during the removal process in order to maintain adequately wet conditions. Removal encapsulants must be applied in accordance with the manufacturer's written instructions. Perforate or carefully separate, using wet methods, an outer covering that is painted or jacketed in order to allow penetration and wetting of the material. Where necessary, carefully remove covering while wetting to minimize fiber release. **In no event shall dry removal occur except when authorized in writing by the VPIH/CIH and VA when a greater safety hazard (e.g., electricity) is present.**
- B. If ACM does not wet well with amended water due to composition, coating or jacketing, remove as follows:
 - 1. Mist work area continuously with amended water whenever necessary to reduce airborne fiber levels.
 - 2. Remove saturated ACM in small sections. Do not allow material to dry out. As material is removed, bag material, while still wet into disposal bags. Twist the bag neck tightly, bend over (gooseneck) and seal with a minimum of three tight wraps of duct tape. Clean /decontaminate the outside of the bag of any residue and move to washdown station adjacent to W/EDF.

3. Fireproofing or Architectural Finish on Scratch Coat: Spray with a fine mist of amended water or removal encapsulant. Allow time for saturation to the substrate. Do not over saturate causing excess dripping. Scrape material from substrate. Remove material in manageable quantities and control falling to staging or floor. If the falling distance is over 20 feet (6M), use a drop chute to contain material through descent. Remove residue remaining on the scratch coat after scraping is done using a stiff bristle hand brush. If a removal encapsulant is used, remove residue completely before the encapsulant dries. Periodically re-wet the substrate with amended water as needed to prevent drying of the material before the residue is removed from the substrate.
4. Fireproofing or Architectural Finish on Wire Lath: Spray with a fine mist of amended water or removal encapsulant. Allow time to completely saturate the material. Do not over saturate causing excess dripping. If the surface has been painted or otherwise coated, cut small holes as needed and apply amended water or removal encapsulant from above. Cut saturated wire lath into 2' x 6' (50mm x 150mm) sections and cut hanger wires. Roll up complete with ACM, cover in burlap and hand place in disposal bag. Do not drop to floor. After removal of lath/ACM, remove any overspray on decking and structure using stiff bristle nylon brushes. Depending on hardness of overspray, scrapers may be needed for removal.
5. Pipe/Tank/Vessel/Boiler Insulation: Remove the outer layer of wrap while spraying with amended water in order to saturate the ACM. Spray ACM with a fine mist of amended water or removal encapsulant. Allow time to saturate the material to the substrate. Cut bands holding pre-formed pipe insulation sections. Slit jacketing at the seams, remove and hand place in a disposal bag. Do not allow dropping to the floor. Remove molded fitting insulation/mud in large pieces and hand place in a disposal bag. Remove any residue on pipe or fitting with a stiff bristle nylon brush. In locations where pipe fitting insulation is removed from fibrous glass or other non-asbestos insulated straight runs of pipe, remove fibrous material at least 6" from the point it contacts the ACM.

3.2.4 WET REMOVAL OF AMOSITE

- A. Provide local exhaust ventilation and collection systems to assure collection of amosite fibers at the point of generation. A 300 mm (12") flexible rigid non-collapsing duct shall be located no more than 600 mm (2') from any scraping/brushing activity. Primary filters must be replaced every 30 minutes on the negative air machines. Each scraping/brushing activity must have a negative air machine devoted to it. For pre-molded pipe insulation or cutting wire lathe attach a 1200 mm (4') square flared end piece on the intake of the duct. Support the duct horizontally at a point 600 mm (2') below the work to effect capture. One person in the crew shall be assigned to operate the duct collection system on a continual basis.
- B. Amosite does not wet well with amended water. Submit full information/documentation on the wetting agent proposed prior to start for review and approval by the VPIH/CIH and VA Contracting Officer. Insure that the material is worked on in small sections and is thoroughly and continuously wetted. Package as soon as possible while wet. Remove as required.

3.3 LOCKDOWN ENCAPSULATION

3.3.1 GENERAL

Lockdown encapsulation is an integral part of the ACM removal. At the conclusion of ACM removal and before removal of the primary barriers, the contractor shall encapsulate all surfaces with a bridging encapsulant.

3.3.2 DELIVERY AND STORAGE

Deliver materials to the job site in original, new and unopened containers bearing the manufacturer's name and label as well as the following information: name of material, manufacturer's stock number, date of manufacture, thinning instructions, application instructions and the MSDS for the material.

3.3.3 WORKER PROTECTION

Before beginning work with any material for which an MSDS has been submitted, provide workers with any required personal protective equipment. The required personal protective equipment shall be used whenever exposure to the material might occur. In addition to OSHA/specification requirements for respiratory protection, a paint pre-filter and an organic vapor cartridge, at a minimum, shall be used in addition to the HEPA filter when an organic solvent based encapsulant is used. The CPHI/CIH shall be responsible for provision of adequate respiratory protection. Note: Flammable and combustible encapsulants shall not be used, unless authorized in writing by the VA.

3.3.4 ENCAPSULATION OF SCRATCH COAT PLASTER OR PIPING

- A. Apply two coats of lockdown encapsulant to the scratch coat plaster or piping after all ACM has been removed. Apply in strict accordance with the manufacturer's instructions. Any deviation from the instructions must be approved by the VA's representative in writing prior to commencing the work.
- B. Apply the lockdown encapsulant with an airless sprayer at a pressure and using a nozzle orifice as recommended by the manufacturer. Apply the first coat while the scratch coat is still damp from the asbestos removal process, after passing the visual inspection. If the surface has been allowed to dry, wet wipe or HEPA vacuum prior to spraying with encapsulant. Apply a second coat over the first coat in strict conformance with the manufacturer's instructions. Color the lockdown encapsulant and contrast the color in the second coat so that visual confirmation of completeness and uniform coverage of each coat is possible. Adhere to the manufacturer's instructions for coloring. At the completion of the encapsulation, the surface must be a uniform third color produced by the mixture.

3.3.5 SEALING EXPOSED EDGES

Seal edges of ACM exposed by removal work which is inaccessible, such as a sleeve, wall penetration, etc., with two coats of bridging encapsulant. Prior to sealing, permit the exposed edges to dry completely to permit penetration of the bridging encapsulant. Apply in accordance with 3.3.4 (B).

3.4 DISPOSAL OF ACM WASTE MATERIALS

3.4.1 GENERAL

Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations. Disposal shall be done at an approved landfill. Disposal of non-friable ACM shall be done in accordance with applicable regulations.

3.4.2 PROCEDURES

- A. The VA must be notified at least 24 hours in advance of any waste removed from the containment.
- B. Asbestos waste shall be packaged and moved through the W/EDF into a covered transport container in accordance with procedures in this specification. Waste shall be double-bagged and wetted with amended water prior to disposal. Wetted waste can be very heavy. Bags shall not be overfilled. Bags shall be securely sealed to prevent accidental opening and/or leakage. The top shall be tightly twisted and goose necked prior to tightly sealing with at least three wraps of duct tape. Ensure that unauthorized persons do not have access to the waste material once it is outside the regulated area. All transport containers must be covered at all times when not in use. NESHAP signs must be on containers during loading and unloading. Material shall not be transported in open vehicles. If drums are used for packaging, the drums shall be labeled properly and shall not be re-used.
- C. Waste Load Out: Waste load out shall be done in accordance with the procedures in W/EDF Decontamination Procedures. Sealed waste bags shall be decontaminated on exterior surfaces by wet cleaning and/or HEPA vacuuming before being placed in the second waste bag and sealed, which then must also be wet wiped or HEPA vacuumed.
- D. Asbestos waste with sharp edged components, i.e., nails, screws, lath, strapping, tin sheeting, jacketing, metal mesh, etc., which might tear poly bags shall be wrapped securely in burlap before packaging and, if needed, use a poly lined fiber drum as the second container, prior to disposal.

3.5 PROJECT DECONTAMINATION

3.5.1 GENERAL

- A. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH/CIH.
- B. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleanings of the surfaces of the regulated area after the primary barrier removal.
- C. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

3.5.2 REGULATED AREA CLEARANCE

Clearance air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

3.5.3 WORK DESCRIPTION

Decontamination includes the clearance air testing in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities, and negative pressure systems.

3.5.4 PRE-DECONTAMINATION CONDITIONS

- A. Before decontamination starts, all ACM waste from the regulated area shall be collected and removed, and the loose 6 mil layer of poly removed while being adequately wetted with amended water and disposed of along with any gross debris generated by the work.
- B. At the start of decontamination, the following shall be in place:
 1. Primary barriers consisting of 2 layers of 6 mil poly on the floor and 4 mil poly on the walls.
 2. Critical barriers consisting of 2 layers of 6 mil poly which is the sole barrier between the regulated area and openings to the rest of the building or outside.
 4. Decontamination facilities for personnel and equipment in operating condition and the negative pressure system in operation.

3.5.5 FIRST CLEANING

Carry out a first cleaning of all surfaces of the regulated area including items of remaining poly sheeting, tools, scaffolding, ladders/staging by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping/air blowing methods. Use each surface of a wetted cleaning cloth one time only and then dispose of as contaminated waste. Continue this cleaning until there is no visible residue from abated surfaces or poly or other surfaces. Remove all filters in the air handling system and dispose of as ACM waste in accordance with these specifications. The negative pressure system shall remain in operation during this time. Additional cleaning(s) may be needed as determined by the CPIH/VPIH/CIH.

3.5.6 PRE-CLEARANCE INSPECTION AND TESTING

The CPIH/CIH and VPIH/CIH will perform a thorough and detailed visual inspection at the end of the cleaning to determine whether there is any visible residue in the regulated area. If the visual inspection is acceptable, the CPIH/CIH will perform pre-clearance sampling using aggressive clearance as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). If the sampling results show values below 0.01 f/cc, then the Contractor shall notify the VA's representative of the results with a brief report from the CPIH/CIH documenting the inspection and sampling results and a statement verifying that the regulated area is ready for lockdown encapsulation. The VA reserves the right to utilize their own VPIH/CIH to perform a pre-clearance inspection and testing for verification.

3.5.7 LOCKDOWN ENCAPSULATION OF ABATED SURFACES

With the express written permission of the VA's representative, perform lockdown encapsulation of all surfaces from which asbestos was abated in accordance with the procedures in this specification. Negative pressure shall be maintained in the regulated area during the lockdown application.

3.6 FINAL VISUAL INSPECTION AND AIR CLEARANCE TESTING

3.6.1 GENERAL

Notify the VA representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH starting after the final cleaning.

3.6.2 FINAL VISUAL INSPECTION

Final visual inspection will include the entire regulated area, the PDF, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other suspect material is detected, the final cleaning shall be repeated at no cost to the VA. Dust/material samples may be collected and analyzed at no cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

3.6.3 FINAL AIR CLEARANCE TESTING

- A. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final clearance testing. Air samples will be collected and analyzed in accordance with procedures for AHERA in this specification. If work is less than 260 lf/160 sf/35 cf, 5 PCM samples shall be collected for clearance and a minimum of one field blank. If work is equal to or more than 260 lf/160 sf/35 cf, AHERA TEM sampling shall be performed for clearance. TEM analysis shall be done in accordance with procedures for EPA AHERA in this specification. If the release criteria are not met, the Contractor shall repeat the final cleaning and continue decontamination procedures until clearance is achieved. **All Additional inspection and testing costs will be borne by the Contractor.**
- B. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

3.6.4 FINAL AIR CLEARANCE PROCEDURES

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured by the AHERA PCM protocol, or 70 AHERA structures per square millimeter (s/mm²) by AHERA TEM.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method or asbestos fibers counted using the AHERA TEM method.

2. Aggressive Sampling: All final air testing samples shall be collected using aggressive sampling techniques except where soil is not encapsulated or enclosed. Samples will be collected on 0.8 μ MCE filters for PCM analysis and 0.45 μ Polycarbonate filters for TEM. A minimum of 1200 Liters of using calibrated pumps shall be collected for clearance samples. Before pumps are started, initiate aggressive air mixing sampling as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). Air samples will be collected in areas subject to normal air circulation away from corners, obstructed locations, and locations near windows, doors, or vents. After air sampling pumps have been shut off, circulating fans shall be shut off. The negative pressure system shall continue to operate.
3. Final clearance for soil that is not encapsulated, samples will be collected on 0.8 μ MCE filters for PCM analysis and 0.45 μ Polycarbonate filters for TEM. A minimum of 1200 Liters of using calibrated pumps shall be collected for clearance samples. Air clearance of work areas where contaminated soil has been removed is in addition to the requirement for clearance by bulk sample analysis discussed within these specifications. There will be no aggressive air sampling for the clearance of soil due to the fact that aggressive air sampling may overload the cassettes.
4. Random samples shall be collected from areas of soil which have been abated to ensure that the soil has been properly decontaminated. The total number of samples to be collected from the soil areas shall be; <1000 SF of soil - 3 samples; >1000 to <5000 SF of soil - 5 samples; and >5000 SF of soil - 7 samples. The soil samples shall be collected in a statistically random manner and shall be analyzed by PLM method. The clearance level to determine the soil clean is <1% asbestos by weight as analyzed by PLM method. If this level is achieved, the soil areas shall be considered clear. If the levels are >1% asbestos, the areas shall be re-cleaned until the sample results are <1%.

3.6.5 CLEARANCE SAMPLING USING PCM - LESS THAN 260LF/160SF:

- A. The VPIH/CIH will perform clearance samples as indicated by the specification.
- B. The NIOSH 7400 PCM method will be used for clearance sampling with a minimum collection volume of 1200 Liters of air. A minimum of 5 PCM clearance samples shall be collected. All samples must be equal to or less than 0.01 f/cc to clear the regulated area.
- C. Random samples shall be collected from areas of soil which have been abated to ensure that the soil has been properly decontaminated. The total number of samples to be collected from the soil areas shall be; <1000 SF of soil - 3 samples; >1000 to <5000 SF of soil - 5 samples; and >5000 SF of soil - 7 samples. The soil samples shall be collected in a statistically random manner and shall be analyzed by PLM method. The clearance level to determine the soil clean is <1% asbestos by weight as analyzed by PLM method. If this level is achieved, the soil areas shall be considered clear. If the levels are >1% asbestos, the areas shall be re-cleaned until the sample results are <1%.

3.6.6 CLEARANCE SAMPLING USING TEM - EQUAL TO OR MORE THAN 260LF/160SF: TEM

- A. Clearance requires 13 samples be collected; 5 inside the regulated area; 5 outside the regulated area; and 3 field blanks.
- B. The TEM method will be used for clearance sampling with a minimum collection volume of 1200 Liters of air. A minimum of 13 clearance

samples shall be collected. All samples must be equal to or less than 70 AHERA structures per square millimeter (s/mm²) AHERA TEM.

3.6.7 LABORATORY TESTING OF PCM CLEARANCE SAMPLES

The services of an AIHA accredited laboratory will be employed by the VA to perform analysis for the PCM air samples. The accredited laboratory shall be successfully participating in the AIHA Proficiency Analytical Testing (PAT) program. Samples will be sent daily by the VPIH/CIH so that verbal/faxed reports can be received within 24 hours. A complete record, certified by the laboratory, of all air monitoring tests and results will be furnished to the VA's representative and the Contractor.

3.6.8 LABORATORY TESTING OF TEM SAMPLES

Samples shall be sent by the VPIH/CIH to a NIST accredited laboratory for analysis by TEM. The laboratory shall be successfully participating in the NIST Airborne Asbestos Analysis (TEM) program. Verbal/faxed results from the laboratory shall be available within 24 hours after receipt of the samples. A complete record, certified by the laboratory, of all TEM results shall be furnished to the VA's representative and the Contractor.

3.6.9 LABORATORY TESTING OF BULK SAMPLES

Samples shall be sent by the VPIH/CIH or CPIH/CIH to a NIST accredited laboratory for analysis by PLM. The laboratory shall be successfully participating in the NIST Bulk Asbestos Analysis (PLM) program. Verbal/faxed results from the laboratory shall be available within 24 hours after receipt of the samples. A complete record, certified by the laboratory, of all TEM results shall be furnished to the VA's representative and the Contractor.

3.7 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE

3.7.1 COMPLETION OF ABATEMENT WORK

After thorough decontamination, seal negative air machines with 2 layers of 6 mil poly and duct tape to form a tight seal at the intake/outlet ends before removal from the regulated area. Complete asbestos abatement work upon meeting the regulated area visual and air clearance criteria and fulfilling the following:

- A. Remove all equipment and materials from the project area.
- B. Dispose of all packaged ACM waste as required.
- C. Repair or replace all interior finishes damaged during the abatement work, as required.
- D. Fulfill other project closeout requirements as required in this specification.

3.7.2 CERTIFICATE OF COMPLETION BY CONTRACTOR

The CPIH/CIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

3.7.3 WORK SHIFTS

All work shall be done during administrative hours (8:00 AM to 4:30 PM) Monday -Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

3.7.4 RE-INSULATION

If required as part of the contract, replace all asbestos containing insulation/fire-proofing with suitable non-asbestos material. Provide MSDS's for all replacement materials in advance of installation for VA approval. Refer to Section 23 07 11, HVAC, PLUMBING, AND BOILER PLANT INSULATION.

ATTACHMENT #1**CERTIFICATE OF COMPLETION**

DATE: _____ VA Project #: _____

PROJECT NAME: _____ Abatement Contractor: _____

VAMC/ADDRESS: _____

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):
which took place from / / to / /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all abatement work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH/CIH Signature/Date: _____

CPIH/CIH Print Name: _____

Abatement Contractor Signature/Date: _____

Abatement Contractor Print Name: _____

ATTACHMENT #2

CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

PROJECT NAME: _____ DATE: _____

PROJECT ADDRESS: _____

ABATEMENT CONTRACTOR'S NAME: _____

WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature: _____

Printed Name: _____

Social Security Number: _____

Witness: _____

ATTACHMENT #3

AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND TRAINING/ACCREDITATION

VA PROJECT NAME AND NUMBER: _____

VA MEDICAL FACILITY: _____

ABATEMENT CONTRACTOR'S NAME AND ADDRESS: _____

1. I verify that the following individual

Name: _____ Social Security Number: _____

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.

Address: _____

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.

3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.

4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH/CIH: _____ Date: _____

Printed Name of CPIH/CIH: _____

Signature of Contractor: _____ Date: _____

Printed Name of Contractor: _____

ATTACHMENT #4

ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS

VA Project Location: _____

VA Project #: _____

VA Project Description: _____

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature _____ Date _____

Abatement Contractor Competent Person(s) _____ Date _____

- - END- - -

SECTION 02 82 13.13
GLOVEBAG ASBESTOS ABATEMENT

TABLE OF CONTENTS

PART 1 - GENERAL.....	1
1.1 SUMMARY OF THE WORK.....	1
1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS.....	1
1.1.2 EXTENT OF WORK.....	1
1.1.3 RELATED WORK.....	1
1.1.4 TASKS.....	1
1.1.5 ABATEMENT CONTRACTOR USE OF PREMISES.....	2
1.2 VARIATIONS IN QUANTITY.....	2
1.3 STOP ASBESTOS REMOVAL.....	2
1.4 DEFINITIONS.....	3
1.4.1 GENERAL.....	3
1.4.2 GLOSSARY.....	3
1.4.3 REFERENCED STANDARDS ORGANIZATIONS.....	9
1.5 APPLICABLE CODES AND REGULATIONS.....	10
1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS.....	10
1.5.2 Asbestos Abatement CONTRACTOR RESPONSIBILITY.....	11
1.5.3 FEDERAL REQUIREMENTS.....	11
1.5.4 STATE REQUIREMENTS:.....	11
1.5.5 LOCAL REQUIREMENTS.....	11
1.5.6 STANDARDS.....	11
1.5.7 EPA GUIDANCE DOCUMENTS.....	12
1.5.8 NOTICES.....	12
1.5.9 PERMITS/LICENSES.....	12
1.5.10 POSTING AND FILING OF REGULATIONS.....	12
1.5.11 VA RESPONSIBILITIES.....	12
1.5.12 EMERGENCY ACTION PLAN AND ARRANGEMENTS.....	13
1.5.14 PRE-Construction MEETING.....	14
1.6 PROJECT COORDINATION.....	14
1.6.1 PERSONNEL.....	14
1.7 RESPIRATORY PROTECTION.....	15
1.7.1 GENERAL - RESPIRATORY PROTECTION PROGRAM.....	15
1.7.2 RESPIRATORY PROTECTION PROGRAM COORDINATOR.....	16
1.7.3 SELECTION AND USE OF RESPIRATORS.....	16
1.7.4 MINIMUM RESPIRATORY PROTECTION.....	16

1.7.5 MEDICAL WRITTEN OPINION.....	16
1.7.6 RESPIRATOR FIT TEST.....	16
1.7.7 RESPIRATOR FIT CHECK.....	16
1.7.8 MAINTENANCE AND CARE OF RESPIRATORS.....	16
1.8 WORKER PROTECTION.....	17
1.8.1 TRAINING OF ABATEMENT PERSONNEL.....	17
1.8.2 MEDICAL EXAMINATIONS.....	17
1.8.3 personal PROTECTIVE EQUIPMENT.....	17
1.8.4 REGULATED AREA ENTRY PROCEDURE.....	17
1.8.5 DECONTAMINATION PROCEDURE.....	17
1.8.6 REGULATED AREA REQUIREMENTS.....	18
1.9 DECONTAMINATION FACILITIES.....	18
1.9.1 DESCRIPTION.....	18
1.9.2 GENERAL REQUIREMENTS.....	18
1.9.3 TEMPORARY FACILITIES TO THE PDF and w/EDF.....	19
1.9.4 PERSONNEL DECONTAMINATION FACILITY (PDF).....	19
1.9.5 waste/EQUIPMENT DECONTAMINATION FACILITY (w/EDF).....	20
1.9.6 waste/EQUIPMENT DECONTAMINATION PROCEDURES.....	21
PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT.....	22
2.1 MATERIALS AND EQUIPMENT.....	22
2.1.1 GENERAL REQUIREMENTS (all abatement projects).....	22
2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA.....	23
2.2.1 GENERAL.....	23
2.2.2 PREPARATION PRIOR TO SEALING THE REGULATED AREA.....	23
2.2.3 CONTROLLING ACCESS TO THE REGULATED AREA.....	23
2.2.4 CRITICAL BARRIERS.....	23
2.2.5 SECONDARY BARRIERS.....	24
2.2.6 EXTENSION OF THE REGULATED AREA.....	24
2.2.7 FIRESTOPPING.....	24
2.3 MONITORING, INSPECTION AND TESTING.....	24
2.3.1 GENERAL.....	24
2.3.2 SCOPE OF SERVICES OF THE VPIH/cih CONSULTANT.....	25
2.3.3 MONITORING, INSPECTION AND TESTING BY ABATEMENT CONTRACTOR CPIH/CIH.....	26
2.4 Asbestos hazard abatement plan.....	27
2.5 SUBMITTALS.....	27
2.5.1 PRE-start MEETING SUBMITTALS.....	27
2.5.2 SUBMITTALS DURING ABATEMENT.....	29

2.5.3 SUBMITTALS AT COMPLETION OF ABATEMENT.....	29
2.6 ENCAPSULANTS.....	29
2.6.1 TYPES OF ENCAPSULANTS.....	29
2.6.2 PERFORMANCE REQUIREMENTS.....	30
2.7 CERTIFICATES OF COMPLIANCE.....	30
2.8 RECYCLABLE PROTECTIVE CLOTHING.....	30
PART 3 - EXECUTION.....	30
3.1 REGULATED AREA PREPARATIONS.....	30
3.1.1 SITE SECURITY.....	30
3.1.2 OSHA DANGER SIGNS.....	31
3.1.3.1 SHUT DOWN - LOCK OUT ELECTRICAL.....	31
3.1.3.2 SHUT DOWN - LOCK OUT HVAC.....	32
3.1.4 CONTAINMENT BARRIERS AND COVERINGS FOR THE REGULATED AREA.....	32
3.1.4.1 GENERAL.....	32
3.1.4.2 PREPARATION PRIOR TO SEALING OFF.....	32
3.1.4.3 CONTROLLING ACCESS TO THE REGULATED AREA.....	32
3.1.4.4 CRITICAL BARRIERS.....	32
3.1.4.5 EXTENSION OF THE REGULATED AREA.....	33
3.1.4.6 floor barriers:.....	33
3.1.5 SANITARY FACILITIES.....	33
3.1.6 Pre-Cleaning.....	33
3.1.6.1 PRE-CLEANING MOVABLE OBJECTS.....	33
3.1.6.2 PRE-CLEANING FIXED OBJECTS.....	33
3.1.6.3 PRE-CLEANING SURFACES IN THE REGULATED AREA.....	34
3.1.7 PRE-ABATEMENT ACTIVITIES.....	34
3.1.7.1 PRE-ABATEMENT MEETING.....	34
3.1.7.2 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS.....	34
3.1.7.3 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS.....	35
3.2 REMOVAL OF piping ACM.....	35
3.2.1 WETTING MATERIALS.....	35
3.2.2 SECONDARY BARRIER AND WALKWAYS.....	36
3.2.3 WET REMOVAL OF ACM.....	36
3.3 GLOVEBAG REMOVAL PROCEDURES.....	36
3.3.1 GENERAL.....	36
3.3.2 NEGATIVE PRESSURE GLOVEBAG PROCEDURE.....	37
3.4 LOCKDOWN ENCAPSULATION.....	37
3.4.1 GENERAL.....	37

3.4.2 SEALING EXPOSED EDGES.....	37
3.5 DISPOSAL OF ACM WASTE MATERIALS.....	38
3.5.1 GENERAL.....	38
3.5.2 PROCEDURES.....	38
3.6 PROJECT DECONTAMINATION.....	38
3.6.1 GENERAL.....	38
3.6.2 REGULATED AREA CLEARANCE.....	39
3.6.3 WORK DESCRIPTION.....	39
3.6.4 PRE-DECONTAMINATION CONDITIONS.....	39
3.6.5 FIRST CLEANING.....	39
3.6.6 PRE-CLEARANCE INSPECTION AND TESTING.....	39
3.6.7 LOCKDOWN ENCAPSULATION OF ABATED SURFACES.....	40
3.7 FINAL VISUAL INSPECTIONS AND AIR CLEARANCE TESTING.....	40
3.7.1 GENERAL.....	40
3.7.2 FINAL VISUAL INSPECTION.....	40
3.7.3 FINAL AIR CLEARANCE TESTING.....	40
3.7.4 FINAL AIR CLEARANCE PROCEDURES.....	40
3.7.5 CLEARANCE SAMPLING USING PCM.....	41
3.7.6 CLEARANCE SAMPLING USING TEM.....	41
3.7.7 LABORATORY TESTING OF PCM SAMPLES.....	41
3.7.8 LABORATORY TESTING OF TEM SAMPLES.....	41
3.8 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE.....	41
3.8.1 COMPLETION OF ABATEMENT WORK.....	41
3.8.2 CERTIFICATE OF COMPLETION BY CONTRACTOR.....	42
3.8.3 WORK SHIFTS.....	42
3.8.4 RE-INSULATION.....	42
ATTACHMENT #1.....	43
ATTACHMENT #2.....	44
ATTACHMENT #3.....	45
ATTACHMENT #4.....	46
ATTACHMENT #5 (SEE ATTACHMENT)	

02 82 13.13
GLOVEBAG ASBESTOS ABATEMENT

PART 1 - GENERAL

1.1 SUMMARY OF THE WORK

1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS

Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work and the phasing of the work. In the event the Asbestos Abatement Contractor discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Asbestos Abatement Contractor. All costs incurred due to such action are also the responsibility of the Asbestos Abatement Contractor.

1.1.2 EXTENT OF WORK

- A. See Attachment #5 - Ahera Re-inspection Report Dated March 2015 by ENCORP.
 - 1. The contractor shall mitigate any hazardous material indicated in the above report within the area of work and/or any hazardous material encountered through the course of construction of the work in compliance with this section in order to provide a full and complete project as indicated by the drawings and specifications.

1.1.3 RELATED WORK

- A. Section 02 41 00, DEMOLITION.

1.1.4 TASKS

The work tasks are summarized briefly as follows:

- A. Pre-abatement activities including pre-abatement meeting(s), inspection(s), notifications, permits, submittal approvals, work-site preparations, emergency procedures arrangements, and Asbestos Hazard Abatement Plans for glovebag asbestos abatement work.
- B. Abatement activities including removal, clean-up and disposal of ACM waste, recordkeeping, security, monitoring, and inspections.
- C. Cleaning and decontamination activities including final visual inspection, air monitoring and certification of decontamination.

1.1.5 ABATEMENT CONTRACTOR USE OF PREMISES

- A. The Contractor and Contractor's personnel shall cooperate fully with the VA representative/consultant to facilitate efficient use of

buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan and in compliance with any/all applicable Federal, State and Local regulations and requirements.

- B. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved VA Design and Construction Procedures. VA Design and Construction Procedures drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA representative through the pre-abatement plan of action.

1.2 VARIATIONS IN QUANTITY

The quantities and locations of ACM as indicated on the drawings and the extent of work included in this section are estimated, which are limited by the physical constraints imposed by occupancy of the buildings and accessibility to ACM. Accordingly, minor variations (+/- 5%) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the contractor shall provide unit prices for newly discovered ACM and those prices shall be used for additional work required under the contractor.

1.3 STOP ASBESTOS REMOVAL

If the Contracting Officer; their field representative; (the facility Safety Officer/Manager or their designee, or the VA Professional Industrial Hygienist/ Certified Industrial Hygienist (VPIH/CIH) presents a verbal **Stop Asbestos Removal Order**, the Contractor/Personnel shall immediately stop all asbestos removal and maintain HEPA filtered negative pressure air flow in the containment and adequately wet any exposed ACM. If a verbal Stop Asbestos Removal Order is issued, the VA shall follow-up with a written order to the Contractor as soon as it is practicable. The Contractor shall not resume any asbestos removal activity until authorized to do so in writing by the VA Contracting Officer. A stop asbestos removal order may be issued at any time the VA Contracting Officer determines abatement conditions/activities are not within VA specification, regulatory requirements or that an imminent hazard exists to human health or the environment. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the VPIH/CIH time. The occurrence of any of the following events shall be reported immediately by the Contractor's competent person to the VA Contracting Office or field representative using the most expeditious means (e.g., verbal or telephonic), followed up with written notification to the Contracting Officer as soon as practical. The Contractor shall immediately stop asbestos removal/disturbance activities and initiate fiber reduction activities:

- A. Airborne PCM analysis results equal to or greater than 0.01 f/cc outside a regulated area or >0.05 f/cc inside a regulated area;
- B. breach or break in regulated area containment barrier(s);
- C. less than -0.02" WCG pressure in the regulated area;

- D. serious injury/death at the site;
- E. fire/safety emergency at the site;
- F. respiratory protection system failure;
- G. power failure or loss of wetting agent; or
- H. any visible emissions observed outside the regulated area.

1.4 DEFINITIONS

1.4.1 GENERAL

Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

1.4.2 GLOSSARY

Abatement - Procedures to control fiber release from asbestos-containing materials. Includes removal, encapsulation, enclosure, demolition, and renovation activities related to asbestos containing materials (ACM).

Aerosol - Solid or liquid particulate suspended in air.

Adequately wet - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.

Aggressive method - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.

Aggressive sampling - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to aggressively disturb and maintain in the air residual fibers after abatement.

AHERA - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.

Aircell - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

Air monitoring - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 2 is used to determine the fiber levels in air. For personal samples and clearance air testing using Phase Contrast Microscopy (PCM) analysis. NIOSH Method 7402 can be used when it is necessary to confirm fibers counted by PCM as being asbestos. The AHERA TEM analysis may be used for background, area samples and clearance samples when required by this specification, or at the discretion of the VPIH/CIH as appropriate.

Air sample filter - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester membrane for PCM (Phase Contrast Microscopy) and polycarbonate for TEM (Transmission Electron Microscopy)

Amended water - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

Asbestos - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

Asbestos Hazard Abatement Plan (AHAP) - Asbestos work procedures required to be submitted by the contractor before work begins.

Asbestos-containing material (ACM) - Any material containing more than one percent of asbestos.

Asbestos contaminated elements (ACE) - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

Asbestos-contaminated soil (ACS) - Soil found in the work area or in adjacent areas such as crawlspaces or pipe tunnels which is contaminated with asbestos-containing material debris and cannot be easily separated from the material.

Asbestos-containing waste (ACW) material - Asbestos-containing material or asbestos contaminated objects requiring disposal.

Asbestos Project Monitor - Some states require that any person conducting asbestos abatement clearance inspections and clearance air sampling be licensed as an asbestos project monitor.

Asbestos waste decontamination facility - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

Authorized person - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.

Authorized visitor - Any person approved by the VA; the contractor; or any government agency representative having jurisdiction over the regulated area (e.g., OSHA, Federal and State EPA).

Barrier - Any surface that isolates the regulated area and inhibits fiber migration from the regulated area.

Containment Barrier - An airtight barrier consisting of walls, floors, and/or ceilings of sealed plastic sheeting which surrounds and seals the outer perimeter of the regulated area.

Critical Barrier - The barrier responsible for isolating the regulated area from adjacent spaces, typically constructed of plastic sheeting secured in place at openings such as doors, windows, or any other opening into the regulated area.

Primary Barrier - Plastic barriers placed over critical barriers and exposed directly to abatement work.

Secondary Barrier - Any additional plastic barriers used to isolate and provide protection from debris during abatement work.

Breathing zone - The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.

Bridging encapsulant - An encapsulant that forms a layer on the surface of the ACM.

Building/facility owner - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.

Bulk testing - The collection and analysis of suspect asbestos containing materials.

Certified Industrial Hygienist (CIH) - A person certified in the comprehensive practice of industrial hygiene by the American Board of Industrial Hygiene.

Class I asbestos work - Activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).

Class II asbestos work - Activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.

Clean room/Changing room - An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.

Clearance sample - The final air sample taken after all asbestos work has been done and visually inspected. Performed by the VA's professional industrial hygiene consultant/Certified Industrial Hygienist (VPIH/CIH).

Closely resemble - The major workplace conditions which have contributed to the levels of historic asbestos exposure, are no more protective than conditions of the current workplace.

Competent person - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29 CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.

Contractor's Professional Industrial Hygienist (CPIH/CIH) - The asbestos abatement contractor's industrial hygienist. The industrial hygienist must meet the qualification requirements of a PIH and may be a certified industrial hygienist (CIH).

Count - Refers to the fiber count or the average number of fibers greater than five microns in length with a length-to-width (aspect) ratio of at least 3 to 1, per cubic centimeter of air.

Crawlspace - An area which can be found either in or adjacent to the work area. This area has limited access and egress and may contain asbestos materials and/or asbestos contaminated soil.

Decontamination area/unit - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.

Demolition - The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

VA Total - means a building or substantial part of the building is completely removed, torn or knocked down, bulldozed, flattened, or razed, including removal of building debris.

Disposal bag - Typically 6 mil thick sift-proof, dustproof, leak-tight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.

Disturbance - Activities that disrupt the matrix of ACM or PACM, crumble or pulverize ACM or PACM, or generate visible debris from ACM or PACM. Disturbance includes cutting away small amounts of ACM or PACM, no greater than the amount that can be contained in one standard sized glove bag or waste bag, in order to access a building component. In no event shall the amount of ACM or PACM so disturbed exceed that which can be contained in one glove bag or disposal bag and shall not exceed 60 inches in length or width.

Drum - A rigid, impermeable container made of cardboard fiber, plastic, or metal which can be sealed in order to be sift-proof, dustproof, and leak-tight.

Employee exposure - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.

Encapsulant - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.

Encapsulation - Treating ACM with an encapsulant.

Enclosure - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.

Equipment room - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

Fiber - A particulate form of asbestos, 5 microns or longer, with a length to width (aspect) ratio of at least 3 to 1.

Fibers per cubic centimeter (f/cc) - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.

Filter - Media used in respirators, vacuums, or other machines to remove particulate from air.

Firestopping - Material used to close the open parts of a structure in order to prevent a fire from spreading.

Friable asbestos containing material - Any material containing more than one (1) percent or asbestos as determined using the method specified in appendix A, Subpart F, 40 CFR 763, section 1, Polarized Light Microscopy, that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

Glovebag - Not more than a 60 x 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which materials and tools may be handled.

High efficiency particulate air (HEPA) filter - An ASHRAE MERV 17 filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 micrometers in diameter.

HEPA vacuum - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.

Homogeneous area - An area of surfacing, thermal system insulation or miscellaneous ACM that is uniform in color, texture and date of application.

HVAC - Heating, Ventilation and Air Conditioning

Industrial hygienist (IH) - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop controls for occupational health hazards. Meets definition requirements of the American Industrial Hygiene Association (AIHA).

Industrial hygienist technician (IH Technician) - A person working under the direction of an IH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned. Some states require that an industrial hygienist technician conducting asbestos abatement clearance inspection and clearance air sampling be licensed as an asbestos project monitor.

Intact - The ACM has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix.

Lockdown - Applying encapsulant, after a final visual inspection, on all abated surfaces at the conclusion of ACM removal prior to removal of critical barriers.

National Emission Standards for Hazardous Air Pollutants (NESHAP) - EPA's rule to control emissions of asbestos to the environment (40 CFR Part 61, Subpart M).

Negative initial exposure assessment - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), that employee exposure during an operation is expected to be consistently below the PEL.

Negative pressure - Air pressure which is lower than the surrounding area, created by exhausting air from a sealed regulated area through

HEPA equipped filtration units. OSHA requires maintaining -0.02" water column gauge inside the negative pressure enclosure.

Negative pressure respirator - A respirator in which the air pressure inside the facepiece is negative during inhalation relative to the air pressure outside the respirator facepiece.

Non-friable ACM - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

Organic vapor cartridge - The type of cartridge used on air purifying respirators to remove organic vapor hazardous air contaminants.

Outside air - The air outside buildings and structures, including, but not limited to, the air under a bridge or in an open ferry dock.

Owner/operator - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

Penetrating encapsulant - Encapsulant that is absorbed into the ACM matrix without leaving a surface layer.

Personal protective equipment (PPE) - equipment designed to protect user from injury and/or specific job hazard. Such equipment may include protective clothing, hard hats, safety glasses, and respirators.

Personal sampling/monitoring - Representative air samples obtained in the breathing zone for one or more workers within the regulated area using a filter cassette and a calibrated air sampling pump to determine asbestos exposure.

Permissible exposure limit (PEL) - The level of exposure OSHA allows for an 8 hour time weighted average. For asbestos fibers, the eight (8) hour time weighted average PEL is 0.1 fibers per cubic centimeter (0.1 f/cc) of air and the 30-minute Excursion Limit is 1.0 fibers per cubic centimeter (1 f/cc).

Pipe tunnel - An area, typically located adjacent to mechanical spaces or boiler rooms in which the pipes servicing the heating system in the building are routed to allow the pipes to access heating elements. These areas may contain asbestos pipe insulation, asbestos fittings, or asbestos-contaminated soil.

Polarized light microscopy (PLM) - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type(s) of asbestos present in a bulk sample.

Polyethylene sheeting - Strong plastic barrier material 4 to 6 mils thick, semi-transparent, flame retardant per NFPA 241.

Positive/negative fit check - A method of verifying the seal of a facepiece respirator by temporarily occluding the filters and breathing in (inhaling) and then temporarily occluding the exhalation valve and breathing out (exhaling) while checking for inward or outward leakage of the respirator respectively.

Presumed ACM (PACM) - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (b).

Professional IH - An IH who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed two specialized EPA approved courses on management and supervision of asbestos abatement projects; has formal training in respiratory protection and waste disposal; and has a

minimum of four projects of similar complexity with this project of which at least three projects serving as the supervisory IH. The PIH may be either the VA's PIH (VPIH) or Contractor's PIH (CPIH/CIH).

Project designer - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Appendix C, Part I; (B)(5).

Assigned Protection factor - A value assigned by OSHA/NIOSH to indicate the expected protection provided by each respirator class, when the respirator is properly selected and worn correctly. The number indicates the reduction of exposure level from outside to inside the respirator facepiece.

Qualitative fit test (QLFT) - A fit test using a challenge material that can be sensed by the wearer if leakage in the respirator occurs.

Quantitative fit test (QNFT) - A fit test using a challenge material which is quantified outside and inside the respirator thus allowing the determination of the actual fit factor.

Regulated area - An area established by the employer to demarcate where Class I, II, III asbestos work is conducted, and any adjoining area where debris and waste from such asbestos work may accumulate; and a work area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed the PEL.

Regulated ACM (RACM) - Friable ACM; Category I non-friable ACM that has become friable; Category I non-friable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II non-friable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

Removal - All operations where ACM, PACM and/or RACM is taken out or stripped from structures or substrates, including demolition operations.

Renovation - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

Repair - Overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates, including encapsulation or other repair of ACM or PACM attached to structures or substrates.

Shower room - The portion of the PDF where personnel shower before leaving the regulated area.

Supplied air respirator (SAR) - A respiratory protection system that supplies minimum Grade D respirable air per ANSI/Compressed Gas Association Commodity Specification for Air, G-7.1-1989.

Surfacing ACM - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, fireproofing and other purposes.

Surfactant - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.

Thermal system ACM - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.

Transmission electron microscopy (TEM) - A microscopy method that can identify and count asbestos fibers.

VA Professional Industrial Hygienist (VPIH/CIH) - The Department of Veterans Affairs Professional Industrial Hygienist must meet the qualifications of a PIH, and may be a Certified Industrial Hygienist (CIH).

VA Representative - The VA official responsible for on-going project work.

Visible emissions - Any emissions, which are visually detectable without the aid of instruments, coming from ACM/PACM/RACM/ACS or ACM waste material.

Waste/Equipment decontamination facility (W/EDF) - The area in which equipment is decontaminated before removal from the regulated area.

Waste generator - Any owner or operator whose act or process produces asbestos-containing waste material.

Waste shipment record - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.

Wet cleaning - The process of thoroughly eliminating, by wet methods, any asbestos contamination from surfaces or objects.

1.4.3 REFERENCED STANDARDS ORGANIZATIONS

The following acronyms or abbreviations as referenced in contract/specification documents are defined to mean the associated names. Names and addresses may be subject to change.

- A. VA Department of Veterans Affairs
810 Vermont Avenue, NW
Washington, DC 20420
- B. AIHA American Industrial Hygiene Association
2700 Prosperity Avenue, Suite 250
Fairfax, VA 22031
703-849-8888
- C. ANSI American National Standards Institute
1430 Broadway
New York, NY 10018
212-354-3300
- D. ASTM American Society for Testing and Materials
1916 Race St.
Philadelphia, PA 19103
215-299-5400
- E. CFR Code of Federal Regulations
Government Printing Office
Washington, DC 20420
- F. CGA Compressed Gas Association
1235 Jefferson Davis Highway
Arlington, VA 22202
703-979-0900
- G. CS Commercial Standard of the National Institute of Standards and Technology(NIST)
U. S. Department of Commerce
Government Printing Office
Washington, DC 20420

- H. EPA Environmental Protection Agency
401 M St., SW
Washington, DC 20460
202-382-3949
- I. MIL-STD Military Standards/Standardization Division
Office of the Assistant Secretary of Defense
Washington, DC 20420
- I. NIST National Institute for Standards and Technology
U. S. Department of Commerce
Gaithersburg, MD 20234
301-921-1000
- K. NEC National Electrical Code (by NFPA)
- L. NEMA National Electrical Manufacturer's Association
2101 L Street, NW
Washington, DC 20037
- M. NFPA National Fire Protection Association
1 Batterymarch Park
P.O. Box 9101
Quincy, MA 02269-9101
800-344-3555
- N. NIOSH National Institutes for Occupational Safety and Health
4676 Columbia Parkway
Cincinnati, OH 45226
513-533-8236
- O. OSHA Occupational Safety and Health Administration
U.S. Department of Labor
Government Printing Office
Washington, DC 20402
- P. UL Underwriters Laboratory
333 Pfingsten Rd.
Northbrook, IL 60062
312-272-8800

1.5 APPLICABLE CODES AND REGULATIONS

1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS

- A. All work under this contract shall be done in strict accordance with all applicable Federal, State, and local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.
- B. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specification exists, the most stringent requirement(s) shall be utilized.
- C. Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5

shall be available at the worksite in the clean change area of the worker decontamination system.

1.5.2 ASBESTOS ABATEMENT CONTRACTOR RESPONSIBILITY

The Asbestos Abatement Contractor (Contractor) shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the asbestos abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment (PPE) including respiratory protection including respirator fit testing, as required by applicable Federal, State and Local regulations. The Contractor shall hold the VA and VPIH/CIH consultants harmless for any Contractor's failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental requirement on the part of himself, his employees, or his subcontractors. The Contractor will incur all costs of the CPIH/CIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State requirements related to failure to comply with the regulations applicable to the work.

1.5.3 FEDERAL REQUIREMENTS

Federal requirements which govern some aspect of asbestos abatement include, but are not limited to, the following regulations.

- A. Occupational Safety and Health Administration (**OSHA**)
 - 1. Title 29 CFR 1926.1101 - Construction Standard for Asbestos
 - 2. Title 29 CFR 1910 Subpart I - Personal Protective Equipment
 - 3. Title 29 CFR 1910.134 - Respiratory Protection
 - 4. Title 29 CFR 1926 - Construction Industry Standards
 - 5. Title 29 CFR 1910.1020 - Access to Employee Exposure and Medical Records
 - 6. Title 29 CFR 1910.1200 - Hazard Communication
 - 7. Title 29 CFR 1910 Subpart K - Medical and First Aid
- B. Environmental Protection Agency (**EPA**)
 - 1. 40 CFR 61 Subpart A and M (Revised Subpart B) - National Emission Standard for Hazardous Air Pollutants - Asbestos.
 - 2. 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA)
- C. Department of Transportation (**DOT**)
 - Title 49 CFR 100 - 185 - Transportation

1.5.4 STATE REQUIREMENTS:

If state requirements are more stringent than federal, the state standards are to be used.

1.5.5 LOCAL REQUIREMENTS

If local requirements are more stringent than federal or state standards, the local standards are to be followed.

1.5.6 STANDARDS

- A. Standards which govern asbestos abatement activities include, but are not limited to, the following:
 - 1. American National Standards Institute (ANSI) Z9.2-79 - Fundamentals Governing the Design and Operation of Local Exhaust Systems and ANSI Z88.2 - Practices for Respiratory Protection.

- 2. Underwriters Laboratories (UL) 586-90 - UL Standard for Safety of HEPA filter Units, 7th Edition.
- B. Standards which govern encapsulation work include, but are not limited to, the following:
 - 1. American Society for Testing and Materials (ASTM)
- C. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:
 - 1. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.
 - 2. NFPA 701 - Standard Methods for Fire Tests for Flame Resistant Textiles and Film.
 - 3. NFPA 101 - Life Safety Code

1.5.7 EPA GUIDANCE DOCUMENTS

- A. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference. EPA publications can be ordered from (800) 424-9065.
- B. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024
- C. Asbestos Waste Management Guidance EPA 530-SW-85-007.
- D. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001
- E. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

1.5.8 NOTICES

- A. State and Local agencies: Send written notification as required by state and local regulations including the local fire department prior to beginning any work on ACM as follows:
- B. Copies of notifications shall be submitted to the VA for the facility's records in the same time frame notification are given to EPA, State, and Local authorities.

1.5.9 PERMITS/LICENSES

The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, State, and Local regulations.

1.5.10 POSTING AND FILING OF REGULATIONS

Maintain two (2) copies of applicable federal, state, and local regulations. Post one copy of each at the regulated area where workers will have daily access to the regulations and keep another copy in the Contractor's office.

1.5.11 VA RESPONSIBILITIES

Prior to commencement of work:

- A. Notify occupants adjacent to regulated areas of project dates and requirements for relocation, if needed. Arrangements must be made prior to starting work for relocation of desks, files, equipment, and personal possessions to avoid unauthorized access into the regulated area. **Note: Notification of adjacent personnel is required by OSHA in 29 CFR 1926.1101 (k) to prevent unnecessary or unauthorized access to the regulated area.**
- B. Submit to the Contractor results of background air sampling; including location of samples, person who collected the samples, equipment

utilized, calibration data and method of analysis. During abatement, submit to the Contractor, results of bulk material analysis and air sampling data collected during the course of the abatement. This information shall not release the Contractor from any responsibility for OSHA compliance.

1.5.12 EMERGENCY ACTION PLAN AND ARRANGEMENTS

- A. An Emergency Action Plan shall be developed by prior to commencing abatement activities and shall be agreed to by the Contractor and the VA. The Plan shall meet the requirements of 29 CFR 1910.38 (a); (b).
- B. Emergency procedures shall be in written form and prominently posted in the clean room and equipment room of the decontamination unit. Everyone, prior to entering the regulated area, must read and sign these procedures to acknowledge understanding of the regulated area layout, location of emergency exits and emergency procedures.
- C. Emergency planning shall include written notification of police, fire, and emergency medical personnel of planned abatement activities; work schedule; layout of regulated area; and access to the regulated area, particularly barriers that may affect response capabilities.
- D. Emergency planning shall include consideration of fire, explosion, hazardous atmospheres, electrical hazards, slips/trips and falls, confined spaces, and heat stress illness. Written procedures for response to emergency situations shall be developed and employee training in procedures shall be provided.
- E. Employees shall be trained in regulated area/site evacuation procedures in the event of workplace emergencies.
 - 1. For non life-threatening situations - employees injured or otherwise incapacitated shall decontaminate following normal procedures with assistance from fellow workers, if necessary, before exiting the regulated area to obtain proper medical treatment.
 - 2. For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker, remove them from the regulated area, and secure proper medical treatment.
- F. Telephone numbers of any/all emergency response personnel shall be prominently posted in the clean room, along with the location of the nearest telephone.
- G. The Contractor shall provide verification of first aid/CPR training for personnel responsible for providing first aid/CPR. OSHA requires medical assistance within 3-4 minutes of a life-threatening injury/illness. Bloodborne Pathogen training shall also be verified for those personnel required to provide first aid/CPR.
- H. The Emergency Action Plan shall provide for a Contingency Plan in the event that an incident occurs that may require the modification of the Asbestos Hazard Abatement Plans during abatement. Such incidents include, but are not limited to, fire; accident; power failure; negative pressure failure; and supplied air system failure. The Contractor shall detail procedures to be followed in the event of an incident assuring that asbestos abatement work is stopped and wetting is continued until correction of the problem.

1.5.14 PRE-CONSTRUCTION MEETING

Prior to commencing the work, the Contractor shall meet with the VPCIH to present and review, as appropriate, the items following this paragraph. The Contractor's Competent Person(s) who will be on-site

shall participate in the pre-start meeting. The pre-start meeting is to discuss and determine procedures to be used during the project

- A. Proof of Contractor licensing.
- B. Proof the Competent Person is trained and accredited and approved for working in this State. Verification of the experience of the Competent Person shall also be presented.
- C. A list of all workers who will participate in the project, including experience and verification of training and accreditation.
- D. A list of and verification of training for all personnel who have current first-aid/CPR training. A minimum of one person per shift must have adequate training.
- E. Current medical written opinions for all personnel working on-site meeting the requirements of 29 CFR 1926.1101 (m).
- F. Current fit-tests for all personnel wearing respirators on-site meeting the requirements of 29 CFR 1926.1101 (h) and Appendix C.
- G. A copy of the Contractor's Asbestos Hazard Abatement Plan. In these procedures, the following information must be detailed, specific for this project. A copy of the Contractor's Asbestos Hazard Abatement Plan (AHAP) for Class I Glovebag Asbestos Abatement. In these procedures, the following information must be detailed, specific for this project.
 - 1. Regulated area preparation procedures;
 - 2. Notification requirements procedure of Contractor as required in 29 CFR 1926.1101 (d);
 - 3. If required, decontamination area set-up/layout and decontamination procedures for employees;
 - 4. Glovebag abatement methods/procedures and equipment to be used; and
 - 5. Personal protective equipment to be used.
- H. At this meeting the Contractor shall provide all submittals as required.
- I. Procedures for handling, packaging and disposal of asbestos waste.
- J. Emergency Action Plan and Contingency Plan Procedures.

1.6 PROJECT COORDINATION

The following are the minimum administrative and supervisory personnel necessary for coordination of the work.

1.6.1 PERSONNEL

- A. Administrative and supervisory personnel shall consist of a qualified Competent Person(s) as defined by OSHA in the Construction Standards and the Asbestos Construction Standard; Contractor Professional Industrial Hygienist and Industrial Hygiene Technicians. These employees are the Contractor's representatives responsible for compliance with these specifications and all other applicable requirements.
- B. Non-supervisory personnel shall consist of an adequate number of qualified personnel to meet the schedule requirements of the project. Personnel shall meet required qualifications. Personnel utilized on-site shall be pre-approved by the VA representative. A request for approval shall be submitted for any person to be employed during the project giving the person's name; social security number; qualifications; accreditation card with color picture; Certificate of Worker's Acknowledgment; and Affidavit of Medical Surveillance and Respiratory Protection and current Respirator Fit Test.
- C. Minimum qualifications for Contractor and assigned personnel are:

1. The Contractor has conducted within the last three (3) years, three (3) projects of similar complexity and dollar value as this project; has not been cited and penalized for serious violations of federal (and state as applicable) EPA and OSHA asbestos regulations in the past three (3) years; has adequate liability/occurrence insurance for asbestos work as required by the state; is licensed in applicable states; has adequate and qualified personnel available to complete the work; has comprehensive Asbestos Hazard Abatement Plans (AHAPs) for asbestos work; and has adequate materials, equipment and supplies to perform the work.
2. The Competent Person has four (4) years of abatement experience of which two (2) years were as the Competent Person on the project; meets the OSHA definition of a Competent Person; has been the Competent Person on two (2) projects of similar size and complexity as this project within the past three (3) years; has completed EPA AHERA/OSHA/State/Local training requirements/accreditation(s) and refreshers; and has all required OSHA documentation related to medical and respiratory protection.
3. The Contractor Professional Industrial Hygienist/CIH (CPIH/CIH) shall have five (5) years of monitoring experience and supervision of asbestos abatement projects; has participated as senior IH on five (5) abatement projects, three (3) of which are similar in size and complexity as this project; has developed at least one complete Asbestos Hazard Abatement Plan for asbestos abatement; has trained abatement personnel for three (3) years; has specialized EPA AHERA/OSHA training in asbestos abatement management, respiratory protection, waste disposal and asbestos inspection; has completed the NIOSH 582 Course or equivalent, Contractor/Supervisor course; and has appropriate medical/respiratory protection records/documentation.
4. The Abatement Personnel shall have completed the EPA AHERA/OSHA abatement worker course; have training on the Asbestos Hazard Abatement Plans of the Contractor; has one year of asbestos abatement experience within the past three (3) years of similar size and complexity; has applicable medical and respiratory protection documentation; has certificate of training/current refresher and State accreditation/license.

All personnel should be in compliance with OSHA construction safety training as applicable and submit certification.

1.7 RESPIRATORY PROTECTION

1.7.1 GENERAL - RESPIRATORY PROTECTION PROGRAM

The Contractor shall develop and implement a written Respiratory Protection Program (RPP) which is in compliance with the January 8, 1998 OSHA requirements found at 29 CFR 1926.1101 and 29 CFR 1910 Subpart I;134. ANSI Standard Z88.2-1992 provides excellent guidance for developing a respiratory protection program. All respirators used must be NIOSH approved for asbestos abatement activities. The written RPP shall, at a minimum, contain the basic requirements found at 29 CFR 1910.134 (c)(1)(i - ix) - Respiratory Protection Program.

1.7.2 RESPIRATORY PROTECTION PROGRAM COORDINATOR

The Respiratory Protection Program Coordinator (RPPC) must be identified and shall have two (2) years experience coordinating RPP of

similar size and complexity. The RPPC must submit a signed statement attesting to the fact that the program meets the above requirements.

1.7.3 SELECTION AND USE OF RESPIRATORS

The procedure for the selection and use of respirators must be submitted to the VA as part of the Contractor's qualifications. The procedure must be written clearly enough for workers to understand. A copy of the Respiratory Protection Program must be available in the clean room of the decontamination unit for reference by employees or authorized visitors.

1.7.4 MINIMUM RESPIRATORY PROTECTION

Minimum respiratory protection shall be a full face powered air purifying respirator when fiber levels are maintained consistently at or below 0.5 f/cc. A higher level of respiratory protection may be provided or required, depending on fiber levels. Respirator selection shall meet the requirements of 29 CFR 1926.1101 (h); Table 1, except as indicated in this paragraph. Abatement personnel must have a respirator for their exclusive use.

1.7.5 MEDICAL WRITTEN OPINION

No employee shall be allowed to wear a respirator unless a physician or other licensed health care professional has provided a written determination they are medically qualified to wear the class of respirator to be used on the project while wearing whole body impermeable garments and subjected to heat or cold stress.

1.7.6 RESPIRATOR FIT TEST

All personnel wearing respirators shall have a current quantitative fit test which was conducted in accordance with 29 CFR 1910.134 (f) and Appendix A. Fit tests shall be done for PAPR's which have been put into a failure mode.

1.7.7 RESPIRATOR FIT CHECK

The Competent Person shall assure that the positive/negative pressure user seal check is done each time the respirator is donned by an employee. Head coverings must cover respirator head straps. Any situation that prevents an effective facepiece to face seal as evidenced by failure of a user seal check shall preclude that person from wearing a respirator inside the regulated area until resolution of the problem.

1.7.8 MAINTENANCE AND CARE OF RESPIRATORS

The Respiratory Protection Program Coordinator shall submit evidence and documentation showing compliance with 29 CFR 1910.134 (h) maintenance and care of respirators.

1.8 WORKER PROTECTION

1.8.1 TRAINING OF ABATEMENT PERSONNEL

Prior to beginning any abatement activity, all personnel shall be trained in accordance with OSHA 29 CFR 1926.1101 (k)(9) and any additional State/Local requirements. Training must include, at a

minimum, the elements listed at 29 CFR 1926.1101 (k)(9)(viii). Training shall have been conducted by a third party, EPA/State approved trainer meeting the requirements of EPA 40 CFR 763 Appendix C (AHERA MAP). Initial training certificates and current refresher and accreditation proof must be submitted for each person working at the site.

1.8.2 MEDICAL EXAMINATIONS

Medical examinations meeting the requirements of 29 CFR 1926.1101 (m) shall be provided for all personnel working in the regulated area, regardless of exposure levels. A current physician's written opinion as required by 29 CFR 1926.1101 (m)(4) shall be provided for each person and shall include in the medical opinion the person has been evaluated for working in a heat and cold stress environment while wearing personal protective equipment (PPE) and is able to perform the work without risk of material health impairment.

1.8.3 PERSONAL PROTECTIVE EQUIPMENT

Provide whole body clothing, head coverings, foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d). The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle.

1.8.4 REGULATED AREA ENTRY PROCEDURE

The Competent Person shall ensure that each time workers enter the regulated area; they remove ALL street clothes in the clean room of the decontamination unit and put on new disposable coveralls, head coverings, a clean respirator, and then proceed through the shower room to the equipment room where they put on non-disposable required personal protective equipment.

1.8.5 DECONTAMINATION PROCEDURE

The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area.

- A. When exiting the regulated area, remove disposable coveralls, and ALL other clothes, disposable head coverings, and foot coverings or boots in the equipment room.
- B. Still wearing the respirator and completely naked, proceed to the shower. Showering is MANDATORY. Care must be taken to follow reasonable procedures in removing the respirator to avoid inhaling asbestos fibers while showering. The following procedure is required as a minimum:
 1. Thoroughly wet body including hair and face. If using a PAPR hold blower above head to keep filters dry.
 2. With respirator still in place, thoroughly decontaminate body, hair, respirator face piece, and all other parts of the respirator except the blower and battery pack on a PAPR. Pay particular attention to cleaning the seal between the face and respirator facepiece and under the respirator straps.
 3. Take a deep breath, hold it and/or exhale slowly, completely wetting hair, face, and respirator. While still holding breath, remove the respirator and hold it away from the face before starting to breathe.

- C. Carefully decontaminate the facepiece of the respirator inside and out. If using a PAPR, shut down using the following sequence: a) first cap inlets to filters; b) turn blower off to keep debris collected on the inlet side of the filter from dislodging and contaminating the outside of the unit; c) thoroughly decontaminate blower and hoses; d) carefully decontaminate battery pack with a wet rag being cautious of getting water in the battery pack thus preventing destruction. **(THIS PROCEDURE IS NOT A SUBSTITUTE FOR RESPIRATOR CLEANING!)**
- D. Shower and wash body completely with soap and water. Rinse thoroughly.
- E. Rinse shower room walls and floor to drain prior to exiting.
- F. Proceed from shower to clean room; dry off and change into street clothes or into new disposable work clothing.

1.8.6 REGULATED AREA REQUIREMENTS

The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for Class I glovebag regulated areas at 29 CFR 1926.1101 (e) are met. All personnel in the regulated area shall not be allowed to eat, drink, smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

1.9 DECONTAMINATION FACILITIES

1.9.1 DESCRIPTION

Provide each regulated area with separate personnel decontamination facilities (PDF) and waste/equipment decontamination facilities (W/EDF). Ensure that the PDF are the only means of ingress and egress to the regulated area and that all equipment, bagged waste, and other material exit the regulated area only through the W/EDF.

1.9.2 GENERAL REQUIREMENTS

All personnel entering or exiting a regulated area must go through the PDF and shall follow the requirements at 29 CFR 1926.1101 (j)(1) and these specifications. All waste, equipment and contaminated materials must exit the regulated area through the W/EDF and be decontaminated in accordance with these specifications. Walls and ceilings of the PDF and W/EDF must be constructed of a minimum of 3 layers of 6 mil opaque fire retardant polyethylene sheeting and be securely attached to existing building components and/or an adequate temporary framework. A minimum of 3 layers of 6 mil poly shall also be used to cover the floor under the PDF and W/EDF units. Construct doors so that they overlap and secure to adjacent surfaces. Weight inner doorway sheets with layers of duct tape so that they close quickly after release. Put arrows on sheets so they show direction of travel and overlap. If the building adjacent area is occupied, construct a solid barrier on the occupied side(s) to protect the sheeting and reduce potential for non-authorized personnel entering the regulated area.

1.9.3 TEMPORARY FACILITIES TO THE PDF AND W/EDF

The Competent Person shall provide temporary water service connections to the PDF and W/EDF. Backflow prevention must be provided at the point of connection to the VA system. Water supply must be of adequate pressure and meet requirements of 29 CFR 1910.141(d)(3). Provide adequate temporary overhead electric power with ground fault circuit interruption (GFCI) protection. Provide a sub-panel equipped with GFCI

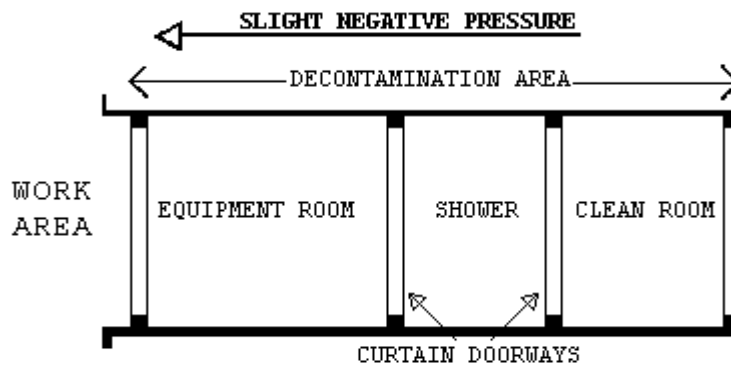
protection for all temporary power in the clean room. Provide adequate lighting to provide a minimum of 50 foot candles in the PDF and W/EDF. Provide temporary heat, if needed, to maintain 70°F throughout the PDF and W/EDF.

1.9.4 PERSONNEL DECONTAMINATION FACILITY (PDF)

The Competent Person shall provide a PDF consisting of shower room which is contiguous to a clean room and equipment room. The PDF must be sized to accommodate the number of personnel scheduled for the project. The shower room, located in the center of the PDF, shall be fitted with as many portable showers as necessary to insure all employees can complete the entire decontamination procedure within 15 minutes. The PDF shall be constructed of opaque poly for privacy. The PDF shall be constructed to eliminate any parallel routes of egress without showering.

1. Clean Room: The clean room must be physically and visually separated from the rest of the building to protect the privacy of personnel changing clothes. The clean room shall be constructed of at least 3 layers of 6 mil opaque fire retardant poly to provide an air tight room. Provide a minimum of 2 - 900 mm (3 foot) wide 6 mil poly opaque fire retardant doorways. One doorway shall be the entry from outside the PDF and the second doorway shall be to the shower room of the PDF. The floor of the clean room shall be maintained in a clean, dry condition. Shower overflow shall not be allowed into the clean room. Provide 1 storage locker per person. A portable fire extinguisher, minimum 10 pounds capacity, Type ABC, shall be provided in accordance with OSHA and NFPA Standard 10. All persons entering the regulated area shall remove all street clothing in the clean room and dress in disposable protective clothing and respiratory protection. Any person entering the clean room does so either from the outside with street clothing on or is coming from the shower room completely naked and thoroughly washed. Females required to enter the regulated area shall be ensured of their privacy throughout the entry/exit process by posting guards at both entry points to the PDF so no male can enter or exit the PDF during her stay in the PDF.
2. Shower Room: The Competent Person shall assure that the shower room is a completely water tight compartment to be used for the movement of all personnel from the clean room to the equipment room and for the showering of all personnel going from the equipment room to the clean room. Each shower shall be constructed so water runs down the walls of the shower and into a drip pan. Install a freely draining smooth floor on top of the shower pan. The shower room shall be separated from the rest of the building and from the clean room and equipment room using air tight walls made from at least 3 layers of 6 mil opaque fire retardant poly. The shower shall be equipped with a shower head and controls, hot and cold water, drainage, soap dish and continuous supply of soap, and shall be maintained in a sanitary condition throughout its use. The controls shall be arranged so an individual can shower without assistance. Provide a flexible hose shower head, hose bibs and all other items shown on Shower Schematic. Waste water will be pumped to a drain after being filtered through a minimum of a 100 micron sock in the shower drain; a 20 micron filter; and a final 5 micron filter. Filters will be changed a minimum of once per day or more often as needed. Filter changes must be done in the shower to prevent loss of contaminated

- water. Hose down all shower surfaces after each shift and clean any debris from the shower pan. Residue is to be disposed of as asbestos waste.
3. Equipment Room: The Competent Person shall provide an equipment room which shall be an air tight compartment for the storage of work equipment/tools, reusable personal protective equipment, except for a respirator and for use as a gross decontamination area for personnel exiting the regulated area. The equipment room shall be separated from the regulated area by a minimum 3 foot wide door made with 2 layers of 6 mil opaque fire retardant poly. The equipment room shall be separated from the regulated area, the shower room and the rest of the building by air tight walls and ceiling constructed of a minimum of 3 layers of 6 mil opaque fire retardant poly. Damp wipe all surfaces of the equipment room after each shift change. Provide an additional loose layer of 6 mil fire retardant poly per shift change and remove this layer after each shift. If needed, provide a temporary electrical sub-panel equipped with GFCI in the equipment room to accommodate any equipment required in the regulated area.
 4. The PDF shall be as follows: Clean room at the entrance followed by a shower room followed by an equipment room leading to the regulated area. Each doorway in the PDF shall be a minimum of 2 layers of 6 mil opaque fire retardant poly.

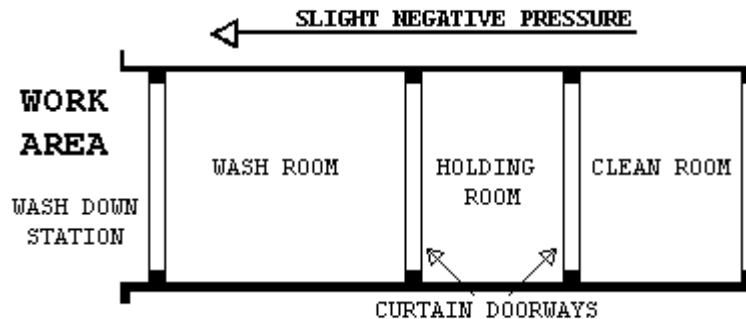


1.9.5 WASTE/EQUIPMENT DECONTAMINATION FACILITY (W/EDF)

The Competent Person shall provide a W/EDF consisting of a wash room, holding room, and clean room for removal of waste, equipment and contaminated material from the regulated area. Personnel shall not enter or exit the W/EDF except in the event of an emergency. Clean debris and residue in the W/EDF daily. All surfaces in the W/EDF shall be wiped/hosed down after each shift and all debris shall be cleaned from the shower pan. The W/EDF shall consist of the following:

1. Wash Down Station: Provide an enclosed shower unit in the regulated area just outside the Wash Room as an equipment bag and container cleaning station.
2. Wash Room: Provide a wash room for cleaning of bagged or containerized asbestos containing waste materials passed from the regulated area. Construct the wash room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. Locate the wash room so that packaged materials, after being wiped clean, can

- be passed to the Holding Room. Doorways in the wash room shall be constructed of 2 layers of 6 mil fire retardant poly.
3. Holding Room: Provide a holding room as a drop location for bagged materials passed from the wash room. Construct the holding room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. The holding room shall be located so that bagged material cannot be passed from the wash room to the clean room unless it goes through the holding room. Doorways in the holding room shall be constructed of 2 layers of 6 mil fire retardant poly.
 4. Clean Room: Provide a clean room to isolate the holding room from the exterior of the regulated area. Construct the clean room using 2 x 4 wood framing and 2 layers of 6 mil fire retardant poly. The clean room shall be located so as to provide access to the holding room from the building exterior. Doorways to the clean room shall be constructed of 2 layers of 6 mil fire retardant poly. When a negative pressure differential system is used, a rigid enclosure separation between the W/EDF clean room and the adjacent areas shall be provided.
 5. The W/EDF shall be as follows: Wash Room leading to a Holding Room followed by a Clean Room leading to outside the regulated area. See diagram.



1.9.6 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES

At the washdown station in the regulated area, thoroughly wet wipe/clean contaminated equipment and/or sealed polyethylene bags and pass into Wash Room after visual inspection. When passing anything into the Wash Room, close all doorways of the W/EDF, other than the doorway between the washdown station and the Wash Room. Keep all outside personnel clear of the W/EDF. Once inside the Wash Room, wet clean the equipment and/or bags. After cleaning and inspection, pass items into the Holding Room. Close all doorways except the doorway between the Holding Room and the Clean Room. Workers from the Clean Room/Exterior shall enter the Holding Room and remove the decontaminated/cleaned equipment/bags for removal and disposal. These personnel will not be required to wear PPE. At no time shall personnel from the clean side be allowed to enter the Wash Room.

PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT

2.1 MATERIALS AND EQUIPMENT

2.1.1 GENERAL REQUIREMENTS (ALL ABATEMENT PROJECTS)

Prior to the start of work, the contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the CPIH/CIH has submitted verification to the VA's representative.

- A. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).
- B. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable and combustible materials cannot be stored inside buildings. Replacement materials shall be stored outside of the regulated area until abatement is completed.
- C. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized location.
- D. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.
- E. Polyethylene sheeting for walls in the regulated area shall be a minimum of 4-mils. For floors and all other uses, sheeting of at least 6-mils shall be used in widths selected to minimize the frequency of joints. Fire retardant poly shall be used throughout.
- F. The method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA and selected to minimize damage to equipment and surfaces. Method of attachment may include any combination of moisture resistant duct tape furring strips, spray glue, staples, nails, screws, lumber and plywood for enclosures or other effective procedures capable of sealing polyethylene to dissimilar finished or unfinished surfaces under both wet and dry conditions.
- G. Polyethylene sheeting utilized for the PDF shall be opaque white or black in color, 6 mil fire retardant poly.
- H. Installation and plumbing hardware, showers, hoses, drain pans, sump pumps and waste water filtration system shall be provided by the Contractor.
- I. An adequate number of HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements, fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project. All electrically operated hand tools, equipment, electric cords shall be connected to GFCI protection.
- J. Special protection for objects in the regulated area shall be detailed (e.g., plywood over carpeting or hardwood floors to prevent damage from scaffolds, water and falling material).
- K. Disposal bags - 2 layers of 6 mil poly for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
- L. The VA shall be provided an advance copy of the MSDS as required for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication in the pre-project submittal. Chlorinated compounds shall

not be used with any spray adhesive, mastic remover or other product. Appropriate encapsulant(s) shall be provided.

- M. OSHA DANGER demarcation signs, as many and as required by OSHA 29 CFR 1926.1101(k)(7) shall be provided and placed by the Competent Person. All other posters and notices required by Federal and State regulations shall be posted in the Clean Room.
- N. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a written hazard assessment conducted under 29 CFR 1910.132(d).

2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA

2.2.1 GENERAL

Using critical barriers, seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All horizontal surfaces in the regulated area must be covered with 2 layers of 6 mil fire retardant poly to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated, immediately stop work and clean up the contamination at no additional cost to the Government. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 2.2.8; FIRESTOPPING.

2.2.2 PREPARATION PRIOR TO SEALING THE REGULATED AREA

- A. Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Remove all uncontaminated removable furniture, equipment and/or supplies from the regulated area before commencing work, or completely cover with 2 layers of 6-mil fire retardant poly sheeting and secure with duct tape. Lock out and tag out any HVAC systems in the regulated area.

2.2.3 CONTROLLING ACCESS TO THE REGULATED AREA

- A. Access to the regulated area is allowed only through the personnel decontamination facility (PDF), if required. All other means of access shall be eliminated and OSHA Danger demarcation signs posted as required by OSHA. If the regulated area is adjacent to or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly sheeting to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid.

2.2.4 CRITICAL BARRIERS

- A. Completely separate any openings into the regulated area from adjacent areas using fire retardant poly at least 6 mils thick and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects in the regulated area. Heat must be shut off any objects covered with poly.

2.2.5 SECONDARY BARRIERS

- A. A loose layer of 6 mil fire retardant poly shall be used as a drop cloth to protect the floor/horizontal surfaces from debris generated during the glovebag abatement. This layer shall be replaced as needed during the work.

2.2.6 EXTENSION OF THE REGULATED AREA

- A. If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. If the affected area cannot be added to the regulated area, decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

2.2.7 FIRESTOPPING

- A. Through penetrations caused by cables, cable trays, pipes, sleeves must be firestopped with a fire-rated firestop system providing an air tight seal.
- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The Contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA Representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

2.3 MONITORING, INSPECTION AND TESTING

2.3.1 GENERAL

- A. Perform throughout abatement work monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and these specifications. OSHA requires that the Employee exposure to asbestos must not exceed 0.1 fibers per cubic centimeter (f/cc) of air, averaged over an 8-hour work shift. The CPIH/CIH is responsible for and shall inspect and oversee the performance of the Contractor IH Technician. The IH Technician shall continuously inspect and monitor conditions inside the regulated area to ensure compliance with these specifications. In addition, the CPIH/CIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and adjacent area samples to satisfy OSHA requirements. Additional inspection and testing requirements are also indicated in other parts of this specification.
- B. The VA will employ an independent industrial hygienist (VPIH/CIH) consultant and/or use its own IH to perform various services on behalf of the VA. The VPIH/CIH will perform the necessary monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, and that the abatement work proceeds in accordance with these specifications, that the abated areas or abated buildings have been successfully decontaminated. The work of the VPIH/CIH consultant

in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the VPIH/CIH and their services will be borne by the VA except for any repeat of final inspection and testing that may be required due to unsatisfactory initial results. Any repeated final inspections and/or testing, if required, will be paid for by the Contractor.

- C. If fibers counted by the VPIH/CIH during abatement work, either inside or outside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed the specified respective limits, the Contractor shall stop work. The Contractor may request confirmation of the results by analysis of the samples by TEM. Request must be in writing and submitted to the VA's representative. Cost for the confirmation of results will be borne by the Contractor for both the collection and analysis of samples and for the time delay that may/does result for this confirmation. Confirmation sampling and analysis will be the responsibility of the CPIH/CIH with review and approval of the VPIH/CIH. An agreement between the CPIH/CIH and the VPIH/CIH shall be reached on the exact details of the confirmation effort, in writing, including such things as the number of samples, location, collection, quality control on-site, analytical laboratory, interpretation of results and any follow-up actions. This written agreement shall be co-signed by the IH's and delivered to the VA's representative.

2.3.2 SCOPE OF SERVICES OF THE VPIH/CIH CONSULTANT

- A. The purpose of the work of the VPIH/CIH is to: Assure quality; resolve problems; and prevent the spread of contamination beyond the regulated area. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM. The VPIH/CIH will perform the following tasks:
 - 1. Task 1: Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.
 - 2. Task 2: Perform continuous air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities.
 - 3. Task 3: Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.
 - 4. Task 4: Provide support to the VA representative such as evaluation of submittals from the Contractor, resolution of unforeseen developments, etc.
 - 5. Task 5: Perform, in the presence of the VA representative, final inspection and testing of a decontaminated regulated area or building at the conclusion of the abatement and clean-up work to certify compliance with all regulations and the VA requirements/specifications.
 - 6. Task 6: Issue certificate of decontamination for each regulated area or building and project report.
- B. All data, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and

consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.

- C. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

2.3.3 MONITORING, INSPECTION AND TESTING BY ABATEMENT CONTRACTOR CPIH/CIH

The Contractor's CPIH/CIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications. The CPIH/CIH is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor's personnel. Safety and health conditions and the provision of those conditions inside the regulated area for all persons entering the regulated area is the exclusive responsibility of the Contractor/Competent Person. The person performing the personnel and area air monitoring inside the regulated area shall be an IH Technician, who shall be trained and shall have specialized field experience in sampling and analysis. The IH Technician shall have successfully completed a NIOSH 582 Course or equivalent and provide documentation. The IH Technician shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytic Testing program of AIHA for fiber counting quality control assurance. The IH Technician shall also be an accredited EPA AHERA/State Contractor/Supervisor (or Abatement Worker) and Building Inspector. The IH Technician shall have participated in five abatement projects collecting personal and area samples as well as responsibility for documentation on substantially similar projects in size and scope. The analytic laboratory used by the Contractor to analyze the samples shall be AIHA accredited for asbestos PAT and approved by the VA prior to start of the project. A daily log shall be maintained by the CPIH/CIH or IH Technician, documenting all OSHA requirements for air personal monitoring for asbestos in 29 CFR 1926.1101(f), (g) and Appendix A. This log shall be made available to the VA representative and the VPIH/CIH upon request. The log will contain, at a minimum, information on personnel or area samples, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc. The CPIH/CIH shall collect and analyze samples for each representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. No fewer than two personal samples per shift shall be collected and one area sample per 1,000 square feet of regulated area where abatement is taking place and one sample per shift in the clean room area shall be collected. In addition to the continuous monitoring required, the CPIH/CIH will perform inspection and testing at the final stages of abatement for each regulated area as specified in the CPIH/CIH responsibilities. Additionally, the CPIH/CIH will monitor and record pressure readings within the containment daily with a minimum of two readings at the beginning and at the end of a shift, and submit the data in the daily report.

2.4 ASBESTOS HAZARD ABATEMENT PLAN

The Contractor shall have established Asbestos Hazard Abatement Plan (AHAP) in printed form and loose leaf folder consisting of simplified

text, diagrams, sketches, and pictures that establish and explain clearly the ways and procedures to be followed during all phases of the work by the Contractor's personnel. The AHAP must be modified as needed to address specific requirements of the project. The AHAP shall be submitted for review and approval prior to the start of any abatement work. The minimum topics and areas to be covered by the AHAP(s) are:

- A. Minimum Personnel Qualifications
- B. Contingency Plans and Arrangements
- C. Security and Safety Procedures
- D. Respiratory Protection/Personal Protective Equipment Program and Training
- E. Medical Surveillance Program and Recordkeeping
- F. Regulated Area Requirements for Glovebag Abatement
- G. Decontamination Facilities and Entry/Exit Procedures (PDF and W/EDF)
- H. Monitoring, Inspections, and Testing
- I. Removal Procedures for Piping ACM Using the Glovebag Method
- J. Disposal of ACM waste
- K. Regulated Area Decontamination/Clean-up
- L. Regulated Area Visual and Air Clearance
- M. Project Completion/Closeout

2.5 SUBMITTALS

2.5.1 PRE-START MEETING SUBMITTALS

Submit to the VA a minimum of 14 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-start meeting for this project:

- A. Submit a detailed work schedule for the entire project reflecting contract documents and the phasing/schedule requirements from the CPM chart.
- B. Submit a staff organization chart showing all personnel who will be working on the project and their capacity/function. Provide their qualifications, training, accreditations, and licenses, as appropriate. Provide a copy of the "Certificate of Worker's Acknowledgment" and the "Affidavit of Medical Surveillance and Respiratory Protection" for each person.
- C. Submit Asbestos Hazard Abatement Plan developed specifically for this project, incorporating the requirements of the specifications, prepared, signed and dated by the CPIH/CIH.
- D. Submit the specifics of the materials and equipment to be used for this project with manufacturer names, model numbers, performance characteristics, pictures/diagrams, and number available for the following:
 - 1. Supplied air system, negative air machines, HEPA vacuums, air monitoring pumps, calibration devices, pressure differential monitoring device and emergency power generating system.
 - 2. Waste water filtration system, shower system, containment barriers.
 - 3. Encapsulants, surfactants, hand held sprayers, airless sprayers, glovebags, and fire extinguishers.
 - 4. Respirators, protective clothing, personal protective equipment.
 - 5. Fire safety equipment to be used in the regulated area.
- E. Submit the name, location, and phone number of the approved landfill; proof/verification the landfill is approved for ACM disposal; the landfill's requirements for ACM waste; the type of vehicle to be used for transportation; and name, address, and phone number of subcontractor, if used. Proof of asbestos training for transportation personnel shall be provided.

- F. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction and the specific contingency/emergency arrangements made with local health, fire, ambulance, hospital authorities and any other notifications/arrangements.
- G. Submit the name, location and verification of the laboratory and/or personnel to be used for analysis of air and/or bulk samples. Personal air monitoring must be done in accordance with OSHA 29 CFR 1926.1101(f) and Appendix A. And area or clearance air monitoring in accordance with EPA AHERA protocols.
- H. Submit qualifications verification: Submit the following evidence of qualifications. Make sure that all references are current and verifiable by providing current phone numbers and documentation.
 - 1. Asbestos Abatement Company: Project experience within the past 3 years; listing projects first most similar to this project: Project Name; Type of Abatement; Duration; Cost; Reference Name/Phone Number; Final Clearance; and Completion Date
 - 2. List of project(s) halted by owner, A/E, IH, regulatory agency in the last 3 years: Project Name; Reason; Date; Reference Name/Number; and Resolution.
 - 3. List asbestos regulatory citations (e.g., OSHA), notices of violations (e.g., Federal and state EPA), penalties, and legal actions taken against the company including and of the company's officers (including damages paid) in the last 3 years. Provide copies and all information needed for verification.
- I. Submit information on personnel: Provide a resume; address each item completely; copies of certificates, accreditations, and licenses. Submit an affidavit signed by the CPIH/CIH stating that all personnel submitted below have medical records in accordance with OSHA 29 CFR 1926.1101(m) and 29 CFR 1910.20 and that the company has implemented a medical surveillance program and written respiratory protection program, and maintains recordkeeping in accordance with the above regulations. Submit the phone number and doctor/clinic/hospital used for medical evaluations.
 - 1. CPIH/CIH and IH Technician: Name; years of abatement experience; list of projects similar to this one; certificates, licenses, accreditations for proof of AHERA/OSHA specialized asbestos training; professional affiliations; number of workers trained; samples of training materials; samples of AHAP(s) developed; medical opinion; and current respirator fit test.
 - 2. Competent Person(s)/Supervisor(s): Number; names; social security numbers; years of abatement experience as Competent Person/Supervisor; list of similar projects in size/complexity as Competent Person/Supervisor; as a worker; certificates, licenses, accreditations; proof of AHERA/OSHA specialized asbestos training; maximum number of personnel supervised on a project; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
 - 3. Workers: Numbers; names; social security numbers; years of abatement experience; certificates, licenses, accreditations; training courses in asbestos abatement and respiratory protection; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
- J. Submit copies of State license for asbestos abatement; copy of insurance policy, including exclusions with a letter from agent stating in plain language the coverage provided and the fact that asbestos abatement activities are covered by the policy; copy of AHAP(s)

incorporating the requirements of this specification; information on who provides your training, how often; who provides medical surveillance, how often; who performs and how is personal air monitoring of abatement workers conducted; a list of references of independent laboratories/IH's familiar with your air monitoring and Asbestos Hazard Abatement Plans; copies of monitoring results of the five referenced projects listed and analytical method(s) used.

- K. Rented equipment must be decontaminated prior to returning to the rental agency.
- L. Submit, before the start of work, the manufacturer's technical data for all types of encapsulants, all MSDS, and application instructions.

2.5.2 SUBMITTALS DURING ABATEMENT

- A. The Competent Person shall maintain and submit a daily log at the regulated area documenting the dates and times of the following: purpose, attendees and summary of meetings; all personnel entering/exiting the regulated area; document and discuss the resolution of unusual events such as barrier breeching, equipment failures, emergencies, and any cause for stopping work; representative air monitoring and results/TWAs/ELs. Submit this information daily to the VPIH/CIH.
- B. The CPIH/CIH shall document and maintain the inspection and approval of the regulated area preparation prior to start of work and daily during work.
 - 1. Removal of any poly barriers.
 - 2. Visual inspection/testing by the CPIH/CIH or IH Technician prior to application of lockdown encapsulant.
 - 3. Packaging and removal of ACM waste from regulated area.
 - 4. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA's representative on a weekly basis.

2.5.3 SUBMITTALS AT COMPLETION OF ABATEMENT

The CPIH/CIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. It will also include information on the containment and transportation of waste from the containment with applicable Chain of Custody forms. The report shall include a certificate of completion, signed and dated by the CPIH/CIH, in accordance with Attachment #1. All clearance and perimeter area samples must be submitted. The VA Representative will retain the abatement report after completion of the project and provide copies of the abatement report to VAMC Office of Engineer and the Safety Office.

2.6 ENCAPSULANTS

2.6.1 TYPES OF ENCAPSULANTS

- A. The following four types of encapsulants must comply with performance requirements as stated in paragraph 2.6.2:
 - 1. Removal encapsulant - used as a wetting agent to remove ACM.
 - 2. Bridging encapsulant - provides a tough, durable coating on ACM.
 - 3. Penetrating encapsulant - penetrates/encapsulates ACM at least 13 mm (1/2").

4. Lockdown encapsulant - seals microscopic fibers on surfaces after ACM removal.

2.6.2 PERFORMANCE REQUIREMENTS

Encapsulants shall meet the latest requirements of EPA; shall not contain toxic or hazardous substances; or solvents; and shall comply with the following performance requirements:

- A. General Requirements for all Encapsulants:
 1. ASTM E84: Flame spread of 25; smoke emission of 50.
 2. University of Pittsburgh Protocol: Combustion Toxicity; zero mortality.
 3. ASTM C732: Accelerated Aging Test; Life Expectancy - 20 years.
 4. ASTM E96: Permeability - minimum of 0.4 perms.
- B. Bridging/Penetrating Encapsulants:
 1. ASTM E736: Cohesion/Adhesion Test - 24 kPa (50 lbs/ft²).
 2. ASTM E119: Fire Resistance - 3 hours (Classified by UL for use on fibrous/cementitious fireproofing).
 3. ASTM D2794: Gardner Impact Test; Impact Resistance - minimum 11.5 kg-mm (43 in/lb).
 4. ASTM D522: Mandrel Bend Test; Flexibility - no rupture or cracking.
- C. Lockdown Encapsulants:
 1. ASTM E119: Fire resistance - 3 hours (tested with fireproofing over encapsulant applied directly to steel member).
 2. ASTM E736: Bond Strength - 48 kPa (100 lbs/ft²) (test compatibility with cementitious and fibrous fireproofing).
 3. In certain situations, encapsulants may have to be applied to hot pipes/equipment. The encapsulant must be able to withstand high temperatures without cracking or off-gassing any noxious vapors during application.

2.7 CERTIFICATES OF COMPLIANCE

The Contractor shall submit to the VA representative certification from the manufacturer indicating compliance with performance requirements for encapsulants when applied according to manufacturer recommendations.

2.8 RECYCLABLE PROTECTIVE CLOTHING

If recyclable clothing is provided, all requirements of EPA, DOT and OSHA shall be met.

PART 3 - EXECUTION

3.1 REGULATED AREA PREPARATIONS

3.1.1 SITE SECURITY

- A. Regulated area access is to be restricted only to authorized, trained/accredited and protected personnel. These may include the Contractor's employees, employees of Subcontractors, VA employees and representatives, State and local inspectors, and any other designated individuals. A list of authorized personnel shall be established prior to commencing the project and be posted in the clean room of the decontamination unit.
- B. Entry into the regulated area by unauthorized individuals shall be reported immediately to the Competent Person by anyone observing the entry. The Competent Person shall immediately require any unauthorized person to leave the regulated area and

- then notify the VA Contracting Officer or VA Representative using the most expeditious means.
- C. A log book shall be maintained in the clean room of the decontamination unit. Anyone who enters the regulated area must record their name, affiliation, time in, and time out for each entry.
 - D. Access to the regulated area shall be through a single decontamination unit. All other access (doors, windows, hallways, etc.) shall be sealed or locked to prevent entry to or exit from the regulated area. The only exceptions for this requirement are the waste/equipment load-out area which shall be sealed except during the removal of containerized asbestos waste from the regulated area, and emergency exits. Emergency exits shall not be locked from the inside; however, they shall be sealed with poly sheeting and taped until needed. In any situation where exposure to high temperatures which may result in a flame hazard, fire retardant poly sheeting must be used.
 - E. The Contractor's Competent Person shall control site security during abatement operations in order to isolate work in progress and protect adjacent personnel. A 24 hour security system shall be provided at the entrance to the regulated area to assure that all entrants are logged in/out and that only authorized personnel are allowed entrance.
 - F. The Contractor will have the VA's assistance in notifying adjacent personnel of the presence, location and quantity of ACM in the regulated area and enforcement of restricted access by the VA's employees.
 - G. The regulated area shall be locked during non-working hours and secured by VA Representative or Competent Person. The VA Police should be informed of asbestos abatement regulated areas to provide security checks during facility rounds and emergency response.

3.1.2 OSHA DANGER SIGNS

Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101 at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed ambient background levels. Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional signs will be posted following construction of the regulated area enclosure.

3.1.3.1 SHUT DOWN - LOCK OUT ELECTRICAL

Shut down and lock out/tag out electric power to the regulated area. Provide temporary power and lighting. Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.

3.1.3.2 SHUT DOWN - LOCK OUT HVAC

Shut down and lock out/tag out heating, cooling, and air conditioning system (HVAC) components that are in, supply or pass through the regulated area. Investigate the regulated area and agree on pre-abatement condition with the VA's representative. Seal all intake and

exhaust vents in the regulated area with duct tape and 2 layers of 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6-mil poly disposal bags for disposal as asbestos waste.

3.1.4 CONTAINMENT BARRIERS AND COVERINGS FOR THE REGULATED AREA

3.1.4.1 GENERAL

Seal off any openings at the perimeter of the regulated area with critical barriers to completely isolate the regulated area and to contain all airborne asbestos contamination created by the abatement activities. Should the adjacent area past the regulated area become contaminated due to improper work activities, the Contractor shall suspend work inside the regulated area, continue wetting, and clean the adjacent areas in accordance with procedures described in these specifications. Any and all costs associated with the adjacent area cleanup shall not be borne by the VA.

3.1.4.2 PREPARATION PRIOR TO SEALING OFF

Place all materials, equipment and supplies necessary to isolate the regulated area inside the regulated area. Remove all movable material/equipment as described above and secure all unmovable material/equipment as described above. Properly secured material/equipment shall be considered to be outside the regulated area.

3.1.4.3 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area is allowed only through the personnel decontamination facility (PDF). All other means of access shall be eliminated and OSHA DANGER demarcation signs posted as required by OSHA. If the regulated area is adjacent to, or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid and capable of withstanding the negative pressure.

3.1.4.4 CRITICAL BARRIERS

The regulated area must be completely separated from the adjacent area(s) and the outside by at least 2 layers of 6 mil fire retardant poly and duct tape/spray adhesive. Individually seal all supply and exhaust ventilation openings, lighting fixtures, clocks, doorways, windows, convectors, speakers, and other openings into the regulated area with 2 layers of 6 mil fire retardant poly, and taped securely in place with duct tape/spray adhesive. Critical barriers must remain in place until all work and clearances have been completed. Light fixtures shall not be operational during abatement. Auxiliary lighting shall be provided. If needed, provide plywood squares 6" x 6" x 3/8" (150mm x 150mm x 18mm) held in place with one 6d smooth masonry/galvanized nail driven through the center of the plywood square and duct tape on the poly so as to clamp the poly to the wall/surface. Locate plywood squares at each end, corner, and 4' (1200mm) maximum on centers.

3.1.4.5 EXTENSION OF THE REGULATED AREA

If the regulated area barrier is breached in any manner that could allow the passage of asbestos fibers or debris, the Competent Person

shall immediately stop work, continue wetting, and proceed to extend the regulated area to enclose the affected area as per procedures described in this specification. If the affected area cannot be enclosed, decontamination measures and cleanup shall start immediately. All personnel shall be isolated from the affected area until decontamination/cleanup is completed as verified by visual inspection and air monitoring. Air monitoring at completion must indicate background levels.

3.1.4.6 FLOOR BARRIERS:

All floors within 10' of glovebag work shall be covered with 2 layers of 6 mil fire retardant poly.

3.1.5 SANITARY FACILITIES

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

3.1.6 PRE-CLEANING

3.1.6.1 PRE-CLEANING MOVABLE OBJECTS

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. PPE must be donned by all workers performing pre-cleaning activities. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.

Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location.

3.1.6.2 PRE-CLEANING FIXED OBJECTS

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area.

Pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After pre-cleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape. Objects (e.g., permanent fixtures, shelves, electronic equipment, laboratory tables, sprinklers, alarm systems, closed circuit TV equipment and computer cables) which must remain in the regulated area and that require special ventilation or enclosure requirements should be designated here along with specified means of protection. Contact the manufacturer for special protection requirements.

3.1.6.3 PRE-CLEANING SURFACES IN THE REGULATED AREA

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area.

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

3.1.7 PRE-ABATEMENT ACTIVITIES

3.1.7.1 PRE-ABATEMENT MEETING

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH/CIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH/CIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

3.1.7.2 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.
- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of VA A/E Quality Alert 07/09 indicating the failure to identify asbestos in the areas listed as well as common issues when preparing specifications and contract documents. This is especially critical when demolition is planned, because AHERA surveys are non-destructive, and ACM may remain undetected. A NESHAPS (destructive) ACM inspection should be conducted on all building structures that will be demolished. Ensure the following areas are inspected on the project: Lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations; inside utility chases/walls; transite piping/ductwork/sheets; behind radiators; lab fume hoods; transite lab countertops; roofing materials; below window sills; water/sewer lines; electrical conduit coverings; crawl spaces (previous abatement contamination); flooring/mastic covered by

carpeting/new flooring; exterior insulated wall panels; on underground fuel tanks; and steam line trench coverings.

- C. Ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects required to be removed from the regulated area have been cleaned and removed or properly protected from contamination.
- D. If present and required, remove and dispose of carpeting from floors in the regulated area.
- E. Inspect existing firestopping in the regulated area. Correct as needed.

3.1.7.3 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH/CIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, the Contractor's employees perform all major aspects of the approved AHAP(s), especially worker protection, respiratory systems, contingency plans, decontamination procedures, and monitoring to demonstrate satisfactory operation.
- C. The CPIH/CIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the asbestos abatement work in accordance with this specification.

3.2 REMOVAL OF PIPING ACM

3.2.1 WETTING MATERIALS

- A. Use amended water for the wetting of ACM prior to removal. The Competent Person shall assure the wetting of ACM meets the definition of "adequately wet" in the EPA NESHAP's regulation and OSHA's "wet methods" for the duration of the project. A removal encapsulant may be used instead of amended water with written approval of the VA's representative.
- B. Amended Water: Provide water to which a surfactant has been added shall be used to wet the ACM and reduce the potential for fiber release during disturbance of ACM. The mixture must be equal to or greater than the wetting provided by water amended by a surfactant consisting one ounce of 50% polyoxyethylene ester and 50% polyoxyethylene ether mixed with 5 gallons (19L) of water.
- C. Removal Encapsulant: Provide a penetrating encapsulant designed specifically for the removal of ACM. The material must, when used, result in adequate wetting of the ACM and retard fiber release during disturbance equal to or greater than the amended water described above in B.

3.2.2 SECONDARY BARRIER AND WALKWAYS

- A. Install as a drop cloth a 6 mil poly sheet at the beginning of each work shift where removal is to be done during that shift. Completely cover floors and any walls within 10 feet (3 meters) of the area where

work is to done. Secure the secondary barrier with duct tape to prevent it from moving or debris from getting behind it. Remove the secondary barrier at the end of the shift or as work in the area is completed. Keep residue on the secondary barrier wetted. When removing, fold inward to prevent spillage and place in a disposal bag.

- B. Install walkways using 6 mil black poly between the regulated area and the decontamination facilities (PDF and W/EDF) to protect the primary layers from contamination and damage. Install the walkways at the beginning of each shift and remove at the end of each shift.

3.2.3 WET REMOVAL OF ACM

- A. Using acceptable glovebag procedures, adequately and thoroughly wet the ACM to be removed prior to removal with amended water or when authorized by VA, removal encapsulant to reduce/prevent fiber release to the air. Adequate time (at a minimum two hours) must be allowed for the amended water or removal encapsulant to saturate the ACM. Abatement personnel must not disturb dry ACM. Use a fine spray of amended water or removal encapsulant. Saturate the material sufficiently to wet to the substrate without causing excessive dripping. The material must be sprayed repeatedly/continuously during the removal process in order to maintain adequately wet conditions. Removal encapsulants must be applied in accordance with the manufacturer's written instructions. Perforate or carefully separate, using wet methods, an outer covering that is painted or jacketed in order to allow penetration and wetting of the material. Where necessary, carefully remove covering while wetting to minimize fiber release. **In no event shall dry removal occur except when authorized in writing by the VPIH/CIH and VA when a greater safety hazard (e.g., electricity) is present**

3.3 GLOVEBAG REMOVAL PROCEDURES

3.3.1 GENERAL

All applicable OSHA requirements and glovebag manufacturer's recommendations shall be met during glove bagging operations. In cases where live steam lines are present, the lines must be shut down prior to any work being performed on the system. **No abatement work shall be conducted on live, pressurized steam lines.** The Contractor may choose to use a High Temperature Glovebag in which a temperature rating ranges from 300°F to 700°F on steam lines that have recently been shut down and remain at high temperature for some time. In the case where a glovebag is not feasible, the Contractor will need to build a full negative pressure containment of sufficient size and follow all regulations as it pertains to removal.

1. Mix the surfactant with water in the garden sprayer, following the manufacturer's directions.
2. Have each employee put on a HEPA filtered respirator approved for asbestos and check the fit using the positive/negative fit check.
3. Have each employee put on a disposable full-body suit. Remember, the hood goes over the respirator straps.
4. Check closely the integrity of the glove bag to be used. Check all seams, gloves, sleeves, and glove openings. OSHA requires the bottom of the bag to be seamless.
5. Check the pipe where the work will be performed. If it is damaged (broken lagging, hanging, etc.), wrap the entire length of the pipe in poly sheeting and "candy stripe" it with duct tape.
6. Attach glovebag with required tools per manufacturer's instructions.

7. Using the smoke tube and aspirator bulb, test 10% of glovebags by placing the tube into the water porthole (two-inch opening to glove bag), and fill the bag with smoke and squeeze it. If leaks are found, they should be taped closed using duct tape and the bag should be retested with smoke.
8. Insert the wand from the water sprayer through the water porthole.
9. Insert the hose end from a HEPA vacuum into the upper portion of the glove bag.
10. Wet and remove the pipe insulation.
11. If the section of pipe is covered with an aluminum jacket, remove it first using the wire cutters to cut any bands and the tin snips to remove the aluminum. It is important to fold the sharp edges in to prevent cutting the bag when placing it in the bottom.
12. When the work is complete, spray the upper portion of the bag and clean-push all residue into the bottom of the bag with the other waste material. Be very thorough. Use adequate water.
13. Put all tools, after washing them off in the bag, in one of the sleeves of glove bag and turn it inside out, drawing it outside of the bag. Twist the sleeve tightly several times to seal it and tape it several tight turns with duct tape. Cut through the middle of the duct tape and remove the sleeve. Put the sleeve in the next glove bag or put it in a bucket of water to decontaminate the tools after cutting the sleeve open.
14. Turn on the HEPA vacuum and collapse the bag completely. Remove the vacuum nozzle, seal the hole with duct tape, twist the bag tightly several times in the middle, and tape it to keep the material in the bottom during removal of the glove bag from the pipe.
15. Slip a disposal bag over the glove bag (still attached to the pipe). Remove the tape securing the ends, and slit open the top of the glove bag and carefully fold it down into the disposal bag. Double bag and gooseneck waste materials.

3.3.2 NEGATIVE PRESSURE GLOVEBAG PROCEDURE

1. In addition to the above requirements, the HEPA vacuum shall be run continuously during the glovebag procedure until completion at which time the glovebag will be collapsed by the HEPA vacuum prior to removal from the pipe/component.
2. The HEPA vacuum shall be attached and operated as needed to prevent collapse of the glovebag during the removal process.

3.4 LOCKDOWN ENCAPSULATION

3.4.1 GENERAL

Lockdown encapsulation is an integral part of the ACM removal. At the conclusion of ACM removal and before removal of the primary barriers, all piping surfaces shall be encapsulated with a bridging encapsulant.

3.4.2 SEALING EXPOSED EDGES

Seal edges of ACM exposed by removal work with two coats of encapsulant. Prior to sealing, permit the exposed edges to dry completely to permit penetration of the encapsulant.

3.5 DISPOSAL OF ACM WASTE MATERIALS

3.5.1 GENERAL

Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations. Disposal shall be done at an approved landfill. Disposal of non-friable ACM shall be done in accordance with applicable regulations.

3.5.2 PROCEDURES

- A. The VA must be notified at least 24 hours in advance of any waste removed from the containment
- B. Asbestos waste shall be packaged and moved through the W/EDF into a covered transport container in accordance with procedures in this specification. Waste shall be double-bagged and wetted with amended water prior to disposal. Wetted waste can be very heavy. Bags shall not be overfilled. Bags shall be securely sealed to prevent accidental opening and/or leakage. The top shall be tightly twisted and goose necked prior to tightly sealing with at least three wraps of duct tape. Ensure that unauthorized persons do not have access to the waste material once it is outside the regulated area. All transport containers must be covered at all times when not in use. NESHAP's signs must be on containers during loading and unloading. Material shall not be transported in open vehicles. If drums are used for packaging, the drums shall be labeled properly and shall not be re-used.
- C. Waste Load Out: Waste load out shall be done in accordance with the procedures in W/EDF Decontamination Procedures. Sealed waste bags shall be decontaminated on exterior surfaces by wet cleaning and/or HEPA vacuuming before being placed in the second waste bag and sealed, which then must also be wet wiped or HEPA vacuumed..
- D. Asbestos waste with sharp edged components, i.e., nails, screws, lath, strapping, tin sheeting, jacketing, metal mesh, etc., which might tear poly bags shall be wrapped securely in burlap before packaging and, if needed, use a poly lined fiber drum as the second container, prior to disposal.

3.6 PROJECT DECONTAMINATION

3.6.1 GENERAL

- A. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH/CIH.
- B. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleanings of the surfaces of the regulated area after the primary barrier removal.
- C. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

3.6.2 REGULATED AREA CLEARANCE

Air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

3.6.3 WORK DESCRIPTION

Decontamination includes the clearance air testing in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities, and negative pressure systems.

3.6.4 PRE-DECONTAMINATION CONDITIONS

- A. Before decontamination starts, all ACM waste from the regulated area shall be removed, all waste collected and removed, and the secondary barrier of poly removed and disposed of along with any gross debris generated by the work.
- B. At the start of decontamination, the following shall be in place:
 - 1. Critical barriers over all openings consisting of two layers of 6 mil poly which is the sole barrier between the regulated area and the rest of the building or outside.
 - 2. Decontamination facilities, if required for personnel and equipment in operating condition.

3.6.5 FIRST CLEANING

Carry out a first cleaning of all surfaces of the regulated area including items of remaining poly sheeting, tools, scaffolding, ladders/staging by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping/air blowing methods. Use each surface of a wetted cleaning cloth one time only and then dispose of as contaminated waste. Continue this cleaning until there is no visible residue from abated surfaces or poly or other surfaces. Remove all filters in the air handling system and dispose of as ACM waste in accordance with these specifications. The negative pressure system shall remain in operation during this time. Additional cleaning(s) may be needed as determined by the CPIH/VPIH/CIH.

3.6.6 PRE-CLEARANCE INSPECTION AND TESTING

The CPIH/CIH and VPIH/CIH will perform a thorough and detailed visual inspection at the end of the cleaning to determine whether there is any visible residue in the regulated area. If the visual inspection is acceptable, the CPIH/CIH will perform pre-clearance sampling using aggressive clearance as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). If the sampling results show values below 0.01 f/cc, then the Contractor shall notify the VA's representative of the results with a brief report from the CPIH/CIH documenting the inspection and sampling results and a statement verifying that the regulated area is ready for lockdown encapsulation. The VA reserves the right to utilize their own VPIH/CIH to perform a pre-clearance inspection and testing for verification.

3.6.7 LOCKDOWN ENCAPSULATION OF ABATED SURFACES

With the express written permission of the VA's representative, perform lockdown encapsulation of all surfaces from which asbestos was abated in accordance with the procedures in this specification.

3.7 FINAL VISUAL INSPECTIONS AND AIR CLEARANCE TESTING

3.7.1 GENERAL

Notify the VA representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH after the final cleaning.

3.7.2 FINAL VISUAL INSPECTION

Final visual inspection will include the entire regulated area, the PDF, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other suspect material is detected, the final cleaning shall be repeated at no cost to the VA. Dust/material samples may be collected and analyzed at no cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

3.7.3 FINAL AIR CLEARANCE TESTING

- A. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final clearance testing. Air samples will be collected and analyzed in accordance with procedures for AHERA in this specification. If work is less than 260 lf/160 sf/35 cf, 5 PCM samples shall be collected for clearance and a minimum of one field blank. If work is equal to or more than 260 lf/160 sf/35 cf, AHERA TEM sampling shall be performed for clearance. TEM analysis shall be done in accordance with procedures for EPA AHERA in this specification. If the release criteria are not met, the Contractor shall repeat the final cleaning and continue decontamination procedures until clearance is achieved. All additional inspection and testing costs will be borne by the Contractor.
- B. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

3.7.4 FINAL AIR CLEARANCE PROCEDURES

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured by the AHERA PCM protocol, or 70 AHERA structures per square millimeter (s/mm²) by AHERA TEM.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method or asbestos fibers counted using the AHERA TEM method.
 2. Aggressive Sampling: All final air testing samples shall be collected using aggressive sampling techniques except where soil is

not encapsulated or enclosed. Samples will be collected on 0.8 μ MCE filters for PCM analysis and 0.45 μ Polycarbonate filters for TEM. A minimum of 1200 Liters of using calibrated pumps shall be collected for clearance samples. Before pumps are started, initiate aggressive air mixing sampling as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). Air samples will be collected in areas subject to normal air circulation away from corners, obstructed locations, and locations near windows, doors, or vents. After air sampling pumps have been shut off, circulating fans shall be shut off. The negative pressure system shall continue to operate.

3.7.5 CLEARANCE SAMPLING USING PCM

- A. The VPIH/CIH will perform clearance samples as indicated by the specification.
- B. The NIOSH 7400 PCM method will be used for clearance sampling with a minimum collection volume of 1200 Liters of air. A minimum of 5 PCM clearance samples shall be collected. All samples must be equal to or less than 0.01 f/cc to clear the regulated area.

3.7.6 CLEARANCE SAMPLING USING TEM

- A. Clearance requires 13 samples be collected; 5 inside the regulated area; 5 outside the regulated area; and 3 field blanks.
- B. The TEM method will be used for clearance sampling with a minimum collection volume of 1200 Liters of air. A minimum of 13 clearance samples shall be collected. All samples must be equal to or less than 70 AHERA structures per square millimeter (s/mm²) AHERA TEM.

3.7.7 LABORATORY TESTING OF PCM SAMPLES

The services of an AIHA accredited laboratory will be employed by the VA to perform analysis for the PCM air samples. The accredited laboratory shall be successfully participating in the AIHA Proficiency Analytical Testing (PAT) program. Samples will be sent daily by the VPIH/CIH so that verbal/faxed reports can be received within 24 hours. A complete record, certified by the laboratory, of all air monitoring tests and results will be furnished to the VA's representative and the Contractor.

3.7.8 LABORATORY TESTING OF TEM SAMPLES

Samples shall be sent by the VPIH/CIH to a NIST accredited laboratory for analysis by TEM. The laboratory shall be successfully participating in the NIST Airborne Asbestos Analysis (TEM) program. Verbal/faxed results from the laboratory shall be available within 24 hours after receipt of the samples. A complete record, certified by the laboratory, of all TEM results shall be furnished to the VA's representative and the Contractor.

3.8 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE

3.8.1 COMPLETION OF ABATEMENT WORK

After thorough decontamination, seal negative air machines with 2 layers of 6 mil poly and duct tape to form a tight seal at the intake/outlet ends before removal from the regulated area. Complete asbestos abatement work upon meeting the regulated area visual and air clearance criteria and fulfilling the following:

- A. Remove all equipment, materials, and debris from the project area.
- B. Package and dispose of all asbestos waste as required. Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations.
- C. Repair or replace all interior finishes damaged during the abatement work.
- D. The VA will be notified of any waste removed from the containment prior to 24 hours.
- E. Fulfill other project closeout requirements as specified elsewhere in this specification.

3.8.2 CERTIFICATE OF COMPLETION BY CONTRACTOR

The CPIH/CIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

3.8.3 WORK SHIFTS

All work shall be done during administrative hours (8:00 AM to 4:30 PM) Monday - Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

3.8.4 RE-INSULATION

If required as part of the contract, replace all asbestos containing insulation with suitable non-asbestos material. Provide MSDS for all replacement materials. Refer to Section 23 07 11, HVAC, PLUMBING, AND BOILER PLANT INSULATION.

ATTACHMENT #1**CERTIFICATE OF COMPLETION**

DATE: _____ VA Project #: _____

PROJECT NAME: _____ Abatement Contractor: _____

VAMC/ADDRESS: _____

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):
which took place from / / to / /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all glovebag work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH/CIH Signature/Date: _____

CPIH/CIH Print Name: _____

Abatement Contractor Signature/Date: _____

Abatement Contractor Print Name: _____

ATTACHMENT #2

CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

PROJECT NAME: _____ DATE: _____

PROJECT ADDRESS: _____

ABATEMENT CONTRACTOR'S NAME: _____

WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature: _____

Printed Name: _____

Social Security Number: _____

Witness: _____

ATTACHMENT #3

AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND TRAINING/ACCREDITATION

VA PROJECT NAME AND NUMBER: _____

VA MEDICAL FACILITY: _____

ABATEMENT CONTRACTOR'S NAME AND ADDRESS: _____

1. I verify that the following individual

Name: _____ Social Security Number: _____

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.

Address: _____

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.

3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.

4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH/CIH: _____ Date: _____

Printed Name of CPIH/CIH: _____

Signature of Contractor: _____ Date: _____

Printed Name of Contractor: _____

ATTACHMENT #4**ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS**

VA Project Location: _____

VA Project #: _____

VA Project Description: _____

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature _____ Date _____

Abatement Contractor Competent Person(s) _____ Date _____

- - END- - - -

SECTION 02 83 33.13
LEAD-BASED PAINT REMOVAL AND DISPOSAL

PART 1 - GENERAL

1.1 DESCRIPTION

This section specifies abatement and disposal of lead-based paint (LBP) and controls needed to limit occupational and environmental exposure to lead hazards.

1.2 RELATED WORK

- A. Section 02 82 11, TRADITIONAL ASBESTOS ABATEMENT.
- B. Section 02 41 00, DEMOLITION.
- C. Section 09 91 00, PAINTING.

1.3 APPLICABLE PUBLICATIONS

- A. The publications listed below form a part of this specification to the extent referenced. The publications are referred to in the text by basic designation only.
- B. Code of Federal Regulations (CFR):
 - CFR 29 Part 1910.....Occupational Safety and Health Standards
 - CFR 29 Part 1926.....Safety and Health Regulations for Construction
 - CFR 40 Part 148.....Hazardous Waste Injection Restrictions
 - CFR 40 Part 260.....Hazardous Waste Management System: General
 - CFR 40 Part 261.....Identification and Listing of Hazardous Waste
 - CFR 40 Part 262.....Standards Applicable to Generators of Hazardous Waste
 - CFR 40 Part 263.....Standards Applicable to Transporters of Hazardous Waste
 - CFR 40 Part 264.....Standards for Owners and Operations of Hazardous Waste Treatment, Storage, and Disposal Facilities
 - CFR 40 Part 265.....Interim Status Standards for Owners and Operators of Hazardous Waste Treatment, Storage, and Disposal Facilities
 - CFR 40 Part 268.....Land Disposal Restrictions
 - CFR 49 Part 172.....Hazardous Material Table, Special Provisions, Hazardous Material Communications, Emergency Response Information, and Training Requirements
 - CFR 49 Part 178.....Specifications for Packaging
- C. National Fire Protection Association (NFPA):
 - NFPA 701-2004.....Methods of Fire Test for Flame-Resistant Textiles and Films
- D. National Institute for Occupational Safety And Health (NIOSH)

NIOSH OSHA Booklet 3142. Lead in Construction

E. Underwriters Laboratories (UL)

UL 586-1996 (Rev 2009).. High-Efficiency, Particulate, Air Filter
Units

F. American National Standards Institute

Z9.2-2006.....Fundamentals Governing the Design and Operation
of Local Exhaust Systems

Z88.6-2006.....Respiratory Protection

1.4 DEFINITIONS

- A. Action Level: Employee exposure, without regard to use of respirations, to an airborne concentration of lead of 30 micrograms per cubic meter of air averaged over an 8-hour period. As used in this section, "30 micrograms per cubic meter of air" refers to the action level.
- B. Area Monitoring: Sampling of lead concentrations within the lead control area and inside the physical boundaries which is representative of the airborne lead concentrations which may reach the breathing zone of personnel potentially exposed to lead.
- C. Physical Boundary: Area physically roped or partitioned off around an enclosed lead control area to limit unauthorized entry of personnel. As used in this section, "inside boundary" shall mean the same as "outside lead control area."
- D. Certified Industrial Hygienist (CIH): As used in this section, refers to an Industrial Hygienist employed by the Contractor and is certified by the American Board of Industrial Hygiene in comprehensive practice.
- E. Change Rooms and Shower Facilities: Rooms within the designated physical boundary around the lead control area equipped with separate storage facilities for clean protective work clothing and equipment and for street clothes which prevent cross- contamination.
- F. Competent Person: A person capable of identifying lead hazards in the work area and is authorized by the contractor to take corrective action.
- G. Decontamination Room: Room for removal of contaminated personal protective equipment (PPE).
- H. Eight-Hour Time Weighted Average (TWA): Airborne concentration of lead averaged over an 8-hour workday to which an employee is exposed.
- I. High Efficiency Particulate Air (HEPA) Filter Equipment: HEPA filtered vacuuming equipment with a UL 586 filter system capable of collecting and retaining lead-contaminated paint dust. A high efficiency particulate filter means 99.97 percent efficient against 0.3 micron size particles.
- J. Lead: Metallic lead, inorganic lead compounds, and organic lead soaps. Excluded from this definition are other organic lead compounds.

- K. Lead Control Area: An enclosed area or structure with full containment to prevent the spread of lead dust, paint chips, or debris of lead-containing paint removal operations. The lead control area is isolated by physical boundaries to prevent unauthorized entry of personnel.
- L. Lead Permissible Exposure Limit (PEL): Fifty micrograms per cubic meter of air as an 8-hour time weighted average as determined by 29 CFR 1910.1025. If an employee is exposed for more than 8 hours in a work day, the PEL shall be determined by the following formula.
$$\text{PEL (micrograms/cubic meter of air)} = 400/\text{No. of hrs worked per day}$$
- M. Personnel Monitoring: Sampling of lead concentrations within the breathing zone of an employee to determine the 8-hour time weighted average concentration in accordance with 29 CFR 1910.1025. Samples shall be representative of the employee's work tasks. Breathing zone shall be considered an area within a hemisphere, forward of the shoulders, with a radius of 150 mm to 225 mm (6 to 9 inches) and the center at the nose or mouth of an employee.

1.5 QUALITY ASSURANCE

- A. Before exposure to lead-contaminated dust, provide workers with a comprehensive medical examination as required by 29 CFR 1926.62 (I) (1) (i) & (ii). The examination shall not be required if adequate records show that employees have been examined as required by 29 CFR 1926.62(I) without the last year.
- B. Medical Records: Maintain complete and accurate medical records of employees in accordance with 29 CFR 1910.20.
- C. CIH Responsibilities: The Contractor shall employ a certified Industrial Hygienist who will be responsible for the following:
 - 1. Certify Training.
 - 2. Review and approve lead-containing paint removal plan for conformance to the applicable referenced standards.
 - 3. Inspect lead-containing paint removal work for conformance with the approved plan.
 - 4. Direct monitoring.
 - 5. Ensure work is performed in strict accordance with specifications at all times.
 - 6. Ensure hazardous exposure to personnel and to the environment are adequately controlled at all times.
- D. Training: Train each employee performing paint removal, disposal, and air sampling operations prior to the time of initial job assignment, in accordance with 29 CFR 1926.62.
- E. Training Certification: Submit certificates signed and dated by the CIH and by each employee stating that the employee has received training.

F. Respiratory Protection Program:

1. Furnish each employee required to wear a negative pressure respirator or other appropriate type with a respirator fit test at the time of initial fitting and at least every 6 months thereafter as required by 29 CFR 1926.62.
2. Establish and implement a respiratory protection program as required by 29 CFR 1910.134, 29 CFR 1910.1025, and 29 CFR 1926.62.

G. Hazard Communication Program: Establish and implement a Hazard Communication Program as required by 29 CFR 1910.1200.

H. Hazardous Waste Management: The Hazardous Waste Management plan shall comply with applicable requirements of Federal, State, and local hazardous waste regulations and address:

1. Identification of hazardous wastes associated with the work.
2. Estimated quantities of wastes to be generated and disposed of.
3. Names and qualifications of each contractor that will be transporting, storing, treating, and disposing of the wastes. Include the facility location and a 24-hour point of contact. Furnish two copies of EPA state and local hazardous waste permit applications permits and EPA Identification numbers.
4. Names and qualifications (experience and training) of personnel who will be working on-site with hazardous wastes.
5. List of waste handling equipment to be used in performing the work, to include cleaning, volume reduction, and transport equipment.
6. Spill prevention, containment, and cleanup contingency measures to be implemented.
7. Work plan and schedule for waste containment, removal and disposal. Wastes shall be cleaned up and containerized daily.
8. Cost for hazardous waste disposal according to this plan.

I. Safety and Health Compliance:

1. In addition to the detailed requirements of this specification, comply with laws, ordinances, rules, and regulations of federal, state, and local authorities regarding removing, handling, storing, transporting, and disposing of lead waste materials. Comply with the applicable requirements of the current issue of 29 CFR 1910.1025. Submit matters regarding interpretation of standards to the Contracting Officer for resolution before starting work.
2. Where specification requirements and the referenced documents vary, the most stringent requirements shall apply.
3. The following local laws, ordinances, criteria, rules and regulations regarding removing, handling, storing, transporting, and disposing of lead-contaminated materials apply:

- a. CCR- CALIFORNIA CODE OF REGULATIONS
- b. CAL_OSHA - CALIFORNIA & OSHA
- J. Pre-Construction Conference: Along with the CIH, meet with the Contracting Officer to discuss in detail the lead-containing paint removal work plan, including work procedures and precautions for the work plan.

1.6 SUBMITTALS

- A. Submit the following in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA, AND SAMPLES.
- B. Manufacturer's Catalog Data:
 - Vacuum filters
 - Respirators
- C. Instructions: Paint removal materials. Include applicable material safety data sheets.
- D. Statements Certifications and Statements:
 - 1. Qualifications of CIH: Submit name, address, and telephone number of the CIH selected to perform responsibilities in paragraph entitled "CIH Responsibilities." Provide previous experience of the CIH. Submit proper documentation that the Industrial Hygienist is certified by the American Board of Industrial Hygiene in comprehensive practice, including certification number and date of certification/recertification.
 - 2. Testing Laboratory: Submit the name, address, and telephone number of the testing laboratory selected to perform the monitoring, testing, and reporting of airborne concentrations of lead. Provide proper documentation that persons performing the analysis have been judged proficient by successful participation within the last year in the National Institute for Occupational Safety and Health (NIOSH) Proficiency Analytical Testing (PAT) Program. The laboratory shall be accredited by the American Industrial Hygiene Association (AIHA). Provide AIHA documentation along with date of accreditation/reaccreditation.
 - 3. Lead-Containing Paint Removal Plan:
 - a. Submit a detailed job-specific plan of the work procedures to be used in the removal of lead-containing paint. The plan shall include a sketch showing the location, size, and details of lead control areas, location and details of decontamination rooms, change rooms, shower facilities, and mechanical ventilation system.
 - b. Include in the plan, eating, drinking, smoking and restroom procedures, interface of trades, sequencing of lead related work,

collected wastewater and paint debris disposal plan, air sampling plan, respirators, protective equipment, and a detailed description of the method of containment of the operation to ensure that airborne lead concentrations of 30 micrograms per cubic meter of air are not exceeded outside of the lead control area.

- c. Include air sampling, training and strategy, sampling methodology, frequency, duration of sampling, and qualifications of air monitoring personnel in the air sampling portion on the plan.
- 4. Field Test Reports: Monitoring Results: Submit monitoring results to the Contracting Officer within 3 working days, signed by the testing laboratory employee performing the air monitoring, the employee that analyzed the sample, and the CIH.
- 5. Records:
 - a. Completed and signed hazardous waste manifest from treatment or disposal facility.
 - b. Certification of Medical Examinations.
 - c. Employee training certification.

PART 2 PRODUCTS

PAINT REMOVAL PRODUCTS: Submit applicable Material Safety Data Sheets for paint removal products used in paint removal work. Use the least toxic product, suitable for the job and acceptable to the Industrial Hygienist.

PART 3 EXECUTION

3.1 PROTECTION

- A. Notification: Notify the Contracting Officer 14 days prior to the start of any paint removal work.
- B. Lead Control Area Requirements.
 - 1. Establish a lead control area by completely enclosing with containment screens the area or structure where lead-containing paint removal operations will be performed.
 - 2. All containment areas shall have view ports installed where feasible, that are at least one foot square in size, made of clear material that is impermeable to the passage of air (such as an acrylic sheet) and positioned so as to maximize the view of the inside of the enclosure from a position outside the enclosure.
 - 3. Contain removal operations by the use of a negative pressure full containment system with at least one change room and with HEPA filtered exhaust.
 - 4. Before the commencement of any removal activities the negative pressure shall be demonstrated to the VA by use of a pressure

differential meter/manometer. The manometer shall be digital with direct read-out capabilities that incorporates a strip chart recorder.

- C. Protection of Existing Work to Remain: Perform paint removal work without damage or contamination of adjacent areas. Where existing work is damaged or contaminated, restore work to its original condition.
- D. Boundary Requirements: Provide physical boundaries around the lead control area by roping off the area [designated on the drawings] or providing curtains, portable partitions or other enclosures to ensure that airborne concentrations of lead will not reach 30 micrograms per cubic meter of air outside of the lead control area.
- E. Heating, Ventilating and Air Conditioning (HVAC) Systems: Shut down, lock out, and isolate HVAC systems that supply, exhaust, or pass through the lead control areas. Seal intake and exhaust vents in the lead control area with 6-mil plastic sheet and tape. Seal seams in HVAC components that pass through the lead control area.
- F. Change Room and Shower Facilities: Provide clean change rooms and shower facilities within the physical boundary around the designated lead control area in accordance with requirements of 29 CFR 1926.62.
- G. Mechanical Ventilation System:
 - 1. Use adequate ventilation to control personnel exposure to lead in accordance with 29 CFR 1926.57.
 - 2. To the extent feasible, use fixed local exhaust ventilation connected to HEPA filters or other collection systems, approved by the industrial hygienist. Local exhaust ventilation systems shall be designed, constructed, installed, and maintained in accordance with ANSI Z9.2.
 - 3. If air from exhaust ventilation is recirculated into the work place, the system shall have a high efficiency filter with reliable back-up filter and controls to monitor the concentration of lead in the return air and to bypass the recirculation system automatically if it fails. Air may be recirculated only where exhaust to the outside is not feasible.
- H. Personnel Protection: Personnel shall wear and use protective clothing and equipment as specified herein. Eating, smoking, or drinking is not permitted in the lead control area. No one will be permitted in the lead control area unless they have been given appropriate training and protective equipment.
- I. Warning Signs: Provide warning signs at approaches to lead control areas. Locate signs at such a distance that personnel may read the sign

and take the necessary precautions before entering the area. Signs shall comply with the requirements of 29 CFR 1926.62.

3.2 WORK PROCEDURES

- A. Perform removal of lead-containing paint in accordance with approved lead-containing paint removal plan. Use procedures and equipment required to limit occupational and environmental exposure to lead when lead-containing paint is removed in accordance with 29 CFR 1926.62, except as specified herein. Dispose of removed paint chips and associated waste in compliance with Environmental Protection Agency (EPA), federal, state, and local requirements.
- B. Personnel Exiting Procedures:
 - 1. Whenever personnel exit the lead-controlled area, they shall perform the following procedures and shall not leave the work place wearing any clothing or equipment worn during the work day:
 - a. Vacuum themselves off.
 - b. Remove protective clothing in the decontamination room, and place them in an approved impermeable disposal bag.
 - c. Shower.
 - d. Change to clean clothes prior to leaving the physical boundary designated around the lead-contaminated job site.
- C. Monitoring: Monitoring of airborne concentrations of lead shall be in accordance with 29 CFR 1910.1025 and as specified herein. Air monitoring, testing, and reporting shall be performed by a CIH or an Industrial Hygiene (IH) Technician who is under the direction of the CIH:
 - 1. The CIH or the IH Technician under the direction of the CIH shall be on the job site directing the monitoring, and inspecting the lead-containing paint removal work to ensure that the requirements of the Contract have been satisfied during the entire lead-containing paint removal operation.
 - 2. Take personal air monitoring samples on employees who are anticipated to have the greatest risk of exposure as determined by the CIH. In addition, take air monitoring samples on at least 25 percent of the work crew or a minimum of two employees, whichever is greater, during each work shift.
 - 3. Submit results of air monitoring samples, signed by the CIH, within hours after the air samples are taken. Notify the Contracting Officer immediately of exposure to lead at or in excess of the action level of 30 micrograms per cubic meter of air outside of the lead control area.
- D. Monitoring During Paint Removal Work:

1. Perform personal and area monitoring during the entire paint removal operation. Sufficient area monitoring shall be conducted at the physical boundary to ensure unprotected personnel are not exposed above 30 micrograms per cubic meter of air at all times. If the outside boundary lead levels are at or exceed 30 micrograms per cubic meter of air, work shall be stopped and the CIH shall immediately correct the condition(s) causing the increased levels and notify the Contracting Officer immediately.
2. The CIH shall review the sampling data collected on that day to determine if condition(s) requires any further change in work methods. Removal work shall resume when approval is given by the CIH. The Contractor shall control the lead level outside of the work boundary to less than 30 micrograms per cubic meter of air at all times. As a minimum, conduct area monitoring daily on each shift in which lead paint removal operations are performed in areas immediately adjacent to the lead control area.
3. For outdoor operations, at least one sample on each shift shall be taken on the downwind side of the lead control area. If adjacent areas are contaminated, clean and visually inspect contaminated areas. The CIH shall certify that the area has been cleaned of lead contamination.

3.3 LEAD-CONTAINING PAINT REMOVAL

- A. Remove paint within the areas designated on the drawings in order to completely expose the substrate. Take whatever precautions are necessary to minimize damage to the underlying substrate.
- B. Indoor Lead Paint Removal: Select paint removal processes to minimize contamination of work areas with lead-contaminated dust or other lead-contaminated debris/waste. This paint removal process should be described in the lead-containing paint removal plan. Perform manual sanding and scraping to the maximum extent feasible.
- C. Mechanical Paint Removal and Blast Cleaning: Perform mechanical paint removal and blast cleaning in lead control areas using negative pressure full containments with HEPA filtered exhaust. Collect paint residue and spent grit (used abrasive) from blasting operations for disposal in accordance with EPA, state and local requirements.
- D. Outside Lead Paint Removal: Select removal processes to minimize contamination of work areas with lead-contaminated dust or other lead-contaminated debris/waste. This paint removal process should be described in the lead-containing paint removal plan. Perform manual sanding and scraping to the maximum extent feasible.

3.4 SURFACE PREPARATIONS

Avoid flash rusting or other deterioration of the substrate. Provide surface preparations for painting in accordance with Section 09 91 00, PAINTING.

3.5 CLEANUP AND DISPOSAL

- A. Cleanup: Maintain surfaces of the lead control area free of accumulations of paint chips and dust. Restrict the spread of dust and debris; keep waste from being distributed over the work area. Do not dry sweep or use compressed air to clean up the area. At the end of each shift and when the paint removal operation has been completed, clean the area of visible lead paint contamination by vacuuming with a HEPA filtered vacuum cleaner and wet mopping the area.
- B. Certification: The CIH shall certify in writing that the inside and outside the lead control area air monitoring samples are less than 30 micrograms per cubic meter of air, the respiratory protection for the employees was adequate, the work procedures were performed in accordance with 29 CFR 1926.62, and that there were no visible accumulations of lead-contaminated paint and dust on the worksite. Do not remove the lead control area or roped-off boundary and warning signs prior to the Contracting Officer's receipt of the CIH's certification. Reclean areas showing dust or residual paint chips.
- C. Testing of Lead-Containing Paint Residue and Used Abrasive Where indicated or when directed by the Contracting Officer, test lead containing paint residue and used abrasive in accordance with 40 CFR 261 for hazardous waste.
- D. Disposal:
 - 1. Collect lead-contaminated waste, scrap, debris, bags, containers, equipment, and lead-contaminated clothing, which may produce airborne concentrations of lead particles.
 - 2. Store removed paint, lead-contaminated clothing and equipment, and lead-contaminated dust and cleaning debris into U.S. Department of Transportation (49 CFR 178) approved 55-gallon drums. Properly labels each drum to identify the type of waste (49 CFR 172) and the date lead-contaminated wastes were first put into the drum. Obtain and complete the Uniform Hazardous Waste Manifest forms
 - a. At least 14 days prior to delivery, notify the Contracting Officer who will arrange for job site inspection of the drums and manifests by The VA Industrial Hygienist.

- b. As necessary, make lot deliveries of hazardous wastes to the to ensure that drums do not remain on the jobsite longer than 90 calendar days from the date affixed to each drum.
 - a. Collect lead-contaminated waste, scrap, debris, bags, containers, equipment, and lead-contaminated clothing which may produce airborne concentrations of lead particles. Label the containers in accordance with 29 CFR 1926.62. Dispose of lead-contaminated waste material at an EPA or state approved hazardous waste treatment, storage, or disposal facility off Government property.
 - b. Store waste materials in U.S. Department of Transportation (49 CFR 178) approved 55-gallon drums. Properly label each drum to identify the type of waste (49 CFR 172) and the date the drum was filled. The Contracting Officer or an authorized representative will assign an area for interim storage of waste-containing drums. Do not store hazardous waste drums in interim storage longer than 90 calendar days from the date affixed to each drum.
 - c. Handle, store, transport, and dispose lead or lead-contaminated waste in accordance with 40 CFR 260, 40 CFR 261, 40 CFR 262, 40 CFR 263, 40 CFR 264, and 40 CFR 265. Comply with land disposal restriction notification requirements as required by 40 CFR 268.
- E. Disposal Documentation Submit written evidence that the hazardous waste treatment, storage, or disposal facility (TSD) is approved for lead disposal by the EPA and state or local regulatory agencies. Submit one copy of the completed manifest, signed and dated by the initial transporter in accordance with 40 CFR 262.

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