

**DEPARTMENT OF VETERANS AFFAIRS
VHA MASTER SPECIFICATIONS**

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GENERAL REQUIREMENTS**

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SECTION 01 00 00
GENERAL REQUIREMENTS

1.1 SAFETY REQUIREMENTS

Refer to section 01 35 26, SAFETY REQUIREMENTS for safety and infection control requirements.

1.2 GENERAL INTENTION

- A. Contractor shall completely prepare site for building operations, including demolition and removal of existing structures, and furnish labor and materials and perform work for 504-16-701; Abate Asbestos Building 1, 2nd Floor as required by Scope of Work, Drawings and Specifications.
- B. Visits to the site by Bidders may be made only by appointment with the Medical Center Engineering Officer.
- C. Before placement and installation of work subject to tests by testing laboratory retained by Department of Veterans Affairs, the Contractor shall notify the COR in sufficient time to enable testing laboratory personnel to be present at the site in time for proper taking and testing of specimens and field inspection. Such prior notice shall be not less than three work days unless otherwise designated by the COR.
- D. All employees of general contractor and subcontractors shall comply with VA security management program and obtain permission of the VA police, be identified by project and employer, and restricted from unauthorized access.

1.3 STATEMENT OF BID ITEM(S)

- A. ITEM I, GENERAL CONSTRUCTION: Work includes the removal of carpet and flooring materials for the removal of asbestos containing materials (ACM). The contractor shall dispose of ACM flooring and mastic necessary and certain other items.

1.4 SPECIFICATIONS AND DRAWINGS FOR CONTRACTOR

- A. Drawings and contract documents may be obtained from the website where the solicitation is posted. Additional copies will be at Contractor's expense.

1.5 CONSTRUCTION SECURITY REQUIREMENTS

A. Security Plan:

- 1. The security plan defines both physical and administrative security procedures that will remain effective for the entire duration of the project.
- 2. The General Contractor is responsible for assuring that all sub-contractors working on the project and their employees also comply with these regulations.

B. Security Procedures:

- 1. General Contractor's employees shall not enter the project site without appropriate badge. They may also be subject to inspection of their personal effects when entering or leaving the project site.
- 2. Before starting work the General Contractor shall give one week's notice to the Contracting Officer so that security arrangements can be provided for the employees. This notice is separate from any notices required for utility shutdown described later in this section.
- 3. No photography of VA premises is allowed without written permission of the Contracting Officer.
- 4. VA reserves the right to close down or shut down the project site and order General Contractor's employees off the premises in the event of a national emergency. The General Contractor may return to the site only with the written approval of the Contracting Officer.

C. Document Control:

1. Before starting any work, the General Contractor/Sub Contractors shall submit an electronic security memorandum describing the approach to following goals and maintaining confidentiality of "sensitive information".
2. The General Contractor is responsible for safekeeping of all drawings, project manual and other project information. This information shall be shared only with those with a specific need to accomplish the project.
3. Certain documents, sketches, videos or photographs and drawings may be marked "Law Enforcement Sensitive" or "Sensitive Unclassified". Secure such information in separate containers and limit the access to only those who will need it for the project. Return the information to the Contracting Officer upon request.
4. These security documents shall not be removed or transmitted from the project site without the written approval of Contracting Officer.
5. All paper waste or electronic media such as CD's and diskettes shall be shredded and destroyed in a manner acceptable to the VA.
6. Notify Contracting Officer and Site Security Officer immediately when there is a loss or compromise of "sensitive information".
7. All electronic information shall be stored in specified location following VA standards and procedures using an Engineering Document Management Software (EDMS).
 - a. Security, access and maintenance of all project drawings, both scanned and electronic shall be performed and tracked through the EDMS system.

- b. "Sensitive information" including drawings and other documents may be attached to e-mail provided all VA encryption procedures are followed.

D. Motor Vehicle Restrictions

1. Vehicle authorization request shall be required for any vehicle entering the site and such request shall be submitted 24 hours before the date and time of access. Access shall be restricted to picking up and dropping off materials and supplies.
2. A limited number of (2 to 5) permits shall be issued for General Contractor and its employees for parking in designated areas only.

1.6 OPERATIONS AND STORAGE AREAS

- A. The Contractor shall confine all operations (including storage of materials) on Government premises to areas authorized or approved by the Contracting Officer. The Contractor shall hold and save the Government, its officers and agents, free and harmless from liability of any nature occasioned by the Contractor's performance.
- B. Temporary buildings (e.g., storage sheds, shops, offices) and utilities may be erected by the Contractor only with the approval of the Contracting Officer and shall be built with labor and materials furnished by the Contractor without expense to the Government. The temporary buildings and utilities shall remain the property of the Contractor and shall be removed by the Contractor at its expense upon completion of the work. With the written consent of the Contracting Officer, the buildings and utilities may be abandoned and need not be removed.
- C. The Contractor shall, under regulations prescribed by the Contracting Officer, use only established roadways, or use temporary roadways constructed by the Contractor when and as

authorized by the Contracting Officer. When materials are transported in prosecuting the work, vehicles shall not be loaded beyond the loading capacity recommended by the manufacturer of the vehicle or prescribed by any Federal, State, or local law or regulation. When it is necessary to cross curbs or sidewalks, the Contractor shall protect them from damage. The Contractor shall repair or pay for the repair of any damaged curbs, sidewalks, or roads.

- D. Working space and space available for storing materials shall be as determined by the COR.
- E. Workmen are subject to rules of Medical Center applicable to their conduct.
- F. Execute work so as to interfere as little as possible with normal functioning of Medical Center as a whole, including operations of utility services, fire protection systems and any existing equipment, and with work being done by others. Use of equipment and tools that transmit vibrations and noises through the building structure, are not permitted in buildings that are occupied, during construction, jointly by patients or medical personnel, and Contractor's personnel, except as permitted by COR where required by limited working space.
 - 1. Do not store materials and equipment in other than assigned areas.
 - 2. Schedule delivery of materials and equipment to immediate construction working areas within buildings in use by Department of Veterans Affairs in quantities sufficient for not more than two work days. Provide unobstructed access to Medical Center areas required to remain in operation.
 - 3. Where access by Medical Center personnel to vacated portions of buildings is not required, storage of Contractor's

materials and equipment will be permitted subject to fire and safety requirements.

- G. The Medical Center must maintain its operation 24 hours a day 7 days a week. Therefore, any interruption in service must be scheduled and coordinated with the COR to ensure that no lapses in operation occur. It is the CONTRACTOR'S responsibility to develop a work plan and schedule detailing, at a minimum, the procedures to be employed, the equipment and materials to be used, the interim life safety measure to be used during the work, and a schedule defining the duration of the work with milestone subtasks.

To insure such executions, Contractor shall furnish the COR with a schedule of approximate dates on which the Contractor intends to accomplish work in the specific area of site, building or portion thereof. In addition, Contractor shall notify the COR two weeks in advance of the proposed date of starting work in each specific area of site, building or portion thereof. Arrange such dates to insure accomplishment of this work in successive mutually agreeable to the Medical Center Director, COR and Contractor.

- H. Building No. 1, Second Floor North will be vacated by Government in accordance with above planning beginning immediately after date of receipt of Notice to Proceed and turned over to Contractor.

- I. When a building and/or construction site is turned over to Contractor, Contractor shall accept entire responsibility including upkeep and maintenance therefore:

1. Contractor shall maintain in operating condition existing fire protection and alarm equipment. In connection with fire alarm equipment, Contractor shall make arrangements for pre-inspection of site with Fire Department or Company (Department of Veterans Affairs or municipal) whichever will

be required to respond to an alarm from Contractor's employee or watchman.

J. Utilities Services: Maintain existing utility services for Medical Center at all times. Provide temporary facilities, labor, materials, equipment, connections, and utilities to assure uninterrupted services. Where necessary to cut existing water, steam, gases, sewer or air pipes, or conduits, wires, cables, etc. of utility services or of fire protection systems and communications systems (including telephone), they shall be cut and capped at suitable places where shown; or, in absence of such indication, where directed by COR.

1. No utility service such as water, gas, steam, sewers or electricity, or fire protection systems and communications systems may be interrupted without prior approval of COR. Electrical work shall be accomplished with all affected circuits or equipment de-energized. When an electrical outage cannot be accomplished, work on any energized circuits or equipment shall not commence without a detailed work plan, the Medical Center Director's prior knowledge and written approval.
2. Contractor shall submit a request to interrupt any such services to COR, in writing, 7 days in advance of proposed interruption. Request shall state reason, date, exact time of, and approximate duration of such interruption.
3. Contractor will be advised (in writing) of approval of request, or of which other date and/or time such interruption will cause least inconvenience to operations of Medical Center. Interruption time approved by Medical Center may occur at other than Contractor's normal working hours.
4. In case of a contract construction emergency, service will be interrupted on approval of COR. Such approval will be confirmed in writing as soon as practical.

K. To minimize interference of construction activities with flow of Medical Center traffic, comply with the following:

1. Keep roads, walks and entrances to grounds, to parking and to occupied areas of buildings clear of construction materials, debris and standing construction equipment and vehicles.
2. Method and scheduling of required cutting, altering and removal of existing roads, walks and entrances must be approved by the COR.

L. Coordinate the work for this contract with other construction operations as directed by COR. This includes the scheduling of traffic and the use of roadways, as specified in Article, USE OF ROADWAYS.

1.7 ALTERATIONS - NOT USED

1.8 DISPOSAL AND RETENTION

A. Materials and equipment accruing from work removed and from demolition of buildings or structures, or parts thereof, shall be disposed of as follows:

1. Reserved items which are to remain property of the Government are identified by attached tags noted on drawings or in specifications as items to be stored. Items that remain property of the Government shall be removed or dislodged from present locations in such a manner as to prevent damage which would be detrimental to re-installation and reuse. Store such items where directed by COR.
2. Items not reserved shall become property of the Contractor and be removed by Contractor from Medical Center.
3. Items of portable equipment and furnishings located in rooms and spaces in which work is to be done under this contract shall remain the property of the Government. When rooms and

spaces are vacated by the Department of Veterans Affairs during the alteration period, such items which are NOT required by drawings and specifications to be either relocated or reused will be removed by the Government in advance of work to avoid interfering with Contractor's operation.

4. No Polychlorinated Biphenyl (PCB) containing materials shall be used.

a. Copies of the following listed CFR titles may be obtained from the Government Printing Office:

- 40 CFR 261.....Identification and Listing of Hazardous Waste
- 40 CFR 262.....Standards Applicable to Generators of Hazardous Waste
- 40 CFR 263.....Standards Applicable to Transporters of Hazardous Waste
- 40 CFR 761.....PCB Manufacturing, Processing, Distribution in Commerce, and use Prohibitions
- 49 CFR 172.....Hazardous Material tables and Hazardous Material Communications Regulations
- 49 CFR 173.....Shippers - General Requirements for Shipments and Packaging
- 49 CFR 173.....Subpart A General
- 49 CFR 173.....Subpart B Preparation of Hazardous Material for Transportation
- 49 CFR 173.....Subpart J Other Regulated Material; Definitions and Preparation
- TSCA.....Compliance Program Policy Nos. 6-PCB-6 and 6-PCB-7

1.9 PROTECTION OF EXISTING VEGETATION, STRUCTURES, EQUIPMENT, UTILITIES, AND IMPROVEMENTS

- A. The Contractor shall preserve and protect all structures, equipment, and vegetation (such as trees, shrubs, and grass) on or adjacent to the work site, which are not to be removed and which do not unreasonably interfere with the work required under this contract. The Contractor shall only remove trees when specifically authorized to do so, and shall avoid damaging vegetation that will remain in place. If any limbs or branches of trees are broken during contract performance, or by the careless operation of equipment, or by workmen, the Contractor shall trim those limbs or branches with a clean cut and paint the cut with a tree-pruning compound as directed by the Contracting Officer.
- B. The Contractor shall protect from damage all existing improvements and utilities at or near the work site and on adjacent property of a third party, the locations of which are made known to or should be known by the Contractor. The Contractor shall repair any damage to those facilities, including those that are the property of a third party, resulting from failure to comply with the requirements of this contract or failure to exercise reasonable care in performing the work. If the Contractor fails or refuses to repair the damage promptly, the Contracting Officer may have the necessary work performed and charge the cost to the Contractor.

(FAR 52.236-9)

- C. Refer to Section 01 57 19, TEMPORARY ENVIRONMENTAL CONTROLS, for additional requirements on protecting vegetation, soils and the environment. Refer to Articles, "Alterations", "Restoration", and "Operations and Storage Areas" for additional instructions concerning repair of damage to structures and
- D. Refer to FAR clause 52.236-7, "Permits and Responsibilities," which is included in General Conditions. A National Pollutant Discharge Elimination System (NPDES) permit is required for this

project. The Contractor is considered an "operator" under the permit and has extensive responsibility for compliance with permit requirements. VA will make the permit application available at the (appropriate medical center) office. The apparent low bidder, contractor and affected subcontractors shall furnish all information and certifications that are required to comply with the permit process and permit requirements. Many of the permit requirements will be satisfied by completing construction as shown and specified. Some requirements involve the Contractor's method of operations and operations planning and the Contractor is responsible for employing best management practices. The affected activities often include, but are not limited to the following:

- Designating areas for equipment maintenance and repair;
- Providing waste receptacles at convenient locations and provide regular collection of wastes;
- Locating equipment wash down areas on site, and provide appropriate control of wash-waters;
- Providing protected storage areas for chemicals, paints, solvents, fertilizers, and other potentially toxic materials;
and
- Providing adequately maintained sanitary facilities.

1.10 RESTORATION

- A. Remove, cut, alter, replace, patch and repair existing work as necessary to install new work. Except as otherwise shown or specified, do not cut, alter or remove any structural work, and do not disturb any ducts, plumbing, steam, gas, or electric work without approval of the COR. Existing work to be altered or extended and that is found to be defective in any way, shall be reported to the COR before it is disturbed. Materials and workmanship used in restoring work, shall conform in type and

quality to that of original existing construction, except as otherwise shown or specified.

- B. Upon completion of contract, deliver work complete and undamaged. Existing work (walls, ceilings, partitions, floors, mechanical and electrical work, lawns, paving, roads, walks, etc.) disturbed or removed as a result of performing required new work, shall be patched, repaired, reinstalled, or replaced with new work, and refinished and left in as good condition as existed before commencing work.
- C. At Contractor's own expense, Contractor shall immediately restore to service and repair any damage caused by Contractor's workmen to existing piping and conduits, wires, cables, etc., of utility services or of fire protection systems and communications systems (including telephone) which are not scheduled for discontinuance or abandonment.
- D. Expense of repairs to such utilities and systems not shown on drawings or locations of which are unknown will be covered by adjustment to contract time and price in accordance with clause entitled "CHANGES" (FAR 52.243-4 and VAAR 852.236-88) and "DIFFERING SITE CONDITIONS" (FAR 52.236-2).

1.11 PHYSICAL DATA

- A. Data and information furnished or referred to below is for the Contractor's information. The Government shall not be responsible for any interpretation of or conclusion drawn from the data or information by the Contractor.
- B. Government does not guarantee that other materials will not be encountered nor that proportions, conditions or character of several materials will not vary from those indicated by explorations. Bidders are expected to examine site of work and logs of borings; and, after investigation, decide for themselves character of materials and make their bids accordingly. Upon proper application to Department of Veterans Affairs, bidders

will be permitted to make subsurface explorations of their own at site.

1.12 PROFESSIONAL SURVEYING SERVICES - NOT USED

1.13 LAYOUT OF WORK

- A. The Contractor shall lay out the work from Government established base lines and bench marks, indicated on the drawings, and shall be responsible for all measurements in connection with the layout. The Contractor shall furnish, at Contractor's own expense, all stakes, templates, platforms, equipment, tools, materials, and labor required to lay out any part of the work. The Contractor shall be responsible for executing the work to the lines and grades that may be established or indicated by the Contracting Officer. The Contractor shall also be responsible for maintaining and preserving all stakes and other marks established by the Contracting Officer until authorized to remove them. If such marks are destroyed by the Contractor or through Contractor's negligence before their removal is authorized, the Contracting Officer may replace them and deduct the expense of the replacement from any amounts due or to become due to the Contractor.

1.14 AS-BUILT DRAWINGS - NOT USED

1.15 USE OF ROADWAYS

- A. For hauling, use only established public roads and roads on Medical Center property and, when authorized by the RCOR, such temporary roads which are necessary in the performance of contract work. Temporary roads shall be constructed and restoration performed by the Contractor at Contractor's expense. When necessary to cross curbing, sidewalks, or similar construction, they must be protected by well-constructed bridges.

1.16 RESIDENT ENGINEER'S FIELD OFFICE - NOT USED**1.17 TEMPORARY USE OF MECHANICAL AND ELECTRICAL EQUIPMENT - NOT USED****1.18 TEMPORARY USE OF EXISTING ELEVATORS - NOT USED****1.19 TEMPORARY USE OF NEW ELEVATORS - NOT USED****1.20 TEMPORARY TOILETS**

- A. Contractor may have for use of Contractor's workmen, such toilet accommodations as may be assigned to Contractor by Medical Center. Contractor shall keep such places clean and be responsible for any damage done thereto by Contractor's workmen. Failure to maintain satisfactory condition in toilets will deprive Contractor of the privilege to use such toilets.

1.21 AVAILABILITY AND USE OF UTILITY SERVICES

- A. The Government shall make all reasonably required amounts of utilities available to the Contractor from existing outlets and supplies, as specified in the contract. The amount to be paid by the Contractor for chargeable electrical services shall be the prevailing rates charged to the Government. The Contractor shall carefully conserve any utilities furnished without charge.

1.22 NEW TELEPHONE EQUIPMENT - NOT USED**1.23 TESTS - NOT USED****1.24 INSTRUCTIONS - NOT USED****1.25 GOVERNMENT-FURNISHED PROPERTY - NOT USED****1.26 RELOCATED / EQUIPMENT / ITEMS - NOT USED****1.27 STORAGE SPACE FOR DEPARTMENT OF VETERANS AFFAIRS EQUIPMENT - NOT USED****1.28 CONSTRUCTION SIGN - NOT USED****1.29 SAFETY SIGN**

- A. Provide a Safety Sign where directed by COR. Face of sign shall be 19 mm (3/4 inch) thick exterior grade plywood. Provide two 100 mm by 100 mm (four by four inch) posts extending full height of sign and 900 mm (three feet) into ground. Set bottom of sign level at 1200 mm (four feet) above ground.

B. Paint all surfaces of Safety Sign and posts with one prime coat and two coats of white gloss paint. Letters and design shall be painted with gloss paint of colors noted.

C. Maintain sign and remove it when directed by COR.

1.30 PHOTOGRAPHIC DOCUMENTATION - NOT USED

1.31 FINAL ELEVATION DIGITAL IMAGES - NOT USED

1.32 HISTORIC PRESERVATION - NOT USED

1.33 VA TRIRIGA CPMS - NOT USED

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**SECTION 01 35 26
SAFETY REQUIREMENTS**

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**SECTION 01 35 26
SAFETY REQUIREMENTS**

1.1 APPLICABLE PUBLICATIONS:

A. Latest publications listed below form part of this Article to extent referenced. Publications are referenced in text by basic designations only.

B. American Society of Safety Engineers (ASSE):

A10.1-2011Pre-Project & Pre-Task Safety and Health
Planning

A10.34-2012Protection of the Public on or Adjacent to
Construction Sites

A10.38-2013Basic Elements of an Employer's Program to
Provide a Safe and Healthful Work
Environment American National Standard
Construction and Demolition Operations

C. American Society for Testing and Materials (ASTM):

E84-2013Surface Burning Characteristics of Building
Materials

D. The Facilities Guidelines Institute (FGI):

FGI Guidelines-2010Guidelines for Design and Construction of
Healthcare Facilities

E. National Fire Protection Association (NFPA):

10-2013Standard for Portable Fire Extinguishers

30-2012Flammable and Combustible Liquids Code

51B-2014Standard for Fire Prevention During
Welding, Cutting and Other Hot Work

70-2014National Electrical Code

- 70B-2013Recommended Practice for Electrical
Equipment Maintenance
- 70E-2012Standard for Electrical Safety in the
Workplace
- 99-2012Health Care Facilities Code
- 241-2013Standard for Safeguarding Construction,
Alteration, and Demolition Operations

F. The Joint Commission (TJC)

- TJC ManualComprehensive Accreditation and
Certification Manual

G. U.S. Nuclear Regulatory Commission

- 10 CFR 20Standards for Protection Against Radiation

H. U.S. Occupational Safety and Health Administration (OSHA):

- 29 CFR 1904Reporting and Recording Injuries &
Illnesses
- 29 CFR 1910Safety and Health Regulations for General
Industry
- 29 CFR 1926Safety and Health Regulations for
Construction Industry
- CPL 2-0.124Multi-Employer Citation Policy

I. VHA Directive 2005-007

1.2 DEFINITIONS:

- A. OSHA "Competent Person" (CP). One who is capable of identifying existing and predictable hazards in the surroundings and working conditions which are unsanitary, hazardous or dangerous to employees, and who has the authorization to take prompt corrective measures to eliminate them (see 29 CFR 1926.32(f)).

- B. "Qualified Person" means one who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training and experience, has successfully demonstrated his ability to solve or resolve problems relating to the subject matter, the work, or the project.
- C. High Visibility Accident. Any mishap which may generate publicity or high visibility.
- D. Medical Treatment. Treatment administered by a physician or by registered professional personnel under the standing orders of a physician. Medical treatment does not include first aid treatment even through provided by a physician or registered personnel.
- E. Recordable Injuries or Illnesses. Any work-related injury or illness that results in:
 - 1. Death, regardless of the time between the injury and death, or the length of the illness;
 - 2. Days away from work (any time lost after day of injury/illness onset);
 - 3. Restricted work;
 - 4. Transfer to another job;
 - 5. Medical treatment beyond first aid;
 - 6. Loss of consciousness; or
 - 7. A significant injury or illness diagnosed by a physician or other licensed health care professional, even if it did not result in (1) through (6) above.

1.3 REGULATORY REQUIREMENTS:

- A. In addition to the detailed requirements included in the provisions of this contract, comply with 29 CFR 1926, comply with 29 CFR 1910 as incorporated by reference within 29 CFR 1926,

comply with ASSE A10.34, and all applicable [federal, state, and local] laws, ordinances, criteria, rules and regulations. Submit matters of interpretation of standards for resolution before starting work. Where the requirements of this specification, applicable laws, criteria, ordinances, regulations, and referenced documents vary, the most stringent requirements govern except with specific approval and acceptance by the Project Manager and Facility Safety Manager or Contracting Officer Representative.

1.4 ACCIDENT PREVENTION PLAN (APP):

- A. The APP (aka Construction Safety & Health Plan) shall interface with the Contractor's overall safety and health program. Include any portions of the Contractor's overall safety and health program referenced in the APP in the applicable APP element and ensure it is site-specific. The Government considers the Prime Contractor to be the "controlling authority" for all worksite safety and health of each subcontractor(s). Contractors are responsible for informing their subcontractors of the safety provisions under the terms of the contract and the penalties for noncompliance, coordinating the work to prevent one craft from interfering with or creating hazardous working conditions for other crafts, and inspecting subcontractor operations to ensure that accident prevention responsibilities are being carried out.
- B. The APP shall be prepared as follows:
 - 1. Written in English by a qualified person who is employed by the Prime Contractor articulating the specific work and hazards pertaining to the contract (model language can be found in ASSE A10.33). Specifically articulating the safety requirements found within these VA contract safety specifications.

2. Address both the Prime Contractors and the subcontractors work operations.
3. State measures to be taken to control hazards associated with materials, services, or equipment provided by suppliers.
4. Address all the elements/sub-elements and in order as follows:
 - a. **SIGNATURE SHEET.** Title, signature, and phone number of the following:
 - 1) Plan preparer (Qualified Person such as corporate safety staff person or contracted Certified Safety Professional with construction safety experience);
 - 2) Plan approver (company/corporate officers authorized to obligate the company);
 - 3) Plan concurrence (e.g., Chief of Operations, Corporate Chief of Safety, Corporate Industrial Hygienist, project manager or superintendent, project safety professional). Provide concurrence of other applicable corporate and project personnel (Contractor).
 - b. **BACKGROUND INFORMATION.** List the following:
 - 1) Contractor;
 - 2) Contract number;
 - 3) Project name;
 - 4) Brief project description, description of work to be performed, and location; phases of work anticipated (these will require an AHA).
 - c. **STATEMENT OF SAFETY AND HEALTH POLICY.** Provide a copy of current corporate/company Safety and Health Policy Statement, detailing commitment to providing a safe and healthful workplace for all employees. The Contractor's

written safety program goals, objectives, and accident experience goals for this contract should be provided.

d. **RESPONSIBILITIES AND LINES OF AUTHORITIES.** Provide the following:

- 1) A statement of the employer's ultimate responsibility for the implementation of his SOH program;
- 2) Identification and accountability of personnel responsible for safety at both corporate and project level. Contracts specifically requiring safety or industrial hygiene personnel shall include a copy of their resumes.
- 3) The names of Competent and/or Qualified Person(s) and proof of competency/qualification to meet specific OSHA Competent/Qualified Person(s) requirements must be attached.;
- 4) Requirements that no work shall be performed unless a designated competent person is present on the job site;
- 5) Requirements for pre-task Activity Hazard Analysis (AHAs);
- 6) Lines of authority;
- 7) Policies and procedures regarding noncompliance with safety requirements (to include disciplinary actions for violation of safety requirements) should be identified;

e. **SUBCONTRACTORS AND SUPPLIERS.** If applicable, provide procedures for coordinating SOH activities with other employers on the job site:

- 1) Identification of subcontractors and suppliers (if known);
- 2) Safety responsibilities of subcontractors and suppliers.

f. TRAINING.

- 1) Site-specific SOH orientation training at the time of initial hire or assignment to the project for every employee before working on the project site is required.
- 2) Mandatory training and certifications that are applicable to this project (e.g., explosive actuated tools, crane operator, rigger, crane signal person, fall protection, electrical lockout/NFPA 70E, machine/equipment lockout, confined space, etc...) and any requirements for periodic retraining/recertification are required.
- 3) Procedures for ongoing safety and health training for supervisors and employees shall be established to address changes in site hazards/conditions.
- 4) OSHA 10-hour training is required for all workers on site and the OSHA 30-hour training is required for Trade Competent Persons (CPs)

g. SAFETY AND HEALTH INSPECTIONS.

- 1) Specific assignment of responsibilities for a minimum daily job site safety and health inspection during periods of work activity: Who will conduct (e.g., "Site Safety and Health CP"), proof of inspector's training/qualifications, when inspections will be conducted, procedures for documentation, deficiency tracking system, and follow-up procedures.
- 2) Any external inspections/certifications that may be required (e.g., contracted CSP or CSHT)

h. ACCIDENT INVESTIGATION & REPORTING. The Contractor shall conduct mishap investigations of all OSHA Recordable Incidents. The APP shall include accident/incident investigation procedure & identify person(s) responsible to

provide the following to the Project Manager and Facility Safety Manager or Contracting Officer Representative:

- 1) Exposure data (man-hours worked);
- 2) Accident investigations, reports, and logs.

i. PLANS (PROGRAMS, PROCEDURES) REQUIRED. Based on a risk assessment of contracted activities and on mandatory OSHA compliance programs, the Contractor shall address all applicable occupational risks in site-specific compliance and accident prevention plans. These Plans shall include but are not be limited to procedures for addressing the risks associates with the following:

- 1) Emergency response ;
- 2) Contingency for severe weather;
- 3) Fire Prevention ;
- 4) Medical Support;
- 5) Posting of emergency telephone numbers;
- 6) Prevention of alcohol and drug abuse;
- 7) Site sanitation (housekeeping, drinking water, toilets);
- 8) Night operations and lighting ;
- 9) Hazard communication program;
- 10) Welding/Cutting "Hot" work ;
- 11) Electrical Safe Work Practices (Electrical LOTO/NFPA 70E);
- 12) General Electrical Safety
- 13) Hazardous energy control (Machine LOTO);

- 14) Site-Specific Fall Protection & Prevention;
- 15) Excavation/trenching;
- 16) Asbestos abatement;
- 17) Lead abatement;
- 18) Crane Critical lift;
- 19) Respiratory protection;
- 20) Health hazard control program;
- 21) Radiation Safety Program;
- 22) Abrasive blasting;
- 23) Heat/Cold Stress Monitoring;
- 24) Crystalline Silica Monitoring (Assessment);
- 25) Demolition plan (to include engineering survey);
- 26) Formwork and shoring erection and removal;
- 27) PreCast Concrete.

C. Submit the APP to the Project Manager and Facility Safety Manager or Contracting Officer Representative for review for compliance with contract requirements in accordance with DRAWINGS, PRODUCT DATA AND SAMPLES 15 calendar days prior to the date of the preconstruction conference for acceptance. Work cannot proceed without an accepted APP.

D. Once accepted by the Project Manager and Facility Safety Manager or Contracting Officer Representative, the APP and attachments will be enforced as part of the contract. Disregarding the provisions of this contract or the accepted APP will be cause for stopping of work, at the discretion of the Contracting Officer, until the matter has been rectified.

- E. Once work begins, changes to the accepted APP shall be made with the knowledge and concurrence of the Project Manager, project superintendent, project overall designated OSHA Competent Person, facility Safety Manager, and Contracting Officer Representative. Should any severe hazard exposure, i.e. imminent danger, become evident, stop work in the area, secure the area, and develop a plan to remove the exposure and control the hazard. Notify the Contracting Officer within 24 hours of discovery. Eliminate/remove the hazard. In the interim, take all necessary action to restore and maintain safe working conditions in order to safeguard onsite personnel, visitors, the public (as defined by ASSE/SAFE A10.34) and the environment.

1.5 ACTIVITY HAZARD ANALYSES (AHAS):

- A. AHAs are also known as Job Hazard Analyses, Job Safety Analyses, and Activity Safety Analyses. Before beginning each work activity involving a type of work presenting hazards not experienced in previous project operations or where a new work crew or sub-contractor is to perform the work, the Contractor(s) performing that work activity shall prepare an AHA (Example electronic AHA forms can be found on the US Army Corps of Engineers web site)
- B. AHAs shall define the activities being performed and identify the work sequences, the specific anticipated hazards, site conditions, equipment, materials, and the control measures to be implemented to eliminate or reduce each hazard to an acceptable level of risk.
- C. Work shall not begin until the AHA for the work activity has been accepted by the Project Manager and Facility Safety Manager or Contracting Officer Representative and discussed with all engaged in the activity, including the Contractor, subcontractor(s), and Government on-site representatives at preparatory and initial control phase meetings.

1. The names of the Competent/Qualified Person(s) required for a particular activity (for example, excavations, scaffolding, fall protection, other activities as specified by OSHA and/or other State and Local agencies) shall be identified and included in the AHA. Certification of their competency/qualification shall be submitted to the Government Designated Authority (GDA) for acceptance prior to the start of that work activity.
2. The AHA shall be reviewed and modified as necessary to address changing site conditions, operations, or change of competent/qualified person(s).
 - a. If more than one Competent/Qualified Person is used on the AHA activity, a list of names shall be submitted as an attachment to the AHA. Those listed must be Competent/Qualified for the type of work involved in the AHA and familiar with current site safety issues.
 - b. If a new Competent/Qualified Person (not on the original list) is added, the list shall be updated (an administrative action not requiring an updated AHA). The new person shall acknowledge in writing that he or she has reviewed the AHA and is familiar with current site safety issues.
3. Submit AHAs to the Project Manager and Facility Safety Manager for review for compliance with contract requirements in accordance with DRAWINGS, PRODUCT DATA AND SAMPLES for review at least 15 calendar days prior to the start of each phase. Subsequent AHAs as shall be formatted as amendments to the APP. The analysis should be used during daily inspections to ensure the implementation and effectiveness of the activity's safety and health controls.

4. The AHA list will be reviewed periodically (at least monthly) at the Contractor supervisory safety meeting and updated as necessary when procedures, scheduling, or hazards change.
5. Develop the activity hazard analyses using the project schedule as the basis for the activities performed. All activities listed on the project schedule will require an AHA. The AHAs will be developed by the contractor, supplier, or subcontractor and provided to the prime contractor for review and approval and then submitted to the Project Manager and Facility Safety Manager or Contracting Officer Representative.

1.6 PRECONSTRUCTION CONFERENCE:

- A. Contractor representatives who have a responsibility or significant role in implementation of the accident prevention program, as required by 29 CFR 1926.20(b)(1), on the project shall attend the preconstruction conference to gain a mutual understanding of its implementation. This includes the project superintendent, subcontractor superintendents, and any other assigned safety and health professionals.
- B. Discuss the details of the submitted APP to include incorporated plans, programs, procedures and a listing of anticipated AHAs that will be developed and implemented during the performance of the contract. This list of proposed AHAs will be reviewed at the conference and an agreement will be reached between the Contractor and the Contracting Officer's representative as to which phases will require an analysis. In addition, establish a schedule for the preparation, submittal, review, and acceptance of AHAs to preclude project delays.
- C. Deficiencies in the submitted APP will be brought to the attention of the Contractor within 14 days of submittal, and the Contractor shall revise the plan to correct deficiencies and re-

submit it for acceptance. Do not begin work until there is an accepted APP.

1.7 "SITE SAFETY AND HEALTH OFFICER" (SSHO) AND "COMPETENT PERSON" (CP):

- A. The Prime Contractor shall designate a minimum of one SSHO at each project site that will be identified as the SSHO to administer the Contractor's safety program and government-accepted Accident Prevention Plan. Each subcontractor shall designate a minimum of one CP in compliance with 29 CFR 1926.20 (b)(2) that will be identified as a CP to administer their individual safety programs.
- B. Further, all specialized Competent Persons for the work crews will be supplied by the respective contractor as required by 29 CFR 1926 (i.e. Asbestos, Electrical, Cranes, & Derricks, Demolition, Fall Protection, Fire Safety/Life Safety, Ladder, Rigging, Scaffolds, and Trenches/Excavations).
- C. These Competent Persons can have collateral duties as the subcontractor's superintendent and/or work crew lead persons as well as fill more than one specialized CP role (i.e. Asbestos, Electrical, Cranes, & Derricks, Demolition, Fall Protection, Fire Safety/Life Safety, Ladder, Rigging, Scaffolds, and Trenches/Excavations).
- D. The SSHO or an equally-qualified Designated Representative/alternate will maintain a presence on the site during construction operations in accordance with FAR Clause 52.236-6: *Superintendence by the Contractor*. CPs will maintain presence during their construction activities in accordance with above mentioned clause. A listing of the designated SSHO and all known CPs shall be submitted prior to the start of work as part of the APP with the training documentation and/or AHA as listed in Section 1.8 below.

- E. The repeated presence of uncontrolled hazards during a contractor's work operations will result in the designated CP as being deemed incompetent and result in the required removal of the employee in accordance with FAR Clause 52.236-5: Material and Workmanship, Paragraph (c).

1.8 TRAINING:

- A. The designated Prime Contractor SSHO must meet the requirements of all applicable OSHA standards and be capable (through training, experience, and qualifications) of ensuring that the requirements of 29 CFR 1926.16 and other appropriate Federal, State and local requirements are met for the project. As a minimum the SSHO must have completed the OSHA 30-hour Construction Safety class and have five (5) years of construction industry safety experience or three (3) years if he/she possesses a Certified Safety Professional (CSP) or certified Construction Safety and Health Technician (CSHT) certification or have a safety and health degree from an accredited university or college.
- B. All designated CPs shall have completed the OSHA 30-hour Construction Safety course within the past 5 years.
- C. In addition to the OSHA 30 Hour Construction Safety Course, all CPs with high hazard work operations such as operations involving asbestos, electrical, cranes, demolition, work at heights/fall protection, fire safety/life safety, ladder, rigging, scaffolds, and trenches/excavations shall have a specialized formal course in the hazard recognition & control associated with those high hazard work operations. Documented "repeat" deficiencies in the execution of safety requirements will require retaking the requisite formal course.
- D. All other construction workers shall have the OSHA 10-hour Construction Safety Outreach course and any necessary safety

training to be able to identify hazards within their work environment.

- E. Submit training records associated with the above training requirements to the Project Manager and Facility Safety Manager or Contracting Officer Representative for review for compliance with contract requirements in accordance with DRAWINGS, PRODUCT DATA AND SAMPLES 15 calendar days prior to the date of the preconstruction conference for acceptance.
- F. Prior to any worker for the contractor or subcontractors beginning work, they shall undergo a safety briefing provided by the SSHO or his/her designated representative. As a minimum, this briefing shall include information on the site-specific hazards, construction limits, VAMC safety guidelines, means of egress, break areas, work hours, locations of restrooms, use of VAMC equipment, emergency procedures, accident reporting etc... Documentation shall be provided to the Project Engineer that individuals have undergone contractor's safety briefing.
- G. Ongoing safety training will be accomplished in the form of weekly documented safety meeting.

1.9 INSPECTIONS:

- A. The SSHO shall conduct frequent and regular safety inspections (daily) of the site and each of the subcontractors CPs shall conduct frequent and regular safety inspections (daily) of the their work operations as required by 29 CFR 1926.20(b)(2). Each week, the SSHO shall conduct a formal documented inspection of the entire construction areas with the subcontractors' "Trade Safety and Health CPs" present in their work areas. Coordinate with, and report findings and corrective actions weekly to Project Manager and Facility Safety Manager or Contracting Officer Representative.

B. A Certified Safety Professional (CSP) with specialized knowledge in construction safety or a certified Construction Safety and Health Technician (CSHT) shall randomly conduct a monthly site safety inspection. The CSP or CSHT can be a corporate safety professional or independently contracted. The CSP or CSHT will provide their certificate number on the required report for verification as necessary.

1. Results of the inspection will be documented with tracking of the identified hazards to abatement.
2. The Project Manager and Facility Safety Manager or Contracting Officer Representative will be notified immediately prior to start of the inspection and invited to accompany the inspection.
3. Identified hazard and controls will be discussed to come to a mutual understanding to ensure abatement and prevent future reoccurrence.
4. A report of the inspection findings with status of abatement will be provided to the Project Manager and Facility Safety Manager or Contracting Officer Representative within one week of the onsite inspection.

1.10 ACCIDENTS, OSHA 300 LOGS, AND MAN-HOURS:

A. Notify the Project Manager and Facility Safety Manager or Contracting Officer Representative as soon as practical, but no more than four hours after any accident meeting the definition of OSHA Recordable Injuries or Illnesses or High Visibility Accidents, property damage equal to or greater than \$5,000, or any weight handling equipment accident. Within notification include contractor name; contract title; type of contract; name of activity, installation or location where accident occurred; date and time of accident; names of personnel injured; extent of property damage, if any; extent of injury, if known, and brief description of accident (to include type of construction

equipment used, PPE used, etc.). Preserve the conditions and evidence on the accident site until the Contracting Officer Representative determines whether a government investigation will be conducted.

- B. Conduct an accident investigation for recordable injuries and illnesses, for Medical Treatment defined in paragraph DEFINITIONS, and property damage accidents resulting in at least \$20,000 in damages, to establish the root cause(s) of the accident. Complete the VA Form 2162, and provide the report to the Project Manager and Facility Safety Manager or Contracting Officer Representative within 5 calendar days of the accident. The Project Manager and Facility Safety Manager or Contracting Officer Representative will provide copies of any required or special forms.
- C. A summation of all man-hours worked by the contractor and associated sub-contractors for each month will be reported to the Contracting Officer Representative monthly.
- D. A summation of all OSHA recordable accidents experienced on site by the contractor and associated sub-contractors for each month will be provided to the Project Manager and Facility Safety Manager or Contracting Officer Representative monthly. The contractor and associated sub-contractors' OSHA 300 logs will be made available to the Project Manager and Facility Safety Manager or Contracting Officer Representative as requested.

1.11 PERSONAL PROTECTIVE EQUIPMENT (PPE):

- A. PPE is governed in all areas by the nature of the work the employee is performing. For example, specific PPE required for performing work on electrical equipment is identified in NFPA 70E, Standard for Electrical Safety in the Workplace.
- B. Mandatory PPE includes:

1. Hard Hats - unless written authorization is given by the Project Manager and Facility Safety Manager or Contracting Officer Representative in circumstances of work operations that have limited potential for falling object hazards such as during finishing work or minor remodeling. With authorization to relax the requirement of hard hats, if a worker becomes exposed to an overhead falling object hazard, then hard hats would be required in accordance with the OSHA regulations.
2. Safety glasses - unless written authorization is given by the Project Manager and Facility Safety Manager or Contracting Officer Representative appropriate safety glasses meeting the ANSI Z.87.1 standard must be worn by each person on site.
3. Appropriate Safety Shoes - based on the hazards present, safety shoes meeting the requirements of ASTM F2413-11 shall be worn by each person on site unless written authorization is given by the Project Manager and Facility Safety Manager or Contracting Officer Representative.
4. Hearing protection - Use personal hearing protection at all times in designated noise hazardous areas or when performing noise hazardous tasks.

1.12 INFECTION CONTROL

- A. Infection Control is critical in all medical center facilities. Interior construction activities causing disturbance of existing dust, or creating new dust, must be conducted within ventilation-controlled areas that minimize the flow of airborne particles into patient areas.
- B. An AHA associated with infection control will be performed by VA personnel in accordance with FGI Guidelines (i.e. Infection Control Risk Assessment (ICRA)). The ICRA procedure found on the American Society for Healthcare Engineering (ASHE) website will be utilized. Risk classifications of Class II or lower will require approval by the Project Manager and Facility Safety

Manager or Contracting Officer Representative before beginning any construction work. Risk classifications of Class III or higher will require a permit before beginning any construction work. Infection Control permits will be issued by the Project Engineer. The Infection Control Permits will be posted outside the appropriate construction area. More than one permit may be issued for a construction project if the work is located in separate areas requiring separate classes. The primary project scope area for this project is: **Class III**, however, work outside the primary project scope area may vary. The required infection control precautions with each class are as follows:

3. Class III requirements:

a. During Construction Work:

- 1) Obtain permit from the Project Manager and Facility Safety Manager or Contracting Officer Representative.
- 2) Remove or Isolate HVAC system in area where work is being done to prevent contamination of duct system.
- 3) Complete all critical barriers i.e. sheetrock, plywood, plastic, to seal area from non-work area or implement control cube method (cart with plastic covering and sealed connection to work site with HEPA vacuum for vacuuming prior to exit) before construction begins. Install construction barriers and ceiling protection carefully, outside of normal work hours.
- 4) Maintain negative air pressure, 0.01 inches of water gauge, within work site utilizing HEPA equipped air filtration units and continuously monitored with a digital display, recording and alarm instrument, which must be calibrated on installation, maintained with periodic calibration and monitored by the contractor.

- 5) Contain construction waste before transport in tightly covered containers.
- 6) Cover transport receptacles or carts. Tape covering unless solid lid.

b. Upon Completion:

- 1) Do not remove barriers from work area until completed project is inspected by the Project Manager and Facility Safety Manager or Contracting Officer Representative and thoroughly cleaned by the VA Environmental Services Department.
- 2) Remove construction barriers and ceiling protection carefully to minimize spreading of dirt and debris associated with construction, outside of normal work hours.
- 3) Vacuum work area with HEPA filtered vacuums.
- 4) Wet mop area with cleaner/disinfectant.
- 5) Upon completion, restore HVAC system where work was performed.
- 6) Return permit to the Project Manager and Facility Safety Manager or Contracting Officer Representative.

C. Barriers shall be erected as required based upon classification (Class III & IV requires barriers) and shall be constructed as follows:

1. Class III and IV - closed door with masking tape applied over the frame and door is acceptable for projects that can be contained in a single room.
2. Construction, demolition or reconstruction not capable of containment within a single room must have the following

barriers erected and made presentable on hospital occupied side:

- a. Class III & IV (where dust control is the only hazard, and an agreement is reached with the Project Engineer and Medical Center) - Airtight plastic barrier that extends from the floor to ceiling. Seams must be sealed with duct tape to prevent dust and debris from escaping
- b. Class III & IV - Drywall barrier erected with joints covered or sealed to prevent dust and debris from escaping.
- c. Class III & IV - Seal all penetrations in existing barrier airtight
- d. Class III & IV - Barriers at penetration of ceiling envelopes, chases and ceiling spaces to stop movement air and debris
- e. Class IV only - Anteroom or double entrance openings that allow workers to remove protective clothing or vacuum off existing clothing
- f. Class III & IV - At elevators shafts or stairways within the field of construction, overlapping flap minimum of two feet wide of polyethylene enclosures for personnel access.

D. Products and Materials:

1. Sheet Plastic: Fire retardant polystyrene, 6-mil thickness meeting local fire codes
2. Barrier Doors: Self Closing One-hour fire-rated solid core wood in steel frame, painted
3. Dust proof one-hour fire-rated drywall
4. High Efficiency Particulate Air-Equipped filtration machine rated at 95% capture of 0.3 microns including pollen, mold spores and dust particles. HEPA filters should have ASHRAE 85

or other pre-filter to extend the useful life of the HEPA. Provide both primary and secondary filtrations units. Maintenance of equipment and replacement of the HEPA filters and other filters will be in accordance with manufacturer's instructions.

5. Exhaust Hoses: Heavy duty, flexible steel reinforced; Ventilation Blower Hose
 6. Adhesive Walk-off Mats: Provide minimum size mats of 24 inches x 36 inches
 7. Disinfectant: Hospital-approved disinfectant or equivalent product
 8. Portable Ceiling Access Module
- E. Before any construction on site begins, all contractor personnel involved in the construction or renovation activity shall be educated and trained in infection prevention measures established by the medical center.
- F. A dust control program will be establish and maintained as part of the contractor's infection preventive measures in accordance with the FGI Guidelines for Design and Construction of Healthcare Facilities. Prior to start of work, prepare a plan detailing project-specific dust protection measures with associated product data, including periodic status reports, and submit to Project Engineer for review for compliance with contract requirements.
- G. Medical center Infection Control personnel will monitor for airborne disease (e.g. aspergillosis) during construction. A baseline of conditions will be established by the medical center prior to the start of work and periodically during the construction stage to determine impact of construction activities on indoor air quality with safe thresholds established.

- H. In general, the following preventive measures shall be adopted during construction to keep down dust and prevent mold.
1. Contractor shall verify that construction exhaust to exterior is not reintroduced to the medical center through intake vents, or building openings. HEPA filtration is required where the exhaust dust may reenter the medical center.
 2. Exhaust hoses shall be exhausted so that dust is not reintroduced to the medical center.
 3. Adhesive Walk-off/Carpet Walk-off Mats shall be used at all interior transitions from the construction area to occupied medical center area. These mats shall be changed as often as required to maintain clean work areas directly outside construction area at all times.
 4. Vacuum and wet mop all transition areas from construction to the occupied medical center at the end of each workday. Vacuum shall utilize HEPA filtration. Maintain surrounding area frequently. Remove debris as it is created. Transport these outside the construction area in containers with tightly fitting lids.
 5. The contractor shall not haul debris through patient-care areas without prior approval of the Project Engineer and the Medical Center. When, approved, debris shall be hauled in enclosed dust proof containers or wrapped in plastic and sealed with duct tape. No sharp objects should be allowed to cut through the plastic. Wipe down the exterior of the containers with a damp rag to remove dust. All equipment, tools, material, etc. transported through occupied areas shall be made free from dust and moisture by vacuuming and wipe down.
 6. There shall be no standing water during construction. This includes water in equipment drip pans and open containers

within the construction areas. All accidental spills must be cleaned up and dried within 12 hours. Remove and dispose of porous materials that remain damp for more than 72 hours.

7. At completion, remove construction barriers and ceiling protection carefully, outside of normal work hours. Vacuum and clean all surfaces free of dust after the removal.

I. Final Cleanup:

1. Upon completion of project, or as work progresses, remove all construction debris from above ceiling, vertical shafts and utility chases that have been part of the construction.
2. Perform HEPA vacuum cleaning of all surfaces in the construction area. This includes walls, ceilings, cabinets, furniture (built-in or free standing), partitions, flooring, etc.
3. All new air ducts shall be cleaned prior to final inspection.

J. Exterior Construction

1. Contractor shall verify that dust will not be introduced into the medical center through intake vents, or building openings. HEPA filtration on intake vents is required where dust may be introduced.
2. Dust created from disturbance of soil such as from vehicle movement will be wetted with use of a water truck as necessary
3. All cutting, drilling, grinding, sanding, or disturbance of materials shall be accomplished with tools equipped with either local exhaust ventilation (i.e. vacuum systems) or wet suppression controls.

1.13 TUBERCULOSIS SCREENING

- A. Contractor shall provide written certification that all contract employees assigned to the work site have had a pre-placement

tuberculin screening within 90 days prior to assignment to the worksite and been found have negative TB screening reactions. Contractors shall be required to show documentation of negative TB screening reactions for any additional workers who are added after the 90-day requirement before they will be allowed to work on the work site. NOTE: This can be the Center for Disease Control (CDC) and Prevention and two-step skin testing or a Food and Drug Administration (FDA)-approved blood test.

1. Contract employees manifesting positive screening reactions to the tuberculin shall be examined according to current CDC guidelines prior to working on VHA property.
2. Subsequently, if the employee is found without evidence of active (infectious) pulmonary TB, a statement documenting examination by a physician shall be on file with the employer (construction contractor), noting that the employee with a positive tuberculin screening test is without evidence of active (infectious) pulmonary TB.
3. If the employee is found with evidence of active (infectious) pulmonary TB, the employee shall require treatment with a subsequent statement to the fact on file with the employer before being allowed to return to work on VHA property.

1.14 FIRE SAFETY

- A. Fire Safety Plan: Establish and maintain a site-specific fire protection program in accordance with 29 CFR 1926. Prior to start of work, prepare a plan detailing project-specific fire safety measures, including periodic status reports, and submit to Project Manager and Facility Safety Manager or Contracting Officer Representative for review for compliance with contract requirements in accordance with DRAWINGS, PRODUCT DATA AND SAMPLES. This plan may be an element of the Accident Prevention Plan.

- B. Site and Building Access: Maintain free and unobstructed access to facility emergency services and for fire, police and other emergency response forces in accordance with NFPA 241.
- C. Separate temporary facilities, such as trailers, storage sheds, and dumpsters, from existing buildings and new construction by distances in accordance with NFPA 241. For small facilities with less than 6 m (20 feet) exposing overall length, separate by 3m (10 feet).
- D. Temporary Construction Partitions:
1. Install and maintain temporary construction partitions to provide smoke-tight separations between construction areas / the areas that are described in OPERATIONS requirements and adjoining areas. Construct partitions of gypsum board or treated plywood (flame spread rating of 25 or less in accordance with ASTM E84) on both sides of fire retardant treated wood or metal steel studs. Extend the partitions through suspended ceilings to floor slab deck or roof. Seal joints and penetrations. At door openings, install Class C, $\frac{3}{4}$ hour fire/smoke rated doors with self-closing devices.
 - i. For full containment of best practice, discuss with COR other possible means of construction barriers.
 2. Install one-hour fire-rated temporary construction partitions as shown on drawings to maintain integrity of existing exit stair enclosures, exit passageways, fire-rated enclosures of hazardous areas, horizontal exits, smoke barriers, vertical shafts and openings enclosures.
 3. Close openings in smoke barriers and fire-rated construction to maintain fire ratings. Seal penetrations with listed through-penetration firestop materials in accordance with Section 07 84 00, FIRESTOPPING.

- E. Temporary Heating and Electrical: Install, use and maintain installations in accordance with 29 CFR 1926, NFPA 241 and NFPA 70.
- F. Means of Egress: Do not block exiting for occupied buildings, including paths from exits to roads. Minimize disruptions and coordinate with Project Manager and Facility Safety Manager or Contracting Officer Representative.
- G. Egress Routes for Construction Workers: Maintain free and unobstructed egress. Inspect daily. Report findings and corrective actions weekly to Project Manager and Facility Safety Manager or Contracting Officer Representative.
- H. Fire Extinguishers: Provide and maintain extinguishers in construction areas and temporary storage areas in accordance with 29 CFR 1926, NFPA 241 and NFPA 10.
- I. Flammable and Combustible Liquids: Store, dispense and use liquids in accordance with 29 CFR 1926, NFPA 241 and NFPA 30.
- J. Existing Fire Protection: Do not impair automatic sprinklers, smoke and heat detection, and fire alarm systems, except for portions immediately under construction, and temporarily for connections. Provide fire watch for impairments more than 4 hours in a 24-hour period. Request interruptions in accordance with Article, OPERATIONS AND STORAGE AREAS, and coordinate with Project Manager and Facility Safety Manager or Contracting Officer Representative. All existing or temporary fire protection systems (fire alarms, sprinklers) located in construction areas shall be tested as coordinated with the medical center. Parameters for the testing and results of any tests performed shall be recorded by the medical center and copies provided to the Project Engineer.
- K. Smoke Detectors: Prevent accidental operation. Remove temporary covers at end of work operations each day. Coordinate with

Project Manager and Facility Safety Manager or Contracting Officer Representative.

- L. Hot Work: Perform and safeguard hot work operations in accordance with NFPA 241 and NFPA 51B. Coordinate with Facility Safety Office. Obtain permits from facility Safety Manager / Officer at least 24 hours in advance. Designate contractor's responsible project-site fire prevention program manager to permit hot work.
- M. Fire Hazard Prevention and Safety Inspections: Inspect entire construction areas weekly. Coordinate with, and report findings and corrective actions weekly to Project Manager and Facility Safety Manager or Contracting Officer Representative.
- N. Smoking: Smoking is prohibited in and adjacent to construction areas inside existing buildings and additions under construction. In separate and detached buildings under construction, smoking is prohibited except in designated smoking rest areas.
- O. Dispose of waste and debris in accordance with NFPA 241. Remove from buildings daily.
- R. If required, submit documentation to the Facility Safety Office and COR that personnel have been trained in the fire safety aspects of working in areas with impaired structural or compartmentalization features.

1.15 ELECTRICAL - NOT USED

1.16 FALL PROTECTION - NOT USED

1.17 SCAFFOLDS AND OTHER WORK PLATFORMS - NOT USED

1.18 EXCAVATION AND TRENCHES - NOT USED

1.19 CRANES - NOT USED

1.20 CONTROL OF HAZARDOUS ENERGY (LOCKOUT/TAGOUT) - NOT USED

1.21 CONFINED SPACE ENTRY - NOT USED

1.22 WELDING AND CUTTING - NOT USED

1.23 LADDERS - NOT USED

1.24 FLOOR & WALL OPENINGS

A. All floor and wall openings shall comply with 29 CFR 1926 Subpart M.

B. Floor and roof holes/openings are any that measure over 2 in (51 mm) in any direction of a walking/working surface which persons may trip or fall into or where objects may fall to the level below. See 21.F for covering and labeling requirements. Skylights located in floors or roofs are considered floor or roof hole/openings.

C. All floor, roof openings or hole into which a person can accidentally walk or fall through shall be guarded either by a railing system with toeboards along all exposed sides or a load-bearing cover. When the cover is not in place, the opening or hole shall be protected by a removable guardrail system or shall be attended when the guarding system has been removed, or other fall protection system.

1. Covers shall be capable of supporting, without failure, at least twice the weight of the worker, equipment and material combined.

2. Covers shall be secured when installed, clearly marked with the word "HOLE", "COVER" or "Danger, Roof Opening-Do Not Remove" or color-coded or equivalent methods (e.g., red or

orange "X"). Workers must be made aware of the meaning for color coding and equivalent methods.

- - - E N D - - -

SECTION 01 42 19
REFERENCE STANDARDS

PART 1 - GENERAL

1.1 DESCRIPTION

This section specifies the availability and source of references and standards specified in the project manual under paragraphs APPLICABLE PUBLICATIONS and/or shown on the drawings.

1.2 AVAILABILITY OF SPECIFICATIONS LISTED IN THE GSA INDEX OF FEDERAL SPECIFICATIONS, STANDARDS AND COMMERCIAL ITEM DESCRIPTIONS FPMR PART 101-29 (FAR 52.211-1) (AUG 1998)

- A. The GSA Index of Federal Specifications, Standards and Commercial Item Descriptions, FPMR Part 101-29 and copies of specifications, standards, and commercial item descriptions cited in the solicitation may be obtained for a fee by submitting a request to - GSA Federal Supply Service, Specifications Section, Suite 8100, 470 East L'Enfant Plaza, SW, Washington, DC 20407, Telephone (202) 619-8925, Facsimile (202) 619-8978.
- B. If the General Services Administration, Department of Agriculture, or Department of Veterans Affairs issued this solicitation, a single copy of specifications, standards, and commercial item descriptions cited in this solicitation may be obtained free of charge by submitting a request to the addressee in paragraph (a) of this provision. Additional copies will be issued for a fee.

1.3 AVAILABILITY FOR EXAMINATION OF SPECIFICATIONS NOT LISTED IN THE GSA INDEX OF FEDERAL SPECIFICATIONS, STANDARDS AND COMMERCIAL ITEM DESCRIPTIONS (FAR 52.211-4) (JUN 1988)

The specifications and standards cited in this solicitation can be examined at the following location:

DEPARTMENT OF VETERANS AFFAIRS
Office of Construction & Facilities Management
Facilities Quality Service (00CFM1A)
425 Eye Street N.W, (sixth floor)

Washington, DC 20001

Telephone Numbers: (202) 632-5249 or (202) 632-5178

Between 9:00 AM - 3:00 PM

**1.4 AVAILABILITY OF SPECIFICATIONS NOT LISTED IN THE GSA INDEX OF
FEDERAL SPECIFICATIONS, STANDARDS AND COMMERCIAL ITEM DESCRIPTIONS
(FAR 52.211-3) (JUN 1988)**

The specifications cited in this solicitation may be obtained from the associations or organizations listed below.

- AA Aluminum Association Inc.
<http://www.aluminum.org>
- AABC Associated Air Balance Council
<http://www.aabchg.com>
- AAMA American Architectural Manufacturer's Association
<http://www.aamanet.org>
- AAN American Nursery and Landscape Association
<http://www.anla.org>
- AASHTO American Association of State Highway and Transportation
Officials
<http://www.aashto.org>
- AATCC American Association of Textile Chemists and Colorists
<http://www.aatcc.org>
- ACGIH American Conference of Governmental Industrial Hygienists
<http://www.acgih.org>
- ACI American Concrete Institute
<http://www.aci-int.net>
- ACPA American Concrete Pipe Association
<http://www.concrete-pipe.org>
- ACPPA American Concrete Pressure Pipe Association
<http://www.acppa.org>

ADC Air Diffusion Council
<http://flexibleduct.org>

AGA American Gas Association
<http://www.aga.org>

AGC Associated General Contractors of America
<http://www.agc.org>

AGMA American Gear Manufacturers Association, Inc.
<http://www.agma.org>

AHAM Association of Home Appliance Manufacturers
<http://www.aham.org>

AIA American Institute of Architects
<http://www.aia.org>

AISC American Institute of Steel Construction
<http://www.aisc.org>

AISI American Iron and Steel Institute
<http://www.steel.org>

AITC American Institute of Timber Construction
<http://www.aitc-glulam.org>

AMCA Air Movement and Control Association, Inc.
<http://www.amca.org>

ANLA American Nursery & Landscape Association
<http://www.anla.org>

ANSI American National Standards Institute, Inc.
<http://www.ansi.org>

APA The Engineered Wood Association
<http://www.apawood.org>

ARI Air-Conditioning and Refrigeration Institute
<http://www.ari.org>

ASAE American Society of Agricultural Engineers
<http://www.asae.org>

ASCE American Society of Civil Engineers
<http://www.asce.org>

ASHRAE American Society of Heating, Refrigerating, and
Air-Conditioning Engineers
<http://www.ashrae.org>

ASME American Society of Mechanical Engineers
<http://www.asme.org>

ASSE American Society of Sanitary Engineering
<http://www.asse-plumbing.org>

ASTM American Society for Testing and Materials
<http://www.astm.org>

AWI Architectural Woodwork Institute
<http://www.awinet.org>

AWS American Welding Society
<http://www.aws.org>

AWWA American Water Works Association
<http://www.awwa.org>

BHMA Builders Hardware Manufacturers Association
<http://www.buildershardware.com>

BIA Brick Institute of America
<http://www.bia.org>

CAGI Compressed Air and Gas Institute
<http://www.cagi.org>

CGA Compressed Gas Association, Inc.
<http://www.cganet.com>

CI The Chlorine Institute, Inc.
<http://www.chlorineinstitute.org>

CISCA Ceilings and Interior Systems Construction Association
<http://www.cisca.org>

CISPI Cast Iron Soil Pipe Institute
<http://www.cispi.org>

CLFMI Chain Link Fence Manufacturers Institute
<http://www.chainlinkinfo.org>

CPMB Concrete Plant Manufacturers Bureau
<http://www.cpm.org>

CRA California Redwood Association
<http://www.calredwood.org>

CRSI Concrete Reinforcing Steel Institute
<http://www.crsi.org>

CTI Cooling Technology Institute
<http://www.cti.org>

DHI Door and Hardware Institute
<http://www.dhi.org>

EGSA Electrical Generating Systems Association
<http://www.egsa.org>

EI Edison Electric Institute
<http://www.eei.org>

EPA Environmental Protection Agency
<http://www.epa.gov>

ETL ETL Testing Laboratories, Inc.
<http://www.etl.com>

FAA Federal Aviation Administration
<http://www.faa.gov>

FCC Federal Communications Commission
<http://www.fcc.gov>

FPS The Forest Products Society
<http://www.forestprod.org>

GANNA Glass Association of North America
<http://www.cssinfo.com/info/ganna.html/>

FM Factory Mutual Insurance
<http://www.fmglobal.com>

GA Gypsum Association
<http://www.gypsum.org>

GSA General Services Administration
<http://www.gsa.gov>

HI Hydraulic Institute
<http://www.pumps.org>

HPVA Hardwood Plywood & Veneer Association
<http://www.hpva.org>

ICBO International Conference of Building Officials
<http://www.icbo.org>

ICEA Insulated Cable Engineers Association Inc.
<http://www.icea.net>

\ICAC Institute of Clean Air Companies
<http://www.icac.com>

IEEE Institute of Electrical and Electronics Engineers
<http://www.ieee.org/>

IMSA International Municipal Signal Association
<http://www.imsasafety.org>

IPCEA Insulated Power Cable Engineers Association

NBMA Metal Buildings Manufacturers Association
<http://www.mbma.com>

MSS Manufacturers Standardization Society of the Valve and Fittings Industry Inc.
<http://www.mss-hq.com>

NAAMM National Association of Architectural Metal Manufacturers
<http://www.naamm.org>

NAPHCC Plumbing-Heating-Cooling Contractors Association
<http://www.phccweb.org.org>

NBS National Bureau of Standards
See - NIST

NBBPVI National Board of Boiler and Pressure Vessel Inspectors
<http://www.nationboard.org>

NEC National Electric Code
See - NFPA National Fire Protection Association

NEMA National Electrical Manufacturers Association
<http://www.nema.org>

NFPA National Fire Protection Association
<http://www.nfpa.org>

NHLA National Hardwood Lumber Association
<http://www.natlhardwood.org>

NIH National Institute of Health
<http://www.nih.gov>

NIST National Institute of Standards and Technology
<http://www.nist.gov>

NLMA Northeastern Lumber Manufacturers Association, Inc.
<http://www.nelma.org>

NPA National Particleboard Association
18928 Premiere Court
Gaithersburg, MD 20879
(301) 670-0604

NSF National Sanitation Foundation
<http://www.nsf.org>

NWWDA Window and Door Manufacturers Association
<http://www.nwwda.org>

OSHA Occupational Safety and Health Administration
Department of Labor
<http://www.osha.gov>

PCA Portland Cement Association
<http://www.portcement.org>

PCI Precast Prestressed Concrete Institute
<http://www.pci.org>

PPI The Plastic Pipe Institute
<http://www.plasticpipe.org>

PEI Porcelain Enamel Institute, Inc.
<http://www.porcelainenamel.com>

PTI Post-Tensioning Institute
<http://www.post-tensioning.org>

RFCI The Resilient Floor Covering Institute
<http://www.rfci.com>

RIS Redwood Inspection Service
See - CRA

RMA Rubber Manufacturers Association, Inc.
<http://www.rma.org>

SCMA Southern Cypress Manufacturers Association
<http://www.cypressinfo.org>

SDI Steel Door Institute
<http://www.steeldoor.org>

IGMA Insulating Glass Manufacturers Alliance
<http://www.igmaonline.org>

SJI Steel Joist Institute
<http://www.steeljoist.org>

SMACNA Sheet Metal and Air-Conditioning Contractors
National Association, Inc.
<http://www.smacna.org>

SSPC The Society for Protective Coatings
<http://www.sspc.org>

STI Steel Tank Institute
<http://www.steeltank.com>

SWI Steel Window Institute
<http://www.steelwindows.com>

TCA Tile Council of America, Inc.
<http://www.tileusa.com>

TEMA Tubular Exchange Manufacturers Association
<http://www.tema.org>

TPI Truss Plate Institute, Inc.
583 D'Onofrio Drive; Suite 200
Madison, WI 53719
(608) 833-5900

UBC The Uniform Building Code
See ICBO

UL Underwriters' Laboratories Incorporated
<http://www.ul.com>

ULC Underwriters' Laboratories of Canada
<http://www.ulc.ca>

WCLIB West Coast Lumber Inspection Bureau
6980 SW Varns Road, P.O. Box 23145
Portland, OR 97223
(503) 639-0651

WRCLA Western Red Cedar Lumber Association
P.O. Box 120786
New Brighton, MN 55112
(612) 633-4334

WWPA Western Wood Products Association
<http://www.wwpa.org>

- - - E N D - - -

**SECTION 01 45 29
TESTING LABORATORY SERVICES**

PART 1 - GENERAL

1.1 DESCRIPTION:

This section specifies materials testing activities and inspection services required during project construction to be provided by a Testing Laboratory retained by the Contractor.

1.2 APPLICABLE PUBLICATIONS:

- A. The publications listed below form a part of this specification to the extent referenced. The publications are referred to in the text by the basic designation only.
- B. American Association of State Highway and Transportation Officials (AASHTO):
- T27-11Standard Method of Test for Sieve Analysis of Fine and Coarse Aggregates
- T96-02 (R2006)Standard Method of Test for Resistance to Degradation of Small-Size Coarse Aggregate by Abrasion and Impact in the Los Angeles Machine
- T99-10Standard Method of Test for Moisture-Density Relations of Soils Using a 2.5 Kg (5.5 lb.) Rammer and a 305 mm (12 in.) Drop
- T104-99 (R2007)Standard Method of Test for Soundness of Aggregate by Use of Sodium Sulfate or Magnesium Sulfate
- T180-10Standard Method of Test for Moisture-Density Relations of Soils using a 4.54 kg (10 lb.) Rammer and a 457 mm (18 in.) Drop
- T191-02(R2006)Standard Method of Test for Density of Soil In-Place by the Sand-Cone Method
- C. American Concrete Institute (ACI):
- 506.4R-94 (R2004)Guide for the Evaluation of Shotcrete

D. American Society for Testing and Materials (ASTM):

- A325-10Standard Specification for Structural Bolts, Steel, Heat Treated, 120/105 ksi Minimum Tensile Strength
- A370-12Standard Test Methods and Definitions for Mechanical Testing of Steel Products
- A416/A416M-10Standard Specification for Steel Strand, Uncoated Seven-Wire for Prestressed Concrete
- A490-12Standard Specification for Heat Treated Steel Structural Bolts, 150 ksi Minimum Tensile Strength
- C31/C31M-10Standard Practice for Making and Curing Concrete Test Specimens in the Field
- C33/C33M-11aStandard Specification for Concrete Aggregates
- C39/C39M-12Standard Test Method for Compressive Strength of Cylindrical Concrete Specimens
- C109/C109M-11bStandard Test Method for Compressive Strength of Hydraulic Cement Mortars
- C136-06Standard Test Method for Sieve Analysis of Fine and Coarse Aggregates
- C138/C138M-10bStandard Test Method for Density (Unit Weight), Yield, and Air Content (Gravimetric) of Concrete
- C140-12Standard Test Methods for Sampling and Testing Concrete Masonry Units and Related Units
- C143/C143M-10aStandard Test Method for Slump of Hydraulic Cement Concrete
- C172/C172M-10Standard Practice for Sampling Freshly Mixed Concrete
- C173/C173M-10bStandard Test Method for Air Content of freshly Mixed Concrete by the Volumetric Method

C330/C330M-09Standard Specification for Lightweight
 Aggregates for Structural Concrete
 C567/C567M-11Standard Test Method for Density Structural
 Lightweight Concrete
 C780-11Standard Test Method for Pre-construction
 and Construction Evaluation of Mortars for
 Plain and Reinforced Unit Masonry
 C1019-11Standard Test Method for Sampling and
 Testing Grout
 C1064/C1064M-11Standard Test Method for Temperature of
 Freshly Mixed Portland Cement Concrete
 C1077-11cStandard Practice for Agencies Testing
 Concrete and Concrete Aggregates for Use in
 Construction and Criteria for Testing
 Agency Evaluation
 C1314-11aStandard Test Method for Compressive
 Strength of Masonry Prisms
 D422-63(2007)Standard Test Method for Particle-Size
 Analysis of Soils
 D698-07e1Standard Test Methods for Laboratory
 Compaction Characteristics of Soil Using
 Standard Effort
 D1140-00(2006)Standard Test Methods for Amount of
 Material in Soils Finer than No. 200 Sieve
 D1143/D1143M-07e1Standard Test Methods for Deep Foundations
 Under Static Axial Compressive Load
 D1188-07e1Standard Test Method for Bulk Specific
 Gravity and Density of Compacted Bituminous
 Mixtures Using Coated Samples
 D1556-07Standard Test Method for Density and Unit
 Weight of Soil in Place by the Sand-Cone
 Method
 D1557-09Standard Test Methods for Laboratory
 Compaction Characteristics of Soil Using

- Modified Effort (56,000ft lbf/ft³ (2,700 KNm/m³))
- D2166-06 Standard Test Method for Unconfined Compressive Strength of Cohesive Soil
- D2167-08) Standard Test Method for Density and Unit Weight of Soil in Place by the Rubber Balloon Method
- D2216-10 Standard Test Methods for Laboratory Determination of Water (Moisture) Content of Soil and Rock by Mass
- D2974-07a Standard Test Methods for Moisture, Ash, and Organic Matter of Peat and Other Organic Soils
- D3666-11 Standard Specification for Minimum Requirements for Agencies Testing and Inspecting Road and Paving Materials
- D3740-11 Standard Practice for Minimum Requirements for Agencies Engaged in Testing and/or Inspection of Soil and Rock as used in Engineering Design and Construction
- D6938-10 Standard Test Method for In-Place Density and Water Content of Soil and Soil-Aggregate by Nuclear Methods (Shallow Depth)
- E94-04(2010) Standard Guide for Radiographic Examination
- E164-08 Standard Practice for Contact Ultrasonic Testing of Weldments
- E329-11c Standard Specification for Agencies Engaged in Construction Inspection, Testing, or Special Inspection
- E543-09 Standard Specification for Agencies Performing Non-Destructive Testing
- E605-93(R2011) Standard Test Methods for Thickness and Density of Sprayed Fire Resistive Material (SFRM) Applied to Structural Members

E709-08Standard Guide for Magnetic Particle Examination

E1155-96(R2008)Determining FF Floor Flatness and FL Floor Levelness Numbers

E. American Welding Society (AWS):

D1.D1.1M-10Structural Welding Code-Steel

1.3 REQUIREMENTS:

A. Accreditation Requirements: Construction materials testing laboratories must be accredited by a laboratory accreditation authority and will be required to submit a copy of the Certificate of Accreditation and Scope of Accreditation. The laboratory's scope of accreditation must include the appropriate ASTM standards (i.e.; E329, C1077, D3666, D3740, A880, E543) listed in the technical sections of the specifications.

Laboratories engaged in Hazardous Materials Testing shall meet the requirements of OSHA and EPA. The policy applies to the specific laboratory performing the actual testing, not just the "Corporate Office."

B. Inspection and Testing: Testing laboratory shall inspect materials and workmanship and perform tests described herein and additional tests requested by Resident Engineer. When it appears materials furnished, or work performed by Contractor fails to meet construction contract requirements, Testing Laboratory shall direct attention of Resident Engineer to such failure.

C. Written Reports: Testing laboratory shall submit test reports to Resident Engineer, Contractor, unless other arrangements are agreed to in writing by the Resident Engineer. Submit reports of tests that fail to meet construction contract requirements on colored paper.

D. Verbal Reports: Give verbal notification to Resident Engineer immediately of any irregularity.

PART 2 - PRODUCTS (NOT USED)

PART 3 - EXECUTION (NOT USED)

- - - E N D - - -

SECTION 01 57 19
TEMPORARY ENVIRONMENTAL CONTROLS

PART 1 - GENERAL

1.1 DESCRIPTION

- A. This section specifies the control of environmental pollution and damage that the Contractor must consider for air, water, and land resources. It includes management of visual aesthetics, noise, solid waste, radiant energy, and radioactive materials, as well as other pollutants and resources encountered or generated by the Contractor. The Contractor is obligated to consider specified control measures with the costs included within the various contract items of work.
- B. Environmental pollution and damage is defined as the presence of chemical, physical, or biological elements or agents which:
1. Adversely effect human health or welfare,
 2. Unfavorably alter ecological balances of importance to human life,
 3. Effect other species of importance to humankind, or;
 4. Degrade the utility of the environment for aesthetic, cultural, and historical purposes.
- C. Definitions of Pollutants:
1. Chemical Waste: Petroleum products, bituminous materials, salts, acids, alkalis, herbicides, pesticides, organic chemicals, and inorganic wastes.
 2. Debris: Combustible and noncombustible wastes, such as leaves, tree trimmings, ashes, and waste materials resulting from construction or maintenance and repair work.
 3. Sediment: Soil and other debris that has been eroded and transported by runoff water.
 4. Solid Waste: Rubbish, debris, garbage, and other discarded solid materials resulting from industrial, commercial, and agricultural operations and from community activities.
 5. Surface Discharge: The term "Surface Discharge" implies that the water is discharged with possible sheeting action and subsequent soil erosion may occur. Waters that are surface

discharged may terminate in drainage ditches, storm sewers, creeks, and/or "water of the United States" and would require a permit to discharge water from the governing agency.

6. Rubbish: Combustible and noncombustible wastes such as paper, boxes, glass and crockery, metal and lumber scrap, tin cans, and bones.
7. Sanitary Wastes:
 - a. Sewage: Domestic sanitary sewage and human and animal waste.
 - b. Garbage: Refuse and scraps resulting from preparation, cooking, dispensing, and consumption of food.

1.2 QUALITY CONTROL

- A. Establish and maintain quality control for the environmental protection of all items set forth herein.
- B. Record on daily reports any problems in complying with laws, regulations, and ordinances. Note any corrective action taken.

1.3 REFERENCES

- A. The publications listed below form a part of this specification to the extent referenced. The publications are referred to in the text by basic designation only.
- B. U.S. National Archives and Records Administration (NARA):
33 CFR 328Definitions

1.4 SUBMITTALS

- A. In accordance with the Project, furnish the following:
 1. Environmental Protection Plan: After the contract is awarded and prior to the commencement of the work, the Contractor shall meet with the Project Engineer to discuss the proposed Environmental Protection Plan and to develop mutual understanding relative to details of environmental protection. Not more than 20 days after the meeting, the Contractor shall prepare and submit to the Contracting Officer for approval, a written and/or graphic Environmental Protection Plan including, but not limited to, the following:
 - a. Name(s) of person(s) within the Contractor's organization who is (are) responsible for ensuring adherence to the Environmental Protection Plan.

- b. Name(s) and qualifications of person(s) responsible for manifesting hazardous waste to be removed from the site.
- c. Name(s) and qualifications of person(s) responsible for training the Contractor's environmental protection personnel.
- d. Description of the Contractor's environmental protection personnel training program.
- e. A list of Federal, State, and local laws, regulations, and permits concerning environmental protection, pollution control, noise control and abatement that are applicable to the Contractor's proposed operations and the requirements imposed by those laws, regulations, and permits.
- f. Methods for protection of features to be preserved within authorized work areas including trees, shrubs, vines, grasses, ground cover, landscape features, air and water quality, fish and wildlife, soil, historical, and archeological and cultural resources.
- g. Procedures to provide the environmental protection that comply with the applicable laws and regulations. Describe the procedures to correct pollution of the environment due to accident, natural causes, or failure to follow the procedures as described in the Environmental Protection Plan.
- h. Permits, licenses, and the location of the solid waste disposal area.
- i. Drawings showing locations of any proposed temporary excavations or embankments for haul roads, material storage areas, structures, sanitary facilities, and stockpiles of excess or spoil materials. Include as part of an Erosion Control Plan approved by the District Office of the U.S. Soil Conservation Service and the Department of Veterans Affairs.
- j. Environmental Monitoring Plans for the job site including land, water, air, and noise.
- k. Work Area Plan showing the proposed activity in each portion of the area and identifying the areas of limited use or

nonuse. Plan should include measures for marking the limits of use areas. This plan may be incorporated within the Erosion Control Plan.

- B. Approval of the Contractor's Environmental Protection Plan will not relieve the Contractor of responsibility for adequate and continued control of pollutants and other environmental protection measures.

1.5 PROTECTION OF ENVIRONMENTAL RESOURCES

- A. Protect environmental resources within the project boundaries and those affected outside the limits of permanent work during the entire period of this contract. Confine activities to areas defined by the specifications and drawings.
- B. Protection of Land Resources: Prior to construction, identify all land resources to be preserved within the work area. Do not remove, cut, deface, injure, or destroy land resources including trees, shrubs, vines, grasses, top soil, and land forms without permission from the Project Engineer. Do not fasten or attach ropes, cables, or guys to trees for anchorage unless specifically authorized, or where special emergency use is permitted.
 - 1. Work Area Limits: Prior to any construction, mark the areas that require work to be performed under this contract. Mark or fence isolated areas within the general work area that are to be saved and protected. Protect monuments, works of art, and markers before construction operations begin. Convey to all personnel the purpose of marking and protecting all necessary objects.
 - 2. Protection of Landscape: Protect trees, shrubs, vines, grasses, land forms, and other landscape features shown on the drawings to be preserved by marking, fencing, or using any other approved techniques.
 - a. Box and protect from damage existing trees and shrubs to remain on the construction site.
 - b. Immediately repair all damage to existing trees and shrubs by trimming, cleaning, and painting with antiseptic tree paint.

- c. Do not store building materials or perform construction activities closer to existing trees or shrubs than the farthest extension of their limbs.
3. Reduction of Exposure of Unprotected Erodible Soils: Plan and conduct earthwork to minimize the duration of exposure of unprotected soils. Clear areas in reasonably sized increments only as needed to use. Form earthwork to final grade as shown. Immediately protect side slopes and back slopes upon completion of rough grading.
4. Temporary Protection of Disturbed Areas: Construct diversion ditches, benches, and berms to retard and divert runoff from the construction site to protected drainage areas approved under paragraph 208 of the Clean Water Act.
 - a. Sediment Basins: Trap sediment from construction areas in temporary or permanent sediment basins that accommodate the runoff of a local storm. After each storm, pump the basins dry and remove the accumulated sediment. Control overflow/drainage with paved weirs or by vertical overflow pipes, draining from the surface.
 - b. Reuse or conserve the collected topsoil sediment as directed by the Project Engineer.
 - c. Institute effluent quality monitoring programs as required by Federal, State, and local environmental agencies.
5. Erosion and Sedimentation Control Devices: The erosion and sediment controls selected and maintained by the Contractor shall be such that water quality standards are not violated as a result of the Contractor's activities. Construct or install all temporary and permanent erosion and sedimentation control features. Maintain temporary erosion and sediment control measures such as berms, dikes, drains, sedimentation basins, grassing, and mulching, until permanent drainage and erosion control facilities are completed and operative.
6. Manage borrow areas on Government property to minimize erosion and to prevent sediment from entering nearby water courses or lakes.

7. Manage and control spoil areas on Government property to limit spoil to areas and prevent erosion of soil or sediment from entering nearby water courses or lakes.
 8. Protect adjacent areas from despoilment by temporary excavations and embankments.
 9. Handle and dispose of solid wastes in such a manner that will prevent contamination of the environment. Place solid wastes (excluding clearing debris) in containers that are emptied on a regular schedule. Transport all solid waste off Government property and dispose of waste in compliance with Federal, State, and local requirements.
 10. Store chemical waste away from the work areas in corrosion resistant containers and dispose of waste in accordance with Federal, State, and local regulations.
 11. Handle discarded materials other than those included in the solid waste category as directed by the Project Engineer.
- C. Protection of Water Resources: Keep construction activities under surveillance, management, and control to avoid pollution of surface and ground waters and sewer systems. Implement management techniques to control water pollution by the listed construction activities that are included in this contract.
1. Washing and Curing Water: Do not allow wastewater directly derived from construction activities to enter water areas. Collect and place wastewater in retention ponds allowing the suspended material to settle, the pollutants to separate, or the water to evaporate.
 2. Control movement of materials and equipment at stream crossings during construction to prevent violation of water pollution control standards of the Federal, State, or local government.
 3. Monitor water areas affected by construction.
- D. Protection of Fish and Wildlife Resources: Keep construction activities under surveillance, management, and control to minimize interference with, disturbance of, or damage to fish and wildlife. Prior to beginning construction operations, list

species that require specific attention along with measures for their protection.

- E. Protection of Air Resources: Keep construction activities under surveillance, management, and control to minimize pollution of air resources. Burning is not permitted on the job site. Keep activities, equipment, processes, and work operated or performed, in strict accordance with the State of Texas and Federal emission and performance laws and standards. Maintain ambient air quality standards set by the Environmental Protection Agency, for those construction operations and activities specified.
1. Particulates: Control dust particles, aerosols, and gaseous by-products from all construction activities, processing, and preparation of materials (such as from asphaltic batch plants) at all times, including weekends, holidays, and hours when work is not in progress.
 2. Particulates Control: Maintain all excavations, stockpiles, haul roads, permanent and temporary access roads, plant sites, spoil areas, borrow areas, and all other work areas within or outside the project boundaries free from particulates which would cause a hazard or a nuisance. Sprinklering, chemical treatment of an approved type, light bituminous treatment, baghouse, scrubbers, electrostatic precipitators, or other methods are permitted to control particulates in the work area.
 3. Hydrocarbons and Carbon Monoxide: Control monoxide emissions from equipment to Federal and State allowable limits.
 4. Odors: Control odors of construction activities and prevent obnoxious odors from occurring.
- F. Reduction of Noise: Minimize noise using every action possible. Perform noise-producing work in less sensitive hours of the day or week as directed by the Project Engineer. Maintain noise-produced work at or below the decibel levels and within the time periods specified.
1. Perform construction activities involving repetitive, high-level impact noise only between 5:00 p.m. and 8:00 p.m. unless otherwise permitted by local ordinance or the Project

Engineer. Repetitive impact noise on the property shall not exceed the following dB limitations:

Time Duration of Impact Noise	Sound Level in dB
More than 12 minutes in any hour	70
Less than 30 seconds of any hour	85
Less than three minutes of any hour	80
Less than 12 minutes of any hour	75

2. Provide sound-deadening devices on equipment and take noise abatement measures that are necessary to comply with the requirements of this contract, consisting of, but not limited to, the following:

a. Maintain maximum permissible construction equipment noise levels at 15 m (50 feet) (dBA):

EARTHMOVING		MATERIALS HANDLING	
FRONT LOADERS	75	CONCRETE MIXERS	75
BACKHOES	75	CONCRETE PUMPS	75
DOZERS	75	CRANES	75
TRACTORS	75	DERRICKS IMPACT	75
SCAPERS	80	PILE DRIVERS	95
GRADERS	75	JACK HAMMERS	75
TRUCKS	75	ROCK DRILLS	80
PAVERS, STATIONARY	80	PNEUMATIC TOOLS	80
PUMPS	75	BLASTING	
GENERATORS	75	SAWS	75
COMPRESSORS	75	VIBRATORS	75

- b. Use shields or other physical barriers to restrict noise transmission.
- c. Provide soundproof housings or enclosures for noise-producing machinery.
- d. Use efficient silencers on equipment air intakes.
- e. Use efficient intake and exhaust mufflers on internal combustion engines that are maintained so equipment performs below noise levels specified.

- f. Line hoppers and storage bins with sound deadening material.
 - g. Conduct truck loading, unloading, and hauling operations so that noise is kept to a minimum.
3. Measure sound level for noise exposure due to the construction at least once every five successive working days while work is being performed above 55 dB(A) noise level. Measure noise exposure at the property line or 15 m (50 feet) from the noise source, whichever is greater. Measure the sound levels on the A weighing network of a General Purpose sound level meter at slow response. To minimize the effect of reflective sound waves at buildings, take measurements at 900 to 1800 mm (three to six feet) in front of any building face. Submit the recorded information to the Project Engineer noting any problems and the alternatives for mitigating actions.
- G. Restoration of Damaged Property: If any direct or indirect damage is done to public or private property resulting from any act, omission, neglect, or misconduct, the Contractor shall restore the damaged property to a condition equal to that existing before the damage at no additional cost to the Government. Repair, rebuild, or restore property as directed or make good such damage in an acceptable manner.
- H. Final Clean-up: On completion of project and after removal of all debris, rubbish, and temporary construction, Contractor shall leave the construction area in a clean condition satisfactory to the Project Engineer. Cleaning shall include off the station disposal of all items and materials not required to be salvaged, as well as all debris and rubbish resulting from demolition and new work operations.

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SECTION 01 58 16
TEMPORARY INTERIOR SIGNAGE

PART 1 GENERAL**DESCRIPTION**

This section specifies temporary interior signs.

PART 2 PRODUCTS**2.1 TEMPORARY SIGNS**

- A. Fabricate from 50 Kg (110 pound) mat finish white paper.
- B. Cut to 100 mm (4-inch) wide by 300 mm (12 inch) long size tag.
- C. Punch 3 mm (1/8-inch) diameter hole centered on 100 mm (4-inch) dimension of tag. Edge of Hole spaced approximately 13 mm (1/2-inch) from one end on tag.
- D. Reinforce hole on both sides with gummed cloth washer or other suitable material capable of preventing tie pulling through paper edge.
- E. Ties: Steel wire 0.3 mm (0.0120-inch) thick, attach to tag with twist tie, leaving 150 mm (6-inch) long free ends.

PART 3 EXECUTION**3.1 INSTALLATION**

- A. Install temporary signs attached to room door frame or room door knob, lever, or pull for doors on corridor openings.
- B. Mark on signs with felt tip marker having approximately 3 mm (1/8-inch) wide stroke for clearly legible numbers or letters.
- C. Identify room with numbers as designated on floor plans.

3.2 LOCATION

- A. Install on doors that have room, and space numbers shown.
- B. Doors that do not require signs are as follows:
 - 1. Corridor barrier doors (cross-corridor) in corridor with same number.
 - 2. Folding doors or partitions.
 - 3. Toilet or bathroom doors within and between rooms.
 - 4. Communicating doors in partitions between rooms with corridor entrance doors.
- C. Replace missing, damaged, or illegible signs.

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SECTION 01 74 19
CONSTRUCTION WASTE MANAGEMENT

PART 1 - GENERAL

1.1 DESCRIPTION

- A. This section specifies the requirements for the management of non-hazardous building construction and demolition waste.
- B. Waste disposal in landfills shall be minimized to the greatest extent possible. Of the inevitable waste that is generated, as much of the waste material as economically feasible shall be salvaged, recycled or reused.
- C. Contractor shall use all reasonable means to divert construction and demolition waste from landfills and incinerators, and facilitate their salvage and recycle not limited to the following:
 - 1. Waste Management Plan development and implementation.
 - 2. Techniques to minimize waste generation.
 - 3. Sorting and separating of waste materials.
 - 4. Salvage of existing materials and items for reuse or resale.
 - 5. Recycling of materials that cannot be reused or sold.
- D. At a minimum the following waste categories shall be diverted from landfills:
 - 1. Soil.
 - 2. Inerts (eg, concrete, masonry and asphalt).
 - 3. Clean dimensional wood and palette wood.
 - 4. Green waste (biodegradable landscaping materials).
 - 5. Engineered wood products (plywood, particle board and I-joists, etc).
 - 6. Metal products (eg, steel, wire, beverage containers, copper, etc).
 - 7. Cardboard, paper and packaging.
 - 8. Bitumen roofing materials.
 - 9. Plastics (eg, ABS, PVC).
 - 10. Carpet and/or pad.
 - 11. Gypsum board.
 - 12. Insulation.

13. Paint.

14. Fluorescent lamps.

1.2 RELATED WORK

A. Section 02 41 00, DEMOLITION.

B. Section 01 00 00, GENERAL REQUIREMENTS.

1.3 QUALITY ASSURANCE

A. Contractor shall practice efficient waste management when sizing, cutting and installing building products. Processes shall be employed to ensure the generation of as little waste as possible. Construction /Demolition waste includes products of the following:

1. Excess or unusable construction materials.
2. Packaging used for construction products.
3. Poor planning and/or layout.
4. Construction error.
5. Over ordering.
6. Weather damage.
7. Contamination.
8. Mishandling.
9. Breakage.

B. Establish and maintain the management of non-hazardous building construction and demolition waste set forth herein. Conduct a site assessment to estimate the types of materials that will be generated by demolition and construction.

C. Contractor shall develop and implement procedures to recycle construction and demolition waste to a minimum of 50 percent.

D. Contractor shall be responsible for implementation of any special programs involving rebates or similar incentives related to recycling. Any revenues or savings obtained from salvage or recycling shall accrue to the contractor.

E. Contractor shall provide all demolition, removal and legal disposal of materials. Contractor shall ensure that facilities used for recycling, reuse and disposal shall be permitted for the intended use to the extent required by local, state, federal regulations. The Whole Building Design Guide website

<http://www.wbdg.org/tools/cwm.php> provides a Construction Waste Management Database that contains information on companies that haul, collect, and process recyclable debris from construction projects.

- F. Contractor shall assign a specific area to facilitate separation of materials for reuse, salvage, recycling, and return. Such areas are to be kept neat and clean and clearly marked in order to avoid contamination or mixing of materials.
- G. Contractor shall provide on-site instructions and supervision of separation, handling, and salvaging, recycling, reuse and return methods to be used by all parties during waste generating stages.
- H. Record on daily reports any problems in complying with laws, regulations and ordinances with corrective action taken.

1.4 TERMINOLOGY

- A. Class III Landfill: A landfill that accepts non-hazardous resources such as household, commercial and industrial waste resulting from construction, remodeling, repair and demolition operations.
- B. Clean: Untreated and unpainted; uncontaminated with adhesives, oils, solvents, mastics and like products.
- C. Construction and Demolition Waste: Includes all non-hazardous resources resulting from construction, remodeling, alterations, and repair and demolition operations.
- D. Dismantle: The process of parting out a building in such a way as to preserve the usefulness of its materials and components.
- E. Disposal: Acceptance of solid wastes at a legally operating facility for the purpose of land filling (includes Class III landfills and inert fills).
- F. Inert Backfill Site: A location, other than inert fill or other disposal facility, to which inert materials are taken for the purpose of filling an excavation, shoring or other soil engineering operation.
- G. Inert Fill: A facility that can legally accept inert waste, such as asphalt and concrete exclusively for the purpose of disposal.

- H. Inert Solids/Inert Waste: Non-liquid solid resources including, but not limited to, soil and concrete that does not contain hazardous waste or soluble pollutants at concentrations in excess of water-quality objectives established by a regional water board, and does not contain significant quantities of decomposable solid resources.
- I. Mixed Debris: Loads that include commingled recyclable and non-recyclable materials generated at the construction site.
- J. Mixed Debris Recycling Facility: A solid resource processing facility that accepts loads of mixed construction and demolition debris for the purpose of recovering re-usable and recyclable materials and disposing non-recyclable materials.
- K. Permitted Waste Hauler: A company that holds a valid permit to collect and transport solid wastes from individuals or businesses for the purpose of recycling or disposal.
- L. Recycling: The process of sorting, cleansing, treating, and reconstituting materials for the purpose of using the altered form in the manufacture of a new product. Recycling does not include burning, incinerating or thermally destroying solid waste.
1. On-site Recycling - Materials that are sorted and processed on site for use in an altered state in the work, i.e. concrete crushed for use as a sub-base in paving.
 2. Off-site Recycling - Materials hauled to a location and used in an altered form in the manufacture of new products.
- M. Recycling Facility: An operation that can legally accept materials for the purpose of processing the materials into an altered form for the manufacture of new products. Depending on the types of materials accepted and operating procedures, a recycling facility may or may not be required to have a solid waste facilities permit or be regulated by the local enforcement agency.
- N. Reuse: Materials that are recovered for use in the same form, on-site or off-site.

- O. Return: To give back reusable items or unused products to vendors for credit.
- P. Salvage: To remove waste materials from the site for resale or re-use by a third party.
- Q. Source-Separated Materials: Materials that are sorted by type at the site for the purpose of reuse and recycling.
- R. Solid Waste: Materials that have been designated as non-recyclable and are discarded for the purposes of disposal.
- S. Transfer Station: A facility that can legally accept solid waste for the purpose of temporarily storing the materials for re-loading onto other trucks and transporting them to a landfill for disposal, or recovering some materials for re-use or recycling.

1.5 SUBMITTALS

- A. In accordance with DRAWINGS, PRODUCT DATA, and SAMPLES, furnish the following:
- B. Prepare and submit to the Project Engineer a written demolition debris management plan. The plan shall include, but not be limited to, the following information:
 - 1. Procedures to be used for debris management.
 - 2. Techniques to be used to minimize waste generation.
 - 3. Analysis of the estimated job site waste to be generated:
 - a. List of each material and quantity to be salvaged, reused, and recycled.
 - b. List of each material and quantity proposed to be taken to a landfill.
 - 4. Detailed description of the Means/Methods to be used for material handling.
 - a. On site: Material separation, storage, protection where applicable.
 - b. Off site: Transportation means and destination. Include list of materials.
 - 1) Description of materials to be site-separated and self-hauled to designated facilities.
 - 2) Description of mixed materials to be collected by designated waste haulers and removed from the site.

- c. The names and locations of mixed debris reuse and recycling facilities or sites.
 - d. The names and locations of trash disposal landfill facilities or sites.
 - e. Documentation that the facilities or sites are approved to receive the materials.
- C. Designated Manager responsible for instructing personnel, supervising, documenting and administer over meetings relevant to the Waste Management Plan.
 - D. Monthly summary of construction and demolition debris diversion and disposal, quantifying all materials generated at the work site and disposed of or diverted from disposal through recycling.

1.6 APPLICABLE PUBLICATIONS

- A Publications listed below form a part of this specification to the extent referenced. Publications are referenced by the basic designation only. In the event that criteria requirements conflict, the most stringent requirements shall be met.
- B. U.S. Green Building Council (USGBC):
LEED Green Building Rating System for New Construction

1.7 RECORDS

Maintain records to document the quantity of waste generated; the quantity of waste diverted through sale, reuse, or recycling; and the quantity of waste disposed by landfill or incineration. Records shall be kept in accordance with the LEED Reference Guide and LEED Template.

PART 2 - PRODUCTS

2.1 MATERIALS

- A. List of each material and quantity to be salvaged, recycled, reused.
- B. List of each material and quantity proposed to be taken to a landfill.
- C. Material tracking data: Receiving parties, dates removed, transportation costs, weight tickets, tipping fees, manifests, invoices, net total costs or savings.

PART 3 - EXECUTION

3.1 COLLECTION

- A. Provide all necessary containers, bins and storage areas to facilitate effective waste management.
- B. Clearly identify containers, bins and storage areas so that recyclable materials are separated from trash and can be transported to respective recycling facility for processing.
- C. Hazardous wastes shall be separated, stored, disposed of according to local, state, federal regulations.

3.2 DISPOSAL

- A. Contractor shall be responsible for transporting and disposing of materials that cannot be delivered to a source-separated or mixed materials recycling facility to a transfer station or disposal facility that can accept the materials in accordance with state and federal regulations.
- B. Construction or demolition materials with no practical reuse or that cannot be salvaged or recycled shall be disposed of at a landfill or incinerator.

3.3 REPORT

- A. With each application for progress payment, submit a summary of construction and demolition debris diversion and disposal including beginning and ending dates of period covered.
- B. Quantify all materials diverted from landfill disposal through salvage or recycling during the period with the receiving parties, dates removed, transportation costs, weight tickets, manifests, invoices. Include the net total costs or savings for each salvaged or recycled material.
- C. Quantify all materials disposed of during the period with the receiving parties, dates removed, transportation costs, weight tickets, tipping fees, manifests, and invoices. Include the net total costs for each disposal.

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**SECTION 02 41 00
DEMOLITION**

PART 1 - GENERAL

1.1 DESCRIPTION:

This section specifies demolition and removal of buildings, portions of buildings, utilities, other structures and debris from trash dumps shown.

1.2 RELATED WORK:

- A. Safety Requirements: Section 01 35 26 Safety Requirements Article, ACCIDENT PREVENTION PLAN (APP).
- B. Disconnecting utility services prior to demolition: Section 01 00 00, GENERAL REQUIREMENTS.
- C. Reserved items that are to remain the property of the Government: Section 01 00 00, GENERAL REQUIREMENTS.
- D. Environmental Protection: Section 01 57 19, TEMPORARY ENVIRONMENTAL CONTROLS.
- E. Construction Waste Management: Section 01 74 19 CONSTRUCTION WASTE MANAGEMENT.
- F. Infectious Control: Section 01 00 00, GENERAL REQUIREMENTS, Article 1.7, INFECTION PREVENTION MEASURES.

1.3 PROTECTION:

- A. Perform demolition in such manner as to eliminate hazards to persons and property; to minimize interference with use of adjacent areas, utilities and structures or interruption of use of such utilities; and to provide free passage to and from such adjacent areas of structures. Comply with requirements of GENERAL CONDITIONS Article, ACCIDENT PREVENTION.
- B. Provide safeguards, including warning signs, barricades, temporary fences, warning lights, and other similar items that are required for protection of all personnel during demolition and removal operations. Comply with requirements of Section 01 00 00, GENERAL REQUIREMENTS, Article PROTECTION OF EXISTING VEGETATION, STRUCTURES, EQUIPMENT, UTILITIES AND IMPROVEMENTS.

- C. Maintain fences, barricades, lights, and other similar items around exposed excavations until such excavations have been completely filled.
- D. Provide enclosed dust chutes with control gates from each floor to carry debris to truck beds and govern flow of material into truck. Provide overhead bridges of tight board or prefabricated metal construction at dust chutes to protect persons and property from falling debris.
- E. Prevent spread of flying particles and dust. Sprinkle rubbish and debris with water to keep dust to a minimum. Do not use water if it results in hazardous or objectionable condition such as, but not limited to; ice, flooding, or pollution. Vacuum and dust the work area daily.
- F. In addition to previously listed fire and safety rules to be observed in performance of work, include following:
 - 1. No wall or part of wall shall be permitted to fall outwardly from structures.
 - 2. Maintain at least one stairway in each structure in usable condition to highest remaining floor. Keep stairway free of obstructions and debris until that level of structure has been removed.
 - 3. Wherever a cutting torch or other equipment that might cause a fire is used, provide and maintain fire extinguishers nearby ready for immediate use. Instruct all possible users in use of fire extinguishers.
 - 4. Keep hydrants clear and accessible at all times. Prohibit debris from accumulating within a radius of 4500 mm (15 feet) of fire hydrants.
- G. Before beginning any demolition work, the Contractor shall survey the site and examine the drawings and specifications to determine the extent of the work. The contractor shall take necessary precautions to avoid damages to existing items to remain in place, to be reused, or to remain the property of the Medical Center; any damaged items shall be repaired or replaced as approved by the Project Engineer. The Contractor shall coordinate

the work of this section with all other work and shall construct and maintain shoring, bracing, and supports as required. The Contractor shall ensure that structural elements are not overloaded and shall be responsible for increasing structural supports or adding new supports as may be required as a result of any cutting, removal, or demolition work performed under this contract. Do not overload structural elements. Provide new supports and reinforcement for existing construction weakened by demolition or removal works. Repairs, reinforcement, or structural replacement must have Project Engineer's approval.

H. The work shall comply with the requirements of Section 01 57 19, TEMPORARY ENVIRONMENTAL CONTROLS.

I. The work shall comply with the requirements of Section 01 00 00, GENERAL REQUIREMENTS, Article 1.7 INFECTION PREVENTION MEASURES.

1.4 UTILITY SERVICES:

A. Demolish and remove outside utility service lines shown to be removed.

B. Remove abandoned outside utility lines that would interfere with installation of new utility lines and new construction.

PART 2 - PRODUCTS (NOT USED)

PART 3 - EXECUTION

3.1 DEMOLITION:

A. Debris, including brick, concrete, stone, metals and similar materials shall become property of Contractor and shall be disposed of by him daily, off the Medical Center to avoid accumulation at the demolition site. Materials that cannot be removed daily shall be stored in areas specified by the Project Engineer. Break up concrete slabs below grade that do not require removal from present location into pieces not exceeding 600 mm (24 inches) square to permit drainage. Contractor shall dispose debris in compliance with applicable federal, state or local permits, rules and/or regulations.

C. In removing buildings and structures of more than two stories, demolish work story by story starting at highest level and

progressing down to third floor level. Demolition of first and second stories may proceed simultaneously.

- D. Remove and legally dispose of all materials, other than earth to remain as part of project work, from any trash dumps shown. Materials removed shall become property of contractor and shall be disposed of in compliance with applicable federal, state or local permits, rules and/or regulations. All materials in the indicated trash dump areas, including above surrounding grade and extending to a depth of 1500mm (5feet) below surrounding grade, shall be included as part of the lump sum compensation for the work of this section. Materials that are located beneath the surface of the surrounding ground more than 1500 mm (5 feet), or materials that are discovered to be hazardous shall be handled as unforeseen. The removal of hazardous material shall be referred to Hazardous Materials specifications.
- E. Remove existing utilities as indicated or uncovered by work and terminate in a manner conforming to the nationally recognized code covering the specific utility and approved by the Project Engineer. When Utility lines are encountered that is not indicated on the drawings, the Project Engineer shall be notified prior to further work in that area.

3.2 CLEAN-UP:

On completion of work of this section and after removal of all debris, leave site in clean condition satisfactory to Project Engineer. Clean-up shall include off the Medical Center disposal of all items and materials not required to remain property of the Government as well as all debris and rubbish resulting from demolition operations.

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SECTION 02 82 13.19
ASBESTOS FLOOR TILE AND MASTIC ABATEMENT

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**INSTRUCTIONS TO ARCHITECT/ENGINEER AND INDUSTRIAL HYGIENE CONSULTANT
SECTION**

02 82 13.19

ASBESTOS FLOOR TILE AND MASTIC ABATEMENT SPECIFICATIONS

PART 1 - GENERAL

1.1 SUMMARY OF THE WORK

1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS

Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work. In the event the Asbestos Abatement Contractor discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Asbestos Abatement Contractor. All costs incurred due to such action are also the responsibility of the Asbestos Abatement Contractor.

1.1.2 EXTENT OF WORK

- A. Below is a brief description of the estimated quantities of asbestos flooring materials to be abated. These quantities are for informational purposes only and are based on the best information available at the time of the specification preparation. The Contractor shall satisfy himself as the actual quantities to be abated. Nothing in this section may be interpreted as limiting the extent of work otherwise required by this contract and related documents.
- B. Removal, clean-up and disposal of ACM flooring in an appropriate regulated area.

1.1.3 RELATED WORK

- A. Section 02 41 00, DEMOLITION.
- B. Division 09, FINISHES.

1.1.4 TASKS

The work tasks are summarized briefly as follows:

- A. Pre-abatement activities including pre-abatement meeting(s), inspection(s), notifications, permits, submittal approvals,

- regulated area preparations, emergency procedures arrangements, and Asbestos Hazard Abatement Plans for asbestos abatement work.
- B. Abatement activities including removal, encapsulation, enclosure, clean-up and disposal of ACM waste, recordkeeping, security, monitoring, and inspections.
 - C. Cleaning and decontamination activities including final visual inspection, air monitoring and certification of decontamination.

1.1.5 ABATEMENT CONTRACTOR USE OF PREMISES

- A. The Contractor and Contractor's personnel shall cooperate fully with the VA representative/consultant to facilitate efficient use of buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan and in compliance with any/all applicable Federal, State and Local regulations and requirements.
- B. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved VA Design Construction Procedure. VA Design Construction Procedure drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA representative through the pre-abatement plan of action.

1.2 VARIATIONS IN QUANTITY

The quantities and locations of ACM as indicated on the drawings and the extent of work included in this section are estimated which are limited by the physical constraints imposed by occupancy of the buildings and accessibility to ACM. Accordingly, minor variations (+/- 5%) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the contractor shall provide unit prices for newly discovered ACM and those prices shall be used for additional work required under the contractor.

1.3 STOP ASBESTOS REMOVAL

If the Contracting Officer; their field representative; (the facility Safety Officer/Manager or their designee, or the VA Professional Industrial Hygienist/Certified Industrial Hygienist (VPIH/CIH) presents a verbal **Stop Asbestos Removal Order**, the Contractor/Personnel shall immediately stop all asbestos removal and maintain HEPA filtered negative pressure air flow in the containment and adequately wet any exposed ACM. If a verbal Stop Asbestos Removal Order is issued, the VA shall follow-up with a written order to the Contractor as soon as it is practicable. The Contractor shall not resume any asbestos removal activity until

authorized to do so in writing by the VA Contracting Officer. A stop asbestos removal order may be issued at any time the VA Contracting Officer determines abatement conditions/activities are not within VA specification, regulatory requirements or that an imminent hazard exists to human health or the environment. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the VPIH/CIH time. The occurrence of any of the following events shall be reported immediately by the Contractor's competent person to the VA Contracting Office or field representative using the most expeditious means (e.g., verbal or telephonic), followed up with written notification to the Contracting Officer as soon as practical. The Contractor shall immediately stop asbestos removal/disturbance activities and initiate fiber reduction activities:

- A. Airborne PCM analysis results equal to or greater than 0.01 f/cc outside a regulated area or >0.05 f/cc inside a regulated area;
- B. breach or break in regulated area containment barrier(s);
- C. less than -0.02" WCG pressure in the regulated area;
- D. serious injury/death at the site;
- E. fire/safety emergency at the site;
- F. respiratory protection system failure;
- G. power failure or loss of wetting agent; or
- H. any visible emissions observed outside the regulated area.

1.4 DEFINITIONS

1.4.1 GENERAL

Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

1.4.2 GLOSSARY

Abatement - Procedures to control fiber release from asbestos-containing materials. Includes removal, encapsulation, enclosure, demolition, and renovation activities related to asbestos containing materials (ACM).

Aerosol - Solid or liquid particulate suspended in air.

Adequately wet - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.

Aggressive method - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.

Aggressive sampling - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to

aggressively disturb and maintain in the air residual fibers after abatement.

AHERA - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.

Aircell - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

Air monitoring - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 2 is used to determine the fiber levels in air. For personal samples and clearance air testing using Phase Contrast Microscopy (PCM) analysis. NIOSH Method 7402 can be used when it is necessary to confirm fibers counted by PCM as being asbestos. The AHERA TEM analysis may be used for background, area samples and clearance samples when required by this specification, or at the discretion of the VPIH/CIH as appropriate.

Air sample filter - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester membrane for PCM (Phase Contrast Microscopy) and polycarbonate for TEM (Transmission Electron Microscopy)

Amended water - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

Asbestos - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

Asbestos Hazard Abatement Plan (AHAP) - Asbestos work procedures required to be submitted by the contractor before work begins.

Asbestos-containing material (ACM) - Any material containing more than one percent of asbestos.

Asbestos contaminated elements (ACE) - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

Asbestos-contaminated soil (ACS) - Soil found in the work area or in adjacent areas such as crawlspaces or pipe tunnels which is contaminated with asbestos-containing material debris and cannot be easily separated from the material.

Asbestos-containing waste (ACW) material - Asbestos-containing material or asbestos contaminated objects requiring disposal.

Asbestos Project Monitor - Some states require that any person conducting asbestos abatement clearance inspections and clearance air sampling be licensed as an asbestos project monitor.

Asbestos waste decontamination facility - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

Authorized person - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.

Authorized visitor - Any person approved by the VA; the contractor; or any government agency representative having

jurisdiction over the regulated area (e.g., OSHA, Federal and State EPA0..

Barrier - Any surface that isolates the regulated area and inhibits fiber migration from the regulated area.

Containment Barrier - An airtight barrier consisting of walls, floors, and/or ceilings of sealed plastic sheeting which surrounds and seals the outer perimeter of the regulated area.

Critical Barrier - The barrier responsible for isolating the regulated area from adjacent spaces, typically constructed of plastic sheeting secured in place at openings such as doors, windows, or any other opening into the regulated area.

Primary Barrier - Plastic barriers placed over critical barriers and exposed directly to abatement work.

Secondary Barrier - Any additional plastic barriers used to isolate and provide protection from debris during abatement work.

Breathing zone - The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.

Bridging encapsulant - An encapsulant that forms a layer on the surface of the ACM.

Building/facility owner - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.

Bulk testing - The collection and analysis of suspect asbestos containing materials.

Certified Industrial Hygienist (CIH) - A person certified in the comprehensive practice of industrial hygiene by the American Board of Industrial Hygiene.

Class I asbestos work - Activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).

Class II asbestos work - Activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.

Clean room/Changing room - An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.

Clearance sample - The final air sample taken after all asbestos work has been done and visually inspected. Performed by the VA's professional industrial hygiene consultant/Certified Industrial Hygienist (VPIH/CIH).

Closely resemble - The major workplace conditions which have contributed to the levels of historic asbestos exposure, are no more protective than conditions of the current workplace.

Competent person - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29

CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.

Contractor's Professional Industrial Hygienist (CPIH/CIH) - The asbestos abatement contractor's industrial hygienist. The industrial hygienist must meet the qualification requirements of a PIH and may be a certified industrial hygienist (CIH).

Count - Refers to the fiber count or the average number of fibers greater than five microns in length with a length-to-width (aspect) ratio of at least 3 to 1, per cubic centimeter of air.

Crawlspace - An area which can be found either in or adjacent to the work area. This area has limited access and egress and may contain asbestos materials and/or asbestos contaminated soil.

Decontamination area/unit - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.

Demolition - The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

VA Total - means a building or substantial part of the building is completely removed, torn or knocked down, bulldozed, flattened, or razed, including removal of building debris.

Disposal bag - Typically 6 mil thick sift-proof, dustproof, leak-tight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.

Disturbance - Activities that disrupt the matrix of ACM or PACM, crumble or pulverize ACM or PACM, or generate visible debris from ACM or PACM. Disturbance includes cutting away small amounts of ACM or PACM, no greater than the amount that can be contained in one standard sized glove bag or waste bag in order to access a building component. In no event shall the amount of ACM or PACM so disturbed exceed that which can be contained in one glove bag or disposal bag which shall not exceed 60 inches in length or width.

Drum - A rigid, impermeable container made of cardboard fiber, plastic, or metal which can be sealed in order to be sift-proof, dustproof, and leak-tight.

Employee exposure - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.

Encapsulant - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.

Encapsulation - Treating ACM with an encapsulant.

Enclosure - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.

Equipment room - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

Fiber - A particulate form of asbestos, 5 microns or longer, with a length to width (aspect) ratio of at least 3 to 1.

Fibers per cubic centimeter (f/cc) - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.

Filter - Media used in respirators, vacuums, or other machines to remove particulate from air.

Firestopping - Material used to close the open parts of a structure in order to prevent a fire from spreading.

Friable asbestos containing material - Any material containing more than one (1) percent or asbestos as determined using the method specified in appendix A, Subpart F, 40 CFR 763, section 1, Polarized Light Microscopy, that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

Glovebag - Not more than a 60 x 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which materials and tools may be handled.

High efficiency particulate air (HEPA) filter - An ASHRAE MERV 17 filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 micrometers in diameter.

HEPA vacuum - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.

Homogeneous area - An area of surfacing, thermal system insulation or miscellaneous ACM that is uniform in color, texture and date of application.

HVAC - Heating, Ventilation and Air Conditioning

Industrial hygienist (IH) - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop controls for occupational health hazards. Meets definition requirements of the American Industrial Hygiene Association (AIHA).

Industrial hygienist technician (IH Technician) - A person working under the direction of an IH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned. Some states require that an industrial hygienist technician conducting asbestos abatement clearance inspection and clearance air sampling be licensed as an asbestos project monitor.

Intact - The ACM has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix.

Lockdown - Applying encapsulant, after a final visual inspection, on all abated surfaces at the conclusion of ACM removal prior to removal of critical barriers.

National Emission Standards for Hazardous Air Pollutants (NESHAP)
- EPA's rule to control emissions of asbestos to the environment (40 CFR Part 61, Subpart M).

Negative initial exposure assessment - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), that employee exposure during an operation is expected to be consistently below the PELs.

Negative pressure - Air pressure which is lower than the surrounding area, created by exhausting air from a sealed regulated area through HEPA equipped filtration units. OSHA requires maintaining -0.02" water column gauge inside the negative pressure enclosure.

Negative pressure respirator - A respirator in which the air pressure inside the facepiece is negative during inhalation relative to the air pressure outside the respirator facepiece.

Non-friable ACM - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

Organic vapor cartridge - The type of cartridge used on air purifying respirators to remove organic vapor hazardous air contaminants.

Outside air - The air outside buildings and structures, including, but not limited to, the air under a bridge or in an open ferry dock.

Owner/operator - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

Penetrating encapsulant - Encapsulant that is absorbed into the ACM matrix without leaving a surface layer.

Personal protective equipment (PPE) - equipment designed to protect user from injury and/or specific job hazard. Such equipment may include protective clothing, hard hats, safety glasses, and respirators.

Personal sampling/monitoring - Representative air samples obtained in the breathing zone for one or workers within the regulated area using a filter cassette and a calibrated air sampling pump to determine asbestos exposure.

Permissible exposure limit (PEL) - The level of exposure OSHA allows for an 8 hour time weighted average. For asbestos fibers, the eight (8) hour time weighted average PEL is 0.1 fibers per cubic centimeter (0.1 f/cc) of air and the 30-minute Excursion Limit is 1.0 fibers per cubic centimeter (1 f/cc).

Pipe Tunnel - An area, typically located adjacent to mechanical spaces or boiler rooms in which the pipes servicing the heating system in the building are routed to allow the pipes to access heating elements. These areas may contain asbestos pipe insulation, asbestos fittings, or asbestos-contaminated soil.

Polarized light microscopy (PLM) - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type(s) of asbestos present in a bulk sample.

Polyethylene sheeting - Strong plastic barrier material 4 to 6 mils thick, semi-transparent, flame retardant per NFPA 241.

Positive/negative fit check - A method of verifying the seal of a facepiece respirator by temporarily occluding the filters and breathing in (inhaling) and then temporarily occluding the exhalation valve and breathing out (exhaling) while checking for inward or outward leakage of the respirator respectively.

Presumed ACM (PACM) - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (b).

Professional IH - An IH who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed two specialized EPA approved courses on management and supervision of asbestos abatement projects; has formal training in respiratory protection and waste disposal; and has a minimum of four projects of similar complexity with this project of which at least three projects serving as the supervisory IH. The PIH may be either the VA's PIH (VPIH) of Contractor's PIH (CPIH/CIH).

Project designer - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Appendix C, Part I; (B)(5).

Assigned Protection factor - A value assigned by OSHA/NIOSH to indicate the expected protection provided by each respirator class, when the respirator is properly selected and worn correctly. The number indicates the reduction of exposure level from outside to inside the respirator facepiece.

Qualitative fit test (QLFT) - A fit test using a challenge material that can be sensed by the wearer if leakage in the respirator occurs.

Quantitative fit test (QNFT) - A fit test using a challenge material which is quantified outside and inside the respirator thus allowing the determination of the actual fit factor.

Regulated area - An area established by the employer to demarcate where Class I, II, and III asbestos work is conducted, and any adjoining area where debris and waste from such asbestos work may accumulate; and a work area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed the PEL.

Regulated ACM (RACM) - Friable ACM; Category I non-friable ACM that has become friable; Category I non-friable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II non-friable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

Removal - All operations where ACM, PACM and/or RACM is taken out or stripped from structures or substrates, including demolition operations.

Renovation - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

Repair - Overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates, including encapsulation or other repair of ACM or PACM attached to structures or substrates.

Shower room - The portion of the PDF where personnel shower before leaving the regulated area.

Supplied air respirator (SAR) - A respiratory protection system that supplies minimum Grade D respirable air per ANSI/Compressed Gas Association Commodity Specification for Air, G-7.1-1989.

Surfacing ACM - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, fireproofing and other purposes.

Surfactant - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.

Thermal system ACM - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.

Transmission electron microscopy (TEM) - A microscopy method that can identify and count asbestos fibers.

VA Professional Industrial Hygienist (VPIH/CIH) - The Department of Veterans Affairs Professional Industrial Hygienist must meet the qualifications of a PIH, and may be a Certified Industrial Hygienist (CIH).

VA Representative - The VA official responsible for on-going project work.

Visible emissions - Any emissions, which are visually detectable without the aid of instruments, coming from ACM/PACM/RACM/ACS or ACM waste material.

Waste/Equipment decontamination facility (W/EDF) - The area in which equipment is decontaminated before removal from the regulated area.

Waste generator - Any owner or operator whose act or process produces asbestos-containing waste material.

Waste shipment record - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.

Wet cleaning - The process of thoroughly eliminating, by wet methods, any asbestos contamination from surfaces or objects.

1.4.3 REFERENCED STANDARDS ORGANIZATIONS

The following acronyms or abbreviations as referenced in contract/ specification documents are defined to mean the associated names. Names and addresses may be subject to change.

- A. VA Department of Veterans Affairs
810 Vermont Avenue, NW
Washington, DC 20420
- B. AIHA American Industrial Hygiene Association
2700 Prosperity Avenue, Suite 250
Fairfax, VA 22031
703-849-8888
- C. ANSI American National Standards Institute
1430 Broadway
New York, NY 10018
212-354-3300
- D. ASTM American Society for Testing and Materials
1916 Race St.
Philadelphia, PA 19103
215-299-5400
- E. CFR Code of Federal Regulations
Government Printing Office
Washington, DC 20420
- F. CGA Compressed Gas Association
1235 Jefferson Davis Highway
Arlington, VA 22202
703-979-0900
- G. CS Commercial Standard of the National Institute of Standards and
Technology (NIST)
U. S. Department of Commerce
Government Printing Office
Washington, DC 20420
- H. EPA Environmental Protection Agency
401 M St., SW
Washington, DC 20460
202-382-3949
- I. MIL-STD Military Standards/Standardization Division
Office of the Assistant Secretary of Defense
Washington, DC 20420
- I. NEC National Electrical Code (by NFPA)
- J. NEMA National Electrical Manufacturer's Association
2101 L Street, NW
Washington, DC 20037
- K. NFPA National Fire Protection Association
1 Batterymarch Park

P.O. Box 9101
Quincy, MA 02269-9101
800-344-3555

L. NIOSH National Institutes for Occupational Safety and Health
4676 Columbia Parkway
Cincinnati, OH 45226
513-533-8236

M. OSHA Occupational Safety and Health Administration
U.S. Department of Labor
Government Printing Office
Washington, DC 20402

N. UL Underwriters Laboratory
333 Pfingsten Rd.
Northbrook, IL 60062
312-272-8800

1.5 APPLICABLE CODES AND REGULATIONS

1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS

- A. All work under this contract shall be done in strict accordance with all applicable Federal, State, and local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.
- B. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specifications exists, the most stringent requirement(s) shall be utilized.
- C. Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5 shall be available at the worksite in the clean change area of the worker decontamination system.

1.5.2 CONTRACTOR RESPONSIBILITY

The Asbestos Abatement Contractor (Contractor) shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the asbestos abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment (PPE) including respiratory protection including respirator fit testing, as required by applicable Federal, State and Local regulations. The Contractor shall hold the VA and VPIH/CIH consultants harmless for any Contractor's failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental

requirement on the part of himself, his employees, or his subcontractors. The Contractor will incur all costs of the CPIH/CIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State requirements related to failure to comply with the regulations applicable to the work.

1.5.3 FEDERAL REQUIREMENTS

Federal requirements which govern some aspect of asbestos abatement include, but are not limited to, the following regulations.

- A. Occupational Safety and Health Administration (OSHA)
 - 1. Title 29 CFR 1926.1101 - Construction Standard for Asbestos
 - 2. Title 29 CFR 1910.132 - Personal Protective Equipment
 - 3. Title 29 CFR 1910.134 - Respiratory Protection
 - 4. Title 29 CFR 1926 - Construction Industry Standards
 - 5. Title 29 CFR 1910.20 - Access to Employee Exposure and Medical Records
 - 6. Title 29 CFR 1910.1200 - Hazard Communication
 - 7. Title 29 CFR 1910.151 - Medical and First Aid
- B. Environmental Protection Agency (EPA)
 - 1. 40 CFR 61 Subpart A and M (Revised Subpart B) - National Emission Standard for Hazardous Air Pollutants - Asbestos.
 - 2. 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA)
- C. Department of Transportation (DOT)
 - Title 49 CFR 100 - 185 - Transportation

1.5.4 STATE REQUIREMENTS

State requirements that apply to the asbestos abatement work, disposal, clearance, etc., include, but are not limited to, the following:

- Must review and follow the State of Texas Environmental Waste and Asbestos standards (which can be found at http://www.tceq.state.tx.us/permitting/waste_permits/msw_permits/msw_specialwaste.html) and Special Waste Regulations in Texas (RG-029.pdf).

1.5.5 LOCAL REQUIREMENTS

If local requirements are more stringent than federal or state standards, the local standards are to be followed.

1.5.6 STANDARDS

- A. Standards which govern asbestos abatement activities include, but are not limited to, the following:
 - 1. American National Standards Institute (ANSI) Z9.2-79 - Fundamentals Governing the Design and Operation of Local Exhaust Systems Z88.2 - Practices for Respiratory Protection.
 - 2. Underwriters Laboratories (UL) 586-90 - UL Standard for Safety of HEPA filter Units, 7th Edition.
- B. Standards which govern encapsulation work include, but are not limited to, the following:

1. American Society for Testing and Materials (ASTM)
- C. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:
 1. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.
 2. NFPA 701 - Standard Methods for Fire Tests for Flame Resistant Textiles and Film.
 3. NFPA 101 - Life Safety Code

1.5.7 EPA GUIDANCE DOCUMENTS

- A. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference. EPA publications can be ordered from (800) 424-9065.
- B. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024
- C. Asbestos Waste Management Guidance EPA 530-SW-85-007
- D. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001
- E. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

1.5.8 NOTICES

- A. State and Local agencies: Send written notification as required by state and local regulations including the local fire department prior to beginning any work on ACM as follows:
- B. Copies of notifications shall be submitted to the VA for the facility's records in the same time frame notification are given to EPA, State, and Local authorities.

1.5.9 PERMITS/LICENSES

- A. The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, State, and Local regulations.

1.5.10 POSTING AND FILING OF REGULATIONS

- A. Maintain two (2) copies of applicable federal, state, and local regulations. Post one copy of each at the regulated area where workers will have daily access to the regulations and keep another copy in the Contractor's office.

1.5.11 VA RESPONSIBILITIES

Prior to commencement of work:

- A. Notify occupants adjacent to regulated areas of project dates and requirements for relocation, if needed. Arrangements must be made prior to starting work for relocation of desks, files, equipment's and personal possessions to avoid unauthorized access into the regulated area. **Note: Notification of adjacent personnel**

is required by OSHA in 29 CFR 1926.1101 (k) to prevent unnecessary or unauthorized access to the regulated area.

- B. Submit to the Contractor results of background air sampling; including location of samples, person who collected the samples, equipment utilized, calibration data and method of analysis. During abatement, submit to the Contractor, results of bulk material analysis and air sampling data collected during the course of the abatement. This information shall not release the Contractor from any responsibility for OSHA compliance.

1.5.12 SITE SECURITY

- A. Regulated area access is to be restricted only to authorized, trained/accredited and protected personnel. These may include the Contractor's employees, employees of Subcontractors, VA employees and representatives, State and local inspectors, and any other designated individuals. A list of authorized personnel shall be established prior to commencing the project and be posted in the clean room of the decontamination unit.
- B. Entry into the regulated area by unauthorized individuals shall be reported immediately to the Competent Person by anyone observing the entry. The Competent person shall immediately notify the VA.
- C. A log book shall be maintained in the clean room of the decontamination unit. Anyone who enters the regulated area must record their name, affiliation, time in, and time out for each entry.
- D. Access to the regulated area shall be through of a critical barrier doorway. All other access (doors, windows, hallways, etc.) shall be sealed or locked to prevent entry to or exit from the regulated area. The only exceptions for this requirement are the waste/equipment load-out area which shall be sealed except during the removal of containerized asbestos waste from the regulated area, and emergency exits. Emergency exits shall not be locked from the inside; however, they shall be sealed with poly sheeting and taped until needed.
- E. The Contractor's Competent Person shall control site security during abatement operations in order to isolate work in progress and protect adjacent personnel. A 24 hour security system shall be provided at the entrance to the regulated area to assure that all entrants are logged in/out and that only authorized personnel are allowed entrance.
- F. The Contractor will have the VA's assistance in notifying adjacent personnel of the presence, location and quantity of ACM in the regulated area and enforcement of restricted access by the VA's employees.
- G. The regulated area shall be locked during non-working hours and secured by VA security guards.

1.5.13 EMERGENCY ACTION PLAN AND ARRANGEMENTS

- A. An Emergency Action Plan shall be developed prior to commencing abatement activities and shall be agreed to by the Contractor and

the VA. The Plan shall meet the requirements of 29 CFR 1910.38 (a);(b).

- B. Emergency procedures shall be in written form and prominently posted in the clean room and equipment room of the decontamination unit. Everyone, prior to entering the regulated area, must read and sign these procedures to acknowledge understanding of the regulated area layout, location of emergency exits and emergency procedures.
- C. Emergency planning shall include written notification of police, fire, and emergency medical personnel of planned abatement activities; work schedule; layout of regulated area; and access to the regulated area, particularly barriers that may affect response capabilities.
- D. Emergency planning shall include consideration of fire, explosion, hazardous atmospheres, electrical hazards, slips/trips and falls, confined spaces, and heat stress illness. Written procedures for response to emergency situations shall be developed and employee training in procedures shall be provided.
- E. Employees shall be trained in regulated area/site evacuation procedures in the event of workplace emergencies.
 - 1. For non-life-threatening situations - employees injured or otherwise incapacitated shall decontaminate following normal procedures with assistance from fellow workers, if necessary, before exiting the regulated area to obtain proper medical treatment.
 - 2. For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker, remove them from the regulated area, and secure proper medical treatment.
- F. Telephone numbers of any/all emergency response personnel shall be prominently posted in the clean room, along with the location of the nearest telephone.
- G. The Contractor shall provide verification of first aid/CPR training for personnel responsible for providing first aid/CPR. OSHA requires medical assistance within 3-4 minutes of a life-threatening injury/illness. Blood borne Pathogen training shall also be verified for those personnel required to provide first aid/CPR.
- H. The Emergency Action Plan shall provide for a Contingency Plan in the event that an incident occurs that may require the modification of the Asbestos Hazard Abatement Plans during abatement. Such incidents include, but are not limited to, fire; accident; power failure; negative pressure failure; and supplied air system failure. The Contractor shall detail procedures to be followed in the event of an incident assuring that asbestos abatement work is stopped and wetting is continued until correction of the problem.

1.5.14 PRE-CONSTRUCTION MEETING

Prior to commencing the work, the Contractor shall meet with the VA Certified Industrial Hygienist (VPCIH) to present and review,

as appropriate, the items following this paragraph. The Contractor's Competent Person(s) who will be on-site shall participate in the pre-start meeting. The pre-start meeting is to discuss and determine procedures to be used during the project. At this meeting, the Contractor shall provide:

- A. Proof of Contractor licensing.
- B. Proof the Competent Person(s) is trained and accredited and approved for working in this State. Verification of the experience of the Competent Person(s) shall also be presented.
- C. A list of all workers who will participate in the project, including experience and verification of training and accreditation.
- D. A list of and verification of training for all personnel who have current first-aid/CPR training. A minimum of one person per shift must have adequate training.
- E. Current medical written opinions for all personnel working on-site meeting the requirements of 29 CFR 1926.1101 (m).
- F. Current fit-tests for all personnel wearing respirators on-site meeting the requirements of 29 CFR 1926.1101 (h) and Appendix C.
- G. A copy of the Asbestos Hazard Abatement Plan. In these procedures, the following information must be detailed, specific for this project.
 - 1. Regulated area preparation procedures;
 - 2. Notification requirements procedure of Contractor as required in 29 CFR 1926.1101 (d);
 - 3. Decontamination area set-up/layout and decontamination procedures for employees;
 - 4. Abatement methods/procedures and equipment to be used;
 - 5. Personal protective equipment to be used;
- H. At this meeting the Contractor shall provide all submittals as required.
- I. Procedures for handling, packaging and disposal of asbestos waste.
- J. Emergency Action Plan and Contingency Plan Procedures.

1.6 PROJECT COORDINATION

The following are the minimum administrative and supervisory personnel necessary for coordination of the work.

1.6.1 PERSONNEL

- A. Administrative and supervisory personnel shall consist of a qualified Competent Person(s) as defined by OSHA in the Construction Standards and the Asbestos Construction Standard; Contractor Professional Industrial Hygienist and Industrial Hygiene Technicians. These employees are the Contractor's representatives responsible for compliance with these specifications and all other applicable requirements.
- B. Non-supervisory personnel shall consist of an adequate number of qualified personnel to meet the schedule requirements of the project. Personnel shall meet required qualifications. Personnel utilized on-site shall be pre-approved by the VA representative.

A request for approval shall be submitted for any person to be employed during the project giving the person's name; social security number; qualifications; accreditation card with color picture; Certificate of Worker's Acknowledgment; and Affidavit of Medical Surveillance and Respiratory Protection and current Respirator Fit Test.

- C. Minimum qualifications for Contractor and assigned personnel are:
1. The Contractor has conducted within the last three (3) years, three (3) projects of similar complexity and dollar value as this project; has not been cited and penalized for serious violations of federal (and state as applicable) EPA and OSHA asbestos regulations in the past three (3) years; has adequate liability/occurrence insurance for asbestos work as required by the state; is licensed in applicable states; has adequate and qualified personnel available to complete the work; has comprehensive Asbestos Hazard Abatement Plans for asbestos work; and has adequate materials, equipment and supplies to perform the work.
 2. The Competent Person has four (4) years of abatement experience of which two (2) years were as the Competent Person on the project; meets the OSHA definition of a Competent Person; has been the Competent Person on two (2) projects of similar size and complexity as this project within the past three (3) years; has completed EPA AHERA/OSHA/State/Local training requirements/accreditation(s) and refreshers; and has all required OSHA documentation related to medical and respiratory protection.
 3. The Contractor Professional Industrial Hygienist/CIH (CPIH/CIH) shall have five (5) years of monitoring experience and supervision of asbestos abatement projects; has participated as senior IH on five (5) abatement projects, three (3) of which are similar in size and complexity as this project; has developed at least one complete Asbestos Hazard Abatement Plan for asbestos abatement; has trained abatement personnel for three (3) years; has specialized EPA AHERA/OSHA training in asbestos abatement management, respiratory protection, waste disposal and asbestos inspection; has completed the NIOSH 582 Course or equivalent, Contractor/Supervisor course; and has appropriate medical/respiratory protection records/documentation.
 4. The Abatement Personnel shall have completed the EPA AHERA/OSHA abatement worker course; have training on the Asbestos Hazard Abatement Plans of the Contractor; has one year of asbestos abatement experience within the past three (3) years of similar size and complexity; has applicable medical and respiratory protection documentation; and has certificate of training/current refresher and State accreditation/license.

All personnel should be in compliance with OSHA construction safety training as applicable and submit certification.

1.7 RESPIRATORY PROTECTION

1.7.1 GENERAL - RESPIRATORY PROTECTION PROGRAM

The Contractor shall develop and implement a written Respiratory Protection Program (RPP) which is in compliance with the January 8, 1998 OSHA requirements found at 29 CFR 1926.1101 and 29 CFR 1910.Subpart I;134. ANSI Standard Z88.2-1992 provides excellent guidance for developing a respiratory protection program. All respirators used must be NIOSH approved for asbestos abatement activities. The written RPP shall, at a minimum, contain the basic requirements found at 29 CFR 1910.134 (c)(1)(i - ix) - Respiratory Protection Program.

1.7.2 RESPIRATORY PROTECTION PROGRAM COORDINATOR

The Respiratory Protection Program Coordinator (RPPC) must be identified and shall have two (2) years experience coordinating RPP of similar size and complexity. The RPPC must submit a signed statement attesting to the fact that the program meets the above requirements.

1.7.3 SELECTION AND USE OF RESPIRATORS

The procedure for the selection and use of respirators must be submitted to the VA as part of the Contractor's qualifications. The procedure must be written clearly enough for workers to understand. A copy of the Respiratory Protection Program must be available in the clean room of the decontamination unit for reference by employees or authorized visitors.

1.7.4 MINIMUM RESPIRATORY PROTECTION

Minimum respiratory protection shall be a half face, HEPA filtered, air purifying respirator when fiber levels are maintained consistently at or below 0.1 f/cc. A higher level of respiratory protection may be provided or required, depending on fiber levels. Respirator selection shall meet the requirements of 29 CFR 1926.1101 (h); Table 1, except as indicated in this paragraph. Abatement personnel must have a respirator for their exclusive use.

1.7.5 MEDICAL WRITTEN OPINION

No employee shall be allowed to wear a respirator unless a physician or other licensed health care professional has provided a written determination they are medically qualified to wear the class of respirator to be used on the project while wearing whole body impermeable garments and subjected to heat or cold stress.

1.7.6 RESPIRATOR FIT TEST

All personnel wearing respirators shall have a current qualitative/quantitative fit test which was conducted in accordance with 29 CFR 1910.134 (f) and Appendix A. Quantitative

fit tests shall be done for PAPRs which have been put into a motor/blower failure mode.

1.7.7 RESPIRATOR FIT CHECK

The Competent Person shall assure that the positive/negative pressure user seal check is done each time the respirator is donned by an employee. Head coverings must cover respirator head straps. Any situation that prevents an effective facepiece to face seal as evidenced by failure of a user seal check shall preclude that person from wearing a respirator inside the regulated area until resolution of the problem.

1.7.8 MAINTENANCE AND CARE OF RESPIRATORS

The Respiratory Protection Program Coordinator shall submit evidence and documentation showing compliance with 29 CFR 1910.134 (h) Maintenance and Care of Respirators.

1.7.9 SUPPLIED AIR SYSTEMS

If a supplied air system is used, the system shall meet all requirements of 29 CFR 1910.134 and the ANSI/Compressed Gas Association (CGA) Commodity Specification for Air current requirements for Type 1 - Grade D breathing air. Low pressure systems are not allowed to be used on asbestos abatement projects. Supplied Air respirator use shall be in accordance with EPA/NIOSH publication EPA-560-OPTS-86-001 "A Guide to Respiratory Protection for the Asbestos Abatement Industry". The competent person on site will be responsible for the supplied air system to ensure the safety of the worker.

1.8 WORKER PROTECTION

1.8.1 TRAINING OF ABATEMENT PERSONNEL

Prior to beginning any abatement activity, all personnel shall be trained in accordance with OSHA 29 CFR 1926.1101 (k)(9) and any additional State/Local requirements. Training must include, at a minimum, the elements listed at 29 CFR 1926.1101 (k)(9)(viii). Training shall have been conducted by a third party, EPA/State approved trainer meeting the requirements of EPA 40 CFR 763 Appendix C (AHERA MAP). Initial training certificates and current refresher and accreditation proof must be submitted for each person working at the site.

1.8.2 MEDICAL EXAMINATIONS

Medical examinations meeting the requirements of 29 CFR 1926.1101 (m) shall be provided for all personnel working in the regulated area, regardless of exposure levels. A current physician's written opinion as required by 29 CFR 1926.1101 (m)(4) shall be provided for each person and shall include in the medical opinion the person has been evaluated for working in a heat and cold stress environment while wearing personal protective equipment

(PPE) and is able to perform the work without risk of material health impairment.

1.8.3 PERSONAL PROTECTIVE EQUIPMENT

Provide whole body clothing, head coverings, foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d). The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle. Worker protection shall meet the most stringent requirements.

1.8.4 REGULATED AREA ENTRY PROCEDURE

The Competent Person shall ensure that each time workers enter the regulated area they remove ALL street clothes in the clean room of the decontamination unit and put on new disposable coveralls, head coverings, a clean respirator, and then proceed through the shower room to the equipment room where they put on non-disposable required personal protective equipment.

1.8.5 DECONTAMINATION PROCEDURE

The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area.

- A. When exiting the regulated area, remove all disposable PPE and dispose of in a disposal bag provided in the regulated area.
- B. Carefully decontaminate and clean the respirator. Put in a clean container/bag.

1.8.6 REGULATED AREA REQUIREMENTS

The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for Class I regulated areas at 29 CFR 1926.1101 (e) are met applicable to Class II work. All personnel in the regulated area shall not be allowed to eat, drink, smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

1.9 DECONTAMINATION FACILITIES:

1.9.1 DESCRIPTION:

Provide each regulated area with separate personnel decontamination facilities (PDF) and waste/equipment decontamination facilities (W/EDF). Ensure that the PDF are the only means of ingress and egress to the regulated area and that all equipment, bagged waste, and other material exit the regulated area only through the W/EDF.

1.9.2 GENERAL REQUIREMENTS

All personnel entering or exiting a regulated area must go through the PDF and shall follow the requirements at 29 CFR 1926.1101 (j)(1) and these specifications. All waste, equipment and contaminated materials must exit the regulated area through the W/EDF and be decontaminated in accordance with these specifications. Walls and ceilings of the PDF and W/EDF must be constructed of a minimum of 3 layers of 6 mil opaque fire retardant polyethylene sheeting and be securely attached to existing building components and/or an adequate temporary framework. A minimum of 3 layers of 6 mil poly shall also be used to cover the floor under the PDF and W/EDF units. Construct doors so that they overlap and secure to adjacent surfaces. Weight inner doorway sheets with layers of duct tape so that they close quickly after release. Put arrows on sheets so they show direction of travel and overlap. If the building adjacent area is occupied, construct a solid barrier on the occupied side(s) to protect the sheeting and reduce potential for non-authorized personnel entering the regulated area.

1.9.3 TEMPORARY FACILITIES TO THE PDF AND W/EDF

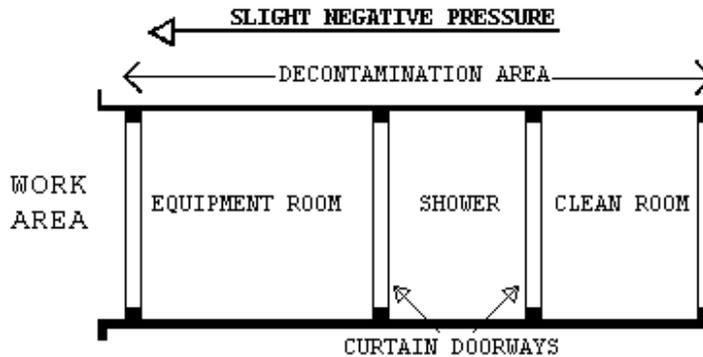
The Competent Person shall provide temporary water service connections to the PDF and W/EDF. Backflow prevention must be provided at the point of connection to the VA system. Water supply must be of adequate pressure and meet requirements of 29 CFR 1910.141 (d)(3). Provide adequate temporary overhead electric power with ground fault circuit interruption (GFCI) protection. Provide a sub-panel equipped with GFCI protection for all temporary power in the clean room. Provide adequate lighting to provide a minimum of 50 foot candles in the PDF and W/EDF. Provide temporary heat, if needed, to maintain 70°F throughout the PDF and W/EDF.

1.9.4 PERSONNEL DECONTAMINATION FACILITY (PDF)

1. Clean Room: The clean room must be physically and visually separated from the rest of the building to protect the privacy of personnel changing clothes. The clean room shall be constructed of at least 3 layers of 6 mil opaque fire retardant poly to provide an air tight room. Provide a minimum of 2 - 900 mm (3 foot) wide 6 mil poly opaque fire retardant doorways. One doorway shall be the entry from outside the PDF and the second doorway shall be to the shower room of the PDF. The floor of the clean room shall be maintained in a clean, dry condition. Shower overflow shall not be allowed into the clean room. Provide 1 storage locker per person. A portable fire extinguisher, minimum 10 pounds capacity, Type ABC, shall be provided in accordance with OSHA and NFPA Standard 10. All persons entering the regulated area shall remove all street clothing in the clean room and dress in disposable protective clothing and respiratory protection. Any person entering the

- clean room does so either from the outside with street clothing on or is coming from the shower room completely naked and thoroughly washed. Females required to enter the regulated area shall be ensured of their privacy throughout the entry/exit process by posting guards at both entry points to the PDF so no male can enter or exit the PDF during her stay in the PDF.
2. Shower Room: The Competent Person shall assure that the shower room is a completely water tight compartment to be used for the movement of all personnel from the clean room to the equipment room and for the showering of all personnel going from the equipment room to the clean room. Each shower shall be constructed so water runs down the walls of the shower and into a drip pan. Install a freely draining smooth floor on top of the shower pan. The shower room shall be separated from the rest of the building and from the clean room and equipment room using air tight walls made from at least 3 layers of 6 mil opaque fire retardant poly. The shower shall be equipped with a shower head and controls, hot and cold water, drainage, soap dish and continuous supply of soap, and shall be maintained in a sanitary condition throughout its use. The controls shall be arranged so an individual can shower without assistance. Provide a flexible hose shower head, hose bibs and all other items shown on Shower Schematic. Waste water will be pumped to a drain after being filtered through a minimum of a 100 micron sock in the shower drain; a 20 micron filter; and a final 5 micron filter. Filters will be changed a minimum of daily or more often as needed. Filter changes must be done in the shower to prevent loss of contaminated water. Hose down all shower surfaces after each shift and clean any debris from the shower pan. Residue is to be disposed of as asbestos waste.
 3. Equipment Room: The Competent Person shall provide an equipment room which shall be an air tight compartment for the storage of work equipment/tools, reusable personal protective equipment, except for a respirator and for use as a gross decontamination area for personnel exiting the regulated area. The equipment room shall be separated from the regulated area by a minimum 3 foot wide door made with 2 layers of 6 mil opaque fire retardant poly. The equipment room shall be separated from the regulated area, the shower room and the rest of the building by air tight walls and ceiling constructed of a minimum of 3 layers of 6 mil opaque fire retardant poly. Damp wipe all surfaces of the equipment room after each shift change. Provide an additional loose layer of 6 mil fire retardant poly per shift change and remove this layer after each shift. If needed, provide a temporary electrical sub-panel equipped with GFCI in the equipment room to accommodate any equipment required in the regulated area.
 4. The PDF shall be as follows: Clean room at the entrance followed by a shower room followed by an equipment room

leading to the regulated area. Each doorway in the PDF shall be a minimum of 2 layers of 6 mil opaque fire retardant poly.



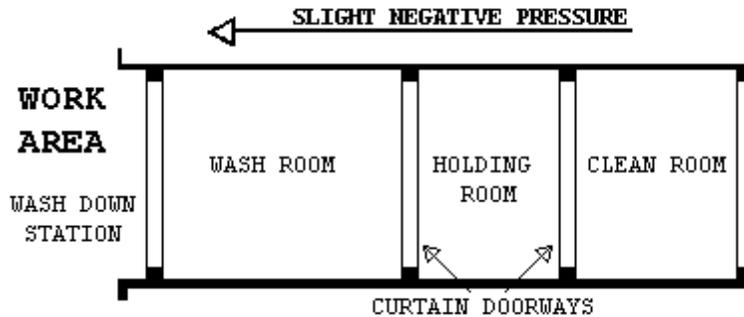
1.9.5 WASTE/EQUIPMENT DECONTAMINATION FACILITY (W/EDF)

The Competent Person shall provide an W/EDF consisting of a wash room, holding room, and clean room for removal of waste, equipment and contaminated material from the regulated area. Personnel shall not enter or exit the W/EDF except in the event of an emergency. Clean debris and residue in the W/EDF daily. All surfaces in the W/EDF shall be wiped/hosed down after each shift and all debris shall be cleaned from the shower pan. The W/EDF shall consist of the following:

1. Wash Down Station: Provide an enclosed shower unit in the regulated area just outside the Wash Room as an equipment bag and container cleaning station.
2. Wash Room: Provide a wash room for cleaning of bagged or containerized asbestos containing waste materials passed from the regulated area. Construct the wash room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. Locate the wash room so that packaged materials, after being wiped clean, can be passed to the Holding Room. Doorways in the wash room shall be constructed of 2 layers of 6 mil fire retardant poly.
3. Holding Room: Provide a holding room as a drop location for bagged materials passed from the wash room. Construct the holding room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. The holding room shall be located so that bagged material cannot be passed from the wash room to the clean room unless it goes through the holding room. Doorways in the holding room shall be constructed of 2 layers of 6 mil fire retardant poly.
4. Clean Room: Provide a clean room to isolate the holding room from the exterior of the regulated area. Construct the clean room using 2 x 4 wood framing and 2 layers of 6 mil fire retardant poly. The clean room shall be located so as to provide access to the holding room from the building exterior. Doorways to the clean room shall be constructed of 2 layers of 6 mil fire retardant poly. When a negative pressure

differential system is used, a rigid enclosure separation between the W/EDF clean room and the adjacent areas shall be provided.

5. The W/EDF shall be as follows: Wash Room leading to a Holding Room followed by a Clean Room leading to outside the regulated area. See diagram.



1.9.6 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES:

At the wash down station in the regulated area, thoroughly wet clean contaminated equipment and/or sealed polyethylenes bags and pass into Wash Room after visual inspection. When passing anything into the Wash Room, close all doorways of the W/EDF, other than the doorway between the wash down station and the Wash Room. Keep all outside personnel clear of the W/EDF. Once inside the Wash Room, wet clean the equipment and/or bags. After cleaning and inspection, pass items into the Holding Room. Close all doorways except the doorway between the Holding Room and the Clean Room. Workers from the Clean Room/Exterior shall enter the Holding Room and remove the decontaminated/cleaned equipment/bags for removal and disposal. These personnel will not be required to wear PPE. At no time shall personnel from the clean side be allowed to enter the Wash Room.

PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT

2.1 MATERIALS AND EQUIPMENT

2.1.1 GENERAL REQUIREMENTS (ALL ABATEMENT PROJECTS)

Prior to the start of work, the contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the CPIH/CIH has submitted verification to the VA's representative.

- A. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).

- B. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable and combustible materials cannot be stored inside buildings. Replacement materials shall be stored outside of the regulated area until abatement is completed.
- C. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized location.
- D. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.
- E. Polyethylene sheeting for walls in the regulated area shall be a minimum of 4-mils. For floors and all other uses, sheeting of at least 6-mil shall be used in widths selected to minimize the frequency of joints. Fire retardant poly shall be used throughout.
- F. The method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA and selected to minimize damage to equipment and surfaces. Method of attachment may include any combination of moisture resistant duct tape furring strips, spray glue, staples, nails, screws, lumber and plywood for enclosures or other effective procedures capable of sealing polyethylene to dissimilar finished or unfinished surfaces under both wet and dry conditions.
- G. Polyethylene sheeting utilized for the PDF shall be opaque white or black in color, 6 mil fire retardant poly.
- H. Installation and plumbing hardware, showers, hoses, drain pans, sump pumps and waste water filtration system shall be provided by the Contractor.
- I. An adequate number of HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements, fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project. All electrically operated hand tools, equipment, electric cords shall be connected to GFCI protection.
- J. Special protection for objects in the regulated area shall be detailed (e.g., plywood over carpeting or hardwood floors to prevent damage from scaffolds, water and falling material).
- K. Disposal bags - 2 layers of 6 mil poly for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
- L. The VA shall be provided an advance copy of the MSDS as required for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication in the pre-project submittal. Chlorinated compounds shall not be used with any spray adhesive, mastic remover or other product. Appropriate encapsulant(s) shall be provided.

- M. OSHA DANGER demarcation signs, as many and as required by OSHA 29 CFR 1926.1101(k)(7) shall be provided and placed by the Competent Person. All other posters and notices required by Federal and State regulations shall be posted in the Clean Room.
- N. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a written hazard assessment conducted under 29 CFR 1910.132(d).

2.1.2 NEGATIVE PRESSURE FILTRATION SYSTEM

The Contractor shall provide enough HEPA negative air machines to continuously maintain a pressure differential of -0.02" water column gauge (WCG). The Competent Person shall determine the number of units needed for the regulated area by dividing the cubic feet in the regulated area by 15 and then dividing that result by the cubic feet per minute (CFM) for each unit to determine the number of units needed to continuously maintain a pressure differential of -0.02" WCG. Provide a standby unit in the event of machine failure and/or emergency in an adjacent area.

NIOSH has done extensive studies and has determined that negative air machines typically operate at ~50% efficiency. The contractor shall consider this in their determination of number of units needed to continuously maintain a pressure differential of -0.02" WCG. The contractor shall use 8 air changes per hour or double the number of machines, based on their calculations, or submit proof their machines operate at stated capacities, at a 2" pressure drop across the filters.

2.1.3 DESIGN AND LAYOUT

- A. Before start of work submit the design and layout of the regulated area and the negative air machines. The submittal shall indicate the number of, location of and size of negative air machines. The point(s) of exhaust, air flow within the regulated area, anticipated negative pressure differential, and supporting calculations for sizing shall be provided. In addition, submit the following:
 1. Method of supplying power to the units and designation/location of the panels.
 2. Description of testing method(s) for correct air volume and pressure differential.
 3. If auxiliary power supply is to be provided for the negative air machines, provide a schematic diagram of the power supply and manufacturer's data on the generator and switch.

2.1.4 NEGATIVE AIR MACHINES (HEPA UNITS)

- A. Negative Air Machine Cabinet: The cabinet shall be constructed of steel or other durable material capable of withstanding potential damage from rough handling and transportation. The width of the

cabinet shall be less than 30" in order to fit in standard doorways. The cabinet must be factory sealed to prevent asbestos fibers from being released during use, transport, or maintenance. Any access to and replacement of filters shall be from the inlet end. The unit must be on casters or wheels.

- B. Negative Air Machine Fan: The rating capacity of the fan must indicate the CFM under actual operating conditions. Manufacturer's typically use "free-air" (no resistance) conditions when rating fans. The fan must be a centrifugal type fan.
- C. Negative Air Machine Final Filter: The final filter shall be a HEPA filter. The filter media must be completely sealed on all edges within a structurally rigid frame. The filter shall align with a continuous flexible gasket material in the negative air machine housing to form an air tight seal. Each HEPA filter shall be certified by the manufacturer to have an efficiency of not less than 99.97%. Testing shall have been done in accordance with Military Standard MIL-STD-282 and Army Instruction Manual 136-300-175A. Each filter must bear a UL586 label to indicate ability to perform under specified conditions. Each filter shall be marked with the name of the manufacturer, serial number, air flow rating, efficiency and resistance, and the direction of test air flow.
- D. Negative Air Machine Pre-filters: The pre-filters, which protect the final HEPA filter by removing larger particles, are required to prolong the operating life of the HEPA filter. Two stages of pre-filtration are required. A first stage pre-filter shall be a low efficiency type for particles 10 micron or larger. A second stage pre-filter shall have a medium efficiency effective for particles down to 5 micron or larger. Pre-filters shall be installed either on or in the intake opening of the NAM and the second stage filter must be held in place with a special housing or clamps.
- E. Negative Air Machine Instrumentation: Each unit must be equipped with a gauge to measure the pressure drop across the filters and to indicate when filters have become loaded and need to be changed. A table indicating the cfm for various pressure readings on the gauge shall be affixed near the gauge for reference or the reading shall indicate at what point the filters shall be changed, noting cfm delivery. The unit must have an elapsed time meter to show total hours of operation.
- F. Negative Air Machine Safety and Warning Devices: An electrical/mechanical lockout must be provided to prevent the fan from being operated without a HEPA filter. Units must be equipped with an automatic shutdown device to stop the fan in the event of a rupture in the HEPA filter or blockage in the discharge of the fan. Warning lights are required to indicate normal operation; too high a pressure drop across filters; or too low of a pressure drop across filters.
- G. Negative Air Machine Electrical: All electrical components shall be approved by the National Electrical Manufacturer's Association (NEMA) and Underwriters Laboratories (UL). Each unit must be

provided with overload protection and the motor, fan, fan housing, and cabinet must be grounded.

- H. It is essential that replacement HEPA filters be tested using an "in-line" testing method, to ensure the seal around the periphery was not damaged during replacement. Damage to the outer HEPA filter seal could allow contaminated air to bypass the HEPA filter and be discharged to an inappropriate location. Contractor will provide written documentation of test results for negative air machine units with HEPA filters changed by the contractor or documentation when changed and tested by the contractor filters.

2.1.5 PRESSURE DIFFERENTIAL

The fully operational negative air system within the regulated area shall continuously maintain a pressure differential of - 0.02" water column gauge. Before any disturbance of any asbestos material, this shall be demonstrated to the VA by use of a pressure differential meter/manometer as required by OSHA 29 CFR 1926.1101(e)(5)(i). The Competent Person shall be responsible for providing, maintaining, and documenting the negative pressure and air changes as required by OSHA and this specification.

2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA

2.2.1 GENERAL

- A. Using critical barriers, seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All surfaces in the regulated area must be covered to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated as a result of the work, shall immediately stop work and clean up the contamination at no additional cost to the VA. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 3.1.4.8; FIRESTOPPING.
- B. Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. All uncontaminated removable furniture, equipment and/or supplies shall be removed by the VA from the regulated area before commencing work. Any objects remaining in the regulated area shall be completely covered with 2 layers of 6-mil fire retardant poly sheeting and secured with duct tape. Lock out and tag out any HVAC/electrical systems in the regulated area.

2.2.3 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area is allowed only through the personnel decontamination facility (PDF). All other means of access shall be eliminated and OSHA DANGER demarcation signs posted as required by OSHA. If the regulated area is adjacent to, or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly to prevent building occupant observation. If the adjacent area is accessible to the public,

the barrier must be solid and capable of withstanding the negative pressure.

2.2.4 CRITICAL BARRIERS

Completely separate any operations in the regulated area from adjacent areas using 2 layers of 6 mil fire retardant poly and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects/openings in the regulated area. Heat must be shut off any objects covered with poly.

2.2.5 SECONDARY BARRIERS:

A loose layer of 6 mil poly shall be used as a drop cloth to protect the primary layers from debris generated during the abatement. This layer shall be replaced as needed during the work and at a minimum once per work day.

2.2.6 EXTENSION OF THE REGULATED AREA

If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. Decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

2.2.7 FIRESTOPPING

- A. Through penetrations caused by cables, cable trays, pipes, sleeves, conduits, etc. must be firestopped with a fire-rated firestop system providing an air tight seal.
- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

2.3 MONITORING, INSPECTION AND TESTING

2.3.1 GENERAL

- A. Perform throughout abatement work monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and these specifications. OSHA requires that the Employee exposure to asbestos must not exceed 0.1 fibers per cubic centimeter (f/cc) of air, averaged over an 8-hour work shift. The CPIH/CIH is responsible for and shall inspect and oversee the performance of the Contractor IH Technician. The IH Technician shall continuously inspect and monitor conditions inside the regulated area to ensure compliance with these specifications. In addition, the CPIH/CIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and adjacent area samples to satisfy OSHA requirements. Additional inspection and testing requirements are also indicated in other parts of this specification.
- B. The VA will employ an independent industrial hygienist (VPIH/CIH) consultant and/or use its own IH to perform various services on behalf of the VA. The VPIH/CIH will perform the necessary monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, and that the abatement work proceeds in accordance with these specifications, that the abated areas or abated buildings have been successfully decontaminated. The work of the VPIH/CIH consultant in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the VPIH/CIH and their services will be borne by the VA except for any repeat of final inspection and testing that may be required due to unsatisfactory initial results. Any repeated final inspections and/or testing, if required, will be paid for by the Contractor.
- C. If fibers counted by the VPIH/CIH during abatement work, either inside or outside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed the specified respective limits, the Contractor shall stop work. The Contractor may request confirmation of the results by analysis of the samples by TEM. Request must be in writing and submitted to the VA's representative. Cost for the confirmation of results will be borne by the Contractor for both the collection and analysis of samples and for the time delay that may/does result for this confirmation. Confirmation sampling and analysis will be the responsibility of the CPIH/CIH with review and approval of the VPIH/CIH. An agreement between the CPIH/CIH and the VPIH/CIH shall be reached on the exact details of the confirmation effort, in writing, including such things as the number of samples, location, collection, quality control on-site, analytical laboratory, interpretation of results and any follow-up actions.

This written agreement shall be co-signed by the IH's and delivered to the VA's representative.

2.3.2 SCOPE OF SERVICES OF THE VPIH/CIH CONSULTANT

- A. The purpose of the work of the VPIH/CIH is to: assure quality; adherence to the specification; resolve problems; prevent the spread of contamination beyond the regulated area; and assure clearance at the end of the project. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM. The VPIH/CIH will perform the following tasks:
1. Task 1: Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.
 2. Task 2: Perform continuous air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities.
 3. Task 3: Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.
 4. Task 4: Provide support to the VA representative such as evaluation of submittals from the Contractor, resolution of conflicts, interpret data, etc.
 5. Task 5: Perform, in the presence of the VA representative, final inspection and testing of a decontaminated regulated area at the conclusion of the abatement to certify compliance with all regulations and VA requirements/specifications.
 6. Task 6: Issue certificate of decontamination for each regulated area and project report.
- B. All documentation, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.
- C. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

2.3.3 MONITORING, INSPECTION AND TESTING BY CONTRACTOR CPIH/CIH

The Contractor's CPIH/CIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications. The CPIH/CIH is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor's personnel.

Safety and health conditions and the provision of those conditions inside the regulated area for all persons entering the regulated area is the exclusive responsibility of the Contractor/Competent Person. The person performing the personnel and area air monitoring inside the regulated area shall be an IH Technician, who shall be trained and shall have specialized field experience in sampling and analysis. The IH Technician shall have successfully completed a NIOSH 582 Course or equivalent and provide documentation. The IH Technician shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytic Testing program of AIHA for fiber counting quality control assurance. The IH Technician shall also be an accredited EPA AHERA/State Contractor/Supervisor (or Abatement Worker) and Building Inspector. The IH Technician shall have participated in five abatement projects collecting personal and area samples as well as responsibility for documentation on substantially similar projects in size and scope. The analytic laboratory used by the Contractor to analyze the samples shall be AIHA accredited for asbestos PAT and approved by the VA prior to start of the project. A daily log shall be maintained by the CPIH/CIH or IH Technician, documenting all OSHA requirements for air personal monitoring for asbestos in 29 CFR 1926.1101 (f), (g) and Appendix A. This log shall be made available to the VA representative and the VPIH/CIH upon request. The log will contain, at a minimum, information on personnel or area samples, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc. The CPIH/CIH shall collect and analyze samples for each representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. No fewer than two personal samples per shift shall be collected and one area sample per 1,000 square feet of regulated area where abatement is taking place and one sample per shift in the clean room area shall be collected. In addition to the continuous monitoring required, the CPIH/CIH will perform inspection and testing at the final stages of abatement for each regulated area as specified in the CPIH/CIH responsibilities. Additionally, the CPIH/CIH will monitor and record pressure readings within the containment daily with a minimum of two readings at the beginning and at the end of a shift, and submit the data in the daily report.

2.4 ASBESTOS HAZARD ABATEMENT PLAN

The Contractor shall have established Asbestos Hazard Abatement Plan (AHAP) in printed form and loose leaf folder consisting of simplified text, diagrams, sketches, and pictures that establish and explain clearly the procedures to be followed during all phases of the work by the Contractor's personnel. The AHAP must be modified as needed to address specific requirements of this project and the specifications. The AHAP(s) shall be submitted for review and approval to the VA prior to the start of any abatement

work. The minimum topics and areas to be covered by the AHAP(s) are:

- A. Minimum Personnel Qualifications
- B. Emergency Action Plan/Contingency Plans and Arrangements
- C. Security and Safety Procedures
- D. Respiratory Protection/Personal Protective Equipment Program and Training
- E. Medical Surveillance Program and Recordkeeping
- F. Regulated Area Requirements - Containment Barriers/Isolation of Regulated Area
- G. Decontamination Facilities and Entry/Exit Procedures (PDF and W/EDF)
- H. Negative Pressure Systems Requirements
- I. Monitoring, Inspections, and Testing
- J. Removal Procedures for ACM
- K. Removal of Contaminated Soil (if applicable)
- L. Encapsulation Procedures for ACM
- M. Disposal of ACM waste/equipment
- N. Regulated Area Decontamination/Clean-up
- O. Regulated Area Visual and Air Clearance
- P. Project Completion/Closeout

2.5 SUBMITTALS

2.5.1 PRE-START MEETING SUBMITTALS

Submit to the VA a minimum of 14 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-start meeting for this project:

- A. Submit a detailed work schedule for the entire project reflecting contract documents and the phasing/schedule requirements from the CPM chart.
- B. Submit a staff organization chart showing all personnel who will be working on the project and their capacity/function. Provide their qualifications, training, accreditations, and licenses, as appropriate. Provide a copy of the "Certificate of Worker's Acknowledgment" and the "Affidavit of Medical Surveillance and Respiratory Protection" for each person.
- C. Submit Asbestos Hazard Abatement Plan developed specifically for this project, incorporating the requirements of the specifications, prepared, signed and dated by the CPIH/CIH.
- D. Submit the specifics of the materials and equipment to be used for this project with manufacturer names, model numbers, performance characteristics, pictures/diagrams, and number available for the following:
 - 1. Supplied air system, negative air machines, HEPA vacuums, air monitoring pumps, calibration devices, pressure differential monitoring device and emergency power generating system.
 - 2. Waste water filtration system, shower system, containment barriers.
 - 3. Encapsulants, surfactants, hand held sprayers, airless sprayers, and fire extinguishers.

4. Respirators, protective clothing, personal protective equipment.
 5. Fire safety equipment to be used in the regulated area.
- E. Submit the name, location, and phone number of the approved landfill; proof/verification the landfill is approved for ACM disposal; the landfill's requirements for ACM waste; the type of vehicle to be used for transportation; and name, address, and phone number of subcontractor, if used. Proof of asbestos training for transportation personnel shall be provided.
 - F. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction and the specific contingency/emergency arrangements made with local health, fire, ambulance, hospital authorities and any other notifications/arrangements.
 - G. Submit the name, location and verification of the laboratory and/or personnel to be used for analysis of air and/or bulk samples. Personal air monitoring must be done in accordance with OSHA 29 CFR 1926.1101(f) and Appendix A. And area or clearance air monitoring in accordance with EPA AHERA protocols.
 - H. Submit qualifications verification: Submit the following evidence of qualifications. Make sure that all references are current and verifiable by providing current phone numbers and documentation.
 1. Asbestos Abatement Company: Project experience within the past 3 years; listing projects first most similar to this project: Project Name; Type of Abatement; Duration; Cost; Reference Name/Phone Number; Final Clearance; and Completion Date
 2. List of project(s) halted by owner, A/E, IH, regulatory agency in the last 3 years: Project Name; Reason; Date; Reference Name/Number; Resolution
 3. List asbestos regulatory citations (e.g., OSHA), notices of violations (e.g., Federal and state EPA), penalties, and legal actions taken against the company including and of the company's officers (including damages paid) in the last 3 years. Provide copies and all information needed for verification.
 - I. Submit information on personnel: Provide a resume; address each item completely; copies of certificates, accreditations, and licenses. Submit an affidavit signed by the CPIH/CIH stating that all personnel submitted below have medical records in accordance with OSHA 29 CFR 1926.1101(m) and 29 CFR 1910.20 and that the company has implemented a medical surveillance program and written respiratory protection program, and maintains recordkeeping in accordance with the above regulations. Submit the phone number and doctor/clinic/hospital used for medical evaluations.
 1. CPIH/CIH and IH Technician: Name; years of abatement experience; list of projects similar to this one; certificates, licenses, accreditations for proof of AHERA/OSHA specialized asbestos training; professional affiliations; number of workers trained; samples of training materials; samples of AHAP(s) developed; medical opinion; and current respirator fit test.

2. Competent Person(s)/Supervisor(s): Number; names; social security numbers; years of abatement experience as Competent Person/Supervisor; list of similar projects in size/complexity as Competent Person/Supervisor; as a worker; certificates, licenses, accreditations; proof of AHERA/OSHA specialized asbestos training; maximum number of personnel supervised on a project; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
 3. Workers: Numbers; names; social security numbers; years of abatement experience; certificates, licenses, accreditations; training courses in asbestos abatement and respiratory protection; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
- J. Submit copies of State license for asbestos abatement; copy of insurance policy, including exclusions with a letter from agent stating in plain language the coverage provided and the fact that asbestos abatement activities are covered by the policy; copy of the AHAP incorporating the requirements of this specification; information on who provides your training, how often; who provides medical surveillance, how often; who performs and how is personal air monitoring of abatement workers conducted; a list of references of independent laboratories/IH's familiar with your air monitoring and Asbestos Hazard Abatement Plans; copies of monitoring results of the five referenced projects listed and analytical method(s) used.
- K. Rented equipment must be decontaminated prior to returning to the rental agency.
- L. Submit, before the start of work, the manufacturer's technical data for all types of encapsulants, all MSDS, and application instructions.

2.5.2 SUBMITTALS DURING ABATEMENT

- A. The Competent Person shall maintain and submit a daily log at the regulated area documenting the dates and times of the following: purpose, attendees and summary of meetings; all personnel entering/exiting the regulated area; document and discuss the resolution of unusual events such as barrier breaching, equipment failures, emergencies, and any cause for stopping work; representative air monitoring and results/TWAs/ELs. Submit this information daily to the VPIH/CIH.
- B. The CPIH/CIH shall document and maintain the inspection and approval of the regulated area preparation prior to start of work and daily during work.
1. Removal of any poly barriers.
 2. Visual inspection/testing by the CPIH/CIH or IH Technician prior to application of lockdown encapsulant.
 3. Packaging and removal of ACM waste from regulated area.
 4. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA's representative on a weekly basis.

2.5.3 SUBMITTALS AT COMPLETION OF ABATEMENT

The CPIH/CIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. It will also include information on the containment and transportation of waste from the containment with applicable Chain of Custody forms. The report shall include a certificate of completion, signed and dated by the CPIH/CIH, in accordance with Attachment #1. All clearance and perimeter area samples must be submitted. The VA Representative will retain the abatement report after completion of the project and provide copies of the abatement report to VAMC Office of Engineer and the Safety Office.

PART 3 - EXECUTION

3.1 PRE-ABATEMENT ACTIVITIES

3.1.1 PRE-ABATEMENT MEETING

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH/CIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH/CIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

3.1.2 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.
- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of AEQA 10-95 indicating the failure to identify asbestos in the areas listed as well as common issues when preparing specifications and contract documents. This is especially critical when demolition is planned, because AHERA surveys are non-destructive, and ACM may remain undetected. A NESHAPS

(destructive) ACM inspection should be conducted on all building structures that will be demolished. Ensure the following areas are inspected on the project: Lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations; inside utility chases/walls; transite piping/ductwork/sheets; behind radiators; lab fume hoods; transite lab countertops; roofing materials; below window sills; water/sewer lines; electrical conduit coverings; crawl spaces(previous abatement contamination); flooring/mastic covered by carpeting/new flooring; exterior insulated wall panels; on underground fuel tanks; and steam line trench coverings.

- C. Ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects required to be removed from the regulated area have been cleaned and removed or properly protected from contamination.
- D. If present and required, remove and dispose of carpeting from floors in the regulated area. If ACM floor tile is attached to the carpet while the Contractor is removing the carpet that section of the carpet will be disposed of as asbestos waste.
- E. Inspect existing firestopping in the regulated area. Correct as needed.

3.1.3 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH/CIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, the Contractor's employees perform all major aspects of the approved AHAP, especially worker protection, respiratory systems, contingency plans, decontamination procedures, and monitoring to demonstrate satisfactory operation. The operational systems for respiratory protection and the negative pressure system shall be demonstrated for proper performance.
- C. The CPIH/CIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the asbestos abatement work in accordance with this specification and all applicable regulations.

3.2 REGULATED AREA PREPARATIONS

3.2.1 OSHA DANGER SIGNS

Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101 at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed the PEL.

Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional signs will be posted following construction of the regulated area enclosure.

3.2.2 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area is allowed only through the personnel decontamination facility (PDF), if required. All other means of access shall be eliminated and OSHA Danger demarcation signs posted as required by OSHA. If the regulated area is adjacent to or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly sheeting to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid

3.2.3 SHUT DOWN - LOCK OUT ELECTRICAL

Shut down and lock out/tag out electric power to the regulated area. Provide temporary power and lighting. Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.

3.2.4 SHUT DOWN - LOCK OUT HVAC

Shut down and lock out/tag out heating, cooling, and air conditioning system (**HVAC**) components that are in, supply or pass through the regulated area. Investigate the regulated area and agree on pre-abatement condition with the VA's representative. Seal all intake and exhaust vents in the regulated area with duct tape and 2 layers of 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6-mil poly disposal bags for disposal as asbestos waste.

3.2.5 SANITARY FACILITIES

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

3.2.6 WATER FOR ABATEMENT

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

3.2.7 PREPARATION PRIOR TO SEALING OFF

Place all tools, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Remove all uncontaminated removable furniture, equipment and/or supplies from the regulated area before commencing work, or completely cover with 2 layers of 6-mil fire retardant poly sheeting and secure with duct tape. Lock out and tag out any HVAC systems in the regulated area.

3.2.8 CRITICAL BARRIERS

Completely separate any openings into the regulated area from adjacent areas using fire retardant poly at least 6 mils thick and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects in the regulated area. Heat must be shut off any objects covered with poly

3.2.9 FLOOR BARRIERS

If floor removal is not being done, all floors in the regulated area shall be covered with 2 layers of 6 mil fire retardant poly and brought up the wall 12 inches

3.2.10 PRE-CLEANING MOVABLE OBJECTS

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.

Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location.

3.2.11 PRE-CLEANING FIXED OBJECTS

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area

Pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After pre-cleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape. Objects (e.g., permanent fixtures, shelves, electronic equipment, laboratory tables,

sprinklers, alarm systems, closed circuit TV equipment and computer cables) which must remain in the regulated area and that require special ventilation or enclosure requirements should be designated here along with specified means of protection. Contact the manufacturer for special protection requirements.

3.2.12 PRE-CLEANING SURFACES IN THE REGULATED AREA

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

3.2.13 EXTENSION OF THE REGULATED AREA

If the regulated area barrier is breached in any manner that could allow the passage of asbestos fibers or debris, the Competent Person shall immediately stop work, continue wetting, and proceed to extend the regulated area to enclose the affected area as per procedures described in this specification. If the affected area cannot be enclosed, decontamination measures and cleanup shall start immediately. All personnel shall be isolated from the affected area until decontamination/cleanup is completed as verified by visual inspection and air monitoring. Air monitoring at completion must indicate background levels.

3.3 REMOVAL OF CLASS II FLOORING, ROOFING, AND TRANSITE MATERIALS:

3.3.1 GENERAL

All applicable requirements of OSHA, EPA, and DOT shall be followed during Class II work. Keep materials intact; do not disturb; wet while working with it; wrap as soon as possible with 2 layers of 6 mil plastic for disposal.

3.3.2 REMOVAL OF FLOORING MATERIALS:

- A. All requirements of OSHA Flooring agreement provisions shall be followed:
 1. The Contractor shall provide enough HEPA negative air machines to effect > - 0.02" WCG pressure. Provide a standby unit in the event of machine failure and/or emergency in an adjacent area. The contractor shall use double the number of machines, based on their calculations, or submit proof their machines operate at stated capacities, at a 2" pressure drop across the filters.
 2. Flooring shall be removed intact, as much as possible. Do not rip or tear flooring.

3. Mechanical chipping or sanding is not allowed.
4. Flooring shall be removed with an infra-red heating unit operated by trained personnel following the manufacturer's instructions.
5. Wet clean and HEPA vacuum the floor before and after removal of flooring.
6. Place a 6 mil poly layer 4' by 10' adjacent to the regulated area for use as a decontaminated area. All waste must be contained in the regulated area.
7. Package all waste in 6 mil poly lined fiberboard drums.

3.3.3 REMOVAL OF MASTIC

- A. All chemical mastic removers must be low in volatile organic compound (VOC) content, have a flash point greater than 200° Fahrenheit, contain no chlorinated solvents, and comply with California Air Resources Board (CARB) thresholds for VOCs (effective January 1, 2010).
- B. A negative air machine as required under flooring removal shall be provided.
- C. Follow all manufacturers' instructions in the use of the mastic removal material.
- D. Package all waste in 6 mil poly lined fiberboard drums.
- E. Prior to application of any liquid material, check the floor for penetrations and seal before removing mastic.

3.4 DISPOSAL OF CLASS II WASTE MATERIAL:

3.4.1 GENERAL

Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations. Disposal shall be done at an approved landfill. Disposal of non-friable ACM shall be done in accordance with applicable regulations.

3.5 PROJECT DECONTAMINATION

3.5.1 GENERAL

- A. The VA must be notified at least 24 hours in advance of any waste removed from the containment,
- B. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH/CIH.
- C. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleanings of the surfaces of the regulated area after the primary barrier removal.
- D. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly

prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

3.5.2 REGULATED AREA CLEARANCE

Air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

3.5.3 WORK DESCRIPTION

Decontamination includes the clearance air testing in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities, and negative pressure systems.

3.5.4 PRE-DECONTAMINATION CONDITIONS

- A. Before decontamination starts, all ACM waste from the regulated area shall be removed, all waste collected and removed, and the secondary barrier of poly removed and disposed of along with any gross debris generated by the work.
- B. At the start of decontamination, the following shall be in place:
 1. Critical barriers over all openings consisting of two layers of 6 mil poly which is the sole barrier between the regulated area and the rest of the building or outside.
 2. Decontamination facilities, if required for personnel and equipment in operating condition.

3.5.5 CLEANING:

Carry out a first cleaning of all surfaces of the regulated area including items of remaining poly sheeting, tools, scaffolding, ladders/staging by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping/air blowing methods. Use each surface of a wetted cleaning cloth one time only and then dispose of as contaminated waste. Continue this cleaning until there is no visible residue from abated surfaces or poly or other surfaces. Remove all filters in the air handling system and dispose of as ACM waste in accordance with these specifications. The negative pressure system shall remain in operation during this time. Additional cleaning(s) may be needed as determined by the CPIH/VPIH/CIH.

3.6 VISUAL INSPECTION AND AIR CLEARANCE TESTING

3.6.1 GENERAL

Notify the VA representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH after the final cleaning.

3.6.2 VISUAL INSPECTION

Final visual inspection will include the entire regulated area, the PDF, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other suspect material is detected, the final cleaning shall be repeated at no cost to the VA. Dust/material samples may be collected and analyzed at no cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

3.6.3 AIR CLEARANCE TESTING

- A. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final clearance testing. Air samples will be collected and analyzed in accordance with procedures for AHERA in this specification. If work is less than 260 lf/160 sf/35 cf, 5 PCM samples shall be collected for clearance and a minimum of one field blank. If work is equal to or more than 260 lf/160 sf/35 cf, AHERA TEM sampling shall be performed for clearance. TEM analysis shall be done in accordance with procedures for EPA AHERA in this specification. If the release criteria are not met, the Contractor shall repeat the final cleaning and continue decontamination procedures until clearance is achieved. **All Additional inspection and testing costs will be borne by the Contractor.**
- B. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

3.6.4 FINAL AIR CLEARANCE PROCEDURES

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured by the AHERA PCM protocol, or 70 AHERA structures per square millimeter (s/mm²) by AHERA TEM.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method or asbestos fibers counted using the AHERA TEM method.
 2. Aggressive Sampling: All final air testing samples shall be collected using aggressive sampling techniques except where soil is not encapsulated or enclosed. Samples will be collected on 0.8 μ MCE filters for PCM analysis and 0.45 μ Polycarbonate filters for TEM. A minimum of 1200 Liters of using calibrated pumps shall be collected for clearance samples. Before pumps are started, initiate aggressive air

mixing sampling as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). Air samples will be collected in areas subject to normal air circulation away from corners, obstructed locations, and locations near windows, doors, or vents. After air sampling pumps have been shut off, circulating fans shall be shut off. The negative pressure system shall continue to operate.

3.7 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE

3.7.1 COMPLETION OF ABATEMENT WORK

- A. After thorough decontamination, complete asbestos abatement work upon meeting the regulated area clearance criteria and fulfilling the following:
1. Remove all equipment, materials, and debris from the project area.
 2. Package and dispose of all asbestos waste as required.
 3. Repair or replace all interior finishes damaged during the abatement work.
 4. Fulfill other project closeout requirements as specified elsewhere in this specification.

3.7.2 CERTIFICATE OF COMPLETION BY CONTRACTOR

The CPIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

3.7.3 WORK SHIFTS

All work shall be done during administrative hours (8:00 AM to 4:30 PM) Monday - Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

ATTACHMENT #1

CERTIFICATE OF COMPLETION

DATE: _____ VA Project #:504-16-701

PROJECT NAME: Abate Asbestos Building 1, 2nd Floor

Abatement Contractor: _____

VAMC/ADDRESS: 6010 Amarillo Boulevard West, Amarillo TX. 79106

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):
which took place from / / to / /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all abatement work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH/CIH Signature/Date: _____

CPIH/CIH Print Name: _____

Abatement Contractor Signature/Date: _____

Abatement Contractor Print Name: _____

ATTACHMENT #2**CERTIFICATE OF WORKER'S ACKNOWLEDGMENT**

PROJECT NAME: Abate Asbestos Building 1, 2nd Floor DATE: _____

PROJECT ADDRESS: 6010 Amarillo Boulevard West, Amarillo TX. 79106

ABATEMENT CONTRACTOR'S NAME: _____

WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function

test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature: _____

Printed Name: _____

Social Security Number: _____

Witness: _____

ATTACHMENT #3

AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND TRAINING/ACCREDITATION

VA PROJECT NAME AND NUMBER: 504-16-701; Abate Asbestos Building 1, 2nd Floor

VA MEDICAL FACILITY: Thomas E. Creek VA Medical Center

ABATEMENT CONTRACTOR'S NAME AND ADDRESS: _____

1. I verify that the following individual

Name: _____ Social Security Number: _____

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.

Address: _____

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.

3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.

4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH/CIH: _____ Date: _____

Printed Name of CPIH/CIH: _____

Signature of Contractor: _____ Date: _____

Printed Name of Contractor: _____

ATTACHMENT #4

ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS

VA Project Location: Thomas E. Creek VA Medical Center, Amarillo, TX.

VA Project #504-16-701

VA Project Description: Abate Asbestos Building 1, 2nd Floor.

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature _____ Date _____

Abatement Contractor Competent Person(s) _____ Date _____

- - - END - - -

SECTION 09 05 16
SUBSURFACE PREPARATION FOR FLOOR FINISHES

PART 1 - GENERAL

1.1 DESCRIPTION

This section specifies subsurface preparation requirements for areas to receive the installation of applied and resinous flooring. This section includes removal of existing floor coverings, testing concrete for moisture and pH, remedial floor coating for concrete floor slabs having unsatisfactory moisture or pH conditions, floor leveling and repair.

1.2 RELATED WORK - NOT USED

1.3 SUBMITTALS

- A. Submit in accordance with Project DRAWINGS, PRODUCT DATA and TEST DATA.
- B. Written approval confirming product compatibility with subfloor material manufacturer and the flooring manufacturer
- C. Product Data:
 - 1. Moisture remediation system
 - 2. Underlayment Primer
 - 3. Cementitious Self-Leveling Underlayment
 - 4. Cementitious Trowel-Applied Underlayment (Not suitable for resinous floor finishes)
- D. Test Data:
 - 1. Moisture test and pH results performed by a qualified independent testing agency or warranty holding manufacturer's technical representative.

1.4 DELIVERY AND STORAGE

- A. Deliver materials in containers with labels legible and intact and grade-seals unbroken.
- B. Store material to prevent damage or contamination.

1.5 APPLICABLE PUBLICATIONS

- A. Publications listed below form a part of this specification to the extent referenced. Publications are referenced in text by basic designation only.

B. American Society for Testing and Materials (ASTM):

D638-10 (2010)	Test Method for Tensile Properties of Plastics
D4259-88 (2012)	Standard Practice for Abrading Concrete to alter the surface profile of the concrete and to remove foreign materials and weak surface laitance.
C109/C109 M-12 (2012)	Standard Test Method for Compressive Strength of Hydraulic Cement Mortars (Using 2-in. or [50-mm] Cube Specimens) Modified Air Cure Only
D7234-12 (2012)	Standard Test Method for Pull-Off Adhesion Strength of Coatings on Concrete Using Portable Pull-Off Adhesion Testers.
E96/E96M-12 (2012)	Standard Test Methods for Water Vapor Transmission of Materials
F710-11 (2011)	Standard Practice for Preparing Concrete Floors to Receive Resilient Flooring
F1869-11 (2011)	Standard Test Method for Measuring Moisture Vapor Emission Rate of Concrete Subfloor Using Anhydrous Calcium Chloride
F2170-11 (2011)	Standard Test Method for Determining Relative Humidity in Concrete Floor Slabs Using in situ Probes
C348-08 (2008)	Standard Test Method for Flexural Strength of Hydraulic-Cement Mortars
C191-13 (2013)	Standard Test Method for Time of Setting of Hydraulic Cement by Vicat Needle

PART 2 - PRODUCTS**2.1 MOISTURE REMEDIATION COATING**

A. System Descriptions:

1. High-solids, epoxy system designed to suppress excess moisture in concrete prior to an overlayment. For use under resinous products, VCT, tile and carpet where issues caused by moisture vapor are a concern.

B. Products: Subject to compliance with applicable fire, health, environmental, and safety requirements for storage, handling, installation, and clean up.

- C. System Components: Verify specific requirements as systems vary by manufacturer. Verify build up layers and installation method. Verify compatibility with substrate. Use manufacturer's standard components, compatible with each other and as follows:
1. Liquid applied coating:
 - a. Resin: epoxy.
 - b. Formulation Description: Multiple component high solids.
 - c. Application: Per manufacturer's written installation requirements.
 - d. Thickness: minimum 10 mils
- D. Material Vapor Permeance: Application shall achieve a permeance rating of less than 0.1 perm in accordance with ASTM E96/E96M.
- E. Maximum RH requirement: 100% testing in accordance with ASTM F2170.

Property	Test	Value
Tensile Strength	ASTM D638	4,400 psi
Volatile Organic Compound Limits (V.O.C.)	SCAMD Rule 1113	25 grams per liter
Permeance	ASTM E96	0.1 perms
Tensile Modulus	ASTM D638	1.9X10 ⁵ psi
Percent Elongation	ASTM D638	12%
Cure Rate	Per manufacture's Data	4 hours Tack free with 24hr recoat window
Bond Strength	ASTM D7234	100% bond to concrete failure

2.2 CEMENTITIOUS SELF-LEVELING UNDERLAYMENT

A. System Descriptions:

1. High performance self-leveling underlayment resurfacer. Single component, self-leveling, cementitious material designed for easy application as an underlayment for all types of flooring materials. It is used for substrate repair and leveling.

B. Products: Subject to compliance with applicable fire, health, environmental, and safety requirements for storage, handling, installation, and clean up. Gypsum-based products are unacceptable.

C. System Characteristics:

1. Wearing Surface: smooth
2. Thickness: Per architectural drawings, ranging from feathered edge to 1", per application. Applications greater than 1" require additional 3/8" aggregate to mix or as recommended by manufacturer.

D. Underlayment shall be calcium aluminate cement-based, containing Portland cement. Gypsum-based products are unacceptable.

E. Compressive Strength: Minimum 4100 psi in 28 days in accordance with ASTM C109/C109M.

F. Flexural Strength: Minimum 1000 psi in 28 days in accordance with ASTM C348

G. Dry Time: Underlayment shall receive the application of moisture insensitive tile in 6 hours, floor coverings in 16 hours, and resinous flooring in 3-7 days.

H. Primer: compatible and as recommended by manufacturer for use over intended substrate

I. System Components: Manufacturer's standard components that are compatible with each other and as follows:

1. Primer:

- a. Resin: copolymer
- b. Formulation Description: single component ready to use.
- c. Application Method: Squeegee and medium nap roller.
All puddles shall be removed, and material shall be allowed to dry, 1-2 hours at 70F/21C.

- d. Number of Coats: (1) one.
2. Grout Resurfacing Base:
- a. Formulation Description: Single component, cementitious self-leveling high-early and high-ultimate strength grout.
- b. Application Method: colloidal mix pump, cam rake, spike roll.
- 1) Thickness of Coats: Per architectural scope, 1" lifts.
- 2) Number of Coats: More than one if needed.
- c. Aggregates: for applications greater than linch, require additional 3/8" aggregate to mix.

Property	Test	Value
Compressive Strength	ASTM C109/C109M	2,200 psi @ 24 hrs 3,000 psi @ 7 days
Initial set time Final Set time	ASTM C191	30-45 min. 1 to 1.5 hours
Bond Strength	ASTM D7234	100% bond to concrete failure

2.3 CEMENTITIOUS TROWEL-APPLIED UNDERLAYMENT (NOT SUITABLE FOR RESINOUS FLOOR FINISHES)

- A. Underlayment shall be calcium aluminate cement-based, containing Portland cement. Gypsum-based products are unacceptable.
- B. Compressive Strength: Minimum 4000 psi in 28 days
- C. Trowel-applied underlayment shall not contain silica quartz (sand).
- D. Dry Time: Underlayment shall receive the application of floor covering in 15-20 minutes.

PART 3 - EXECUTION

3.1 ENVIRONMENTAL REQUIREMENTS

- A. Maintain ambient temperature of work areas at not less than 16 degree C (60 degrees F), without interruption, for not less than 24 hours before testing and not less than three days after testing.
- B. Maintain higher temperatures for a longer period of time where required by manufacturer's recommendation.

- C. Do not install materials when the temperatures of the substrate or materials are not within 60-85 degrees F/ 16-30 degrees C.

3.2 SURFACE PREPARATION

- A. Existing concrete slabs with existing floor coverings:
 - 1. Conduct visual observation of existing floor covering for adhesion, water damage, alkaline deposits, and other defects.
 - 2. Remove existing floor covering and adhesives. Comply with local, state and federal regulations and the RFCI Recommended Work Practices for Removal of Resilient Floor Coverings, as applicable to the floor covering being removed.
- B. Concrete shall meet the requirements of ASTM F710 and be sound, solid, clean, and free of all oil, grease, dirt, curing compounds, and any substance that might act as a bond-breaker before application. As required prepare slab by mechanical methods. No chemicals or solvents shall be used.
- C. General: Prepare and clean substrates according to flooring manufacturer's written instructions for substrate indicated.
- D. Prepare concrete substrates per ASTM D4259 as follows:
 - 1. Dry abrasive blasting.
 - 2. Wet abrasive blasting.
 - 3. Vacuum-assisted abrasive blasting.
 - 4. Centrifugal-shot abrasive blasting.
 - 5. Comply with manufacturer's written instructions.
- E. Repair damaged and deteriorated concrete according to flooring manufacturer's written recommendations.
- F. Verify that concrete substrates are dry.
- G. Perform anhydrous calcium chloride test, ASTM F 1869. Proceed with application only after substrates have maximum moisture-vapor-emission rate of per flooring manufactures formal and project specific written recommendation.
- H. Perform in situ probe test, ASTM F2170. Proceed with application only after substrates do not exceed a maximum potential equilibrium relative humidity per flooring manufacture's formal and project specific written recommendation.
- I. Provide a written report showing test placement and results.

- J. Alkalinity: Measure surface pH in accordance with procedures provided in ASTM F710 or as outlined by qualified testing agency or flooring manufacturer's technical representative.
- K. Tolerances: Subsurface shall meet the flatness and levelness tolerance specified on drawings or recommended by the floor finish manufacturer. Tolerance shall also not to exceed 1/4" deviation in 10'. As required, install underlayment to achieve required tolerance.
- L. Other Subsurface: For all other subsurface conditions, such as wood or metal, contact the floor finish or underlayment manufacturer, as appropriate, for proper preparation practices.

3.3 MOISTURE REMEDIATION COATING:

- A. Where results of relative humidity testing (ASTM F2170) exceed the requirements of the specified flooring manufacturer, apply remedial coating as specified to correct excessive moisture condition.
- B. Prior to remedial floor coating installation mechanically prepare the concrete surface to provide a concrete surface profile in accordance with ASTM D4259.
- C. Mix and apply moisture remediation coating in accordance with manufacturer's instructions.

3.4 CEMENTITIOUS UNDERLAYMENT:

- A. Install cementitious self-leveling underlayment as required to correct surface defects, floor flatness or levelness corrections to meet the tolerance requirements as or detailed on drawings, address non-moving cracks or joints, provide a smooth surface for the installation of floor covering.
- B. Mix and apply in accordance with manufacturer's instructions.

3.5 PROTECTION

- A. Prior to the installation of the finish flooring, the surface of the underlayment should be protected from abuse by other trades by the use of plywood, tempered hardwood, or other suitable protection course

3.6 FIELD QUALITY CONTROL

- A. Where specified, field sampling of products shall be conducted by a qualified, independent testing facility.

- - - E N D - - -