

at the ankle. Worker protection shall meet the most stringent requirements.

#### **1.8.4 REGULATED AREA ENTRY PROCEDURE**

The Competent Person shall ensure that each time workers enter the regulated area they remove ALL street clothes in the clean room of the decontamination unit and put on new disposable coveralls, head coverings, a clean respirator, and then proceed through the shower room to the equipment room where they put on non-disposable required personal protective equipment.

#### **1.8.5 DECONTAMINATION PROCEDURE**

The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area.

- A. When exiting the regulated area, remove all disposable PPE and dispose of in a disposal bag provided in the regulated area.
- B. Carefully decontaminate and clean the respirator. Put in a clean container/bag.

#### **1.8.6 REGULATED AREA REQUIREMENTS**

The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for Class I regulated areas at 29 CFR 1926.1101 (e) are met applicable to Class II work. All personnel in the regulated area shall not be allowed to eat, drink, smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

### **1.9 DECONTAMINATION FACILITIES:**

#### **1.9.1 DESCRIPTION:**

Provide each regulated area with separate personnel decontamination facilities (PDF) and waste/equipment decontamination facilities (W/EDF). Ensure that the PDF are the only means of ingress and egress to the regulated area and that all equipment, bagged waste, and other material exit the regulated area only through the W/EDF.

#### **1.9.2 GENERAL REQUIREMENTS**

All personnel entering or exiting a regulated area must go through the PDF and shall follow the requirements at 29 CFR 1926.1101 (j)(1) and these specifications. All waste, equipment and contaminated materials must exit the regulated area through the W/EDF and be decontaminated in accordance with these specifications. Walls and ceilings of the PDF and W/EDF must be constructed of a minimum of 3 layers of 6 mil opaque fire retardant polyethylene sheeting and be securely attached to existing building components and/or an adequate temporary framework. A minimum of 3 layers of 6 mil poly shall also be used to cover the floor under the PDF and W/EDF units. Construct doors so that they overlap and secure to adjacent surfaces. Weight inner doorway sheets with layers of duct tape so that they close quickly after release. Put arrows on sheets so they show direction of travel and overlap. If the building adjacent area is occupied, construct a solid barrier on the occupied side(s) to protect the sheeting and reduce potential for non-authorized personnel entering the regulated area.

### 1.9.3 TEMPORARY FACILITIES TO THE PDF AND W/EDF

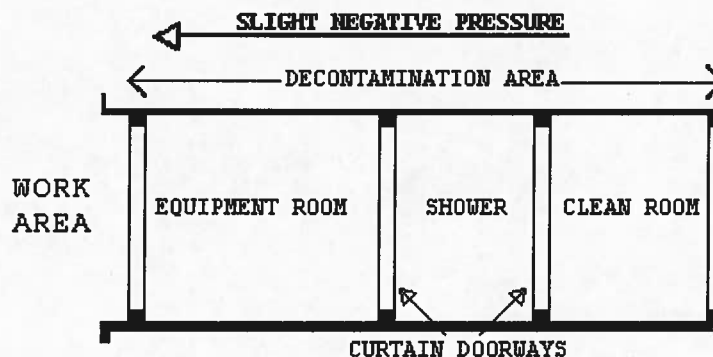
The Competent Person shall provide temporary water service connections to the PDF and W/EDF. Backflow prevention must be provided at the point of connection to the VA system. Water supply must be of adequate pressure and meet requirements of 29 CFR 1910.141 (d)(3). Provide adequate temporary overhead electric power with ground fault circuit interruption (GFCI) protection. Provide a sub-panel equipped with GFCI protection for all temporary power in the clean room. Provide adequate lighting to provide a minimum of 50 foot candles in the PDF and W/EDF. Provide temporary heat, if needed, to maintain 70°F throughout the PDF and W/EDF.

### 1.9.4 PERSONNEL DECONTAMINATION FACILITY (PDF)

1. Clean Room: The clean room must be physically and visually separated from the rest of the building to protect the privacy of personnel changing clothes. The clean room shall be constructed of at least 3 layers of 6 mil opaque fire retardant poly to provide an air tight room. Provide a minimum of 2 - 900 mm (3 foot) wide 6 mil poly opaque fire retardant doorways. One doorway shall be the entry from outside the PDF and the second doorway shall be to the shower room of the PDF. The floor of the clean room shall be maintained in a clean, dry condition. Shower overflow shall not be allowed into the clean room. Provide 1 storage locker per person. A portable fire extinguisher, minimum 10 pounds capacity, Type ABC, shall be provided in accordance with OSHA and NFPA Standard 10. All persons entering the regulated area shall remove all street clothing in the clean room and dress in disposable protective clothing and respiratory protection. Any person entering the clean room does so either from the outside with street clothing on or is coming from the shower room completely naked and thoroughly washed. Females required to enter the regulated area shall be ensured of their privacy throughout the entry/exit process by posting guards at both entry points to the PDF so no male can enter or exit the PDF during her stay in the PDF.
2. Shower Room: The Competent Person shall assure that the shower room is a completely water tight compartment to be used for the movement of all personnel from the clean room to the equipment room and for the showering of all personnel going from the equipment room to the clean room. Each shower shall be constructed so water runs down the walls of the shower and into a drip pan. Install a freely draining smooth floor on top of the shower pan. The shower room shall be separated from the rest of the building and from the clean room and equipment room using air tight walls made from at least 3 layers of 6 mil opaque fire retardant poly. The shower shall be equipped with a shower head and controls, hot and cold water, drainage, soap dish and continuous supply of soap, and shall be maintained in a sanitary condition throughout its use. The controls shall be arranged so an individual can shower without assistance. Provide a flexible hose shower head, hose bibs and all other items shown on Shower Schematic. Waste water will be pumped to a drain after being filtered through a minimum of a 100 micron sock in the shower drain; a 20 micron filter; and a final 5 micron filter. Filters will be changed a minimum of daily or more often as needed. Filter changes must be done in the shower to prevent loss of contaminated water.

- Hose down all shower surfaces after each shift and clean any debris from the shower pan. Residue is to be disposed of as asbestos waste.
3. Equipment Room: The Competent Person shall provide an equipment room which shall be an air tight compartment for the storage of work equipment/tools, reusable personal protective equipment, except for a respirator and for use as a gross decontamination area for personnel exiting the regulated area. The equipment room shall be separated from the regulated area by a minimum 3 foot wide door made with 2 layers of 6 mil opaque fire retardant poly. The equipment room shall be separated from the regulated area, the shower room and the rest of the building by air tight walls and ceiling constructed of a minimum of 3 layers of 6 mil opaque fire retardant poly. Damp wipe all surfaces of the equipment room after each shift change. Provide an additional loose layer of 6 mil fire retardant poly per shift change and remove this layer after each shift. If needed, provide a temporary electrical sub-panel equipped with GFCI in the equipment room to accommodate any equipment required in the regulated area.
  4. The PDF shall be as follows: Clean room at the entrance followed by a shower room followed by an equipment room leading to the regulated area. Each doorway in the PDF shall be a minimum of 2 layers of 6 mil opaque fire retardant poly.

**SPEC. WRITER NOTE:** OSHA does not require a decontamination unit for Class II work.

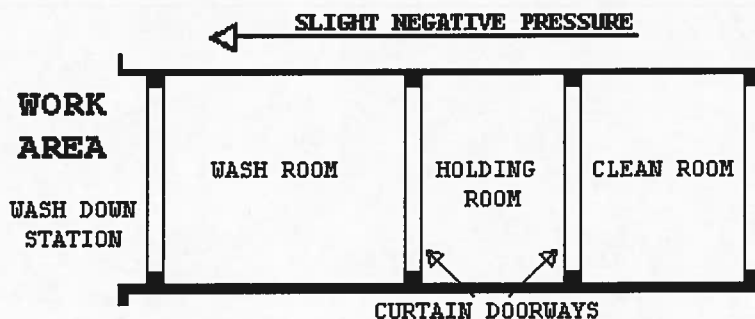


#### 1.9.5 WASTE/EQUIPMENT DECONTAMINATION FACILITY (W/EDF)

The Competent Person shall provide an W/EDF consisting of a wash room, holding room, and clean room for removal of waste, equipment and contaminated material from the regulated area. Personnel shall not enter or exit the W/EDF except in the event of an emergency. Clean debris and residue in the W/EDF daily. All surfaces in the W/EDF shall be wiped/hosed down after each shift and all debris shall be cleaned from the shower pan. The W/EDF shall consist of the following:

1. Wash Down Station: Provide an enclosed shower unit in the regulated area just outside the Wash Room as an equipment bag and container cleaning station.
2. Wash Room: Provide a wash room for cleaning of bagged or containerized asbestos containing waste materials passed from the regulated area. Construct the wash room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. Locate the wash room so that packaged materials, after being wiped clean, can

- be passed to the Holding Room. Doorways in the wash room shall be constructed of 2 layers of 6 mil fire retardant poly.
3. Holding Room: Provide a holding room as a drop location for bagged materials passed from the wash room. Construct the holding room using 50 x 100 mm (2" x 4") wood framing and 3 layers of 6 mil fire retardant poly. The holding room shall be located so that bagged material cannot be passed from the wash room to the clean room unless it goes through the holding room. Doorways in the holding room shall be constructed of 2 layers of 6 mil fire retardant poly.
  4. Clean Room: Provide a clean room to isolate the holding room from the exterior of the regulated area. Construct the clean room using 2 x 4 wood framing and 2 layers of 6 mil fire retardant poly. The clean room shall be located so as to provide access to the holding room from the building exterior. Doorways to the clean room shall be constructed of 2 layers of 6 mil fire retardant poly. When a negative pressure differential system is used, a rigid enclosure separation between the W/EDF clean room and the adjacent areas shall be provided.
  5. The W/EDF shall be as follows: Wash Room leading to a Holding Room followed by a Clean Room leading to outside the regulated area. See diagram.



#### 1.9.6 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES:

At the washdown station in the regulated area, thoroughly wet clean contaminated equipment and/or sealed polyethylene bags and pass into Wash Room after visual inspection. When passing anything into the Wash Room, close all doorways of the W/EDF, other than the doorway between the washdown station and the Wash Room. Keep all outside personnel clear of the W/EDF. Once inside the Wash Room, wet clean the equipment and/or bags. After cleaning and inspection, pass items into the Holding Room. Close all doorways except the doorway between the Holding Room and the Clean Room. Workers from the Clean Room/Exterior shall enter the Holding Room and remove the decontaminated/cleaned equipment/bags for removal and disposal. These personnel will not be required to wear PPE. At no time shall personnel from the clean side be allowed to enter the Wash Room.

## PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT

### 2.1 MATERIALS AND EQUIPMENT

#### 2.1.1 GENERAL REQUIREMENTS (ALL ABATEMENT PROJECTS)

- Prior to the start of work, the contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the CPIH/CIH has submitted verification to the VA's representative.
- A. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).
  - B. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable and combustible materials cannot be stored inside buildings. Replacement materials shall be stored outside of the regulated area until abatement is completed.
  - C. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized location.
  - D. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.
  - E. Polyethylene sheeting for walls in the regulated area shall be a minimum of 4-mils. For floors and all other uses, sheeting of at least 6-mil shall be used in widths selected to minimize the frequency of joints. Fire retardant poly shall be used throughout.
  - F. The method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA and selected to minimize damage to equipment and surfaces. Method of attachment may include any combination of moisture resistant duct tape furring strips, spray glue, staples, nails, screws, lumber and plywood for enclosures or other effective procedures capable of sealing polyethylene to dissimilar finished or unfinished surfaces under both wet and dry conditions.
  - G. Polyethylene sheeting utilized for the PDF shall be opaque white or black in color, 6 mil fire retardant poly.
  - H. Installation and plumbing hardware, showers, hoses, drain pans, sump pumps and waste water filtration system shall be provided by the Contractor.
  - I. An adequate number of HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements, fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project. All electrically operated hand tools, equipment, electric cords shall be connected to GFCI protection.
  - J. Special protection for objects in the regulated area shall be detailed (e.g., plywood over carpeting or hardwood floors to prevent damage from scaffolds, water and falling material).
  - K. Disposal bags - 2 layers of 6 mil poly for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
  - L. The VA shall be provided an advance copy of the MSDS as required for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication in the pre-project submittal. Chlorinated compounds shall

not be used with any spray adhesive, mastic remover or other product. Appropriate encapsulant(s) shall be provided.

- M. OSHA DANGER demarcation signs, as many and as required by OSHA 29 CFR 1926.1101(k)(7) shall be provided and placed by the Competent Person. All other posters and notices required by Federal and State regulations shall be posted in the Clean Room.
- N. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a written hazard assessment conducted under 29 CFR 1910.132(d).

### **2.1.2 NEGATIVE PRESSURE FILTRATION SYSTEM**

The Contractor shall provide enough HEPA negative air machines to continuously maintain a pressure differential of -0.02" water column gauge (WCG). The Competent Person shall determine the number of units needed for the regulated area by dividing the cubic feet in the regulated area by 15 and then dividing that result by the cubic feet per minute (CFM) for each unit to determine the number of units needed to continuously maintain a pressure differential of -0.02" WCG. Provide a standby unit in the event of machine failure and/or emergency in an adjacent area.

NIOSH has done extensive studies and has determined that negative air machines typically operate at ~50% efficiency. The contractor shall consider this in their determination of number of units needed to continuously maintain a pressure differential of -0.02" WCG. The contractor shall use 8 air changes per hour or double the number of machines, based on their calculations, or submit proof their machines operate at stated capacities, at a 2" pressure drop across the filters.

### **2.1.3 DESIGN AND LAYOUT**

- A. Before start of work submit the design and layout of the regulated area and the negative air machines. The submittal shall indicate the number of, location of and size of negative air machines. The point(s) of exhaust, air flow within the regulated area, anticipated negative pressure differential, and supporting calculations for sizing shall be provided. In addition, submit the following:
  1. Method of supplying power to the units and designation/location of the panels.
  2. Description of testing method(s) for correct air volume and pressure differential.
  3. If auxiliary power supply is to be provided for the negative air machines, provide a schematic diagram of the power supply and manufacturer's data on the generator and switch.

### **2.1.4 NEGATIVE AIR MACHINES (HEPA UNITS)**

- A. Negative Air Machine Cabinet: The cabinet shall be constructed of steel or other durable material capable of withstanding potential damage from rough handling and transportation. The width of the cabinet shall be less than 30" in order to fit in standard doorways. The cabinet must be factory sealed to prevent asbestos fibers from being released during use, transport, or maintenance. Any access to and replacement of filters shall be from the inlet end. The unit must be on casters or wheels.

- B. Negative Air Machine Fan: The rating capacity of the fan must indicate the CFM under actual operating conditions. Manufacturer's typically use "free-air" (no resistance) conditions when rating fans. The fan must be a centrifugal type fan.
- C. Negative Air Machine Final Filter: The final filter shall be a HEPA filter. The filter media must be completely sealed on all edges within a structurally rigid frame. The filter shall align with a continuous flexible gasket material in the negative air machine housing to form an air tight seal. Each HEPA filter shall be certified by the manufacturer to have an efficiency of not less than 99.97%. Testing shall have been done in accordance with Military Standard MIL-STD-282 and Army Instruction Manual 136-300-175A. Each filter must bear a UL586 label to indicate ability to perform under specified conditions. Each filter shall be marked with the name of the manufacturer, serial number, air flow rating, efficiency and resistance, and the direction of test air flow.
- D. Negative Air Machine Pre-filters: The pre-filters, which protect the final HEPA filter by removing larger particles, are required to prolong the operating life of the HEPA filter. Two stages of pre-filtration are required. A first stage pre-filter shall be a low efficiency type for particles 10 micron or larger. A second stage pre-filter shall have a medium efficiency effective for particles down to 5 micron or larger. Pre-filters shall be installed either on or in the intake opening of the NAM and the second stage filter must be held in place with a special housing or clamps.
- E. Negative Air Machine Instrumentation: Each unit must be equipped with a gauge to measure the pressure drop across the filters and to indicate when filters have become loaded and need to be changed. A table indicating the cfm for various pressure readings on the gauge shall be affixed near the gauge for reference or the reading shall indicate at what point the filters shall be changed, noting cfm delivery. The unit must have an elapsed time meter to show total hours of operation.
- F. Negative Air Machine Safety and Warning Devices: An electrical/mechanical lockout must be provided to prevent the fan from being operated without a HEPA filter. Units must be equipped with an automatic shutdown device to stop the fan in the event of a rupture in the HEPA filter or blockage in the discharge of the fan. Warning lights are required to indicate normal operation; too high a pressure drop across filters; or too low of a pressure drop across filters.
- G. Negative Air Machine Electrical: All electrical components shall be approved by the National Electrical Manufacturer's Association (NEMA) and Underwriters Laboratories (UL). Each unit must be provided with overload protection and the motor, fan, fan housing, and cabinet must be grounded.
- H. It is essential that replacement HEPA filters be tested using an "in-line" testing method, to ensure the seal around the periphery was not damaged during replacement. Damage to the outer HEPA filter seal could allow contaminated air to bypass the HEPA filter and be discharged to an inappropriate location. Contractor will provide written documentation of test results for negative air machine units with HEPA filters changed by the contractor or documentation when changed and tested by the contractor filters.

#### 2.1.5 PRESSURE DIFFERENTIAL

The fully operational negative air system within the regulated area shall continuously maintain a pressure differential of -0.02" water



column gauge. Before any disturbance of any asbestos material, this shall be demonstrated to the VA by use of a pressure differential meter/manometer as required by OSHA 29 CFR 1926.1101(e)(5)(i). The Competent Person shall be responsible for providing, maintaining, and documenting the negative pressure and air changes as required by OSHA and this specification.

## **2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA**

### **2.2.1 GENERAL**

- A. Using critical barriers, seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All surfaces in the regulated area must be covered to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated as a result of the work, shall immediately stop work and clean up the contamination at no additional cost to the VA. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 3.1.4.8; FIRESTOPPING.
- B. Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. All uncontaminated removable furniture, equipment and/or supplies shall be removed by the VA from the regulated area before commencing work. Any objects remaining in the regulated area shall be completely covered with 2 layers of 6-mil fire retardant poly sheeting and secured with duct tape. Lock out and tag out any HVAC/electrical systems in the regulated area.

### **2.2.3 CONTROLLING ACCESS TO THE REGULATED AREA**

Access to the regulated area is allowed only through the personnel decontamination facility (PDF). All other means of access shall be eliminated and OSHA DANGER demarcation signs posted as required by OSHA. If the regulated area is adjacent to, or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid and capable of withstanding the negative pressure.

### **2.2.4 CRITICAL BARRIERS**

Completely separate any operations in the regulated area from adjacent areas using 2 layers of 6 mil fire retardant poly and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects/openings in the regulated area. Heat must be shut off any objects covered with poly.

### **2.2.5 SECONDARY BARRIERS:**

A loose layer of 6 mil poly shall be used as a drop cloth to protect the primary layers from debris generated during the abatement. This layer shall be replaced as needed during the work and at a minimum once per work day.

### **2.2.6 EXTENSION OF THE REGULATED AREA**

If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included



in the regulated area and constructed as per this section. Decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

### **2.2.7 FIRESTOPPING**

- A. Through penetrations caused by cables, cable trays, pipes, sleeves, conduits, etc. must be firestopped with a fire-rated firestop system providing an air tight seal.
- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

## **2.3 MONITORING, INSPECTION AND TESTING**

### **2.3.1 GENERAL**

- A. Perform throughout abatement work monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and these specifications. OSHA requires that the Employee exposure to asbestos must not exceed 0.1 fibers per cubic centimeter (f/cc) of air, averaged over an 8-hour work shift. The CPIH/CIH is responsible for and shall inspect and oversee the performance of the Contractor IH Technician. The IH Technician shall continuously inspect and monitor conditions inside the regulated area to ensure compliance with these specifications. In addition, the CPIH/CIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and adjacent area samples to satisfy OSHA requirements. Additional inspection and testing requirements are also indicated in other parts of this specification.
- B. The VA will employ an independent industrial hygienist (VPIH/CIH) consultant and/or use its own IH to perform various services on behalf of the VA. The VPIH/CIH will perform the necessary monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, and that the abatement work proceeds in accordance with these specifications, that the abated areas or abated buildings have been successfully decontaminated. The work of the VPIH/CIH consultant in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the VPIH/CIH and their services will be borne by the VA except for any repeat of final inspection and testing that may be required due to unsatisfactory initial results. Any repeated final inspections and/or testing, if required, will be paid for by the Contractor.
- C. If fibers counted by the VPIH/CIH during abatement work, either inside or outside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed the specified respective limits, the Contractor shall

stop work. The Contractor may request confirmation of the results by analysis of the samples by TEM. Request must be in writing and submitted to the VA's representative. Cost for the confirmation of results will be borne by the Contractor for both the collection and analysis of samples and for the time delay that may/does result for this confirmation. Confirmation sampling and analysis will be the responsibility of the CPIH/CIH with review and approval of the VPIH/CIH. An agreement between the CPIH/CIH and the VPIH/CIH shall be reached on the exact details of the confirmation effort, in writing, including such things as the number of samples, location, collection, quality control on-site, analytical laboratory, interpretation of results and any follow-up actions. This written agreement shall be co-signed by the IH's and delivered to the VA's representative.

### **2.3.2 SCOPE OF SERVICES OF THE VPIH/CIH CONSULTANT**

- A. The purpose of the work of the VPIH/CIH is to: assure quality; adherence to the specification; resolve problems; prevent the spread of contamination beyond the regulated area; and assure clearance at the end of the project. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM. The VPIH/CIH will perform the following tasks:
  - 1. Task 1: Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.
  - 2. Task 2: Perform continuous air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities.
  - 3. Task 3: Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.
  - 4. Task 4: Provide support to the VA representative such as evaluation of submittals from the Contractor, resolution of conflicts, interpret data, etc.
  - 5. Task 5: Perform, in the presence of the VA representative, final inspection and testing of a decontaminated regulated area at the conclusion of the abatement to certify compliance with all regulations and VA requirements/specifications.
  - 6. Task 6: Issue certificate of decontamination for each regulated area and project report.
- B. All documentation, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.
- C. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

### **2.3.3 MONITORING, INSPECTION AND TESTING BY CONTRACTOR CPIH/CIH**

The Contractor's CPIH/CIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications.

The CPIH/CIH is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor's personnel. Safety and health conditions and the provision of those conditions inside the regulated area for all persons entering the regulated area is the exclusive responsibility of the Contractor/Competent Person. The person performing the personnel and area air monitoring inside the regulated area shall be an IH Technician, who shall be trained and shall have specialized field experience in sampling and analysis. The IH Technician shall have successfully completed a NIOSH 582 Course or equivalent and provide documentation. The IH Technician shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytic Testing program of AIHA for fiber counting quality control assurance. The IH Technician shall also be an accredited EPA AHERA/State Contractor/Supervisor (or Abatement Worker) and Building Inspector. The IH Technician shall have participated in five abatement projects collecting personal and area samples as well as responsibility for documentation on substantially similar projects in size and scope. The analytic laboratory used by the Contractor to analyze the samples shall be AIHA accredited for asbestos PAT and approved by the VA prior to start of the project. A daily log shall be maintained by the CPIH/CIH or IH Technician, documenting all OSHA requirements for air personal monitoring for asbestos in 29 CFR 1926.1101 (f), (g) and Appendix A. This log shall be made available to the VA representative and the VPIH/CIH upon request. The log will contain, at a minimum, information on personnel or area samples, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc. The CPIH/CIH shall collect and analyze samples for each representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. No fewer than two personal samples per shift shall be collected and one area sample per 1,000 square feet of regulated area where abatement is taking place and one sample per shift in the clean room area shall be collected. In addition to the continuous monitoring required, the CPIH/CIH will perform inspection and testing at the final stages of abatement for each regulated area as specified in the CPIH/CIH responsibilities. Additionally, the CPIH/CIH will monitor and record pressure readings within the containment daily with a minimum of two readings at the beginning and at the end of a shift, and submit the data in the daily report.

#### **2.4 ASBESTOS HAZARD ABATEMENT PLAN**

The Contractor shall have established Asbestos Hazard Abatement Plan (AHAP) in printed form and loose leaf folder consisting of simplified text, diagrams, sketches, and pictures that establish and explain clearly the procedures to be followed during all phases of the work by the Contractor's personnel. The AHAP must be modified as needed to address specific requirements of this project and the specifications. The AHAP(s) shall be submitted for review and approval to the VA prior to the start of any abatement work. The minimum topics and areas to be covered by the AHAP(s) are:

- A. Minimum Personnel Qualifications
- B. Emergency Action Plan/Contingency Plans and Arrangements
- C. Security and Safety Procedures
- D. Respiratory Protection/Personal Protective Equipment Program and Training

- E. Medical Surveillance Program and Recordkeeping
- F. Regulated Area Requirements - Containment Barriers/Isolation of Regulated Area
- G. Decontamination Facilities and Entry/Exit Procedures (PDF and W/EDF)
- H. Negative Pressure Systems Requirements
- I. Monitoring, Inspections, and Testing
- J. Removal Procedures for ACM
- K. Removal of Contaminated Soil (if applicable)
- L. Encapsulation Procedures for ACM
- M. Disposal of ACM waste/equipment
- N. Regulated Area Decontamination/Clean-up
- O. Regulated Area Visual and Air Clearance
- P. Project Completion/Closeout

## 2.5 SUBMITTALS

### 2.5.1 PRE-START MEETING SUBMITTALS

Submit to the VA a minimum of 14 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-start meeting for this project:

- A. Submit a detailed work schedule for the entire project reflecting contract documents and the phasing/schedule requirements from the CPM chart.
- B. Submit a staff organization chart showing all personnel who will be working on the project and their capacity/function. Provide their qualifications, training, accreditations, and licenses, as appropriate. Provide a copy of the "Certificate of Worker's Acknowledgment" and the "Affidavit of Medical Surveillance and Respiratory Protection" for each person.
- C. Submit Asbestos Hazard Abatement Plan developed specifically for this project, incorporating the requirements of the specifications, prepared, signed and dated by the CPIH/CIH.
- D. Submit the specifics of the materials and equipment to be used for this project with manufacturer names, model numbers, performance characteristics, pictures/diagrams, and number available for the following:
  - 1. Supplied air system, negative air machines, HEPA vacuums, air monitoring pumps, calibration devices, pressure differential monitoring device and emergency power generating system.
  - 2. Waste water filtration system, shower system, containment barriers.
  - 3. Encapsulants, surfactants, hand held sprayers, airless sprayers, and fire extinguishers.
  - 4. Respirators, protective clothing, personal protective equipment.
  - 5. Fire safety equipment to be used in the regulated area.
- E. Submit the name, location, and phone number of the approved landfill; proof/verification the landfill is approved for ACM disposal; the landfill's requirements for ACM waste; the type of vehicle to be used for transportation; and name, address, and phone number of subcontractor, if used. Proof of asbestos training for transportation personnel shall be provided.
- F. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction and the specific contingency/emergency arrangements made with local health, fire, ambulance, hospital authorities and any other notifications/arrangements.
- G. Submit the name, location and verification of the laboratory and/or personnel to be used for analysis of air and/or bulk samples. Personal

air monitoring must be done in accordance with OSHA 29 CFR 1926.1101(f) and Appendix A. And area or clearance air monitoring in accordance with EPA AHERA protocols.

- H. Submit qualifications verification: Submit the following evidence of qualifications. Make sure that all references are current and verifiable by providing current phone numbers and documentation.
  1. Asbestos Abatement Company: Project experience within the past 3 years; listing projects first most similar to this project: Project Name; Type of Abatement; Duration; Cost; Reference Name/Phone Number; Final Clearance; and Completion Date
  2. List of project(s) halted by owner, A/E, IH, regulatory agency in the last 3 years: Project Name; Reason; Date; Reference Name/Number; Resolution
  3. List asbestos regulatory citations (e.g., OSHA), notices of violations (e.g., Federal and state EPA), penalties, and legal actions taken against the company including and of the company's officers (including damages paid) in the last 3 years. Provide copies and all information needed for verification.
- I. Submit information on personnel: Provide a resume; address each item completely; copies of certificates, accreditations, and licenses. Submit an affidavit signed by the CPIH/CIH stating that all personnel submitted below have medical records in accordance with OSHA 29 CFR 1926.1101(m) and 29 CFR 1910.20 and that the company has implemented a medical surveillance program and written respiratory protection program, and maintains recordkeeping in accordance with the above regulations. Submit the phone number and doctor/clinic/hospital used for medical evaluations.
  1. CPIH/CIH and IH Technician: Name; years of abatement experience; list of projects similar to this one; certificates, licenses, accreditations for proof of AHERA/OSHA specialized asbestos training; professional affiliations; number of workers trained; samples of training materials; samples of AHAP(s) developed; medical opinion; and current respirator fit test.
  2. Competent Person(s)/Supervisor(s): Number; names; social security numbers; years of abatement experience as Competent Person/Supervisor; list of similar projects in size/complexity as Competent Person/Supervisor; as a worker; certificates, licenses, accreditations; proof of AHERA/OSHA specialized asbestos training; maximum number of personnel supervised on a project; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
  3. Workers: Numbers; names; social security numbers; years of abatement experience; certificates, licenses, accreditations; training courses in asbestos abatement and respiratory protection; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
- J. Submit copies of State license for asbestos abatement; copy of insurance policy, including exclusions with a letter from agent stating in plain language the coverage provided and the fact that asbestos abatement activities are covered by the policy; copy of the AHAP incorporating the requirements of this specification; information on who provides your training, how often; who provides medical surveillance, how often; who performs and how is personal air monitoring of abatement workers conducted; a list of references of independent laboratories/IH's familiar with your air monitoring and Asbestos Hazard Abatement Plans; copies of monitoring results of the five referenced projects listed and analytical method(s) used.

- K. Rented equipment must be decontaminated prior to returning to the rental agency.
- L. Submit, before the start of work, the manufacturer's technical data for all types of encapsulants, all MSDS, and application instructions.

## **2.5.2 SUBMITTALS DURING ABATEMENT**

- A. The Competent Person shall maintain and submit a daily log at the regulated area documenting the dates and times of the following: purpose, attendees and summary of meetings; all personnel entering/exiting the regulated area; document and discuss the resolution of unusual events such as barrier breeching, equipment failures, emergencies, and any cause for stopping work; representative air monitoring and results/TWAs/ELs. Submit this information daily to the VPIH/CIH.
- B. The CPIH/CIH shall document and maintain the inspection and approval of the regulated area preparation prior to start of work and daily during work.
  - 1. Removal of any poly barriers.
  - 2. Visual inspection/testing by the CPIH/CIH or IH Technician prior to application of lockdown encapsulant.
  - 3. Packaging and removal of ACM waste from regulated area.
  - 4. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA's representative on a weekly basis.

## **2.5.3 SUBMITTALS AT COMPLETION OF ABATEMENT**

The CPIH/CIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. It will also include information on the containment and transportation of waste from the containment with applicable Chain of Custody forms. The report shall include a certificate of completion, signed and dated by the CPIH/CIH, in accordance with Attachment #1. All clearance and perimeter area samples must be submitted. The VA Representative will retain the abatement report after completion of the project and provide copies of the abatement report to VAMC Office of Engineer and the Safety Office.

## **PART 3 - EXECUTION**

### **3.1 PRE-ABATEMENT ACTIVITIES**

#### **3.1.1 PRE-ABATEMENT MEETING**

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH/CIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH/CIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work



of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

### 3.1.2 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.
- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of VA A/E Quality Alert 07/09 indicating the failure to identify asbestos in the areas listed as well as common issues when preparing specifications and contract documents. This is especially critical when demolition is planned, because AHERA surveys are non-destructive, and ACM may remain undetected. A NESHAPS (destructive) ACM inspection should be conducted on all building structures that will be demolished. Ensure the following areas are inspected on the project: Lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations; inside utility chases/walls; transite piping/ductwork/sheets; behind radiators; lab fume hoods; transite lab countertops; roofing materials; below window sills; water/sewer lines; electrical conduit coverings; crawl spaces( previous abatement contamination); flooring/mastic covered by carpeting/new flooring; exterior insulated wall panels; on underground fuel tanks; and steam line trench coverings.
- C. Ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects required to be removed from the regulated area have been cleaned and removed or properly protected from contamination.
- D. If present and required, remove and dispose of carpeting from floors in the regulated area. If ACM floor tile is attached to the carpet while the Contractor is removing the carpet that section of the carpet will be disposed of as asbestos waste.
- E. Inspect existing firestopping in the regulated area. Correct as needed.

### 3.1.3 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH/CIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, the Contractor's employees perform all major aspects of the approved AHAP, especially worker protection, respiratory systems, contingency plans, decontamination procedures, and monitoring to demonstrate satisfactory operation. The operational systems for respiratory protection and the negative pressure system shall be demonstrated for proper performance.
- C. The CPIH/CIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the asbestos abatement work in accordance with this specification and all applicable regulations.



## **3.2 REGULATED AREA PREPARATIONS**

### **3.2.1 OSHA DANGER SIGNS**

Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101 at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed the PEL. Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional signs will be posted following construction of the regulated area enclosure.

### **3.2.2 CONTROLLING ACCESS TO THE REGULATED AREA**

Access to the regulated area is allowed only through the personnel decontamination facility (PDF), if required. All other means of access shall be eliminated and OSHA Danger demarcation signs posted as required by OSHA. If the regulated area is adjacent to or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly sheeting to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid

### **3.2.3 SHUT DOWN - LOCK OUT ELECTRICAL**

Shut down and lock out/tag out electric power to the regulated area. Provide temporary power and lighting. Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.

### **3.2.4 SHUT DOWN - LOCK OUT HVAC**

Shut down and lock out/tag out heating, cooling, and air conditioning system (HVAC) components that are in, supply or pass through the regulated area.

Investigate the regulated area and agree on pre-abatement condition with the VA's representative. Seal all intake and exhaust vents in the regulated area with duct tape and 2 layers of 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6-mil poly disposal bags for disposal as asbestos waste.

### **3.2.5 SANITARY FACILITIES**

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

### **3.2.6 WATER FOR ABATEMENT**

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

### **3.2.7 PREPARATION PRIOR TO SEALING OFF**

Place all tools, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Remove all uncontaminated removable furniture, equipment and/or supplies from the regulated area before commencing work, or completely cover with 2 layers of 6-mil fire retardant poly sheeting and secure with duct tape. Lock out and tag out any HVAC systems in the regulated area.

### **3.2.8 CRITICAL BARRIERS**

Completely separate any openings into the regulated area from adjacent areas using fire retardant poly at least 6 mils thick and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects in the regulated area. Heat must be shut off any objects covered with poly

### **3.2.9 FLOOR BARRIERS**

If floor removal is not being done, all floors in the regulated area shall be covered with 2 layers of 6 mil fire retardant poly and brought up the wall 12 inches

### **3.2.10 PRE-CLEANING MOVABLE OBJECTS**

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.

Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location.

### **3.2.11 PRE-CLEANING FIXED OBJECTS**

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area

Pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After pre-cleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape. Objects (e.g., permanent fixtures, shelves, electronic equipment, laboratory tables, sprinklers, alarm systems, closed circuit TV equipment and computer cables) which must remain in the regulated area and that require special ventilation or enclosure requirements should be designated here along with specified means of protection. Contact the manufacturer for special protection requirements.

**3.2.12 PRE-CLEANING SURFACES IN THE REGULATED AREA**

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

**3.2.13 EXTENSION OF THE REGULATED AREA**

If the regulated area barrier is breached in any manner that could allow the passage of asbestos fibers or debris, the Competent Person shall immediately stop work, continue wetting, and proceed to extend the regulated area to enclose the affected area as per procedures described in this specification. If the affected area cannot be enclosed, decontamination measures and cleanup shall start immediately. All personnel shall be isolated from the affected area until decontamination/cleanup is completed as verified by visual inspection and air monitoring. Air monitoring at completion must indicate background levels.

**3.3 REMOVAL OF CLASS II FLOORING, ROOFING, AND TRANSITE MATERIALS:****3.3.1 GENERAL**

All applicable requirements of OSHA, EPA, and DOT shall be followed during Class II work. Keep materials intact; do not disturb; wet while working with it; wrap as soon as possible with 2 layers of 6 mil plastic for disposal.

**3.3.2 REMOVAL OF FLOORING MATERIALS:**

- A. All requirements of OSHA Flooring agreement provisions shall be followed:
  1. The Contractor shall provide enough HEPA negative air machines to effect  $> - 0.02''$  WCG pressure. Provide a standby unit in the event of machine failure and/or emergency in an adjacent area. The contractor shall use double the number of machines, based on their calculations, or submit proof their machines operate at stated capacities, at a 2" pressure drop across the filters.
  2. Flooring shall be removed intact, as much as possible. Do not rip or tear flooring.
  3. Mechanical chipping or sanding is not allowed.
  4. Flooring shall be removed with an infra-red heating unit operated by trained personnel following the manufacturer's instructions.
  5. Wet clean and HEPA vacuum the floor before and after removal of flooring.
  6. Place a 6 mil poly layer 4' by 10' adjacent to the regulated area for use as a decontaminated area. All waste must be contained in the regulated area.
  7. Package all waste in 6 mil poly lined fiberboard drums.

### 3.3.3 REMOVAL OF MASTIC

- A. All chemical mastic removers must be low in volatile organic compound (VOC) content, have a flash point greater than 200° Fahrenheit, contain no chlorinated solvents, and comply with California Air Resources Board (CARB) thresholds for VOCs (effective January 1, 2010).
- B. A negative air machine as required under flooring removal shall be provided.
- C. Follow all manufacturers' instructions in the use of the mastic removal material.
- D. Package all waste in 6 mil poly lined fiberboard drums.
- E. Prior to application of any liquid material, check the floor for penetrations and seal before removing mastic.

### 3.4 DISPOSAL OF CLASS II WASTE MATERIAL:

#### 3.4.1 GENERAL

Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations. Disposal shall be done at an approved landfill. Disposal of non-friable ACM shall be done in accordance with applicable regulations.

### 3.5 PROJECT DECONTAMINATION

#### 3.5.1 GENERAL

- A. The VA must be notified at least 24 hours in advance of any waste removed from the containment,
- B. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH/CIH.
- C. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleanings of the surfaces of the regulated area after the primary barrier removal.
- D. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

#### 3.5.2 REGULATED AREA CLEARANCE

Air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

#### 3.5.3 WORK DESCRIPTION

Decontamination includes the clearance air testing in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities, and negative pressure systems.

#### 3.5.4 PRE-DECONTAMINATION CONDITIONS

- A. Before decontamination starts, all ACM waste from the regulated area shall be removed, all waste collected and removed, and the secondary

barrier of poly removed and disposed of along with any gross debris generated by the work.

- B. At the start of decontamination, the following shall be in place:
  1. Critical barriers over all openings consisting of two layers of 6 mil poly which is the sole barrier between the regulated area and the rest of the building or outside.
  2. Decontamination facilities, if required for personnel and equipment in operating condition.

### 3.5.5 CLEANING:

Carry out a first cleaning of all surfaces of the regulated area including items of remaining poly sheeting, tools, scaffolding, ladders/staging by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping/air blowing methods. Use each surface of a wetted cleaning cloth one time only and then dispose of as contaminated waste. Continue this cleaning until there is no visible residue from abated surfaces or poly or other surfaces. Remove all filters in the air handling system and dispose of as ACM waste in accordance with these specifications. The negative pressure system shall remain in operation during this time. Additional cleaning(s) may be needed as determined by the CPIH/VPIH/CIH.

## 3.6 VISUAL INSPECTION AND AIR CLEARANCE TESTING

### 3.6.1 GENERAL

Notify the VA representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH after the final cleaning.

### 3.6.2 VISUAL INSPECTION

Final visual inspection will include the entire regulated area, the PDF, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other suspect material is detected, the final cleaning shall be repeated at no cost to the VA. Dust/material samples may be collected and analyzed at no cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

### 3.6.3 AIR CLEARANCE TESTING

- A. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final clearance testing. Air samples will be collected and analyzed in accordance with procedures for AHERA in this specification. If work is less than 260 lf/160 sf/35 cf, 5 PCM samples shall be collected for clearance and a minimum of one field blank. If work is equal to or more than 260 lf/160 sf/35 cf, AHERA TEM sampling shall be performed for clearance. TEM analysis shall be done in accordance with procedures for EPA AHERA in this specification. If the release criteria are not met, the Contractor shall repeat the final cleaning and continue decontamination procedures until clearance is achieved. **All Additional inspection and testing costs will be borne by the Contractor.**
- B. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

### **3.6.4 FINAL AIR CLEARANCE PROCEDURES**

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured by the AHERA PCM protocol, or 70 AHERA structures per square millimeter (s/mm<sup>2</sup>) by AHERA TEM.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
  - 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method or asbestos fibers counted using the AHERA TEM method.
  - 2. Aggressive Sampling: All final air testing samples shall be collected using aggressive sampling techniques except where soil is not encapsulated or enclosed. Samples will be collected on 0.8μ MCE filters for PCM analysis and 0.45μ Polycarbonate filters for TEM. A minimum of 1200 Liters of using calibrated pumps shall be collected for clearance samples. Before pumps are started, initiate aggressive air mixing sampling as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). Air samples will be collected in areas subject to normal air circulation away from corners, obstructed locations, and locations near windows, doors, or vents. After air sampling pumps have been shut off, circulating fans shall be shut off. The negative pressure system shall continue to operate.

## **3.7 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE**

### **3.7.1 COMPLETION OF ABATEMENT WORK**

- A. After thorough decontamination, complete asbestos abatement work upon meeting the regulated area clearance criteria and fulfilling the following:
  - 1. Remove all equipment, materials, and debris from the project area.
  - 2. Package and dispose of all asbestos waste as required.
  - 3. Repair or replace all interior finishes damaged during the abatement work.
  - 4. Fulfill other project closeout requirements as specified elsewhere in this specification.

### **3.7.2 CERTIFICATE OF COMPLETION BY CONTRACTOR**

The CPIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

### **3.7.3 WORK SHIFTS**

All work shall be done during administrative hours (8:00 AM to 4:30 PM) Monday - Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

## ATTACHMENT #1

## CERTIFICATE OF COMPLETION

DATE: \_\_\_\_\_

VA Project #: 509-318EPROJECT NAME: SCIU E-WING RENOVATION ABATEMENT CONTRACTOR: \_\_\_\_\_VAMC/ADDRESS: 950 15<sup>TH</sup> STREET, AUGUSTA, GA 30901

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):  
which took place from        /        /        to        /        /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all abatement work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH/CIH Signature/Date: \_\_\_\_\_

CPIH/CIH Print Name: \_\_\_\_\_

Abatement Contractor Signature/Date: \_\_\_\_\_

Abatement Contractor Print Name: \_\_\_\_\_



**ATTACHMENT #2****CERTIFICATE OF WORKER'S ACKNOWLEDGMENT**PROJECT NAME: SCIU E-WING RENOVATION DATE: \_\_\_\_\_PROJECT ADDRESS: 950 15<sup>TH</sup> STREET, AUGUSTA, GA 30901

ABATEMENT CONTRACTOR'S NAME: \_\_\_\_\_

**WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.**

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

**RESPIRATORY PROTECTION:** I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

**TRAINING COURSE:** I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

**MEDICAL EXAMINATION:** I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Witness: \_\_\_\_\_

## ATTACHMENT #3

## AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND TRAINING/ACCREDITATION

VA PROJECT NAME AND NUMBER: 509-318E SCIU E-WING RENOVATIONVA MEDICAL FACILITY: CHARLIE NORWOOD VAMC, AUGUSTA, GA

ABATEMENT CONTRACTOR'S NAME AND ADDRESS: \_\_\_\_\_

1. I verify that the following individual

Name: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.

Address: \_\_\_\_\_

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.

3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.

4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH/CIH: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of CPIH/CIH: \_\_\_\_\_

Signature of Contractor: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of Contractor: \_\_\_\_\_

## ATTACHMENT #4

## ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS

VA Project Location: CHARLIE NORWOOD VAMC, AUGUSTA, GAVA Project #: 509-318EVA Project Description: SCIU E-WING RENOVATION

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature \_\_\_\_\_ Date \_\_\_\_\_

Abatement Contractor Competent Person(s) \_\_\_\_\_ Date \_\_\_\_\_

- - END- - - -