

**EXHIBIT F-1 SEED PROJECT  
NOTICE OF PROPOSED PROJECT, PROPOSAL FORM**

**Date:****PROJECT TITLE AND NO.:** Project 608-14-103, Abestos Abatement Services for Bldg. 2 in Manchester, VAMC**PROJECT DESCRIPTION:** Asbestos Abatement for Bldg. 2**MAGNITUDE OF PROJECT:** Less than \$25,000**PERFORMANCE PERIOD:** 30 Calendar Days**SITE VISIT:** August 1, 2016 at 10:00am at VA Manchester, NH

**PERFORMANCE & PAYMENT BONDS:** In accordance with FAR 28.102-1 and Contract Clause 52.228-15, Contractors are reminded that any amount awarded over \$30,000 shall require Payment Bonds, and awards exceeding \$150,000 shall require both Payment and Performance Bonds. All bonds are due no later than 10 days after award.

**CONSTRUCTION:** ( ) YES or (X ) NO- reference Contract Clause 52.246-21, Warranty of Construction, is applicable to this task order.

**WAGE DETERMINATION:** Currently, General Decision Number: NH160014 Modification No 3 dated 04/1/2016 is applicable to this task order. However, the current prevailing Wage Determination will be incorporated at time of award.

**PROJECT SAFETY:** In accordance with FAR 52.236-13, Accident Prevention, construction contractors shall immediately notify the Contracting Officer's Representative (COR) and shall prepare a Report of Accident (VA Form 2162 or equivalent) in quadruplicate and forward the original and two copies to the Contracting Officer or COR for forwarding to Safety Officer.

**PROPOSAL DUE DATE:** All offers are due with proposal for IDIQ basic contract. Failure to provide a price will make offer noncompliant, eliminated from the competition and offeror ineligible for a basic contract award. Basis for award is in the RFP.

<b>Item Number</b>	<b>Description</b>	<b>Lump Sum Amount</b>
0001	Base Item – Asbestos Abatement for Bldg. 2	\$ _____

INCLUDE A DETAILED PRICE BREAKDOWN ATTACHED TO THIS PROPOSAL.

\_\_\_\_\_  
SIGNATURE:\_\_\_\_\_  
COMPANY NAME\_\_\_\_\_  
Name and title of person authorized to sign\_\_\_\_\_  
Offer Date

**EXHIBIT F – 1A - CALCULATION OF SELF-PERFORMED WORK**

PROJECT: Project 608-14-103, Asbestos Abatement for Bldg. 2 in Manchester, NH

Use a format similar to the following to identify and calculate cost of the work to be self-performed. Refer to the definitions pertaining to “Self-performance of work”, “On the Site” and “Total amount of work to be performed under the contract”. (Includes mobilization and utilization of owned or rented plant and equipment to be operated by the prime contractor’s own employees; only those materials which will be both purchased and installed by the prime’s own forces; labor associated with those aforementioned materials or equipment; only those supplies to directly support work performed by the contractor’s own employees; and the contractor’s own job overhead costs.) NOTE: The intention of this set-aside is to have actual work performed by the Contractor’s own forces or the forces of other SDVOSB contractors and not just “contract management”. This contract is not intended for construction contract management firms.

Clearly describe the work to be self-performed:

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Show Calculation of Self-Performed work: \_\_\_\_\_

B.1 Total Offer Price: \$ \_\_\_\_\_

B.2 If applying for consideration as a General Contractor (multi-discipline projects) subtract Specialty Trades (Unless being self performed) \$ \_\_\_\_\_

B.3 Subtract G&A, home office overhead, prime contractor’s markups for profit, bond, state use tax, etc. (\$)  
\_\_\_\_\_

B.4 Remainder is “Total amount of work to be performed under the Contract” = \$ \_\_\_\_\_

B.5 “Work to be self-performed”: = \$ \_\_\_\_\_ Amount shown on this line should match the amount shown for “Show Calculation of Self-Performed work”?

(Includes mobilization and utilization of owned or rented plant and equipment to be operated by the prime contractor’s own employees; only those materials which will be both purchased and installed by the prime’s own forces; labor associated with those aforementioned materials or equipment; only those supplies to directly support work performed by the contractor’s own employees; and the contractor’s own job overhead costs.)

B.15 % Self-performed Work = Line B.5 / B.4 X 100% = \_\_\_\_\_%