# **PROJECT MANUAL**

# DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER

# LOUIS STOKES MEDICAL CENTER-WADE PARK DIVISION 10701 EAST BLVD., CLEVELAND, OHIO 44106

**Provide Outpatient Pharmacy Windows** 

**Project Number 541-17-506** 

04-08

# DEPARTMENT OF VETERANS AFFAIRS MASTER SPECIFICATIONS

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# SECTION 01 00 00 GENERAL REQUIREMENTS

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# SECTION 01 00 00 GENERAL REQUIREMENTS

### 1.1 GENERAL INTENTION

- A. Contractor shall completely prepare site for building operations, including demolition and removal of existing structures, furnish labor and materials, and perform work at the Louis Stokes VAMC Cleveland Facility as required by drawings and specifications.
- B. Site visits will be in accordance with specification reference FAR 52.236-27 Site Visits.
- C. All employees of general contractor and subcontractors shall comply with VA security management program and obtain permission of the VA police, be identified by project and employer, and restricted from unauthorized access.
- D. Prior to commencing work, general contractor shall provide proof that a OSHA certified "competent person" (CP) (29 CFR 1926.20(b)(2) will maintain a presence at the work site whenever the general or subcontractors are present.

## E. Training:

- All employees of general contractor or subcontractors shall have the following required hours of OSHA certified Construction Safety course and /or other relevant competency training, as determined by VA CP with input from the ICRA team.
  - a. Superintendent: 30 hours.
  - b. All other Workers: 10 hours.

2. Submit training records of all such employees for approval before the start of work.

#### 1.2 STATEMENT OF BID ITEM(S)

A. ITEM I, GENERAL CONSTRUCTION: : Work includes general construction and alterations and certain other items.

#### 1.3 SPECIFICATIONS AND DRAWINGS FOR CONTRACTOR

A. AFTER AWARD OF CONTRACT, zero (0) sets of specifications and drawings will be furnished.

### 1.4 CONSTRUCTION SECURITY REQUIREMENETS

- A. Security Plan:
  - 1. The security plan defines both physical and administrative security procedures that will remain effective for the entire duration of the project.
  - 2. The General Contractor is responsible for assuring that all subcontractors working on the project and their employees also comply with these regulations.

### B. Security Procedures:

- 1. General Contractor's employees shall not enter the project site without appropriate badge. They may also be subject to inspection of their personal effects when entering or leaving the project site.
- 2. For working outside the "regular hours" as defined in the contract, The General Contractor shall give 3 days notice to the Contracting Officer so that security can be provided for the employees. This notice is separate from any notices required for utility shutdown described later in this section.
- 3. No photography of VA premises is allowed without written permission of the Contracting Officer.
- 4. VA reserves the right to close down or shut down the project site and order General Contractor's employees off the premises in the event of a national emergency. The General Contractor may return to the site only with the written approval of the Contracting Officer.

### C. Key Control:

1. The General Contractor shall provide duplicate keys and lock combinations to the Resident Engineer for the purpose of security inspections of every area of project including tool boxes and parked machines and take any emergency action.

- 2. The General Contractor shall turn over all permanent lock cylinders to the VA locksmith for permanent installation. All new hardware core cylinders shall be compatible with existing VA key system.
- 3. All construction doors/access doors must use VA key system and remain locked at all times from the corridor/exterior side.
- D. Motor Vehicle Restrictions
  - Vehicle authorization request shall be required for any vehicle entering the site and such request shall be submitted 24 hours before the date and time of access. Access shall be restricted to picking up and dropping off materials and supplies.
  - 2. No parking is available at Medical Center for contractors and contractor commuter vehicles shall be parked off-site.

#### 1.5 FIRE SAFETY

- A. Applicable Publications: Publications listed below form part of this Article to extent referenced. Publications are referenced in text by basic designations only.

  - 2. National Fire Protection Association (NFPA):

10-2006Standard for Portable Fire Extinguishers
30-2007Flammable and Combustible Liquids Code
51B-2003Standard for Fire Prevention During Welding,
Cutting and Other Hot Work
70-2007National Electrical Code
241-2004Standard for Safeguarding Construction,

Alteration, and Demolition Operations

- 3. Occupational Safety and Health Administration (OSHA):
  29 CFR 1926......Safety and Health Regulations for Construction
- B. Fire Safety Plan: Establish and maintain a fire protection program in accordance with 29 CFR 1926. Prior to start of work, prepare a plan detailing project-specific fire safety measures, including periodic status reports, and submit to COR and Facility Safety Manager for review for compliance with contract requirements in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA AND SAMPLES Prior to any worker for the contractor or subcontractors beginning work, they shall undergo a safety briefing provided by the general contractor's competent person per OSHA requirements. This briefing shall include information on

the construction limits, VAMC safety guidelines, means of egress, break areas, work hours, locations of restrooms, use of VAMC equipment, etc.

Documentation shall be provided to the Resident Engineer that individuals have undergone contractor's safety briefing.

- C. Site and Building Access: Maintain free and unobstructed access to facility emergency services and for fire, police and other emergency response forces in accordance with NFPA 241.
- D. Temporary Construction Partitions:
  - 1. Provide a temporary construction barrier to separate work area from the outpatient pharmacy.
- E. Temporary Heating and Electrical: Install, use and maintain installations in accordance with 29 CFR 1926, NFPA 241 and NFPA 70.
- F. Means of Egress: Do not block exiting for occupied buildings, including paths from exits to roads. Minimize disruptions and coordinate with COR.
- G. Egress Routes for Construction Workers: Maintain free and unobstructed egress. Inspect daily. Report findings and corrective actions weekly to COR. Any construction materials found in exit stairs or corridors will be disposed of at contractor's expense.

- H. Fire Extinguishers: Provide and maintain extinguishers in construction areas and temporary storage areas in accordance with 29 CFR 1926, NFPA 241 and NFPA 10.
- I. Flammable and Combustible Liquids: Store, dispense and use liquids in accordance with 29 CFR 1926, NFPA 241 and NFPA 30.
- J. Existing Fire Protection: Do not impair automatic sprinklers, smoke and heat detection, and fire alarm systems, except for portions immediately under construction, and temporarily for connections. Provide fire watch for impairments more than 4 hours in a 24-hour period. Request interruptions in accordance with Article, OPERATIONS AND STORAGE AREAS, and coordinate with COR. All existing or temporary fire protection systems (fire alarms, sprinklers) located in construction areas shall be tested as coordinated with the medical center. Parameters for the testing and results of any tests performed shall be recorded by the medical center and copies provided to the COR.
- K. Smoke Detectors: Prevent accidental operation. Remove temporary covers at end of work operations each day. Coordinate with COR.
- L. Hot Work: Perform and safeguard hot work operations in accordance with NFPA 241 and NFPA 51B. Coordinate with COR. Obtain permits from COR at least 48 hours in advance.
- M. Fire Hazard Prevention and Safety Inspections: Inspect entire construction areas weekly. Coordinate with, and report findings and corrective actions weekly to COR.
- N. Smoking: Smoking is prohibited in and adjacent to construction areas inside existing buildings and additions under construction. In separate and detached buildings under construction, smoking is prohibited except in designated smoking rest areas.
- O. Dispose of waste and debris in accordance with NFPA 241. Remove from buildings daily. A dumpster location will be unavailable to the contractor and construction debris shall be removed from the site on a daily basis.
- P. Perform other construction, alteration and demolition operations in accordance with 29 CFR 1926.
- Q. If required, submit documentation to the COR that personnel have been trained in the fire safety aspects of working in areas with impaired structural or compartmentalization features.

R. See additional OSHA Requirements and Safety and Health Regulations attachment at the end of this specification section.

## 1.6 OPERATIONS AND STORAGE AREAS

- A. The Contractor shall confine all operations (including storage of materials) on Government premises to areas authorized or approved by the Contracting Officer. The Contractor shall hold and save the Government, its officers and agents, free and harmless from liability of any nature occasioned by the Contractor's performance.
- B. The Contractor shall, under regulations prescribed by the Contracting Officer, use only established roadways, or use temporary roadways constructed by the Contractor when and as authorized by the Contracting Officer. When materials are transported in prosecuting the work, vehicles shall not be loaded beyond the loading capacity recommended by the manufacturer of the vehicle or prescribed by any Federal, State, or local law or regulation. When it is necessary to cross curbs or sidewalks, the Contractor shall protect them from damage. The Contractor shall repair or pay for the repair of any damaged curbs, sidewalks, or roads.
- C. Working space and space available for storing materials shall be as determined by the COR.
- D. Workmen are subject to rules of Medical Center applicable to their conduct.
- E. Execute work so as to interfere as little as possible with normal functioning of Medical Center as a whole, including operations of utility services, fire protection systems and any existing equipment, and with work being done by others. Use of equipment and tools that transmit vibrations and noises through the building structure, are not permitted in buildings that are occupied, during construction, jointly by patients or medical personnel, and Contractor's personnel, except as permitted by COR where required by limited working space.

- 1. Do not store materials and equipment in other than assigned areas.
- 2. Schedule delivery of materials and equipment to immediate construction working areas within buildings in use by Department of Veterans Affairs in quantities sufficient that do not impede Medical Center activation. Provide unobstructed access to Medical Center areas required to remain in operation.
- F. Portions of the building will be occupied during performance of work but immediate areas of alterations will be vacated.
  - 1. Contractor shall take all measures and provide all material necessary for protecting existing equipment and property in affected areas of construction against dust and debris, so that equipment and affected areas to be used in the Medical Centers operations will not be hindered. Contractor shall permit access to Department of Veterans Affairs personnel and patients through other construction areas which serve as routes of access to such affected areas and equipment. Coordinate alteration work in areas occupied by Department of Veterans Affairs so that Medical Center operations will continue during the construction period.
- I. When a building or portion of a building is turned over to Contractor, Contractor shall accept entire responsibility therefore.
  - 1. Contractor shall maintain a minimum temperature of 4 degrees C (40 degrees F) at all times, except as otherwise specified.
  - 2. Contractor shall maintain in operating condition existing fire protection and alarm equipment. In connection with fire alarm equipment, Contractor shall make arrangements for pre-inspection of site with Fire Department or Company (Department of Veterans Affairs or municipal) whichever will be required to respond to an alarm from Contractor's employee or watchman.
- J. Utilities Services: Maintain existing utility services for Medical Center at all times. Provide temporary facilities, labor, materials,

equipment, connections, and utilities to assure uninterrupted services. Where necessary to cut existing water, steam, gases, sewer or air pipes, or conduits, wires, cables, etc. of utility services or of fire protection systems and communications systems (including telephone), they shall be cut and capped at suitable places where shown; or, in absence of such indication, where directed by COR.

- 1. No utility service such as water, gas, steam, sewers or electricity, or fire protection systems and communications systems may be interrupted without prior approval of COR. Electrical work shall be accomplished with all affected circuits or equipment de-energized. When an electrical outage cannot be accomplished, work on any energized circuits or equipment shall not commence without the Medical Center Director's prior knowledge and written approval.
- 2. Contractor shall submit a request to interrupt any such services to COR, in writing, 72 hours in advance of proposed interruption. Request shall state reason, date, exact time of, and approximate duration of such interruption.
- 3. Contractor will be advised (in writing) of approval of request, or of which other date and/or time such interruption will cause least inconvenience to operations of Medical Center. Interruption time approved by Medical Center may occur at other than Contractor's normal working hours.
- 4. Major interruptions of any system must be requested, in writing, at least 15 calendar days prior to the desired time and shall be performed as directed by the COR.
- 5. In case of a contract construction emergency, service will be interrupted on approval of COR. Such approval will be confirmed in writing as soon as practical.
- 6. Whenever it is required that a connection fee be paid to a public utility provider for new permanent service to the construction project, for such items as water, sewer, electricity, gas or steam, payment of such fee shall be the responsibility of the Government and not the Contractor.
- K. Abandoned Lines: All service lines such as wires, cables, conduits, ducts, pipes and the like, and their hangers or supports, which are to be abandoned but are not required to be entirely removed, shall be

sealed, capped or plugged. The lines shall not be capped in finished areas, but shall be removed and sealed, capped or plugged in ceilings, within furred spaces, in unfinished areas, or within walls or partitions; so that they are completely behind the finished surfaces.

- L. To minimize interference of construction activities with flow of Medical Center traffic, comply with the following:
  - 1. Keep roads, walks and entrances to grounds, to parking and to occupied areas of buildings clear of construction materials, debris and standing construction equipment and vehicles.
  - 2. Method and scheduling of required cutting, altering and removal of existing roads, walks and entrances must be approved by the COR.
- M. Coordinate the work for this contract with other construction operations as directed by COR. This includes the scheduling of traffic and the use of roadways, as specified in Article, USE OF ROADWAYS.

### 1.7 ALTERATIONS

- A. Survey: Before any work is started, the Contractor shall make a thorough survey with the COR areas of buildings in which alterations occur and areas which are anticipated routes of access, and furnish a report, signed by both, to the Contracting Officer. This report shall list by rooms and spaces:
  - Existing condition and types of resilient flooring, doors, windows, walls and other surfaces not required to be altered throughout affected areas of building.
  - 2. Existence and conditions of items such as plumbing fixtures and accessories, electrical fixtures, equipment, venetian blinds, shades, etc., required by drawings to be either reused or relocated, or both.
  - 3. Shall note any discrepancies between drawings and existing conditions at site.
  - 4. Shall designate areas for working space, materials storage and routes of access to areas within buildings where alterations occur and which have been agreed upon by Contractor and COR.
- B. Any items required by drawings to be either reused or relocated or both, found during this survey to be nonexistent, or in opinion of COR, to be in such condition that their use is impossible or impractical, shall be furnished and/or replaced by Contractor with new items in accordance with specifications which will be furnished by Government. Provided the contract work is changed by reason of this subparagraph B, the contract will be modified accordingly, under provisions of clause entitled

"DIFFERING SITE CONDITIONS" (FAR 52.236-2) and "CHANGES" (FAR 52.243-4 and VAAR 852.236-88).

- C. Protection: Provide the following protective measures:
  - 1. Wherever existing roof surfaces are disturbed they shall be protected against water infiltration. In case of leaks, they shall be repaired immediately upon discovery.
  - 2. Temporary protection against damage for portions of existing structures and grounds where work is to be done, materials handled and equipment moved and/or relocated.
  - 3. Protection of interior of existing structures at all times, from damage, dust and weather inclemency. Wherever work is performed, floor surfaces that are to remain in place shall be adequately protected prior to starting work, and this protection shall be maintained intact until all work in the area is completed.

### 1.8 INFECTION PREVENTION MEASURES

A. Infection Control permits (see sample at the end of this specification section) will be issued by the COR. The Infection Control Permits will be posted outside the appropriate construction area. More than one permit may be issued for a construction project if the work is located in separate areas requiring separate classes. The primary project scope area for this project is: Class II, however, work outside the primary project scope area may vary. The required infection control precautions are denoted on the following table:

Description of Required Infection Control Precautions by Class

Class 1	1. Notify and receive permission	1. Notify COR for inspection once
	from the COR to perform	the work is complete.
	requested work.	
	2. Execute work by methods to	
	minimize raising dust from	ı
	construction operations.	
	3. Immediately replace a ceiling	ı
	tile displaced for visual	
	inspection.	
CLASS II	1. Notify and receive permission	1. Wipe work surfaces with
	from the COR to perform	disinfectant.
	requested work.	2. Contain construction waste
	2. Provide active means to	before transport in tightly
	prevent airborne dust from	covered containers.
	dispersing into atmosphere.	3. Wet mop and/or vacuum with HEPA
	3. Water mist work surfaces to	filtered vacuum before leaving
	control dust while cutting.	work area.
	4. Seal unused doors with duct	4. Remove isolation of HVAC system
	tape.	in areas where work is being
	5. Block off and seal air vents.	performed.
	6. Place dust mat at entrance	
	and exit of work area.	
	7. Remove or isolate HVAC system	1
	in areas where work is being	1
	performed.	

### CLASS III

- 1. Obtain and post valid Infection Control Construction Permit at each work site. Permit must be signed by COR, I.C. Nurse and General Contractor to be valid.
- Remove or isolate HVAC system in area where work is being done to prevent contamination of duct system.
- all 3. Complete critical barriers, i.e., sheetrock, plywood, plastic, to seal area from non-work area or implement control cube methods (cart with plastic and covering sealed connection to work site with HEPA vacuum for vacuuming prior to exit) beforeconstruction begins. Construction of barrier will need to occur outside normal work shifts with approval of COR.
- 4. Construct anteroom where possible and directed by COR.
- 5. Maintain negative air pressure within work site utilizing HEPA equipped air filtration units.
- Contain construction waste before transport in tightly covered containers.
- Cover transport receptacles
   or carts. Tape covering

- valid 1. Do not remove barriers from work area until completed project is each inspected by the Owner's Safety Department.
  - 2. Remove barrier materials carefully to minimize spreading of dirt and debris associated with construction. Barriers are required to be removed after hours with approval of COR.
  - Vacuum work area with HEPA filtered vacuums.
  - 4. Wet mop area with disinfectant.
  - Remove isolation of HVAC system in areas where work is being performed.

unless solid lid. 8. If the spread of dust from construction personnel is not contained workers may required to wear show covers and or be vacuumed prior to leaving worksite at the discretion of the COR or I.C. Nurse. 9. Seal holes, pipes, conduits and punctures appropriately. 10.Include particle readings on daily logs against baseline points as required by COR or I.C. Nurse. 1. Follow all requirements Before work is turned over and listed in Class III as well accepted by the VA a certified additional requirements I.H. must be used to certify as listed below. cleaning as well as swab and air 2. Construct anteroom sampling of the area. and These require all personnel to pass tests shall meet or exceed through this room so they can industry standards for the type vacuumed using a HEPA of area being renovation. vacuum cleaner before leaving work site, or they can wear cloth or paper coveralls that are removed each time they leave the work site. 3. All personnel entering work site are required to wear shoe covers. Shoe covers must be changed each time the worker exits the work area.

B. An infection control orientation will be provided by the VA Infection Control Personnel to the Contractor prior to construction start.

- C. Implement the requirements of VAMC's Infection Control Risk Assessment (ICRA) team. ICRA Group may monitor dust in the vicinity of the construction work and require the Contractor to take corrective action immediately if the safe levels are exceeded.
- D. Establish and maintain a dust control program as part of the contractor's infection preventive measures in accordance with the guidelines provided by ICRA Group—as specified here. Prior to start of work, prepare a plan detailing project—specific dust protection measures, including periodic status reports, and submit to for review for compliance.
  - 1. All personnel involved in the construction or renovation activity shall be educated and trained in infection prevention measures established by the medical center.
- E. Medical center Infection Control personnel shall monitor for airborne disease (e.g. aspergillosis) as appropriate during construction. A baseline of conditions may be established by the medical center prior to the start of work and periodically during the construction stage to determine impact of construction activities on indoor air quality. In addition:
  - 1. The COR and VAMC Infection Control personnel shall review pressure differential monitoring documentation to verify that pressure differentials in the construction zone and in the patient-care rooms are appropriate for their settings. The requirement for negative air pressure in the construction zone shall depend on the location and type of activity. Upon notification, the contractor shall implement corrective measures to restore proper pressure differentials as needed.
  - 2. In case of any problem, the medical center, along with assistance from the contractor, shall conduct an environmental assessment to find and eliminate the source.
- F. In general, following preventive measures shall be adopted during construction to keep down dust and prevent mold.
  - Dampen debris to keep down dust and provide temporary construction partitions in existing structures where directed by Resident Engineer. Blank off ducts and diffusers to prevent circulation of dust into occupied areas during construction.
  - 2. Do not perform dust producing tasks within occupied areas without the approval of the COR. For construction in any areas that will remain

jointly occupied by the medical Center and Contractor's workers, the Contractor shall:

- a. Provide dust proof one-hour temporary drywall construction barriers to completely separate construction from the operational areas of the hospital in order to contain dirt debris and dust. Barriers shall be sealed and made presentable on hospital occupied side. Install a self-closing rated door in a metal frame, commensurate with the partition, to allow worker access. Maintain negative air at all times. Barrier installation to be done outside normal Medical Center hours, coordinate with COR.
- b. HEPA filtration is required where the exhaust dust may reenter the breathing zone. Contractor shall verify that construction exhaust to exterior is not reintroduced to the medical center through intake vents, or building openings. Install HEPA (High Efficiency Particulate Accumulator) filter vacuum system rated at 95% capture of 0.3 microns including pollen, mold spores and dust particles. Insure continuous negative air pressures occurring within the work area. HEPA filters should have ASHRAE 85 or other prefilter to extend the useful life of the HEPA. Provide both primary and secondary filtrations units. Exhaust hoses shall be heavy duty, flexible steel reinforced and exhausted so that dust is not reintroduced to the medical center.
- c. Adhesive Walk-off/Carpet Walk-off Mats, minimum 600mm x 900mm (24" x 36"), shall be used at all interior transitions from the construction area to occupied medical center area. These mats shall be changed as often as required to maintain clean work areas directly outside construction area at all times.
- d. Vacuum and wet mop all transition areas from construction to the occupied medical center at the end of each workday. Vacuum shall utilize HEPA filtration. Maintain surrounding area frequently. Remove debris as they are created. Transport these outside the construction area in containers with tightly fitting lids.
- e. The contractor shall not haul debris through patient-care areas without prior approval of the Resident Engineer and the Medical Center. When, approved, debris shall be hauled in enclosed dust proof containers or wrapped in plastic and sealed with duct tape. No sharp objects should be allowed to cut through the plastic. Wipe down the exterior of the containers with a damp rag to remove dust. All equipment, tools, material, etc. transported through

- occupied areas shall be made free from dust and moisture by vacuuming and wipe down.
- f. Using a HEPA vacuum, clean inside the barrier and vacuum ceiling tile prior to replacement. Any ceiling access panels opened for investigation beyond sealed areas shall be sealed immediately when unattended.
- g. There shall be no standing water during construction. This includes water in equipment drip pans and open containers within the construction areas. All accidental spills must be cleaned up and dried within 12 hours. Remove and dispose of porous materials that remain damp for more than 72 hours.
- h. At completion, remove construction barriers and ceiling protection carefully, outside of normal work hours. Vacuum and clean all surfaces free of dust after the removal.

### G. Final Cleanup:

- 1. Upon completion of project, or as work progresses, remove all construction debris from above ceiling, vertical shafts and utility chases that have been part of the construction.
- 2. Perform HEPA vacuum cleaning of all surfaces in the construction area. This includes walls, ceilings, cabinets, furniture (built-in or free standing), partitions, flooring, etc.
- 3. All new air ducts shall be cleaned prior to final inspection with reports submitted to COR.

### 1.9 DISPOSAL AND RETENTION

- A. Materials and equipment accruing from work removed and from demolition of buildings or structures, or parts thereof, shall be disposed of as follows:
  - 1. Reserved items which are to remain property of the Government are identified by attached tags or noted on drawings or in specifications as items to be stored. Items that remain property of the Government shall be removed or dislodged from present locations in such a manner as to prevent damage which would be detrimental to re-installation and reuse. Store such items where directed by COR.
  - 2. Items not reserved shall become property of the Contractor and be removed by Contractor from Medical Center.
  - 3. Items of portable equipment and furnishings located in rooms and spaces in which work is to be done under this contract shall remain the property of the Government. When rooms and spaces are vacated by

the Department of Veterans Affairs during the alteration period, such items which are NOT required by drawings and specifications to be either relocated or reused will be removed by the Government in advance of work to avoid interfering with Contractor's operation.

#### 1.10 RESTORATION

- A. Remove, cut, alter, replace, patch and repair existing work as necessary to install new work. Except as otherwise shown or specified, do not cut, alter or remove any structural work, and do not disturb any ducts, plumbing, steam, gas, or electric work without approval of the COR. Existing work to be altered or extended and that is found to be defective in any way, shall be reported to the COR before it is disturbed. Materials and workmanship used in restoring work, shall conform in type and quality to that of original existing construction, except as otherwise shown or specified.
- B. Upon completion of contract, deliver work complete and undamaged.

  Existing work (walls, ceilings, partitions, floors, mechanical and electrical work, lawns, paving, roads, walks, etc.) disturbed or removed as a result of performing required new work, shall be patched, repaired, reinstalled, or replaced with new work, and refinished and left in as good condition as existed before commencing work.
- C. At Contractor's own expense, Contractor shall immediately restore to service and repair any damage caused by Contractor's workmen to existing piping and conduits, wires, cables, etc., of utility services or of fire protection systems and communications systems (including telephone) which are indicated on drawings and which are not scheduled for discontinuance or abandonment.
- D. Expense of repairs to such utilities and systems not shown on drawings or locations of which are unknown will be covered by adjustment to contract time and price in accordance with clause entitled "CHANGES" (FAR 52.243-4 and VAAR 852.236-88) and "DIFFERING SITE CONDITIONS" (FAR 52.236-2).

#### 1.11 LAYOUT OF WORK

A. The Contractor shall lay out the work as, indicated on the drawings, and shall be responsible for all measurements in connection with the layout. The Contractor shall furnish, at Contractor's own expense, templates, platforms, equipment, tools, materials, and labor required to lay out any part of the work.

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#### 1.12 USE OF ROADWAYS

A. For hauling, use only established public roads and roads on Medical Center property. When necessary to cross curbing, sidewalks, or similar construction, they must be protected by well-constructed bridges.

### 1.13 TEMPORARY USE OF EXISTING ELEVATORS

- A. Use of existing elevators for handling building materials and Contractor's personnel will be permitted subject to following provisions:
  - 1. Contractor makes all arrangements with the COR for use of elevators and pays for cost if an elevator vendor is required for delivery. The COR will ascertain that elevators are in proper condition. Contractor may use elevators for daily use between the hours of 7:00 a.m. and 6:00 p.m. and for special nonrecurring time intervals when permission is personnel for operating elevators will not be provided by the Department of Veterans Affairs.
  - 2. Contractor to develop a proposed elevator usage plan for review and approval by COR.
  - 3. Contractor covers and provides maximum protection of following elevator components:
    - a. Entrance jambs, heads soffits and threshold plates.
    - b. Entrance columns, canopy, return panels and inside surfaces of car enclosure walls.
    - c. Finish flooring.
  - 4. If brake lining of elevators are excessively worn or damaged during temporary use, they shall be removed and replaced by new brake lining.

- 5. All parts of main controller, starter, relay panel, selector, etc., worn or damaged during temporary use shall be removed and replaced with new parts, if recommended by elevator inspector after elevator is released by Contractor.
- 6. Place elevator in condition equal, less normal wear, to that existing at time it was placed in service of Contractor as approved by Contracting Officer.

### 1.14 TEMPORARY TOILETS

A. Contractor may have for use of Contractor's workmen, such toilet accommodations as may be assigned to Contractor by Medical Center. Contractor shall keep such places clean and be responsible for any damage done thereto by Contractor's workmen. Failure to maintain satisfactory condition in toilets will deprive Contractor of the privilege to use such toilets.

### 1.15 AVAILABILITY AND USE OF UTILITY SERVICES

- A. Electricity (for Construction and Testing): Furnish all temporary electric services.
  - 1. The use of facility power shall be protected by GFCI or NEC approved temporary power stations.
- B. Water (for Construction and Testing): Furnish temporary water service.
  - 1. Obtain water by connecting to the Medical Center water distribution system. Provide reduced pressure backflow preventer at each connection. Water is available at no cost to the Contractor.
  - 2. Maintain connections, pipe, fittings and fixtures and conserve water-use so none is wasted. Failure to stop leakage or other wastes will be cause for revocation (at COR's discretion) of use of water from Medical Center's system.

### 1.16 INSTRUCTIONS

A. Contractor shall furnish Maintenance and Operating manuals and verbal instructions when required by the various sections of the specifications and as hereinafter specified.

complete, detailed guides for the maintenance and operation of equipment. They shall include complete information necessary for starting, adjusting, maintaining in continuous operation for long periods of time and dismantling and reassembling of the complete units and sub-assembly components. Manuals shall include an index covering all component parts clearly cross-referenced to diagrams and illustrations. Illustrations shall include "exploded" views showing and identifying each separate item. Emphasis shall be placed on the use of special tools and instruments. The function of each piece of equipment, component, accessory and control shall be clearly and thoroughly explained. All necessary precautions for the operation of the equipment and the reason for each precaution shall be clearly set forth. Manuals must reference the exact model, style and size of the piece of equipment and system being furnished. Manuals referencing equipment similar to but of a different model, style, and size than that furnished will not be accepted.

B. Instructions: Contractor shall provide qualified, factory-trained manufacturers' representatives to give detailed instructions to assigned Department of Veterans Affairs personnel in the operation and complete maintenance for each piece of equipment. All such training will be at the job site. These requirements are more specifically detailed in the various technical sections. Instructions for different items of equipment that are component parts of a complete system, shall be given in an integrated, progressive manner. All instructors for every piece of component equipment in a system shall be available until instructions for all items included in the system have been completed. This is to assure proper instruction in the operation of inter-related systems. All instruction periods shall be at such times as scheduled by the COR and shall be considered concluded only when the COR is satisfied in regard to complete and thorough coverage. The Department of Veterans Affairs reserves the right to request the removal of, and substitution for, any instructor who, in the opinion of the COR, does not demonstrate sufficient qualifications in accordance with requirements for instructors above.

# 1.17 ATTACHMENTS

HAZARDOUS WORK ACTIVITY CHECKLIST OSHA REQUIREMENTS

ICRA PERMIT

- - - E N D - - -

Project:	Project/Contract #:
,	,

# Any activity answered yes must be addressed in the Site Specific Safety Plan

Activity	Yes	No
Respiratory protection is required for the work being conducted List specifics		
Hearing protection is required for the work being conducted List specifics: Type of noise; impact, constant, start up		
Other personal protective equipment is required for the work being conducted, What activity? List specifics: (Gloves, safety Glasses, hard hat, steel toes, overalls)		
There are overhead hazards associated with the work being conducted Wires, power, communication, grounding, location(s), signage List specifics:		
Work is being conducted in a confined space. Permit required? List specifics: Tanks, sewer, tunnels		
Ladders will be necessary for the work being conducted		
Scaffolding will be necessary for the work being conducted List specifics:		
Other work platforms will be necessary for the work being conducted List specifics: Rails, toe boards, netting		
Fall protection is required for the work being conducted List specifics:		
ASBESTOS Abatement Exposure to asbestos may be associated with the work being conducted List specifics: Renovation, Demolition, Emergency Response 29 CFR 1910.1001		
Hazardous materials will be used MSDSs will be provided for known substances List specifics: 29 CFR 1910.1200		

Hot work(Cutting, Welding, Brazing, etc) Use of VAMC Cleveland Hot Work Policy (MCP 138-012) is required  Additional ventilation will be necessary for the work being conducted List specifics: Reason for need of ventilation, confined space, foul odor, excessive heat.  Operation and maintenance of electric power generation, control, transformation, transmission, and distribution lines and equipment are necessary for the work being conducted List specifics:  Work will be conducted on energized equipment. Use of VAMC Cleveland Working on Energized Equipment policy (138-034) is required. List specifics: list voltages in area, emergency procedures  Other electrical work will be conducted List specifics:  Lock Out/Tag Out will be necessary for the work being conducted List specifics:  Cranes, derricks, or slings will be necessary for the work being conducted List specifics:  Excavating will be necessary for work being conducted List site specifics:  Excavating or earthmoving equipment will be used List specifics:	Yes No	Activity
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List specifics:  Lock Out/Tag Out will be necessary for the work being conducted List specifics:  Cranes, derricks, or slings will be necessary for the work being conducted List specifics:  Excavating will be necessary for work being conducted List site specifics:  Excavating or earthmoving equipment will be used List specifics:  Industrial trucks will be used	38-034)	Use of VAMC Cleveland Working on Energized Equipment policy (138-034) is required.
Cranes, derricks, or slings will be necessary for the work being conducted List specifics:  Excavating will be necessary for work being conducted List site specifics:  Excavating or earthmoving equipment will be used List specifics:  Industrial trucks will be used		
List specifics:  Excavating will be necessary for work being conducted List site specifics:  Excavating or earthmoving equipment will be used List specifics:  Industrial trucks will be used		· · · · · · · · · · · · · · · · · · ·
Excavating will be necessary for work being conducted List site specifics:  Excavating or earthmoving equipment will be used List specifics:  Industrial trucks will be used	cted	•
List specifics:  Industrial trucks will be used		Excavating will be necessary for work being conducted
List specifics:		Industrial trucks will be used List specifics:

Activity	Yes	No
Other motorized vehicles will be used List specifics:		
Concrete and masonry construction operations will be necessary for work being conducted List specifics: % of recycled components		
Steel erection activities will be necessary for the work being conducted List specifics:  New Steel % of recycled material,		
Alteration, conversion, or improvement of existing electric transmission and distribution lines and equipment will be necessary for the work being conducted  List specifics:		
Hand and portable powered tools or other hand-held equipment will be used		
Compressed gas or compressed air equipment is necessary for work being conducted		
List all other hazardous activities that will be conducted or potentially hazardous equipment that will be used		

Activity	Yes	No
Demolition will be necessary for the work being conducted		
New Construction: Minimum _%_ of total project waste shall be diverging from landfill.  Recycled aggregate, Concrete, Steel	erted	
<ul> <li>Interior Remodeling: Minimum _% _ of total project waste shall be diverted from landfill.</li> <li>a) Ceiling tile</li> <li>b) Steel</li> <li>c) Carpet</li> </ul>		
The following waste categories, at a minimum, shall be diverted from la a) Green waste (biodegradable landscaping materials). b) Soil. c) Inerts (concrete, asphalt, masonry). d) Clean dimensional wood, palette wood. e) Engineered wood products: plywood, particle board, I-joists, etc. f) Cardboard, paper, packaging. g) Asphalt roofing materials. h) Insulation. i) Gypsum board. j) Carpet and pad. k) Paint. l) Plastics: ABS, PVC. m) Beverage containers.	ndfill	
Submitted by (Contractor) Date	e:	
Reviewed by (COR) Date	e:	
Reviewed by (CSM)  Date	e:	

# SAMPLE INFECTION CONTROL PERMIT

# **Infection Control Construction Permit Construction Class: Project Name and Number:** Permit #: **Location of Construction:** COR: **Telephone: Contractor Performing Work: Telephone: Supervisor:** 1. Obtain approval from COR before activities begin 2. Work performed is limited to inspections and minor installations **CLASS I** 3. Execute work by methods to minimize raising dust from inspection operations 4. Permit does not need to be posted for this classification. 1. Obtain and post infection control permit at work location before work begins 2. Provide active means to prevent air borne dust from dispersing into atmosphere 3. Place dust mat at entrances and exits of work sites **CLASS II** 4. Tools and equipment must be cleaned prior to entrance to the medical center 5. Isolate HVAC and seal unused doors with duct tape 6. Contain construction waste before transport in tightly covered containers 1. Obtain and post infection control permit at work location before work begins 2. Follow all requirements listed for Class II in addition to requirements listed below 3. Isolate supply and return ductwork to prevent contamination of system. 4. Complete all critical dust barriers as well as the creation of an anti-room where required for inspection by **CLASS** COR before work begins. Ш 5. Maintain negative air pressure within work site utilizing HEPA equipped air filtration units. 6. Construct antiroom where required by COR and 1.C. Nurse 7. Obtain COR approval before contruction and removal of any dust partitions 8. Include paticle count readings on daily logs against baseline points as required by COR or I.C. Nurse. 1. Obtain and post infection control permit at work location before work begins 2. Follow all requirements listed for Class III in addition to requirements listed below CLASS 3. Workers are required to wear clean suites on site IV 4. All personel entering and leving work site must be vacuumed using a HEPA filted vacuum cleaner. 5. This class of permit will require additional specilized precautions unique to each activity which will be listed below **Additional Requirements: Infection Control Nurse:** Date: COR: Date: **Contractor:** Date:

# OSHA Requirements and Safety and Health Regulations

# **PART 1 - OSHA Requirements**

### 1.1 General

- A. Contractors are required to comply with the Occupational Safety and Health Act of 1970. This will include the safety and health standard found in Code of Federal Regulations (CFR) 1910 and 1926. Copies of those standards can be obtained from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C., 20420.
- B. In addition, Contractor will be required to comply with other applicable Medical Center policies and safety regulations. These policies and regulations will be presented to the Contractor at the pre-construction meeting. Each of the Contractor's employees will be required to read the statement of policies and regulations, and sign an acknowledgment that such policies and regulations are understood. Signed acknowledgment will be returned to the Contract Officer Representative (COR).
- C. Contractors involved with the removal, alteration or disturbance of asbestos-type insulation or materials or lead paint will be required to comply strictly with the regulations found in CFR 1910.1001 and the appropriate Environmental Protection Agency (EPA) lead regulations regarding disposal of asbestos or lead paint. Assistance in identifying asbestos or lead can be requested from the Medical Center's Industrial Hygienist and the COR.
- D. Contractors entering locations of asbestos contamination or lead paint residue (i.e., pipe, basements, walls, windows) shall be responsible for providing respiratory protection to their employees and ensuring respirators are worn in accordance with the Occupational Safety and Health Administration (OSHA) [CFR 1910.IOO1(g)]. Asbestos-or lead paint-contaminated areas shall be defined on project drawings. The minimum equipment requirements will be a half-mask air-purifying respirator equipped with high efficiency filters and disposable coveralls, or as determined by air monitoring results.
- E. Contractor, along with other submittals and at least two weeks prior to bringing any materials on-site, must submit a complete list of chemicals the Contractor will use and Material Safety Data Sheets (MSDS) for all hazardous materials as defined in OSHA 1910.1200(d), Hazard Determination. Contracting Officer shall have final approval of all materials brought on site.

- F. The Contractor will be held solely responsible for the safety and health of their employees. The contractor will also be held responsible for protecting the health and safety of the VA Community (patients, staff, and visitors) from the unwanted effects of construction. VA staff will monitor the Contractor's performance in complying with all safety and health aspects of the project. Severe or constant violations may result in an immediate work stoppage or request for a Compliance Officer from the Occupational Safety and Health Administration.
- G. During all phases of demolition, construction and alterations, Contractors are required to understand and strictly follow National Fire Protection Association (NFPA) 241, Standard for Safeguarding Construction, Alteration and Demolition Operations. The Medical Center's Safety and Occupational Health Specialist or Industrial Hygienist will closely monitor the work area for compliance. Appropriate action will be taken for non-compliance.

# PART 2 - Specific VA Medical Center Fire and Safety Policies, Procedures and Regulations

### 2.1 Introduction.

- A. The safety and fire protection of patients, employees, members of the public and government is one of continuous concern to this Medical Center.
- B. Contractors, their supervisors and employees are required to comply with Medical Center policies to ensure the occupational safety and health of all. Failure to comply may result in work stoppage.
- C. While working at this Medical Center, contractors are responsible for the occupational safety and health of their employees. Contractors are required to comply with the applicable OSHA standards found in 29 CFR 1910 for general industry and 29 CFR 1926 for construction. Failure to comply with these standards may result in work stoppage and a request to the Area Director of OSHA for a Compliance Officer to inspect your work site.
- Contractors are to comply with the requirements found in the National Fire
   Protection Association (NFPA) 241, Building Construction and Demolition
   Operation, and NFPA 51B, Fire Prevention in Use of Cutting and Welding Processes.
- E. Questions regarding occupational safety and health issues can be addressed to the Medical Center Safety and Occupational Health Specialist (ext. 4172) or Industrial Hygienist (ext. 4628).

F. Smoking is not permitted in any interior areas of the Medical Center, including all interior stairwells, tunnels, construction and/or service/maintenance sites. Compliance with this policy by your direct and subcontracted labor force is required.

### 2.2 Hazard Communication

- A. Contractors shall comply with OSHA Standard 29 CFR 1926.59, Hazard Communication.
- B. Contractors shall submit to the COR, copies of MSDS covering all hazardous materials to which the Contractor and VA employees are exposed.
- C. Contractors shall inform the Safety Officer of the hazards to which VA personnel and patients may be exposed.
- D. Contractors shall have a written Hazard Communication Program available at the construction site, which details how the Contractor will comply with 29 CFR 1926.59.

### 2.3 Fires

- A. All fires must be reported. In the event of a fire in your work area, use the nearest pull box station, and also notify Medical Center staff in the immediate area. Emergency notification can also be accomplished by dialing ext. 2222.
- B. Be sure to give the exact location from where you are calling and the nature of the emergency. If a Contractor experiences a fire that was rapidly extinguished by your staff, you still must notify the COR within an hour of the event so that an investigation of the fire can be accomplished.

## 2.4 Fire Alarms, Smoke Detection and Sprinkler System

If the nature of your work requires the deactivation of the fire alarm, smoke detection or sprinkler system, you must notify the COR. Notification must be made in accordance with the major and minor shutdown requirements of the specification so time can be allowed to deactivate the system and provide alternative measures for fire protection. Under no circumstance is a Contractor allowed to deactivate any of the fire protection systems in this Medical Center.

### 2.5 Smoke Detectors

False alarms will not be tolerated. You are required to be familiar with the location of the smoke detectors in your work area. When performing cutting, burning or welding or any other operations that may cause smoke or dust, you must take steps to temporarily cover

smoke detectors in order to prevent false alarms. Failure to take the appropriate action will result in the Contracting Officer assessing actual costs for government response for each false alarm that is preventable. Prior to covering the smoke detectors, the Contractor will notify the COR, who will also be notified when the covers are removed.

## 2.6 Hot Work Permit

- A. Hot work is defined as operations including, but not limited to, cutting, welding, thermal welding, brazing, soldering, grinding, thermal spraying, thawing pipes or any similar situation. If such work is required, whenever possible the Contractor must notify the COR no less than three (3) days in advance of such work. The Competent Hot Work Supervisor (CHWS) will inspect the work area and issue a Hot Work Permit, authorizing the performance of such work.
- B. All hot work will be performed in compliance with the Medical Center's policy 138-012 regarding Hot Work Permits and NFPA 241, Safeguarding Construction, Alternation and Demolition Operations; and NFPA 51B, Fire Prevention in Use of Cutting and Welding Processes; and applicable OSHA standard. A hot work permit will only be issued to individuals familiar with these regulations.
- C. A Hot Work Permit will be issued only for the period necessary to perform such work. In the event the time necessary will exceed one day, a Hot Work Permit may be issued for the period needed; however, the CHWS will inspect the area daily. Hot Work Permit will apply only to the location identified on the permit. If additional areas involve hot work, then additional permits must be requested.
- D. Contractors will not be allowed to perform hot work processes without the appropriate permit.
- E. Any work involving the Medical Center's fire protection system will require advance notification. Under no circumstance will the Contractor or employee attempt to alter or tamper with the existing fire protection system.
- F. Thirty minutes following completion of the hot work, the Fire Watch will perform an inspection of the area to confirm that sparks or drops of hot metal are not present.

## 2.7 **Temporary Enclosures**

Only non-combustible materials will be used to construct temporary enclosures or barriers at this Medical Center. Materials used to construct dust barriers must conform to NFPA 701, Standard Methods of Fire Tests for Flame-Resistant Textiles and Films.

# 2.8 Flammable Liquids

All flammable liquids will be kept in approved safety containers. Only the amount necessary for your immediate work will be allowed in the building. Flammable liquids must be removed from the building at the end of each day.

# 2.9 Compressed Gas Cylinders

Compressed gas shall be secured in an upright position at all times. A suitable cylinder cart will be used to transport compressed gas cylinders. Only those compressed gas cylinders necessary for immediate work will be allowed in occupied buildings. All other compressed gas cylinders will be stored outside of buildings in a designated area. Contractors will comply with applicable standards compressed gas cylinders found in 29 CFR 1910 and 1926 (OSHA).

# 2.10 Internal Combustion Engine-Powered Equipment

Equipment powered by an internal combustion engine (such as saws, compressors, generators, etc.) will not be used in an occupied building. Special consideration may be given for unoccupied buildings only if the OSHA and NFPA requirements have been met.

## 2.11 Powder-Activated Tools

The operator of powder-activated tools must be trained and certified to use them. Powder-activated tools will be kept secured at all times. When not in use, the tools will be locked up. When in use, the operator will have the tool under his immediate control.

### 2.12 Tools

- A. Under no circumstances will equipment, tools and other items of work to be left unattended for any reason. All tools, equipment and items of work must be under the immediate control of your employee.
- B. If for some reason a work area must be left unattended, then tools and other equipment must be placed in an appropriate box or container and locked. All tool boxes, containers or any other device used for the storage of tools and equipment will be provided with a latch and padlock, and will be kept locked at all times, except for putting in and removing tools.
- C. All doors to work areas will be closed and locked when rooms are left unattended. Failure to comply with this policy will be considered a violation of VA Regulations 1.218(b), Failure to comply with signs of a directive and restrictive nature posted for safety purposes, and subject to a \$50.00 fine. Subsequent similar violations may result in both imposition of such a fine as well as the Contracting Officer taking

action under the contract's Accident Prevention Clause [Federal Acquisition Regulation (FAR) 52.236-13] to suspend all contract work until violations may be satisfactorily resolved, or under FAR 52.236-5, Material and Workmanship Clause, to remove from the worksite any personnel deemed by the Contracting Officer to be careless to the point of jeopardizing the welfare of facility patients or staff.

- D. You must report any tools or equipment that are missing to the VA Police Department.
- E. Tools and equipment found unattended will be confiscated and removed from the work area.

### 2.13 Ladders

Ladders must not be left unattended in an upright position. Ladders must be attended at all times or taken down, and chained securely to a stationary object.

## 2.14 Scaffolds

All scaffolds will be attended at all times. When not in use, an effective barricade (fence) will be erected around the scaffold to prevent use by unauthorized personnel (Reference OSHA 1926, Subpart L).

# 2.15 Excavations

The contractor shall comply with OSHA 1926, Subpart P. An OSHA Competent Person must be on site during the excavation. The contractor shall coordinate with COR and utility companies prior to the excavation to identify underground utilities tanks, etc. All excavations left unattended will be provided with a barricade suitable to prevent entry by unauthorized persons.

## 2.16 Storage

You must make prior arrangements with the COR for the storage of building materials. Storage will not be allowed to accumulate in the Medical Center buildings.

### 2.17 Trash and Debris

You must remove all trash and debris from the work area on a daily basis. Trash and debris will not be allowed to accumulate inside or outside of the buildings. You are responsible for making arrangements for removal of trash from the Medical Center facility.

### 2.18 Protection of Floors

It may be necessary at times to take steps to protect floors from dirt, debris, paint, etc. A tarp or other protective covering may be used in accordance with specifications outlined in the general requirements section. However, you must maintain the proper amount of floor space for the safe passage of pedestrian traffic.

## **2.19** Signs

Signs must be placed at the entrance to work areas warning people of your work. Signs must be suitable for the condition of the work. Small pieces of paper with printing or writing are not acceptable. The VA Medical Center (VAMC) Safety Officer or COR can be consulted in this matter.

# 2.20 Accidents and Injuries

Contractors must report all accidents and injuries involving their employees.

## 2.21 Infection Control

Contractors must control the generation of dust and the contamination of patient care surfaces, supplies and equipment. During demolition phases of the construction:

- A. The construction area shall be under negative pressure, ensuring there is an appreciable flow of clean air from the VA-occupied portion of the facility into the construction area. The airflow shall be sufficiently strong enough to draw in the plastic door flaps commonly located at the construction entrance or at the specific site within the construction area.
- B. Construction debris being transported through the VA-occupied portion of the facility shall be covered and/or whetted.
- C. Construction employees shall remove dust-laden clothing before entering the VA-occupied portion of the facility.
- D. Carpet/sticky mats shall be placed at all construction entrances, and be satisfactorily maintained so as to minimize the tracking of dust into the VA-occupied portion of the facility.
- E. Dry sweeping of dust and debris is not to be performed.
- F. Contractor must obtain an Infection Control Construction permit from the COR before work can begin. A separate permit is required for each area work is being

done. Permit must be signed by the LC. Nurse, COR, and Contractor. Permit is required to be posted outside work site at all times.

(Control measures B - E above must be practiced during the construction phase.)

# 2.22 Confined Space Entry

- A. Contractor will be notified if a project work area contains spaces requiring a confined space work permit. Entry to these confined space areas will only be permitted through compliance with a permit space program meeting the requirements of 29 CFR 1910.146 and 1926.21(b)(6).
- B. Contractor will be apprised of the elements including the hazards identified and the Medical Center's (last employer) experience with the space that makes the space in question a permit space.
- C. Contractor will be apprised of any precautions or procedures that the Medical Center has implemented for the protection of employees in or near permit space where Contractor personnel will be working.
- D. Medical Center and Contractor will coordinate entry operations when both Medical Center personnel and Contractor personnel will be working in or near permit spaces as required by 29 CFR 1910.146(d)(ii) and 1926.21(b)(6).
- E. Contractor will obtain any available information regarding permit space hazards and entry operation from the Medical Center.
- F. At the conclusion of the entry operations, the Medical Center and Contractor will discuss any hazards confronted or created in permit spaces.
- G. The Contractor is responsible for complying with 29 CFR 1910.246(d) through (g) and 1926.21(b)(6). The Medical Center, does not provide rescue and emergency services required by 29 CFR 1910.246(k) and 1926.21(b)(6).

# 2.23 Contractor Parking and Material Delivery

Contractor's parking is not available at the medical center and the delivery of building materials tools, etc., must be pre-arranged with the COR