SECTION 28 31 00
FIRE DETECTION AND ALARM

PART 1 - GENERAL

1.1 DESCRIPTION

A. This section of the specifications includes the furnishing, installation, and connection of the fire alarm equipment to form a complete coordinated system ready for operation. It shall include, but not be limited to, alarm initiating devices, alarm notification appliances, control units, fire safety control devices, annunciators, power supplies, and wiring as shown on the drawings and specified. The fire alarm system shall not be combined with other systems such as building automation, energy management, security, etc. The Fire Alarm System on this project consists of connection of all new devices to the existing Simplex fully addressable fire alarm system.

B. Fire alarm systems shall comply with requirements of the most recent VA FIRE PROTECTION DESIGN MANUAL and NFPA 72 unless variations to NFPA 72 are specifically identified within these contract documents by the following notation: "variation". The design, system layout, document submittal preparation, and supervision of installation and testing shall be provided by a technician that is certified NICET level III or a registered fire protection engineer. The NICET certified technician shall be on site for the supervision and testing of the system. Factory engineers from the equipment manufacturer, thoroughly familiar and knowledgeable with all equipment utilized, shall provide additional technical support at the site as required by the COTR or his/her authorized representative. Installers shall have a minimum of 2 years experience installing fire alarm systems.

C. Fire alarm signals shall be consistent with the existing system.

D. Alarm signals (by device), supervisory signals (by device) and system trouble signals (by device not reporting) shall be distinctly transmitted to the main fire alarm system control unit located in the security office.

1.2 SCOPE

A. A fully addressable fire alarm system as an extension of an existing fully addressable fire alarm system shall be designed and installed in accordance with the specifications and drawings. Device location and wiring runs shown on the drawings are for reference only unless specifically dimensioned. Actual locations shall be in accordance with NFPA 72 and this specification.

B. All existing fire alarm equipment, wiring, devices and sub-systems that are not shown to be reused shall be removed. All existing fire alarm conduit not reused shall be removed.

C. Existing fire alarm bells, chimes, door holders, 120VAC duct smoke detectors, valve tamper switches and waterflow/pressure switches may be reused only as specifically indicated on the drawings and provided the equipment:

1. Meets this specification section.
2. Is UL listed or FM approved.
3. Is compatible with new equipment being installed.
4. Is verified as operable through contractor testing and inspection.
5. Is warranted as new by the contractor.

D. Existing 120 VAC duct smoke detectors, waterflow/pressure switches, and valve tamper switches reused by the Contractor shall be equipped with an addressable interface device compatible with the new equipment being installed.

E. Existing reused equipment shall be covered as new equipment under the Warranty specified herein.

F. Basic Performance:

1. Alarm and trouble signals from each building fire alarm control panel shall be digitally encoded by UL listed electronic devices onto a multiplexed communication system.
2. Response time between alarm initiation (contact closure) and recording at the main fire alarm control unit (appearance on alphanumeric read out) shall not exceed 5 seconds.
3. The signaling line circuits (SLC) between building fire alarm control units shall be wired Style 7 in accordance with NFPA 72. Isolation shall be provided so that no more than one building can be lost due to a short circuit fault.

4. Initiating device circuits (IDC) shall be wired Style C in accordance with NFPA 72.
5. Signaling line circuits (SLC) within buildings shall be wired Style 4 in accordance with NFPA 72. Individual signaling line circuits shall be limited to covering 22,500 square feet (2,090 square meters) of floor space or 3 floors whichever is less.
6. Notification appliance circuits (NAC) shall be wired Style Y in accordance with NFPA 72.

1.3 RELATED WORK

A. Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA, AND SAMPLES. Requirements for procedures for submittals.

B. Section 07 84 00 - FIRESTOPPING. Requirements for fire proofing wall penetrations.

C. Section 08 71 00 - DOOR HARDWARE. For combination Closer-Holders.

1.4 SUBMITTALS

A. General: Submit 5 copies in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA, AND SAMPLES, and Section 26 05 11, REQUIREMENTS FOR ELECTRICAL INSTALLATIONS.

B. Drawings:

1. Prepare drawings using AutoCAD Release 14 software and include all contractors information. Layering shall be by VA criteria as provided by the Contracting Officer’s Technical Representative (COTR). Bid drawing files on AutoCAD will be provided to the Contractor at the pre-construction meeting. The contractor shall be responsible for verifying all critical dimensions shown on the drawings provided by VA.
2. Floor plans: Provide locations of all devices (with device number at each addressable device corresponding to control unit programming), appliances, panels, equipment, junction/terminal cabinets/boxes, risers, electrical power connections, individual circuits and raceway routing, system zoning; number, size, and type of raceways and conductors in each raceway; conduit fill calculations with cross section area percent fill for each type and size of conductor and raceway. Only those devices connected and incorporated into the final system shall be on these floor plans. Do not show any removed devices on the floor plans. Show all interfaces for all fire safety functions.

3. Riser diagrams: Provide, for the entire system, the number, size and type of riser raceways and conductors in each riser raceway and number of each type device per floor and zone. Show door holder interface, elevator control interface, HVAC shutdown interface, fire extinguishing system interface, and all other fire safety interfaces. Show wiring Styles on the riser diagram for all circuits. Provide diagrams both on a per building and campus wide basis.
4. Detailed wiring diagrams: Provide for control panels, modules, power supplies, electrical power connections, auxiliary relays and annunciators showing termination identifications, size and type conductors, circuit boards, LED lamps, indicators, adjustable controls, switches, ribbon connectors, wiring harnesses, terminal strips and connectors, spare zones/circuits. Diagrams shall be drawn to a scale sufficient to show spatial relationships between components, enclosures and equipment configuration.
5. Two weeks prior to final inspection, the Contractor shall deliver to the COTR 3 sets of as-built drawings and one set of the as-built drawing computer files (using AutoCAD 2007 or later). As-built drawings (floor plans) shall show all new and/or existing conduit used for the fire alarm system.

C. Manuals:

1. Submit simultaneously with the shop drawings, companion copies of complete maintenance and operating manuals including technical data sheets for all items used in the system, power requirements, device wiring diagrams, dimensions, and information for ordering replacement parts.
   a. Wiring diagrams shall have their terminals identified to facilitate installation, operation, expansion and maintenance.
   b. Wiring diagrams shall indicate internal wiring for each item of equipment and the interconnections between the items of equipment.
   c. Include complete listing of all software used and installation and operation instructions including the input/output matrix chart.

d. Provide a clear and concise description of operation that gives, in detail, the information required to properly operate, inspect, test and maintain the equipment and system. Provide all manufacturer's installation limitations including but not limited to circuit length limitations.
e. Complete listing of all digitized voice messages.
f. Provide standby battery calculations under normal operating and alarm modes. Battery calculations shall include the magnets for holding the doors open for one minute.
g. Include information indicating who will provide emergency service and perform post contract maintenance.
h. Provide a replacement parts list with current prices. Include a list of recommended spare parts, tools, and instruments for testing and maintenance purposes.
i. A computerized preventive maintenance schedule for all equipment. The schedule shall be provided on disk in a computer format acceptable to the VAMC and shall describe the protocol for preventive maintenance of all equipment. The schedule shall include the required times for systematic examination, adjustment and cleaning of all equipment. A print out of the schedule shall also be provided in the manual. Provide the disk in a pocket within the manual.
j. Furnish manuals in 3 ring loose-leaf binder or manufacturer's standard binder.
k. A print out for all devices proposed on each signaling line circuit with spare capacity indicated.

2. Two weeks prior to final inspection, deliver 4 copies of the final updated maintenance and operating manual to the COTR.
   a. The manual shall be updated to include any information necessitated by the maintenance and operating manual approval.
   b. Complete "As installed" wiring and schematic diagrams shall be included that shows all items of equipment and their interconnecting wiring. Show all final terminal identifications.
   c. Complete listing of all programming information, including all control events per device including an updated input/output matrix.

d. Certificate of Installation as required by NFPA 72 for each building. The certificate shall identify any variations from the National Fire Alarm Code.

e. Certificate from equipment manufacturer assuring compliance with all manufacturers installation requirements and satisfactory system operation.

D. Certifications:

1. Together with the shop drawing submittal, submit the technician's NICET level III fire alarm certification as well as certification from the control unit manufacturer that the proposed performer of contract maintenance is an authorized representative of the major equipment manufacturer. Include in the certification the names and addresses of the proposed supervisor of installation and the proposed performer of contract maintenance. Also include the name and title of the manufacturer’s representative who makes the certification.

2. Together with the shop drawing submittal, submit a certification from either the control unit manufacturer or the manufacturer of each component (e.g., smoke detector) that the components being furnished are compatible with the control unit.

3. Together with the shop drawing submittal, submit a certification from the major equipment manufacturer that the wiring and connection diagrams meet this specification, UL and NFPA 72 requirements.

1.5 WARRANTY

A. All work performed and all material and equipment furnished under this contract shall be free from defects and shall remain so for a period of one year from the date of acceptance of the entire installation by the Contracting Officer.

1.6 GUARANTY PERIOD SERVICES

A. Complete inspection, testing, maintenance and repair service for the fire alarm system shall be provided by a factory trained authorized representative of the manufacturer of the major equipment for a period of 5 years from the date of acceptance of the entire installation by the Contracting Officer.

B. Contractor shall provide all necessary test equipment, parts and labor to perform required inspection, testing, maintenance and repair.

C. All inspection, testing, maintenance and permanent records required by NFPA 72, and recommended by the equipment manufacturer shall be provided by the contractor. Work shall include operation of sprinkler system alarm and supervisory devices as well as all reused existing equipment connected to the fire alarm system. It shall include all interfaced equipment including but not limited to elevators, HVAC shutdown, and extinguishing systems.

D. Maintenance and testing shall be performed in accordance with NFPA 72. A computerized preventive maintenance schedule shall be provided and shall describe the protocol for preventive maintenance of equipment. The schedule shall include a systematic examination, adjustment and cleaning of all equipment.

E. Non-included Work: Repair service shall not include the performance of any work due to improper use, accidents, or negligence for which the contractor is not responsible.

F. Service and emergency personnel shall report to the Engineering Office or their authorized representative upon arrival at the hospital and again upon the completion of the required work. A copy of the work ticket containing a complete description of the work performed and parts replaced shall be provided to the VA COTRor his authorized representative.

G. Emergency Service:

1. Warranty Period Service: Service other than the preventative maintenance, inspection, and testing required by NFPA 72 shall be considered emergency call-back service and covered under the warranty of the installation during the first year of the warranty period, unless the required service is a result of abuse or misuse by the Government. Written notification shall not be required for emergency warranty period service and the contractor shall respond as outlined in the following sections on Normal and Overtime Emergency Call-Back Service. Warranty period service can be required during normal or overtime emergency call-back service time periods at the discretion of the COTRor his authorized representative.
2. Normal and overtime emergency call-back service shall consist of an on-site response within 4 hours of notification of a system trouble.

3. Normal emergency call-back service times are between the hours of 7:30 a.m. and 4:00 p.m., Monday through Friday, exclusive of federal holidays. Service performed during all other times shall be considered to be overtime emergency call-back service. The cost of all normal emergency call-back service for years 2 through 5 shall be included in the cost of this contract.
4. Overtime emergency call-back service shall be provided for the system when requested by the Government. The cost of the first 40 man-hours per year of overtime call-back service during years 2 through 5 of this contract shall be provided under this contract. Payment for overtime emergency call-back service in excess of the 40 man-hours per year requirement will be handled through separate purchase orders. The method of calculating overtime emergency call-back hours is based on actual time spent on site and does not include travel time.

H. The contractor shall maintain a log at each fire alarm control unit. The log shall list the date and time of all examinations and trouble calls, condition of the system, and name of the technician. Each trouble call shall be fully described, including the nature of the trouble, necessary correction performed, and parts replaced.

1.7 APPLICABLE PUBLICATIONS

A. The publications listed below (including amendments, addenda, revisions, supplements and errata) form a part of this specification to the extent referenced. The publications are referenced in text by the basic designation only and the latest editions of these publications shall be applicable.

B. National Fire Protection Association (NFPA):

NFPA 13 .....Standard for the Installation of Sprinkler Systems, 2010 edition

NFPA 70.....National Electrical Code (NEC), 2010 edition

NFPA 72.....National Fire Alarm Code, 2010 edition

NFPA 90A.....Standard for the Installation of Air Conditioning and Ventilating Systems, 2009 edition

NFPA 101.....Life Safety Code, 2009 edition

C. Underwriters Laboratories, Inc. (UL): Fire Protection Equipment Directory

D. Factory Mutual Research Corp (FM): Approval Guide, 2007-2011

E. American National Standards Institute (ANSI):
S3.41.....Audible Emergency Evacuation Signal, 1990 edition, reaffirmed 2008

F. International Code Council, International Building Code (IBC), 2009 edition

PART 2 - PRODUCTS

2.1 EQUIPMENT AND MATERIALS, GENERAL

A. All equipment and components shall be new and the manufacturer's currently installed model. All equipment shall be tested and listed by Underwriters Laboratories, Inc. or Factory Mutual Research Corporation for use as part of a fire alarm system. The authorized representative of the manufacturer of the major equipment shall certify that the installation complies with all manufacturers' requirements and that satisfactory total system operation has been achieved.

2.2 CONDUIT, BOXES, AND WIRE

A. The Fire Alarm System wiring Conduit shall be installed in an entirely separate conduit system. Conduit shall be red in color.
   1. All new conduits shall be installed in accordance with NFPA 70.
   2. Conduit fill shall not exceed 40 percent of interior cross sectional area.
   3. All new conduits shall be 3/4 inch (19 mm) minimum.

B. Wire:
   1. Wiring shall be in accordance with NEC article 760, and as recommended by the manufacturer of the fire alarm system. All wires shall be color coded. Number and size of conductors shall be as recommended by the fire alarm system manufacturer, but not less than 18 AWG for initiating device circuits and 14 AWG for notification device circuits.
   2. Addressable circuits and wiring used for the multiplex communication loop shall be twisted and shielded unless specifically excepted by the fire alarm equipment manufacturer in writing.
   3. All wire or cable used in underground conduits including those in concrete shall be listed for wet locations.

C. Terminal Boxes, Junction Boxes, and Cabinets:
   1. Shall be galvanized steel in accordance with UL requirements.
   2. All boxes shall be sized and installed in accordance with NFPA 70.

3. Covers shall be repainted red in accordance with Section 09 91 00, PAINTING and shall be identified with white markings as "FA" for junction boxes and as "FIRE ALARM SYSTEM" for cabinets and terminal boxes. Lettering shall be a minimum of 3/4 inch (19 mm) high.
4. Terminal boxes and cabinets shall have a volume 50 percent greater than required by the NFPA 70. Minimum sized wire shall be considered as 14 AWG for calculation purposes.
5. Terminal boxes and cabinets shall have identified pressure type terminal strips and shall be located at the base of each riser. Terminal strips shall be labeled as specified or as approved by the COTR.

2.3 FIRE ALARM CONTROL UNIT

A. General: Unit is existing. Coordinate all work with the Owner’s Fire Alarm System Supplier, Simplex – Grinnell.
   1. All circuits shall be monitored for integrity.
   2. Visually and audibly annunciate any trouble condition including, but not limited to main power failure, grounds and system wiring derangement.
   3. Transmit digital alarm information to the main fire alarm control unit.

2.4 ALARM NOTIFICATION APPLIANCES

A. Alarm notification appliances shall be consistent with existing appliances.
B. Strobes:
   1. Xenon flash tube type minimum 15 candela in toilet rooms and 75 candela in all other areas with a flash rate of 1 HZ. Strobes shall be synchronized where required by the National Fire Alarm Code (NFPA 72).
   2. Backplate shall be red with 1/2 inch (13 mm) permanent red letters. Lettering to read "Fire", be oriented on the wall or ceiling properly, and be visible from all viewing directions.
   3. Each strobe circuit shall have a minimum of 20 percent spare capacity.
   4. Strobes may be combined with the audible notification appliances specified herein.
C. Fire Alarm Horns:
   1. Shall be electric, utilizing solid state electronic technology operating on a nominal 24 VDC.

2. Shall be a minimum nominal rating of 80 dBA at 10 feet (3,000 mm).
3. Mount on removable adapter plates on conduit boxes.
4. Horns located outdoors shall be of weatherproof type with metal housing and protective grille.
5. Each horn circuit shall have a minimum of 20 percent spare capacity.

2.5 ALARM INITIATING DEVICES

A. Manual Fire Alarm Stations shall match existing:

1. Shall be non-breakglass, address reporting type.
2. Station front shall be constructed of a durable material such as cast or extruded metal or high impact plastic. Stations shall be semi-flush type.
3. Stations shall be of single action pull down type with suitable operating instructions provided on front in raised or depressed letters, and clearly labeled "FIRE."
4. Operating handles shall be constructed of a durable material. On operation, the lever shall lock in alarm position and remain so until reset. A key shall be required to gain front access for resetting, or conducting tests and drills.
5. Unless otherwise specified, all exposed parts shall be red in color and have a smooth, hard, durable finish.

B. Smoke Detectors:

1. Smoke detectors shall be photoelectric type and UL listed for use with the fire alarm control unit being furnished.
2. Smoke detectors shall be addressable type complying with applicable UL Standards for system type detectors. Smoke detectors shall be installed in accordance with the manufacturer's recommendations and NFPA 72.
3. Detectors shall have an indication lamp to denote an alarm condition. Provide remote indicator lamps and identification plates where detectors are concealed from view. Locate the remote indicator lamps and identification plates flush mounted on walls so they can be observed from a normal standing position.
4. All spot type and duct type detectors installed shall be of the photoelectric type.
5. Photoelectric detectors shall be factory calibrated and readily field adjustable. The sensitivity of any photoelectric detector shall be factory set at 3.0 plus or minus 0.25 percent obscuration per foot.

6. Detectors shall provide a visual trouble indication if they drift out of sensitivity range or fail internal diagnostics. Detectors shall also provide visual indication of sensitivity level upon testing. Detectors, along with the fire alarm control units shall be UL listed for testing the sensitivity of the detectors.

C. Heat Detectors:

1. Heat detectors shall be of the addressable restorable rate compensated fixed-temperature spot type.
2. Detectors shall have a minimum smooth ceiling rating of 2,500 square feet (230 square meters).

2.6 SUPERVISORY DEVICES

A. Duct Smoke Detectors:

1. Duct smoke detectors shall be provided and connected by way of an address reporting interface device. Detectors shall be provided with an approved duct housing mounted exterior to the duct, and shall have perforated sampling tubes extending across the full width of the duct (wall to wall). Detector placement shall be such that there is uniform airflow in the cross section of the duct.
2. Interlocking with fans shall be provided in accordance with NFPA 90A and as specified hereinafter under Part 3.2, "TYPICAL OPERATION".
3. Provide remote indicator lamps, key test stations and identification nameplates (e.g. "DUCT SMOKE DETECTOR AHU-X") for all duct detectors. Locate key test stations in plain view on walls or ceilings so that they can be observed and operated from a normal standing position.

PART 3 - EXECUTION

3.1 INSTALLATION

A. Installation shall be in accordance with NFPA 70, 72, 90A, and 101 as shown on the drawings, and as recommended by the major equipment manufacturer. Fire alarm wiring shall be installed in conduit. All conduit and wire shall be installed in accordance with, other sections and all applicable codes. All penetrations of smoke and fire barriers shall be protected as required by Section 07 84 00, FIRESTOPPING.

B. All conduits, junction boxes, conduit supports and hangers shall be concealed in finished areas and may be exposed in unfinished areas.

C. All new and reused exposed conduits shall be painted in accordance with Section 09 91 00, PAINTING to match surrounding finished areas and red in unfinished areas.

D. All existing accessible fire alarm conduit not reused shall be removed.

E. Existing devices that are reused shall be properly mounted and installed. Where devices are installed on existing shallow backboxes, extension rings of the same material, color and texture of the new fire alarm devices shall be used. Mounting surfaces shall be cut and patched in accordance with Section 01 00 00, GENERAL REQUIREMENTS, Restoration, and be re-painted in accordance with Section 09 91 00, PAINTING as necessary to match existing.

F. All fire detection and alarm system devices, control units and remote annunciators shall be flush mounted when located in finished areas and may be surface mounted when located in unfinished areas. Exact locations are to be approved by the COTR.

G. Speakers shall be ceiling mounted and fully recessed in areas with suspended ceilings. Speakers shall be wall mounted and recessed in finished areas without suspended ceilings. Speakers may be surface mounted in unfinished areas.

H. Strobes shall be flush wall mounted with the bottom of the unit located 80 inches (2,000 mm) above the floor or 6 inches (150 mm) below ceiling, whichever is lower. Locate and mount to maintain a minimum 36 inches (900 mm) clearance from side obstructions.

I. Manual pull stations shall be installed not less than 42 inches (1,050 mm) or more than 48 inches (1,200 mm) from finished floor to bottom of device and within 60 inches (1,500 mm) of a stairway or an exit door.

J. Where possible, locate water flow and pressure switches a minimum of 12 inches (300 mm) from a fitting that changes the direction of the flow and a minimum of 36 inches (900 mm) from a valve.

K. Mount valve tamper switches so as not to interfere with the normal operation of the valve and adjust to operate within 2 revolutions toward the closed position of the valve control, or when the stem has moved no more than 1/5 of the distance from its normal position.

3.2 TYPICAL OPERATION

A. Operation of all devices shall be per existing system operation.

3.3 TESTS

A. Provide the service of a NICET level III, competent, factory-trained engineer or technician authorized by the manufacturer of the fire alarm equipment to technically supervise and participate during all of the adjustments and tests for the system. Make all adjustments and tests in the presence of the COTR.

B. When the systems have been completed and prior to the scheduling of the final inspection, furnish testing equipment and perform the following tests in the presence of the COTR. When any defects are detected, make repairs or install replacement components, and repeat the tests until such time that the complete fire alarm systems meets all contract requirements. After the system has passed the initial test and been approved by the COTR, the contractor may request a final inspection.

1. Before energizing the cables and wires, check for correct connections and test for short circuits, ground faults, continuity, and insulation.
2. Test the insulation on all installed cable and wiring by standard methods as recommended by the equipment manufacturer.
3. Run water through all flow switches. Check time delay on water flow switches. Submit a report listing all water flow switch operations and their retard time in seconds.
4. Open each alarm initiating and notification circuit to see if trouble signal actuates.
5. Ground each alarm initiation and notification circuit and verify response of trouble signals.

3.4 FINAL INSPECTION AND ACCEPTANCE

A. Prior to final acceptance a minimum 30 day "burn-in" period shall be provided. The purpose shall be to allow equipment to stabilize and potential installation and software problems and equipment malfunctions to be identified and corrected. During this diagnostic period, all system operations and malfunctions shall be recorded. Final acceptance will be made upon successful completion of the "burn-in" period and where the last 14 days is without a system or equipment malfunction.

B. At the final inspection a factory trained representative of the manufacturer of the major equipment shall repeat the tests in Article 3.3 TESTS and those required by NFPA 72. In addition the representative shall demonstrate that the systems function properly in every respect. The demonstration shall be made in the presence of a VA representative.

3.5 INSTRUCTION

A. The manufacturer's authorized representative shall provide instruction and training to the VA as follows:

1. Six 1-hour sessions to engineering staff, security police and central attendant personnel for simple operation of the system. Two sessions at the start of installation, 2 sessions at the completion of installation and 2 sessions 3 months after the completion of installation.
2. Four 2-hour sessions to engineering staff for detailed operation of the system. Two sessions at the completion of installation and 2 sessions 3 months after the completion of installation.
3. Three 8-hour sessions to electrical technicians for maintaining, programming, modifying, and repairing the system at the completion of installation and one 8-hour refresher session 3 months after the completion of installation.

B. The Contractor and/or the Systems Manufacturer's representative shall provide a typewritten "Sequence of Operation" including a trouble shooting guide of the entire system for submittal to the VA. The sequence of operation will be shown for each input in the system in a matrix format and provided in a loose leaf binder. When reading the sequence of operation, the reader will be able to quickly and easily determine what output will occur upon activation of any input in the system. The INPUT/OUTPUT matrix format shall be as shown in Appendix A to NFPA 72.

C. Furnish the services of a competent instructor for instructing personnel in the programming requirements necessary for system expansion. Such programming shall include addition or deletion of devices, zones, indicating circuits and printer/display text.

- - END - -