

SECTION 02 82 13.19
ASBESTOS FLOOR TILE AND MASTIC ABATEMENT

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09-09
VA Puget Sound Health Care System
Correction of Seismic Deficiencies
Building 100 Nursing Tower (NT) &
Community Living Center (CLC)
Project No. 663-406

Contract No. VA101CFM-P-0051
Construction Documents 2
January 9, 2012
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SECTION 02 82 13.19 – ASBESTOS FLOOR TILE AND MASTIC ABATEMENT SPECIFICATIONS

PART 1 - GENERAL

1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS

- A. Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work and the phasing of the work. In the event the Asbestos Abatement Contractor (Contractor) discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Contractor. All cost incurred due to such action are also the responsibility of the Contractor.
- B. The development of this specification section is based on the findings of the *Limited Asbestos and Lead Survey* prepared by Stantec Consulting Corporation, dated November 3, 2010 (herein referred to as Survey Report).

1.2 EXTENT OF WORK

- A. Below is a brief description of the estimated quantities of asbestos flooring materials. There has not been a determination if flooring will be affected as a part of this project. These quantities are for informational purposes only and are based on the best information available at the time of the specification preparation. The Contractor shall satisfy himself as the actual quantities to be abated. Nothing in this section may be interpreted as limiting the extent of work otherwise required by this contract and related documents.
- B. Removal, clean-up and disposal of ACM flooring in an appropriate regulated area in the following approximate quantities;

Building 100

- The beige 12" x 12" vinyl floor and associated black mastic located in Building 100 have been determined to be a Category I, non-friable ACM. Approximately 100,000 SF of this material was observed throughout the building. Refer to drawings for extent of potential abatement areas (located within Area of Work). Contractor shall abate only as necessary. If abatement outside of

the Area of Work is required, obtain approval of the VA Resident Engineer prior to performing any work.

Nursing Home Care Unit (aka Community Living Center [CLC])

- The black mastic associated with the beige 12" x 12" vinyl floor tile in the Community Living Center Building has been determined to be a Category I, non-friable ACM. Approximately 30,000 SF of this material was observed throughout the building. Refer to drawings for extent of potential abatement areas (located within Area of Work). Contractor shall abate only as necessary. If abatement outside of the Area of Work is required, obtain approval of the VA Resident Engineer prior to performing any work.

1.3 RELATED WORK

- A. Section 07 84 00, FIRESTOPPING.
- B. Section 02 41 00, DEMOLITION... Division 09; FINISHES.

1.4 TASKS

The work tasks are summarized briefly as follows:

- A. Pre-abatement activities including pre-abatement meeting(s), inspection(s), notifications, permits, submittal approvals, work-site preparations, emergency procedures arrangements, and standard operating procedures for Class II asbestos abatement work.
- B. Abatement activities including removal, clean-up and disposal of ACM waste, recordkeeping, security, monitoring, and inspections.
- C. Cleaning and decontamination activities including final visual inspection, air monitoring and certification of decontamination.

1.5 ABATEMENT CONTRACTOR USE OF PREMISES

- A. The Contractor and Contractor's personnel shall cooperate fully with the VA representative/consultant to facilitate efficient use of buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan and in compliance with any/all applicable Federal, State and Local regulations and requirements.
- B. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved pre-abatement work plan. Asbestos abatement drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA

representative through the pre-abatement plan of action. The following limitations of use shall apply to existing facilities shown on drawings:

Refer to Section 3.35 of this specification for detailed information regarding work shifts.

1.6 VARIATIONS IN QUANTITY

The quantities and locations of ACM as indicated in the Survey Report and the extent of work included in this section are estimates which are limited by the physical constraints imposed by occupancy of the buildings. Accordingly, minor variations (+/- 5%) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the Contractor shall provide unit prices for additional work that is newly discovered materials and those prices will be used for additional work under the contract.

1.7 STOP ASBESTOS REMOVAL

If the Contracting Officer or their field representative presents a written **Stop Asbestos Removal Order**, the Contractor/Personnel shall immediately stop all asbestos removal and adequately wet any exposed ACM. The Contractor shall not resume any asbestos removal activity until authorized to do so by the VA. A stop asbestos removal order may be issued at any time the VA determines abatement conditions/ activities are not within specification requirements. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the VA's industrial hygienist's time. The occurrence of any of the following events shall be reported immediately by the Contractor in writing to the VA representative and shall require the Contractor to immediately stop asbestos removal activities and initiate fiber reduction activities:

- A. > 0.01 f/cc outside a regulated area or >0.05 f/cc inside a regulated area;
- B. breach/break in regulated area critical barrier(s)/floor;
- C. serious injury/death at the site;
- D. fire/safety emergency at the site;
- E. respiratory protection system failure;
- F. power failure loss of wetting agent; or
- G. any visible emissions observed outside the regulated area.

1.8 GENERAL

Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

1.9 GLOSSARY

Abatement - Procedures to control fiber release from asbestos-containing materials, typically during removal. Includes removal, encapsulation, enclosure, demolition and renovation activities related to asbestos.

ACE - Asbestos contaminated elements.

ACM - Asbestos containing material.

Aerosol - Solid or liquid particulate suspended in air.

Adequately wet - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.

Aggressive method - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.

Aggressive sampling - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to aggressively disturb and maintain in the air residual fibers after abatement.

AHERA - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.

Aircell - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

Air monitoring - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 2 is used to determine the fiber levels in air.

Air sample filter - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester membrane for PCM (Phase Contrast Microscopy) and polycarbonate for TEM (Transmission Electron Microscopy)

Amended water - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

Asbestos - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

Asbestos-containing material (ACM) - Any material containing more than one percent asbestos.

Asbestos contaminated elements (ACE) - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

Asbestos-containing waste material - Asbestos-containing material or asbestos contaminated objects requiring disposal.

Asbestos waste decontamination facility - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

Authorized person - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.

Authorized visitor - Any person approved by the VA; the contractor; or any government agency having jurisdiction over the regulated area.

Barrier - Any surface that isolates the regulated area and inhibits fiber migration from the regulated area.

Containment Barrier - An airtight barrier consisting of walls, floors, and/or ceilings of sealed plastic sheeting which surrounds and seals the outer perimeter of the regulated area.

Critical Barrier - The barrier responsible for isolating the regulated area from adjacent spaces, typically constructed of plastic sheeting secured in place at openings such as doors, windows, or any other opening into the regulated area.

Primary Barrier - Barriers placed over critical barriers and exposed directly to abatement work.

Secondary Barrier - Any additional sheeting used to isolate and provide protection from debris during abatement work.

Breathing zone - The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.

Bridging encapsulant - An encapsulant that forms a layer on the surface of the ACM.

Building/facility owner - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.

Bulk testing - The collection and analysis of suspect asbestos containing materials.

Certified Industrial Hygienist (CIH) - One certified in practice of industrial hygiene by the American Board of Industrial Hygiene. An industrial hygienist Certified in Comprehensive Practice by the American Board of Industrial Hygiene.

Class I asbestos work - Activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).

Class II asbestos work - Activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.

Clean room/Changing room - An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.

Clearance sample - The final air sample taken after all asbestos work has been done and visually inspected. To be performed by the CPIH and forwarded to the VA Resident Engineer for approval.

Closely resemble - The major workplace conditions which have contributed to the levels of historic asbestos exposure are no more protective than conditions of the current workplace.

Competent person - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29 CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.

Contractor's Professional Industrial Hygienist (CPIH) - The Contractor's industrial hygienist. The industrial hygienist must meet the qualification requirements of the PIH.

Count - Refers to the fiber count or the average number of fibers greater than five microns in length per cubic centimeter of air.

Decontamination area/unit - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.

Demolition - The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

Disposal bag - Typically 6 mil thick siftproof, dustproof, leaktight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.

Disturbance - Activities that disrupt the matrix of ACM or PACM, crumble or pulverize ACM or PACM, or generate visible debris from ACM or PACM. Disturbance includes cutting away small amounts of ACM or PACM, no greater than the amount that can be contained in one standard sized glove bag or waste bag in order to access a building component. In no event shall the amount of ACM or PACM so disturbed exceed that which can be contained in one glove bag or disposal bag which shall not exceed 60 inches in length or width.

Drum - A rigid, impermeable container made of cardboard fiber, plastic, or metal which can be sealed in order to be siftproof, dustproof, and leaktight.

Employee exposure - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.

Encapsulant - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.

Encapsulation - Treating ACM with an encapsulant.

Enclosure - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.

Equipment room - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

Fiber - A particulate form of asbestos, 5 microns or longer, with a length to width ratio of at least 3 to 1.

Fibers per cubic centimeter (f/cc) - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.

Filter - Media used in respirators, vacuums, or other machines to remove particulate from air.

Firestopping - Material used to close the open parts of a structure in order to prevent a fire from spreading.

Friable asbestos containing material - Any material containing more than 1 percent asbestos as determined using the method specified in Appendix A, Subpart F, 40 CFR 763, Section 1, Polarized Light Microscopy, that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

Glovebag - Not more than a 60 x 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which materials and tools may be handled.

High efficiency particulate air (HEPA) filter - A filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 microns or greater in diameter.

HEPA vacuum - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.

Homogeneous area - An area of surfacing, thermal system insulation or miscellaneous ACM that is uniform in color, texture and date of application.

HVAC - Heating, Ventilation and Air Conditioning

Industrial hygienist - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop controls for occupational health hazards. Meets definition requirements of the American Industrial Hygiene Association (AIHA).

Industrial hygienist technician - A person working under the direction of an IH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned.

Intact - The ACM has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix.

Lockdown - Applying encapsulant, after a final visual inspection, on all abated surfaces at the conclusion of ACM removal prior to removal of critical barriers.

National Emission Standards for Hazardous Air Pollutants (NESHAP's) - EPA's rule to control emissions of asbestos to the environment.

Negative initial exposure assessment - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), or state equivalent, that employee exposure during an operation is expected to be consistently below the PEL's.

Negative pressure - Air pressure which is lower than the surrounding area, created by exhausting air from a sealed regulated area through HEPA equipped filtration units. OSHA requires maintaining -0.02" water gauge inside the negative pressure enclosure.

Negative pressure respirator - A respirator in which the air pressure inside the facepiece is negative during inhalation relative to the air outside the respirator.

Non-friable ACM - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

Organic vapor cartridge - The type of cartridge used on air purifying respirators for organic vapor exposures.

Outside air - The air outside buildings and structures, including, but not limited to, the air under a bridge or in an open ferry dock.

Owner/operator - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

Penetrating encapsulant - Encapsulant that is absorbed into the ACM matrix without leaving a surface layer.

Personal sampling/monitoring - Representative air samples obtained in the breathing zone of the person using a cassette and battery operated pump to determine asbestos exposure.

Permissible exposure limit (PEL) - The level of exposure OSHA allows for an 8 hour time weighted average. For asbestos fibers, the PEL is 0.1 fibers per cc.

Polarized light microscopy (PLM) - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type(s) of asbestos present in a bulk sample.

Polyethylene sheeting - Strong plastic barrier material 4 to 6 mils thick, semi-transparent, sometimes flame retardant in compliance with NFPA 241.

Positive/negative fit check - A method of verifying the fit of a respirator by closing off the filters and breathing in or closing off the exhalation valve and breathing out while detecting leakage of the respirator.

Presumed ACM (PACM) - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (k)(5).

Professional Industrial Hygienist (PIH) - An IH who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed two specialized EPA approved courses on management and supervision of asbestos abatement projects; has formal training in respiratory protection and waste disposal; and has a minimum of four projects of similar complexity with this project of which at least three projects serving as the supervisory IH.

Project designer - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Appendix C, Part I; (B)(5).

Protection factor - A value assigned by OSHA/NIOSH to indicate the assigned protection a respirator should provide if worn properly. The number indicates the reduction of exposure level from outside to inside the respirator.

Qualitative fit test (QLFT) - A fit test using a challenge material that can be sensed by the wearer if leakage in the respirator occurs.

Quantitative fit test (QNFT) - A fit test using a challenge material which is quantified outside and inside the respirator thus allowing the determination of the actual fit factor.

Regulated area - An area established by the employer to demarcate where Class I, II, III asbestos work is conducted, and any adjoining area where debris and waste from such asbestos work may accumulate; and a work area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed the PEL.

Regulated ACM (RACM) - Friable ACM; Category I nonfriable ACM that has become friable; Category I nonfriable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II nonfriable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

Removal - All operations where ACM, PACM and/or RACM is taken out or stripped from structures or substrates, including demolition operations.

Renovation - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

Repair - Overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates, including encapsulation or other repair of ACM or PACM attached to structures or substrates.

Shower room - The portion of the PDF where personnel shower before leaving the regulated area. Also used for bag/drum decontamination in the EDF.

Standard operating procedures (SOP's) - Asbestos work procedures required to be submitted by the contractor before work begins.

Supplied air respirator (SAR) - A respirator that utilizes an air supply separate from the air in the regulated area.

Surfacing ACM - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, fireproofing and other purposes.

Surfactant - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.

Thermal system ACM - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.

Transmission electron microscopy (TEM) - A microscopy method that can identify and count asbestos fibers.

VA Industrial Hygienist (VPIH/CIH) - Department of Veterans Affairs Professional Industrial Hygienist.

VA Representative - The VA official responsible for on-going project work.

Visible emissions - Any emissions, which are visually detectable without the aid of instruments, coming from ACM/PACM/RACM or ACM waste material.

Waste/Equipment decontamination area (W/EDA) - The area in which waste is packaged and equipment is decontaminated before removal from the regulated area.

Waste generator - Any owner or operator whose act or process produces asbestos-containing waste material.

Waste shipment record - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.

Wet cleaning - The process of thoroughly eliminating, by wet methods, any asbestos contamination from surfaces or objects.

1.10 REFERENCED STANDARDS ORGANIZATIONS

The following acronyms or abbreviations as referenced in contract/ specification documents are defined to mean the associated names. Names and addresses may be subject to change.

- A. VA Department of Veterans Affairs
810 Vermont Avenue, NW
Washington, DC 20420
- B. AIHA American Industrial Hygiene Association
2700 Prosperity Avenue, Suite 250
Fairfax, VA 22031
703-849-8888
- C. ANSI American National Standards Institute
1430 Broadway
New York, NY 10018
212-354-3300
- D. ASTM American Society for Testing and Materials
1916 Race St.
Philadelphia, PA 19103
215-299-5400
- E. CFR Code of Federal Regulations
Government Printing Office
Washington, DC 20420
- F. CGA Compressed Gas Association
1235 Jefferson Davis Highway
Arlington, VA 22202
703-979-0900
- G. CS Commercial Standard of the National Institute of Standards and Technology (NIST)
U. S. Department of Commerce
Government Printing Office
Washington, DC 20420
- H. EPA Environmental Protection Agency
401 M St., SW

Washington, DC 20460

202-382-3949

- I. MIL-STD Military Standards/Standardization Division
Office of the Assistant Secretary of Defense
Washington, DC 20420
- J. MSHA Mine Safety and Health Administration
Respiratory Protection Division
Ballston Tower #3
Department of Labor
Arlington, VA 22203
703-235-1452
- K. NIST National Institute for Standards and Technology
U. S. Department of Commerce
Gaithersburg, MD 20234
301-921-1000
- L. NEC National Electrical Code (by NFPA)
- M. NEMA National Electrical Manufacturer's Association
2101 L Street, NW
Washington, DC 20037
- N. NFPA National Fire Protection Association
1 Batterymarch Park
P.O. Box 9101
Quincy, MA 02269-9101
800-344-3555
- O. NIOSH National Institutes for Occupational Safety and Health
4676 Columbia Parkway
Cincinnati, OH 45226
513-533-8236
- P. OSHA Occupational Safety and Health Administration
U.S. Department of Labor
Government Printing Office
Washington, DC 20402
- Q. Puget Sound Clean Air Agency
1904 Third Avenue, Suite 105

Seattle, WA 98101

R. UL Underwriters Laboratory
333 Pfingsten Rd.
Northbrook, IL 60062
312-272-8800

S. USA United States Army
Army Chemical Corps
Department of Defense
Washington, DC 20420

T. Washington State Department of Labor & Industries
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1.11 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS

- A. All work under this contract shall be done in strict accordance with all applicable Federal, State, and local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.
- B. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specifications exists, the most stringent requirement(s) shall be utilized.
- C. Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.13 through 1.15 shall be available at the worksite in the clean change area of the worker decontamination system.

1.12 CONTRACTOR RESPONSIBILITY

The Contractor shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment as required by applicable Federal, State and Local regulations. The contractor shall hold the VA and VPIH/CIH consultants harmless for any failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental requirement on the part of himself, his employees, or his subcontractors. The

contractor will incur all costs of the CPIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State requirements.

1.13 FEDERAL REQUIREMENTS

Federal requirements which govern some aspect of asbestos abatement include, but are not limited to, the following regulations.

- A. Occupational Safety and Health Administration (**OSHA**)
 - 1. Title 29 CFR 1926.1101 - Construction Standard for Asbestos
 - 2. Title 29 CFR 1910.132 - Personal Protective Equipment
 - 3. Title 29 CFR 1910.134 - Respiratory Protection
 - 4. Title 29 CFR 1926 - Construction Industry Standards
 - 5. Title 29 CFR 1910.20 - Access to Employee Exposure and Medical Records
 - 6. Title 29 CFR 1910.1200 - Hazard Communication
 - 7. Title 29 CFR 1910.151 - Medical and First Aid
- B. Environmental Protection Agency (EPA)
 - 1. 40 CFR 61 Subpart A and M (Revised Subpart B) - National Emission Standard for Hazardous Air Pollutants - Asbestos.
 - 2. 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA)
- C. Department of Transportation (DOT)
 - Title 49 CFR 100 - 185 - Transportation

1.14 STATE REQUIREMENTS

State requirements that apply to the asbestos abatement work, disposal, clearance, etc., include, but are not limited to, the following:

- A. Washington State Department of Labor & Industries (WISHA)
 - 1. Chapter 296-62 WAC, Part I-1 - General Occupational Health Standards for Asbestos.
 - 2. Chapter 296-65 WAC – Asbestos Certification

1.15 LOCAL REQUIREMENTS

If local requirements are more stringent than federal or state standards, the local standards are to be followed.

- A. Puget Sound Clean Air Agency
 - 1. Article 4: Asbestos Control Standards

1.16 STANDARDS

- A. Standards which govern asbestos abatement activities include, but are not limited to, the following:

1. American National Standards Institute (ANSI) Z9.2-79 - Fundamentals Governing the Design and Operation of Local Exhaust Systems Z88.2 - Practices for Respiratory Protection.
 2. Underwriters Laboratories (UL)586-90 - UL Standard for Safety of HEPA filter Units, 7th Edition.
- B. Standards which govern encapsulation work include, but are not limited to, the following:
1. American Society for Testing and Materials (ASTM)
- C. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:
1. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.
 2. NFPA 701 - Standard Methods for Fire Tests for Flame Resistant Textiles and Film.
 3. NFPA 101 - Life Safety Code
- D. Resilient Floor Covering Institute (RFCI):
- Recommended work practices for Removal of Resilient Floor Coverings.

1.17 EPA GUIDANCE DOCUMENTS

- A. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference. EPA publications can be ordered from (800) 424-9065.
- B. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024
- C. Asbestos Waste Management Guidance EPA 530-SW-85-007
- D. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001
- E. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

1.18 NOTICES

- A. State and Local agencies: Send written notification as required by state and local regulations including the local fire department prior to beginning any work on ACM as follows:
- B. Copies of notifications shall be submitted to the VA for the facility's records in the same time frame notification is given to EPA, State, and Local authorities.

1.19 PERMITS/LICENSES

- A. The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, State, and Local regulations.

1.20 POSTING AND FILING OF REGULATIONS

- A. Maintain two (2) copies of applicable federal, state, and local regulations. Post one copy of each at the regulated area where workers will have daily access to the regulations and keep another copy in the Contractor's office.

1.21 VA RESPONSIBILITIES

Prior to commencement of work:

- A. Notify occupants adjacent to regulated areas of project dates and requirements for relocation, if needed. Arrangements must be made prior to starting work for relocation of desks, files, equipment and personal possessions to avoid unauthorized access into the regulated area.

Note: Notification of adjacent personnel is required by OSHA in 29 CFR 1926.1101 (k), or state equivalent, to prevent unnecessary or unauthorized access to the regulated area.

1.22 SITE SECURITY

- A. Regulated area access is to be restricted only to authorized, trained/accredited and protected personnel. These may include the Contractor's employees, employees of Subcontractors, VA employees and representatives, State and local inspectors, and any other designated individuals. A list of authorized personnel shall be established prior to commencing the project and be posted in the clean room of the decontamination unit.
- B. Entry into the regulated area by unauthorized individuals shall be reported immediately to the Competent Person by anyone observing the entry. The Competent person shall immediately notify the VA Resident Engineer.
- C. A log book shall be maintained in the clean room of the decontamination unit. Anyone who enters the regulated area must record their name, affiliation, time in, and time out for each entry.
- D. Access to the regulated area shall be through of a critical barrier doorway. All other access (doors, windows, hallways, etc.) shall be sealed or locked to prevent entry to or exit from the regulated area. The only exceptions for this requirement are the waste/equipment load-out area which shall be sealed except during the removal of containerized asbestos waste from the regulated area, and emergency exits. Emergency exits shall not be locked from the inside, however, they shall be sealed with poly sheeting and taped until needed.
- E. The Contractor's Competent Person shall control site security during abatement operations in order to isolate work in progress and protect adjacent personnel. A 24 hour security system shall be provided at the entrance to the regulated area to assure that all entrants are logged in/out and that only authorized personnel are allowed entrance.

- F. The Contractor will have the VA's assistance in notifying adjacent personnel of the presence, location and quantity of ACM in the regulated area and enforcement of restricted access by the VA's employees.
- G. The regulated area shall be locked during non-working hours and secured by VA police.

1.23 EMERGENCY ACTION PLAN AND ARRANGEMENTS

- A. An Emergency Action Plan shall be developed by the Contractor prior to commencing abatement activities and shall be agreed to by the Contractor and the VA. The Plan shall meet the requirements of 29 CFR 1910.38 (a);(b).
- B. Emergency procedures shall be in written form and prominently posted and available in the regulated area. Everyone, prior to entering the regulated area, must read and sign these procedures to acknowledge understanding of the regulated area layout, location of emergency exits and emergency procedures.
- C. Emergency planning shall include written notification of police, fire, and emergency medical personnel of planned abatement activities; work schedule and layout of regulated area, particularly barriers that may affect response capabilities.
- D. Emergency planning shall include consideration of fire, explosion, hazardous atmospheres, electrical hazards, slips/trips and falls, confined spaces, and heat stress illness. Written procedures for response to emergency situations shall be developed and employee training in procedures shall be provided.
- E. Employees shall be trained in regulated area/site evacuation procedures in the event of workplace emergencies.
 - 1. For non life-threatening situations - employees injured or otherwise incapacitated shall decontaminate following normal procedures with assistance from fellow workers, if necessary, before exiting the regulated area to obtain proper medical treatment.
 - 2. For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker, remove them from the regulated area, and secure proper medical treatment.
- F. Telephone numbers of all emergency response personnel shall be prominently posted in the clean room, along with the location of the nearest telephone.
- G. The Contractor shall provide verification of first aid/CPR training for personnel responsible for providing first aid/CPR. OSHA requires medical assistance within 3 minutes of a life-threatening injury/illness. Bloodborne Pathogen training shall also be verified for those personnel required to provide first aid/CPR.

- H. The Emergency Action Plan shall provide for a Contingency Plan in the event that an incident occurs that may require the modification of the standard operating procedures during abatement. Such incidents include, but are not limited to, fire; accident; and power failure. The Contractor shall detail procedures to be followed in the event of an incident assuring that work is stopped and wetting is continued until correction of the problem.

1.24 PRE-START MEETING

Prior to commencing the work, the Contractor shall meet with the VA Resident Engineer to present and review, as appropriate, the items following this paragraph. The Contractor's Competent Person(s) who will be on-site shall participate in the pre-start meeting. The pre-start meeting is to discuss and determine procedures to be used during the project. At this meeting, the Contractor shall provide the following pre-start submittals:

- A. Proof of Contractor licensing.
- B. Proof the Competent Person is trained and accredited and approved for working in this State. Verification of the experience of the Competent Person shall also be presented.
- C. A list of all workers who will participate in the project, including experience and verification of training and accreditation for all asbestos workers and asbestos supervisors.
- D. A list of and verification of training for all personnel who have current first-aid/CPR training. A minimum of one person per shift must have adequate training.
- E. Current medical written opinions for all personnel working on-site meeting the requirements of 29 CFR 1926.1101 (m), or state equivalent.
- F. Current fit-tests for all personnel wearing respirators on-site meeting the requirements of 29 CFR 1926.1101 (h) and Appendix C, or state equivalent.
- G. A copy of the Contractor's Standard Operating Procedures for Class II Floor Tile and Mastic Abatement. In these procedures, the following information must be detailed, specific for this project.
 - 1. Regulated area preparation procedures;
 - 2. Notification requirements procedure of Contractor as required in 29 CFR 1926.1101 (d), or state or local equivalent;
 - 3. Decontamination procedures for employees;
 - 4. Class II abatement methods/procedures and equipment to be used;
 - 5. Personal protective equipment to be used;
 - 6. Equipment decontamination procedures
- H. At this meeting the Contractor shall provide all submittals as required.

- I. Procedures for handling, packaging and disposal of asbestos waste including disposal facility name, address, and phone number.
- J. Emergency Action Plan and Contingency Plan procedures.

1.25 PROJECT COORDINATION

The following are the minimum administrative and supervisory personnel necessary for coordination of the work.

1.26 PERSONNEL

- A. Administrative and supervisory personnel shall consist of a qualified Competent Person as defined by OSHA in the Construction Standards and the Asbestos Construction Standard; Contractor Professional Industrial Hygienist and Industrial Hygiene Technicians. These employees are the Contractor's representatives responsible for compliance with these specifications and all other applicable requirements.
- B. Non-supervisory personnel shall consist of an adequate number of qualified personnel to meet the schedule requirements of the project. Personnel shall meet required qualifications. Personnel utilized on-site shall be pre-approved by the VA Resident Engineer. A request for approval shall be submitted for any person to be employed during the project giving the person's name; social security number; qualifications; accreditation card with picture; Certificate of Worker's Acknowledgment; and Affidavit of Medical Surveillance and Respiratory Protection and current Respirator Fit Test.
- C. Minimum qualifications for Contractor and assigned personnel are:
 - 1. The Contractor has conducted within the last three (3) years, three (3) projects of similar complexity and dollar value as this project; has not been cited and penalized for serious violations of asbestos regulations in the past three (3) years; has adequate liability/occurrence insurance for asbestos work; is licensed in applicable states; has adequate and qualified personnel available to complete the work; has comprehensive standard operating procedures for asbestos work; has adequate materials, equipment and supplies to perform the work.
 - 2. The Competent Person has four (4) years of abatement experience of which two (2) years were as the Competent Person on the project; meets the OSHA definition of a Competent Person; has been the Competent Person on two (2) projects of similar size and complexity as this project; has completed EPA AHERA/OSHA/State/Local training requirements/accreditation(s) and refreshers; and has all required OSHA documentation related to medical and respiratory protection.

3. The Contractor Professional Industrial Hygienist (CPIH) shall have five (5) years of monitoring experience and supervision of asbestos abatement projects; has participated as the lead IH on five (5) abatement projects, three (3) of which are similar in size and complexity as this project; has developed at least one complete standard operating procedure for asbestos abatement; has trained abatement personnel for three (3) years; has specialized EPA AHERA/OSHA training in asbestos abatement management, respiratory protection, waste disposal and asbestos inspection; has completed the Contractor/Supervisor course; and has appropriate medical/respiratory protection records/documentation. If the intent is to have the CPIH analyze air samples on-site, then the CPIH must have completed the NIOSH 582 equivalency course and be active in the AHIA PAT samples with the current status of "proficient".
4. The Abatement Personnel shall have completed the EPA AHERA/OSHA abatement worker course; have training on the standard operating procedures of the Contractor; have one year of asbestos abatement experience; have applicable medical and respiratory protection documentation; have certificate of training/current refresher and State accreditation/license.

1.27 GENERAL - RESPIRATORY PROTECTION PROGRAM

The Contractor shall develop and implement a Respiratory Protection Program (RPP) which is in compliance with the January 8, 1998 OSHA requirements found at 29 CFR 1926.1101 and 29 CFR 1910.132;134, or state equivalent. ANSI Standard Z88.2-1992 provides excellent guidance for developing a respiratory protection program. All respirators used must be NIOSH approved for asbestos abatement activities. The written respiratory protection shall, at a minimum, contain the basic requirements found at 29 CFR 1910.134 (c)(1)(i - ix) - Respiratory Protection Program, or state equivalent.

1.28 RESPIRATORY PROTECTION PROGRAM COORDINATOR

The Respiratory Protection Program Coordinator (RPPC) must be identified and shall have two (2) years experience coordinating the program. The RPPC must provide a signed statement attesting to the fact that the program meets the above requirements.

1.29 SELECTION AND USE OF RESPIRATORS

The procedure for the selection and use of respirators must be submitted to the VA as part of the Contractor's qualification. The procedure must be written clearly enough for workers to understand. A copy of the Respiratory Protection Program must be available in the clean room of the decontamination unit for reference by employees or authorized visitors.

1.30 MINIMUM RESPIRATORY PROTECTION

Minimum respiratory protection shall be a half face, HEPA filtered, air purifying respirator when fiber levels are maintained consistently at or below 0.1 f/cc. A higher level of respiratory protection may be provided or required, depending on fiber levels. Respirator selection shall meet the requirements of 29 CFR 1926.1101 (h); Table 1 (or state equivalent), except as indicated in this paragraph. Abatement personnel must have a respirator for their exclusive use.

1.31 MEDICAL WRITTEN OPINION

No employee shall be allowed to wear a respirator unless a physician has determined they are capable of doing so and has issued a current written opinion for that person.

1.32 RESPIRATOR FIT TEST

All personnel wearing respirators shall have a current qualitative/quantitative fit test which was conducted in accordance with 29 CFR 1910.134 (f) and Appendix A. Fit tests shall be done for PAPR's which have been put into a failure mode.

1.33 RESPIRATOR FIT CHECK

The Competent Person shall assure that the positive/negative fit check is done each time the respirator is donned by an employee. Headcoverings must cover respirator headstraps. Any situation that prevents an effective facepiece to face seal as evidenced by failure of a fit check shall preclude that person from wearing a respirator until resolution of the problem.

1.34 MAINTENANCE AND CARE OF RESPIRATORS

The Respiratory Protection Program Coordinator shall submit evidence and documentation showing compliance with 29 CFR 1910.134 (h) Maintenance and care of respirators.

1.35 TRAINING OF ABATEMENT PERSONNEL

Prior to beginning any abatement activity, all personnel shall be trained in accordance with OSHA 29 CFR 1926.1101 (k)(9), or state equivalent, and any additional State/Local requirements. Training must include, at a minimum, the elements listed at 29 CFR 1926.1101 (k)(9)(viii), or state equivalent. Training shall have been conducted by a third party, EPA/State approved trainer meeting the requirements of EPA 40 CFR 763 Appendix C (AHERA MAP). Initial training certificates and current refresher and accreditation proof must be submitted for each person working at the site.

1.36 MEDICAL EXAMINATIONS

Medical examinations meeting the requirements of 29 CFR 1926.1101 (m), or state equivalent, shall be provided for all personnel working in the regulated area, regardless of exposure levels. The physician's written opinion as required by 29 CFR 1926.1101 (m)(4), or state equivalent, shall be provided for each person and shall include in the opinion the person has been evaluated for

working in a heat stress environment while wearing personal protective equipment and is able to perform the work.

1.37 PERSONAL PROTECTIVE EQUIPMENT

Provide whole body clothing, head coverings, foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d), or state equivalent. The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle.

1.38 REGULATED AREA ENTRY PROCEDURE

Worker protection shall meet the most stringent requirements. The Competent Person shall ensure that each time workers enter the regulated area, they remove ALL street clothes in the clean room of the decontamination unit and put on new disposable coveralls, head coverings, a clean respirator, and then proceed through the shower room to the equipment room where they put on non-disposable required personal protective equipment.

1.39 DECONTAMINATION PROCEDURE

The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area.

- A. When exiting the regulated area, remove all disposable PPE and dispose of in a disposal bag provided in the regulated area.
- B. Carefully decontaminate and clean the respirator. Put in a clean container/bag.

1.40 REGULATED AREA REQUIREMENTS

The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for Class II regulated areas at 29 CFR 1926.1101 (e), or state equivalent, are met. All personnel in the regulated area shall not be allowed to eat, drink, smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

1.41 DESCRIPTION:

Provide each regulated area with a fiber drum with a disposal bag in it for personnel waste materials.

1.42 DECONTAMINATION FACILITIES

Provide each regulated area with a separate personnel decontamination facility (PDF). Ensure that the PDF are the only means of ingress and egress to the regulated area. All equipment, bagged waste, and other material exit the regulated area only through the W/EDA.

1.43 PERSONNEL DECONTAMINATION FACILITY (PDF):

The Abatement Contractor shall provide a PDF consisting of a clean room and equipment room. The PDF must also contain a means for personnel to wash their hands and face upon exiting the regulated work area. The PDF must be sized to accommodate the number of personnel scheduled for the project. The PDF shall be constructed of opaque poly for privacy. The PDF shall be constructed to eliminate any parallel routes of egress from the regulated area.

1.44 WASTE/EQUIPMENT DECONTAMINATION AREA (W/EDA):

The Competent Person shall provide a W/EDA for removal of all waste, equipment and contaminated material from the regulated area.

1.45 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES:

Contain all waste in 6 mil poly bags. Clean/decontaminate bags and pass through a double 6 mil flap doorway into another bag or fiber drum. Remove to disposal dumpster/gondola/vehicle. At no time shall unprotected personnel from the clean side be allowed to enter the regulated area.

PART 2 – PRODUCTS

2.1 GENERAL REQUIREMENTS (ALL ABATEMENT PROJECTS)

Prior to the start of work, the Contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the CPIH has submitted verification to the VA's representative to this effect:

- A. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).
- B. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable materials cannot be stored inside buildings. Replacement materials shall be stored outside of the regulated/work area until abatement is completed.
- C. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized place.
- D. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.
- D. Poly sheeting for critical barriers/floors in the regulated area shall be 6 mil.
- F. If required, the method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA Resident Engineer and selected to minimize damage to equipment and surfaces.

- G. An adequate number of infra-red heating units, HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements shall be provided. Fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project shall also be provided. All electrically operated hand tools, equipment, electric cords shall be equipped with GFCI protection.
- H. Special protection for objects in the regulated area shall be detailed. (e.g., plywood over carpeting or hardwood floors to prevent damage from scaffolds, water, and falling material.)
- I. Impermeable fiberboard drums and disposal bags 2 layers of 6 mil, for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
- J. The VA shall be provided a copy of the MSDS as required for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication. Chlorinated compounds shall not be used with any spray adhesive or other product. Appropriate encapsulant(s) shall be provided.
- K. OSHA DANGER demarcation signs, as many and as required by OSHA 29 CFR 1926.1101(k)(7), or state equivalent, shall be provided and placed by the Competent Person. All other posters and notices required by Federal and State regulations shall be posted in the Clean Room.
- L. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a hazard assessment conducted under 29 CFR 1910.132(d), or state equivalent.

2.1.2 NEGATIVE PRESSURE FILTRATION SYSTEM:

The Abatement Contractor shall provide enough HEPA negative air machines to completely exchange the regulated area air volume 4 actual times per hour. The Competent Person shall determine the number of units needed for each regulated area by dividing the cubic feet in the regulated area by 15 and then dividing that result by the actual cubic feet per minute (cfm) for each unit to determine the number of units needed to effect 4 air changes per hour. Based on NIOSH studies, Abatement Contract shall calculate the efficiency of HEPA negative air machines at 50% of the manufacture stated capacity. Provide a standby unit in the event of machine failure and/or emergency in an adjacent area.

2.1.3 NEGATIVE AIR MACHINES (HEPA UNITS):

- A. Negative Air Machine Cabinet: The cabinet shall be constructed of steel or other durable material capable of withstanding potential damage from rough handling and transportation. The width of the cabinet shall be less than 30" in order to fit in standard doorways. The cabinet must be

factory sealed to prevent asbestos fibers from being released during use, transport, or maintenance. Any access to and replacement of filters shall be from the inlet end. The unit must be on casters or wheels.

- B. Negative Air Machine Fan: The rating capacity of the fan must be the air moving capacity under actual operating conditions. Manufacturer's typically use "free-air" (no resistance) conditions when rating fans. The fan must be a centrifugal type fan.
- C. Negative Air Machine Final Filter: The final filter shall be a HEPA filter. The filter media must be completely sealed on all edges within a structurally rigid frame. The filter shall align with a continuous flexible gasket material in the negative air machine housing to form an air tight seal. Each HEPA filter shall be individually tested and certified by the manufacturer to have an efficiency of not less than 99.97% when challenged with 0.3 micron (μm) dioctylphthalate (DOP) particles. Testing shall have been done in accordance with Military Standard MIL-STD-282 and Army Instruction Manual 136-300-175A. Each filter must bear a UL586 label to indicate ability to perform under specified conditions. Each filter shall be marked with the name of the manufacturer, serial number, air flow rating, efficiency and resistance, and the direction of test air flow.
- D. Negative Air Machine Pre-filters: The pre-filters, which protect the final HEPA filter by removing larger particles, are required to prolong the operating life of the HEPA filter. Two stages of pre-filtration are required. A first stage pre-filter shall be a low efficiency type for particles 10 μm or larger. A second stage pre-filter shall have a medium efficiency effective for particles down to 5 μm or larger. Pre-filters shall be installed either on or in the intake grid of the unit and held in place with a special housing or clamps.
- E. Negative Air Machine Instrumentation: Each unit must be equipped with a gauge to measure the pressure drop across the filters and to indicate when filters have become loaded and need to be changed. A table indicating the cfm for various pressure readings on the gauge shall be affixed near the gauge for reference or the reading shall indicate at what point the filters shall be changed, noting cfm delivery at that point. The unit must have an elapsed time meter to show total hours of operation.
- F. Negative Air Machine Safety and Warning Devices: An electrical/ mechanical lockout must be provided to prevent the fan from being operated without a HEPA filter. Units must be equipped with an automatic shutdown device to stop the fan in the event of a rupture in the HEPA filter or blockage in the discharge of the fan. Warning lights are required to indicate normal operation; too high a pressure drop across filters; or too low of a pressure drop across filters.

- G. Negative Air Machine Electrical: All electrical components shall be approved by the National Electrical Manufacturer's Association (NEMA) and Underwriter's Laboratories (UL). Each unit must be provided with overload protection and the motor, fan, fan housing, and cabinet must be grounded.
- H. Negative Air Machine Exhaust: Negative air machine exhaust shall not be restricted in such a way that it reduces the efficiency of the equipment. Additional, all reasonable efforts must be made to exhaust the negative air machine to the outdoors. Negative air machine exhaust shall not be located in a place that would interfere with VA personnel, patients, and/or visitors.

2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA

- A. Using critical barriers, seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All horizontal surfaces, as required, in the regulated area must be covered with 2 layers of 6 mil fire retardant poly to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated, immediately stop work and clean up the contamination at no additional cost to the Government. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 2.7 FIRESTOPPING; Section 07 92 00, FIRESTOPPING. 3.13 PREPARATION PRIOR TO SEALING THE REGULATED AREA
- B. Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Remove all uncontaminated removable furniture, equipment and/or supplies from the regulated area before commencing work. If furniture, equipment and/or supplies from the regulated cannot be removed, completely cover with two layers of 6-mil fire retardant poly sheeting and secure with duct tape. Lock out and tag out any HVAC systems in the regulated area.

2.3 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area is allowed only through the personnel decontamination facility (PDF), if required. All other means of access shall be eliminated and OSHA DANGER demarcation signs posted as required by OSHA. If the regulated area is adjacent to or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly sheeting to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid.

2.4 CRITICAL BARRIERS

Completely separate any openings into the regulated area from adjacent areas using fire retardant poly at least 6 mils thick and duct tape. Individually seal with two layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures,

clocks, doors, windows, convectors, speakers, or any other objects in the regulated area. Heat must be shut off any objects covered with poly.

2.5 SECONDARY BARRIERS:

A loose layer of 6 mil fire retardant poly shall be used as a drop cloth to protect the floor/horizontal surfaces from debris generated during the Class II work, except for floor tile abatement. This layer shall be replaced as needed during the work.

2.6 EXTENSION OF THE REGULATED AREA

If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. If the affected area cannot be added to the regulated area, decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

2.7 FIRESTOPPING:

- A. Through penetrations caused by cables, cable trays, pipes, sleeves must be firestopped with a fire-rated firestop system providing an air tight seal.
- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The Contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA Representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Resident Engineer or City of Seattle Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

2.8 MONITORING, INSPECTION AND TESTING

- A. The Abatement Contractor shall perform, throughout abatement work, monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and these specifications. The CPIH shall periodically inspect and oversee the performance of the Contractor IH Technician. The IH Technician shall continuously inspect and monitor conditions inside the regulated area to ensure compliance with these specifications. In addition, the CPIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and adjacent area samples to satisfy OSHA requirements. Additional inspection and testing requirements are also indicated in other parts of this specification.

- B. The Contractor will employ an independent professional industrial hygienist (CPIH) consultant. The CPIH will perform the necessary monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, and that the abatement work proceeds in accordance with these specifications, that the abated areas or abated buildings have been successfully decontaminated. The work of the CPIH consultant in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the CPIH and their services will be borne by the Contractor including any repeat of final inspection and testing that may be required due to unsatisfactory initial results..
- C. If fibers counted by the CPIH during abatement work inside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed 0.05 f/cc, the Contractor shall stop work. If fiber levels exceed 0.01 f/cc outside the regulated area, the Contractor shall stop work. The VA Resident Engineer may request confirmation of the results by analysis of the samples by an independent lab or TEM. Request will be in writing and submitted to the Contractor's representative. Cost and logistics for the confirmation of results will be borne by the VA.. An agreement between the Contractor/CPIH and the VA shall be reached on the exact details of the confirmation effort.

2.9 SCOPE OF SERVICES OF THE CONTRACTOR'S CPIH CONSULTANT

- A. The purpose of the work of the CPIH is to: evaluate quality; resolve problems; and prevent the spread of contamination beyond the regulated area. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM air sampling techniques.
1. If analysis of air samples is to be performed on-site, the CPIH shall show proof of successful completion of the NIOSH 582 Course or equivalent. The CPIH shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytic Testing program of AIHA for fiber counting quality control assurance.
 2. The analytic laboratory used by the CPIH to analyze the samples shall be AIHA accredited for asbestos PAT.
- B. The CPIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications. The CPIH is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor's and VA's personnel.

C. The CPIH will perform the following tasks:

1. Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.
2. Perform continuous air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities. At a minimum one area sample per 1,000 square feet of regulated area where abatement is taking place and one sample per shift in the clean room area shall be collected.
3. The CPIH shall collect and analyze samples for each representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. No fewer than two personal samples per shift shall be collected.
4. Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.
5. Provide support to the Contractor such as evaluation of submittals from the Contractor, resolution of unforeseen developments, etc.
6. A daily log documenting all OSHA requirements for air monitoring for asbestos in 29 CFR 1926.1101(f), (g) and Appendix A (or state equivalent) will be maintained by the CPIH. This log shall be made available to the VA Resident Engineer and the VPIH/CIH. The log will contain, at a minimum, information on personnel or area sampled, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc.
- 7.. Perform, in the presence of the VA Resident Engineer or VPIH/CIH, final inspection and testing of a decontaminated regulated area or building at the conclusion of the abatement and clean-up work to certify compliance with all regulations and the VA requirements/specifications.
- 8.. Issue certificate of decontamination for each regulated area or building and project report.

D. All documentation, inspection results and testing results generated by the CPIH will be available to the VA for information and consideration. The VA shall cooperate with and support the CPIH for efficient and smooth performance of their work.

E. The monitoring and inspection results of the CPIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

- F. All air sampling and analysis data will be recorded on a form acceptable to the VA and will be made available on-site.

2.10 STANDARD OPERATING PROCEDURES

The Contractor shall have established Standard Operating Procedures (SOP's) in printed form and loose leaf folder consisting of simplified text, diagrams, sketches, and pictures that establish and explain clearly the ways and procedures to be followed during all phases of the work by the contractor's personnel. The SOP's must be modified as needed to address specific requirements of the project. The SOP's shall be submitted for review and approval prior to the start of any abatement work. The minimum topics and areas to be covered by the SOP's are:

- A. Minimum Personnel Qualifications
- B. Contingency Plans and Arrangements
- C. Security and Safety Procedures
- D. Respiratory Protection/Personal Protective Equipment Program and Training
- E. Medical Surveillance Program and Recordkeeping
- F. Regulated Area Requirements for Class II work
- G. Decontamination Facilities and Entry/Exit Procedures (PDF and W/EDF)
- H. Monitoring, Inspections, and Testing
- I. Removal Procedures for Class II Materials
- J. Disposal of ACM Waste
- K. Regulated Area Decontamination/Clean-up
- L. Regulated Area Visual and Air Clearance
- M. Project Completion/Closeout

2.11 PRE-START MEETING SUBMITTALS

Submit to the VA Resident Engineer a minimum of 14 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-start meeting for this project.

- A. Submit a detailed work schedule for the entire project reflecting contract documents and the phasing/schedule requirements from the CPM chart.
- B. Submit a staff organization chart showing all personnel who will be working on the project and their capacity/function. Provide their qualifications, training, accreditations, and licenses, as appropriate. Provide a copy of the "Certificate of Worker's Acknowledgment" (Attachment #2) and the "Affidavit of Medical Surveillance and Respiratory Protection" (Attachment #3) for each person.

- C. Submit Standard Operating Procedures developed specifically for this project, incorporating the requirements of the specifications, prepared, signed and dated by the CPIH.
- D. Submit the specifics of the materials and equipment to be used for this project with brand names, model numbers, performance characteristics, pictures/diagrams, and number available for the following:
 - 1. HEPA vacuums, air monitoring pumps, calibration devices, infrared heating machines, and emergency power generating system.
 - 2. Encapsulants, surfactants, hand held sprayers, airless sprayers, fire extinguishers.
 - 3. Personal protective equipment.
 - 4. Fire safety equipment to be used in the regulated area.
- E. Submit the name, location, and phone number of the approved landfill; proof/verification the landfill is approved for ACM disposal; the landfill's requirements for ACM waste; the type of vehicle to be used for transportation; and name, address, and phone number of subcontractor, if used. Proof of asbestos training for transportation personnel shall be provided.
- F. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction and the specific contingency/emergency arrangements made with local health, fire, ambulance, hospital authorities and any other notifications/arrangements.
- G. Submit the name, location and verification of the laboratory and/or personnel to be used for analysis of air and/or bulk samples. Air monitoring must be done in accordance with OSHA 29 CFR 1926.1101(f) and Appendix A (or state equivalent).
- H. Submit qualifications verification: Submit the following evidence of qualifications. Make sure that all references are current and verifiable by providing current phone numbers and documentation.
 - 1. Asbestos Abatement Company: Project experience within the past 3 years; listing projects first most similar to this project:
Project Name; Type of Abatement; Duration; Cost; Reference Name/Phone Number; Final Clearance; Completion Date
 - 2. List of project(s) halted by owner, A/E, IH, regulatory agency in the last 3 years:
Project Name; Reason; Date; Reference Name/Number; Resolution
 - 3. List asbestos regulatory citations, penalties, damages paid and legal actions taken against the company in the last 3 years. Provide copies and all information needed for verification.
- I. Submit information on personnel: Provide a resume; address each item completely; provide references; phone numbers; copies of certificates, accreditations, and licenses. Submit an affidavit signed by the CPIH stating that all personnel submitted below have medical records in accordance with OSHA 29 CFR 1926.1101(m) and 29 CFR 1910.20 (or state equivalent) and that

the company has implemented a medical surveillance program and maintains recordkeeping in accordance with the above regulations. Submit the phone number and doctor/clinic/hospital used for medical evaluations.

1. CPH: Name; years of abatement experience; list of projects similar to this one; certificates, licenses, accreditations for proof of AHERA/OSHA specialized asbestos training; professional affiliations; number of workers trained; samples of training materials; samples of SOP's developed; medical opinion; current respirator fit test.
 2. Competent Person(s)/Supervisor(s): Number; names; social security numbers; years of abatement experience as Competent Person/Supervisor; list of similar projects as Competent Person/Supervisor; as a worker; certificates, licenses, accreditations; proof of AHERA/OSHA specialized asbestos training; maximum number of personnel supervised on a project; medical opinion; current respirator fit test.
 3. Workers: Numbers; names; social security numbers; years of abatement experience; certificates, licenses, accreditations; training courses in asbestos abatement and respiratory protection; medical opinion; current respirator fit test.
- J. Submit copies of State license for asbestos abatement; copy of insurance policy, including exclusions with a letter from agent stating in plain english the coverage provided and the fact that asbestos abatement activities are covered by the policy; copy of SOP's incorporating the requirements of this specification; information on who provides your training, how often; who provides medical surveillance, how often; who does and how is air monitoring conducted; a list of references of independent laboratories/IH's familiar with your air monitoring and standard operating procedures; copies of monitoring results of the five referenced projects listed and analytical method(s) used.
- K. When rental equipment is to be used in regulated areas or used to transport asbestos waste, the contractor shall assure complete decontamination of the rental equipment before return to the rental agency.
- L. Submit copies of standardized forms to be utilized to document abatement activities and post abatement sampling.

2.12 SUBMITTALS DURING ABATEMENT

- A. The Competent Person shall maintain and submit a daily log at the regulated area documenting the dates and times of the following: purpose, attendees and summary of meetings; all personnel entering/ exiting the regulated area; document and discuss the resolution of unusual events such as critical barrier breaching, equipment failures, emergencies, and any cause for stopping work;

representative air monitoring and results/TWA's/EL's. Submit this daily log to VA Resident Engineer.

- B. The CPIH shall document and maintain the following during abatement and submit as appropriate to the VA Resident Engineer.
1. Inspection and approval of the regulated area preparation prior to start of work and daily during work.
 2. Removal of any poly critical/floor barriers.
 3. Visual inspection/testing by the CPIH.
 4. Packaging and removal of ACM waste from regulated area.
 5. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA Resident Engineer on a weekly basis.

2.13 SUBMITTALS AT COMPLETION OF ABATEMENT

The CPIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. The report shall include a certificate of completion, signed and dated by the CPIH, in accordance with Attachment #1. The VA Representative will forward the abatement report to the Medical Center after completion of the project.

PART 3 - EXECUTION

3.1 PRE-ABATEMENT MEETING

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/ documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

3.2 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or

video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.

- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of 10/95 A/E Quality Alert indicating the failure to identify asbestos as applicable to floor tile and mastic abatement in the areas listed. Make sure these areas are looked at/reviewed on the project:

Lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations;
inside chases/walls; transite piping/ductwork/sheets; behind radiators; below window sills;
water/sewer lines; electrical conduit coverings; steam line trench coverings.

- C. Ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects have been removed by the VA. Contractor is responsible for properly protecting immovable furniture, machinery, equipment, curtains, drapes, blinds, and other objects from contamination.
- D. Shut down and seal with a minimum of 2 layers of 6 mil fire retardant poly all HVAC systems and critical openings in the regulated area. The regulated area critical barriers shall be completely isolate the regulated area from any other air in the building. The VA's representative will monitor the isolation provision.
- E. Shut down and lock out in accordance with 29 CFR 1910.147, or state equivalent, all electrical circuits which pose a potential hazard. Electrical arrangements will be tailored to the particular regulated area and the systems involved. All electrical circuits affected will be turned off at the circuit box outside the regulated area, not just the wall switch. The goal is to eliminate the potential for electrical shock which is a major threat to life in the regulated area due to water use and possible energized circuits. Electrical lines used to power equipment in the regulated area shall conform to all electrical safety standards and shall be isolated by the use of a ground fault circuit interrupter (GFCI). All GFCI shall be tested prior to use. The VA's representative will monitor the electrical shutdown.
- F. If required, remove and dispose of carpeting from floors in the regulated area.
- G. Inspect existing firestopping in the regulated area. Correct as needed.

3.3 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, Contractor's employees perform all major aspects

of the approved SOP's, especially worker protection, respiratory systems, contingency plans, decontamination procedures, and monitoring to demonstrate satisfactory operation.

- C. The CPIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the Class II asbestos abatement work in accordance with this specification.

3.4 OSHA DANGER SIGNS

Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101, or state equivalent, at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed ambient background levels. Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional signs will be posted following construction of the regulated area enclosure.

3.5 SHUT DOWN - LOCK OUT ELECTRICAL

Shut down and lock out electric power to the regulated area. Provide temporary power and lighting. Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.

3.6 SHUT DOWN - LOCK OUT HVAC

Shut down and lock out heating, cooling, and air conditioning system (**HVAC**) components that are in, supply or pass through the regulated area. Investigate the regulated area and agree on pre-abatement condition with the VA's representative. Seal all intake and exhaust vents in the regulated area with duct tape and 2 layers of 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6 mil poly disposal bags for disposal as asbestos waste.

3.7 SANITARY FACILITIES

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

3.8 WATER FOR ABATEMENT

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

3.9 PRE-CLEANING MOVABLE OBJECTS

If movable objects are not removed by the VA, pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location designated by the VA Representative.

3.10 PRE-CLEANING FIXED OBJECTS

Pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After precleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape.

3.11 PRE-CLEANING SURFACES IN THE REGULATED AREA

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

3.12 CONTAINMENT BARRIERS AND COVERINGS FOR THE REGULATED AREA

Seal off any openings at the perimeter of the regulated area with critical barriers to completely isolate the regulated area and to contain all airborne asbestos contamination created by the abatement activities. Should the adjacent area past the regulated area become contaminated due to improper work activities, the Contractor shall suspend work inside the regulated area, continue wetting, and clean the adjacent areas in accordance with procedures described in these specifications. Any and all costs associated with the adjacent area cleanup shall not be borne by the VA.

3.13 PREPARATION PRIOR TO SEALING OFF

Place all negative air machines, materials, equipment and supplies necessary to isolate the regulated area inside the regulated area. Remove all movable material/equipment as described above and secure all unmovable material/equipment as described above. Properly secured material/equipment shall be considered to be outside the regulated area.

3.14 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area shall be permitted only by the competent person. All other means of access shall be closed off by proper sealing and OSHA DANGER demarcation signs posted on the clean side of the regulated area where it is adjacent to or within view of any occupiable area. An opaque visual barrier of 6 mil poly shall be provided so that the abatement work is not visible

to any building occupants. If the area adjacent to the regulated area is accessible to the public, construct a solid barrier on the public side of the sheeting for protection and isolation of the project. The barrier shall be constructed with normal 2" x 4" (50mm x 100mm) wood or metal studs 16" (400mm) on centers, securely anchored to prevent movement and covered with a minimum of 1/2" (12.5mm) plywood. Provide an appropriate number of OSHA DANGER signs for each visual and physical barrier. Any alternative method must be given a written approval by the VA's representative.

3.15 CRITICAL BARRIERS

The regulated area must be completely separated from the adjacent areas, and the outside by at least 2 layers of 6 mil fire retardant poly and duct tape/spray adhesive. Individually seal all supply and exhaust ventilation openings, lighting fixtures, clocks, doorways, windows, convectors, speakers, and other openings into the regulated area with 2 layers of 6 mil fire retardant poly, and taped securely in place with duct tape/spray adhesive. Critical barriers must remain in place until all work and clearances have been completed.

3.16 EXTENSION OF THE REGULATED AREA

If the regulated area barrier is breached in any manner that could allow the passage of asbestos fibers or debris, the Competent Person shall immediately stop work, continue wetting, and proceed to extend the regulated area to enclose the affected area as per procedures described in this specification. If the affected area cannot be enclosed, decontamination measures and cleanup shall start immediately. All personnel shall be isolated from the affected area until decontamination/cleanup is completed as verified by visual inspection and air monitoring. Air monitoring at completion must indicate background levels or less than 0.01 f/cc.

3.17 FLOOR BARRIERS

If floor removal is not being done, all floors in the regulated area shall be covered with 2 layers of 6 mil fire retardant poly and brought up the wall 12 inches.

3.18 USE OF NEGATIVE AIR MACHINES DURING ABATEMENT OPERATIONS:

- A. Start units before beginning any disturbance of ACM occurs. After work begins, the units shall run continuously, maintaining 4 actual air changes per hour at a noticeable negative pressure differential, for the duration of the work until a final visual clearance and final air clearance has been completed.
- B. The negative air machines shall not be shut down for the duration of the project unless authorized by the VPIH or VA Resident Engineer in writing.
- C. Abatement work shall begin at a location farthest from the units and proceed towards them. If an electric failure occurs, the Competent Person shall stop all abatement work and immediately

begin wetting all exposed asbestos materials for the duration of the power outage. Abatement work shall not resume until power is restored and all units necessary are operating properly again.

- D. The negative air machines shall continue to run after all work is completed and until a final visual clearance and a final air clearance has been completed for that regulated area.

3.19 DISMANTLING THE NEGATIVE AIR SYSTEM:

After completion of the final visual and final air clearance has been obtained, the units may be shut down. The units shall have been completely decontaminated, all pre-filters removed and disposed of as asbestos waste, and the unit inlet and outlet sealed with 2 layers of 6 mil poly.

3.20 REMOVAL OF CLASS II FLOORING; ROOFING; AND TRANSITE MATERIALS:

All applicable requirements of OSHA, EPA, and DOT shall be followed during Class II work. Keep materials intact; do not disturb; wet while working with it; wrap as soon as possible with 2 layers of 6 mil plastic for disposal.

3.21 REMOVAL OF FLOORING MATERIALS:

- A. All requirements of OSHA Flooring agreement provisions shall be followed:
1. Negative air machine shall be used to effect some negative pressure in the regulated area. A spare machine shall be available.
 2. Follow RFCI recommended work practices for removal of resilient Floor coverings.
 3. Mechanical chipping or sanding is not allowed.
 4. Wet clean and HEPA vacuum the floor before and after removal of flooring.
 5. Place a 6 mil poly layer 4' by 10' adjacent to the regulated area for use as a decontaminated area. All waste must be contained in the regulated area.
 6. Package all waste in 6 mil poly lined fiberboard drums or double 6 mil poly bags. Asbestos waste with sharp edged components, which might tear poly bags shall be wrapped securely in burlap or poly woven bags before packaging and, if needed, use a poly lined fiber drum as the second container, prior to disposal.

3.22 REMOVAL OF MASTIC

- A. The mastic removal material must be a "no odor" material.
- B. Follow RFCI recommended work practices for removal of mastic.
- C. Package all waste in 6 mil poly lined fiberboard or metal drums.
- D. Prior to application of any liquid material, check the floor for penetrations and seal before removing mastic.
- E. The use of any volatile organic solvents is prohibited in the removal of mastic.

3.23 DISPOSAL OF CLASS II WASTE MATERIAL:

Package and dispose of waste materials as per this specification. All OSHA, EPA, and DOT requirements must be met. Landfill requirements for packaging must also be met. Disposal of non-friable waste must be done in accordance with applicable regulations.

3.24 PROJECT DECONTAMINATION

- A. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH.
- B. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleaning of the regulated area surfaces after the primary barrier removal.
- C. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

3.25 REGULATED AREA CLEARANCE

Air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

3.26 WORK DESCRIPTION

Decontamination includes the cleaning and clearance of the air in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities.

3.27 PRE-DECONTAMINATION CONDITIONS

- A. Before decontamination starts, all ACM waste from the regulated area shall be removed, all waste collected and removed, and the secondary barrier of poly removal and disposed of along with any gross debris generated by the work.
- B. At the start of decontamination, the following shall be in place:
 - 1. Critical barriers over all openings consisting of two layers of 6 mil poly which is the sole barrier between the regulated area and the rest of the building or outside.
 - 2. Decontamination facilities, if required for personnel and equipment in operating condition.

3.28. CLEANING:

Clean all surfaces of the regulated area by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping methods. If determined by the CPIH/VPIH/CIH additional cleaning(s) may be needed.

3.29 VISUAL INSPECTION AND AIR CLEARANCE TESTING

Notify the VA representative 48 hours in advance of the performance of the visual inspection and air clearance testing to be performed by the CPIH. Confirmation visual inspection and air clearance testing, if needed, will be performed by the VPIH after the CPIH has performed final air clearance testing, as needed.

3.30 VISUAL INSPECTION

Final visual inspection will include the entire regulated area, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other suspect material is detected, the cleaning shall be repeated at no cost to the VA. Dust/ material samples may be collected and analyzed at no cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

3.31 AIR CLEARANCE TESTING

- A. After an acceptable final visual inspection, the CPIH will perform the final testing. Air samples will be collected and analyzed in accordance with procedures for PCM in this specification. If the release criteria are not met, the Contractor shall repeat the final cleaning and continue decontamination procedures. Additional inspection and testing will be done at the expense of the Contractor.
- B. If the results of the PCM meet the release criteria, the results will be forwarded to the VPIH/CIH and VA Representative for final approval or confirmation sampling. If the results are acceptable to the VPIH/CIH and VA representative, remove the critical barriers. Any small quantities of residue material found upon removal of the poly shall be removed with a HEPA vacuum and localized isolation. If significant quantities are found as determined by the VPIH/CIH, then the entire area affected shall be cleaned as specified in the final cleaning.
- C. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

3.32 FINAL AIR CLEARANCE PROCEDURES

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured with PCM methods.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
 - 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method.

2. All clearance air testing samples shall be collected on 0.8µm MCE filters for PCM analysis. Air samples will be collected in areas subject to normal air circulation. A minimum of 3 PCM samples will be collected with at least 1200 Liters of air sampled. All results must be less than 0.01 f/cc for clearance.

3.33 COMPLETION OF ABATEMENT WORK

- A. After thorough decontamination, complete asbestos abatement work upon meeting the regulated area clearance criteria and fulfilling the following:
 1. Remove all equipment, materials, and debris from the project area.
 2. Package and dispose of all asbestos waste as required.
 3. Repair or replace all interior finishes damaged during the abatement work.
 4. Fulfill other project closeout requirements as specified elsewhere in this specification.

3.34 CERTIFICATE OF COMPLETION BY CONTRACTOR

The CPIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

3.35 WORK SHIFTS

All work shall be done during administrative hours (8:00 AM to 4:30 PM) Monday - Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

09-09
VA Puget Sound Health Care System
Correction of Seismic Deficiencies
Building 100 Nursing Tower (NT) &
Community Living Center (CLC)
Project No. 663-406

Contract No. VA101CFM-P-0051
Construction Documents 2
January 9, 2012
Reissued: AMENDMENT 2
June 22, 2012

ATTACHMENT #1

CERTIFICATE OF COMPLETION

DATE:
PROJECT NAME:
VAMC/ADDRESS:

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):
which took place from / / to / /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all glovebag work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH Name:

Signature/Date:

Asbestos Abatement Contractor's Name:

Signature/Date:

09-09
VA Puget Sound Health Care System
Correction of Seismic Deficiencies
Building 100 Nursing Tower (NT) &
Community Living Center (CLC)
Project No. 663-406

Contract No. VA101CFM-P-0051
Construction Documents 2
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ATTACHMENT #2

CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

PROJECT NAME: DATE:

PROJECT ADDRESS:

ABATEMENT CONTRACTOR'S NAME:

WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature:

Printed Name:

Witness:

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ATTACHMENT #3

**AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND
TRAINING/ACCREDITATION**

VA PROJECT NAME AND NUMBER:

VA MEDICAL FACILITY:

ABATEMENT CONTRACTOR'S NAME AND ADDRESS:

1. I verify that the following individual

Name:

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), or state equivalent, and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 (or state equivalent) are kept at the offices of the Abatement Contractor at the following address.

Address:

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.
3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.
4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH:

Date:

Printed Name of CPIH:

Signature of Contractor:

Date:

Printed Name of Contractor:

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ATTACHMENT #4

ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS

VA Project Location:

VA Project #:

VA Project Description:

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature

Date

Abatement Contractor Competent Person(s)

Date

--- END ---