

**SECTION 23 07 11**  
**HVAC, PLUMBING, AND BOILER PLANT INSULATION**

**PART 1 - GENERAL**

**1.1 DESCRIPTION**

- A. Field applied insulation for thermal efficiency and condensation control for
  - 1. HVAC piping, ductwork and equipment.
  - 2. Plumbing piping and equipment..
- B. Definitions
  - 1. ASJ: All service jacket, white finish facing or jacket.
  - 2. Air conditioned space: Space having air temperature and/or humidity controlled by mechanical equipment.
  - 3. Cold: Equipment, ductwork or piping handling media at design temperature of 16 degrees C (60 degrees F) or below.
  - 4. Concealed: Ductwork and piping above ceilings and in chases, interstitial space, and pipe spaces.
  - 5. Exposed: Piping, ductwork, and equipment exposed to view in finished areas including mechanical, Boiler Plant and electrical equipment rooms or exposed to outdoor weather. Attics and crawl spaces where air handling units are located are considered to be mechanical rooms. Shafts, chases, interstitial spaces, unfinished attics, crawl spaces and pipe basements are not considered finished areas.
  - 6. FSK: Foil-scrim-kraft facing.
  - 7. Hot: HVAC Ductwork handling air at design temperature above 16 degrees C (60 degrees F); HVAC and plumbing equipment or piping handling media above 41 degrees C (105 degrees F); Boiler Plant breechings and stack temperature range 150-370 degrees C (300-700 degrees F) and piping media and equipment 32 to 230 degrees C (90 to 450 degrees F)
  - 8. Density:  $\text{kg/m}^3$  - kilograms per cubic meter (Pcf - pounds per cubic foot).
  - 9. Runouts: Branch pipe connections up to 25-mm (one-inch) nominal size to fan coil units or reheat coils for terminal units.
  - 10. Thermal conductance: Heat flow rate through materials.
    - a. Flat surface: Watt per square meter (BTU per hour per square foot).
    - b. Pipe or Cylinder: Watt per square meter (BTU per hour per linear foot).
  - 11. Thermal Conductivity (k): Watt per meter, per degree C (BTU per inch thickness, per hour, per square foot, per degree F temperature difference).

## 1.2 RELATED WORK

- A. Section 07 84 00, FIRESTOPPING: Mineral fiber and bond breaker behind sealant.
- B. Section 23 05 11, COMMON WORK RESULTS FOR HVAC: General mechanical requirements and items, which are common to more than one section of Division 23.
- C. Section 23 31 00, HVAC DUCTS AND CASINGS: Ductwork, plenum and fittings.

## 1.3 QUALITY ASSURANCE

- A. Refer to article QUALITY ASSURANCE, in Section 23 05 11, COMMON WORK RESULTS FOR HVAC AND STEAM GENERATION.

- B. Criteria:

1. Comply with NFPA 90A, particularly paragraphs 4.3.3.1 through 4.3.3.6, 4.3.10.2.6, and 5.4.6.4, parts of which are quoted as follows:

**4.3.3.1** Pipe insulation and coverings, duct coverings, duct linings, vapor retarder facings, adhesives, fasteners, tapes, and supplementary materials added to air ducts, plenums, panels, and duct silencers used in duct systems, unless otherwise provided for in 4.3.3.1.2 or 4.3.3.1.3, shall have, in the form in which they are used, a maximum flame spread index of 25 without evidence of continued progressive combustion and a maximum smoke developed index of 50 when tested in accordance with NFPA 255, *Standard Method of Test of Surface Burning Characteristics of Building Materials*.

**4.3.3.1.1** Where these products are to be applied with adhesives, they shall be tested with such adhesives applied, or the adhesives used shall have a maximum flame spread index of 25 and a maximum smoke developed index of 50 when in the final dry state. (*See 4.2.4.2.*)

**4.3.3.1.2** The flame spread and smoke developed index requirements of 4.3.3.1.1 shall not apply to air duct weatherproof coverings where they are located entirely outside of a building, do not penetrate a wall or roof, and do not create an exposure hazard.

**4.3.3.1.3** Smoke detectors required by 6.4.4 shall not be required to meet flame spread index or smoke developed index requirements.

**4.3.3.2** Closure systems for use with rigid and flexible air ducts tested in accordance with UL 181, Standard for Safety Factory-Made Air Ducts and Air Connectors, shall have been tested, listed, and used in accordance with the conditions of their listings, in accordance with one of the following:

(1) UL 181A, Standard for Safety Closure Systems for Use with Rigid Air Ducts and Air Connectors

(2) UL 181B, Standard for Safety Closure Systems for Use with Flexible Air Ducts and Air Connectors

**4.3.3.3** Air duct, panel, and plenum coverings and linings, and pipe insulation and coverings shall not flame, glow, smolder, or smoke when tested in accordance with a similar test for pipe covering, ASTM C 411, Standard Test Method for Hot-Surface Performance of High-Temperature Thermal Insulation, at the temperature to which they are exposed in service.

**4.3.3.3.1** In no case shall the test temperature be below 121°C (250°F).

4.3.3.4 Air duct coverings shall not extend through walls or floors that are required to be fire stopped or required to have a fire resistance rating, unless such coverings meet the requirements of 5.4.6.4.

4.3.3.5\* Air duct linings shall be interrupted at fire dampers to prevent interference with the operation of devices.

4.3.3.6 Air duct coverings shall not be installed so as to conceal or prevent the use of any service opening.

4.3.10.2.6 Materials exposed to the airflow shall be noncombustible or limited combustible and have a maximum smoke developed index of 50 or comply with the following.

4.3.10.2.6.1 Electrical wires and cables and optical fiber cables shall be listed as noncombustible or limited combustible and have a maximum smoke developed index of 50 or shall be listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a maximum flame spread distance of 1.5 m (5 ft) or less when tested in accordance with NFPA 262, Standard Method of Test for Flame Travel and Smoke of Wires and Cables for Use in Air-Handling Spaces.

4.3.10.2.6.2 Pneumatic tubing for control systems shall be listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a maximum flame spread distance of 1.5 m (5 ft) or less when tested in accordance with UL 1820, Standard for Safety Fire Test of Pneumatic Tubing for Flame and Smoke Characteristics.

4.3.10.2.6.3 Nonferrous fire sprinkler piping shall be listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a maximum flame spread distance of 1.5 m (5 ft) or less when tested in accordance with UL 1887, Standard for Safety Fire Test of Plastic Sprinkler Pipe for Visible Flame and Smoke Characteristics.

4.3.10.2.6.4 Optical-fiber and communication raceways shall be listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a maximum flame spread distance of 1.5 m (5 ft) or less when tested in accordance with UL 2024, Standard for Safety Optical-Fiber Cable Raceway.

4.3.10.2.6.5 Loudspeakers and recessed lighting fixtures, including their assemblies and accessories, shall be permitted in the ceiling cavity plenum where listed as having a maximum peak optical density of 0.5 or less, an average optical density of 0.15 or less, and a peak heat release rate of 100 kW or less when tested in accordance with UL 2043, Standard for Safety Fire Test for Heat and Visible Smoke Release for Discrete Products and Their Accessories Installed in Air-Handling Spaces.

4.3.10.2.6.6 Supplementary materials for air distribution systems shall be permitted when complying with the provisions of 4.3.3.

4.3.10.2.6.7 Smoke detectors shall not be required to meet the provisions of this section.

5.4.6.4 Where air ducts pass through walls, floors, or partitions that are required to have a fire resistance rating and where fire dampers are not required, the opening in the construction around the air duct shall be as follows:

- (1) Not exceeding a 25.4 mm (1 in.) average clearance on all sides
- (2) Filled solid with an approved material capable of preventing the passage of flame and hot gases sufficient to ignite cotton waste when subjected to the time-temperature fire

conditions required for fire barrier penetration as specified in NFPA 251, *Standard Methods of Tests of Fire Endurance of Building Construction and Materials*

2. Test methods: ASTM E84, UL 723, or NFPA 255.
  3. Specified k factors are at 24 degrees C (75 degrees F) mean temperature unless stated otherwise. Where optional thermal insulation material is used, select thickness to provide thermal conductance no greater than that for the specified material. For pipe, use insulation manufacturer's published heat flow tables. For domestic hot water supply and return, run out insulation and condensation control insulation, no thickness adjustment need be made.
  4. All materials shall be compatible and suitable for service temperature, and shall not contribute to corrosion or otherwise attack surface to which applied in either the wet or dry state.
- C. Every package or standard container of insulation or accessories delivered to the job site for use must have a manufacturer's stamp or label giving the name of the manufacturer and description of the material.

#### **1.4 SUBMITTALS**

- A. Submit in accordance with Section 01 33 23, SHOP DRAWINGS, PRODUCT DATA, AND SAMPLES.
- B. Shop Drawings:
1. All information, clearly presented, shall be included to determine compliance with drawings and specifications and ASTM, federal and military specifications.
    - a. Insulation materials: Specify each type used and state surface burning characteristics.
    - b. Insulation facings and jackets: Each type used. Make it clear that white finish will be furnished for exposed ductwork, casings and equipment.
    - c. Insulation accessory materials: Each type used.
    - d. Manufacturer's installation and fitting fabrication instructions for flexible unicellular insulation.
    - e. Make reference to applicable specification paragraph numbers for coordination.
- C. Samples:
1. Each type of insulation: Minimum size 100 mm (4 inches) square for board/block/ blanket; 150 mm (6 inches) long, full diameter for round types.
  2. Each type of facing and jacket: Minimum size 100 mm (4 inches square).
  3. Each accessory material: Minimum 120 ML (4 ounce) liquid container or 120 gram (4 ounce) dry weight for adhesives / cement / mastic.

## 1.5 STORAGE AND HANDLING OF MATERIAL

Store materials in clean and dry environment, pipe covering jackets shall be clean and unmarred. Place adhesives in original containers. Maintain ambient temperatures and conditions as required by printed instructions of manufacturers of adhesives, mastics and finishing cements.

## 1.6 APPLICABLE PUBLICATIONS

- A. The publications listed below form a part of this specification to the extent referenced. The publications are referenced in the text by basic designation only.
- B. Federal Specifications (Fed. Spec.):
  - L-P-535E (2)-91 ..... Plastic Sheet (Sheeting): Plastic Strip; Poly (Vinyl Chloride) and Poly (Vinyl Chloride - Vinyl Acetate), Rigid.
- C. Military Specifications (Mil. Spec.):
  - MIL-A-3316C (2)-90 ..... Adhesives, Fire-Resistant, Thermal Insulation
  - MIL-A-24179A (1)-87 ..... Adhesive, Flexible Unicellular-Plastic Thermal Insulation
  - MIL-C-19565C (1)-88 ..... Coating Compounds, Thermal Insulation, Fire-and Water-Resistant, Vapor-Barrier
  - MIL-C-20079H-87 ..... Cloth, Glass; Tape, Textile Glass; and Thread, Glass and Wire-Reinforced Glass
- D. American Society for Testing and Materials (ASTM):
  - A167-99 ..... Standard Specification for Stainless and Heat-Resisting Chromium-Nickel Steel Plate, Sheet, and Strip
  - B209-04 ..... Standard Specification for Aluminum and Aluminum-Alloy Sheet and Plate
  - C411-97 ..... Standard test method for Hot-Surface Performance of High-Temperature Thermal Insulation
  - C449-00 ..... Standard Specification for Mineral Fiber Hydraulic-Setting Thermal Insulating and Finishing Cement
  - C533-04 ..... Standard Specification for Calcium Silicate Block and Pipe Thermal Insulation
  - C534-05 ..... Standard Specification for Preformed Flexible Elastomeric Cellular Thermal Insulation in Sheet and Tubular Form
  - C547-06 ..... Standard Specification for Mineral Fiber pipe Insulation
  - C552-03 ..... Standard Specification for Cellular Glass Thermal Insulation

- C553-02 .....Standard Specification for Mineral Fiber Blanket Thermal Insulation for Commercial and Industrial Applications
- C585-90 .....Standard Practice for Inner and Outer Diameters of Rigid Thermal Insulation for Nominal Sizes of Pipe and Tubing (NPS System) R (1998)
- C612-04 .....Standard Specification for Mineral Fiber Block and Board Thermal Insulation
- C1126-04 .....Standard Specification for Faced or Unfaced Rigid Cellular Phenolic Thermal Insulation
- C1136-06 .....Standard Specification for Flexible, Low Permeance Vapor Retarders for Thermal Insulation
- D1668-97a (2006).....Standard Specification for Glass Fabrics (Woven and Treated) for Roofing and Waterproofing
- E84-06.....Standard Test Method for Surface Burning Characteristics of Building Materials
- E119-05a.....Standard Test Method for Fire Tests of Building Construction and Materials
- E136-04.....Standard Test Methods for Behavior of Materials in a Vertical Tube Furnace at 750 degrees C (1380 F)
- E. National Fire Protection Association (NFPA):
- 90A-09 .....Installation of Air Conditioning and Ventilating Systems
- 96-09 .....Standards for Ventilation Control and Fire Protection of Commercial Cooking Operations
- 101-09 .....Life Safety Code
- 251-09 .....Standard methods of Tests of Fire Endurance of Building Construction Materials
- 255-09 .....Standard Method of tests of Surface Burning Characteristics of Building Materials
- F. Underwriters Laboratories, Inc (UL):
- 723 .....UL Standard for Safety Test for Surface Burning Characteristics of Building Materials with Revision of 08/03
- G. Manufacturer's Standardization Society of the Valve and Fitting Industry (MSS):
- SP58-2002.....Pipe Hangers and Supports Materials, Design, and Manufacture

## **PART 2 - PRODUCTS**

### **2.1 MINERAL FIBER**

- A. ASTM C553 (Blanket, Flexible) Type I, Class B-3, Density  $16 \text{ kg/m}^3$  (1 pcf),  $k = 0.045$  (0.31) Class B-5, Density  $32 \text{ kg/m}^3$  (2 pcf),  $k = 0.04$  (0.27) , for use at temperatures up to 204 degrees C (400 degrees F)
- B. ASTM C1071 (Duct Liner Board),  $k = 0.033$  Watt per meter, per degree C (0.23), internal insulation for temperatures up to 121 degrees C (250 degrees F).

### **2.2 INSULATION FACINGS AND JACKETS**

- A. Vapor Retarder, higher strength with low water permeance  $\leq 0.02$  or less perm rating, Beach puncture 50 units for insulation facing on exposed ductwork, casings and equipment, and for pipe insulation jackets. Facings and jackets shall be all service type (ASJ) or PVDC Vapor Retarder jacketing.
- B. ASJ jacket shall be white kraft bonded to 0.025 mm (1 mil) thick aluminum foil, fiberglass reinforced, with pressure sensitive adhesive closure. Comply with ASTM C1136. Beach puncture 5 units, Suitable for painting without sizing. Jackets shall have minimum 40 mm (1-1/2 inch) lap on longitudinal joints and minimum 100 mm (4 inch) butt strip on end joints. Butt strip material shall be same as the jacket. Lap and butt strips shall be self-sealing type with factory-applied pressure sensitive adhesive.
- C. Vapor Retarder medium strength with low water vapor permeance of 0.02 or less perm rating), Beach puncture 25 units: Foil-Scrim-Kraft (FSK) or PVDC vapor retarder jacketing type for concealed ductwork and equipment.
- D. Glass Cloth Jackets: Presized, minimum 0.18 kg per square meter (7.8 ounces per square yard), 2000 kPa (300 psig) bursting strength with integral vapor retarder where required or specified. Weather proof if utilized for outside service.
- E. Factory composite materials may be used provided that they have been tested and certified by the manufacturer.

### **2.3 ADHESIVE, MASTIC, CEMENT**

- A. Mil. Spec. MIL-A-3316, Class 1: Jacket and lap adhesive and protective finish coating for insulation.
- B. Mil. Spec. MIL-A-3316, Class 2: Adhesive for laps and for adhering insulation to metal surfaces.
- C. Mil. Spec. MIL-A-24179, Type II Class 1: Adhesive for installing flexible unicellular insulation and for laps and general use.
- D. Mil. Spec. MIL-C-19565, Type I: Protective finish for outdoor use.
- E. Mil. Spec. MIL-C-19565, Type I or Type II: Vapor barrier compound for indoor use.

F. ASTM C449: Mineral fiber hydraulic-setting thermal insulating and finishing cement.

G. Other: Insulation manufacturers' published recommendations.

## **2.4 MECHANICAL FASTENERS**

A. Pins, anchors: Welded pins, or metal or nylon anchors with tin-coated or fiber washer, or clips.

Pin diameter shall be as recommended by the insulation manufacturer.

B. Staples: Outward clinching monel or stainless steel.

C. Wire: 1.3 mm thick (18 gage) soft annealed galvanized or 1.9 mm (14 gage) copper clad steel or nickel copper alloy.

D. Bands: 20 mm (3/4 inch) nominal width, brass, galvanized steel, aluminum or stainless steel.

## **2.5 REINFORCEMENT AND FINISHES**

A. Glass fabric, open weave: ASTM D1668, Type III (resin treated) and Type I (asphalt treated).

B. Glass fiber fitting tape: Mil. Spec MIL-C-20079, Type II, Class 1.

D. Hexagonal wire netting: 25 mm (one inch) mesh, 0.85 mm thick (22 gage) galvanized steel.

E. Corner beads: 50 mm (2 inch) by 50 mm (2 inch), 0.55 mm thick (26 gage) galvanized steel; or, 25 mm (1 inch) by 25 mm (1 inch), 0.47 mm thick (28 gage) aluminum angle adhered to 50 mm (2 inch) by 50 mm (2 inch) Kraft paper.

F. PVC fitting cover: Fed. Spec L-P-535, Composition A, 11-86 Type II, Grade GU, with Form B Mineral Fiber insert, for media temperature 4 degrees C (40 degrees F) to 121 degrees C (250 degrees F). Below 4 degrees C (40 degrees F) and above 121 degrees C (250 degrees F). Provide double layer insert. Provide color matching vapor barrier pressure sensitive tape.

## **2.6 FIRESTOPPING MATERIAL**

Other than pipe and duct insulation, refer to Section 07 84 00 FIRESTOPPING.

## **2.7 FLAME AND SMOKE**

Unless shown otherwise all assembled systems shall meet flame spread 25 and smoke developed 50 rating as developed under ASTM, NFPA and UL standards and specifications. See paragraph 1.3 "Quality Assurance".

## **PART 3 - EXECUTION**

### **3.1 GENERAL REQUIREMENTS**

A. Required pressure tests of duct and piping joints and connections shall be completed and the work approved by the Resident Engineer for application of insulation. Surface shall be clean and dry with all foreign materials, such as dirt, oil, loose scale and rust removed.

B. Except for specific exceptions, insulate entire specified equipment, piping (pipe, fittings, valves, accessories), and duct systems. Insulate each pipe and duct individually. Do not use scrap pieces of insulation where a full length section will fit.



- D. Insulation materials shall be installed in a first class manner with smooth and even surfaces, with jackets and facings drawn tight and smoothly cemented down at all laps. Insulation shall be continuous through all sleeves and openings, except at fire dampers and duct heaters (NFPA 90A). Vapor retarders shall be continuous and uninterrupted throughout systems with operating temperature 16 degrees C (60 degrees F) and below. Lap and seal vapor barrier over ends and exposed edges of insulation. Anchors, supports and other metal projections through insulation on cold surfaces shall be insulated and vapor sealed for a minimum length of 150 mm (6 inches).
- E. Install vapor stops at all insulation terminations on either side of valves, pumps and equipment and particularly in straight lengths of pipe insulation.
- F. Insulation on hot piping and equipment shall be terminated square at items not to be insulated, access openings and nameplates. Cover all exposed raw insulation with white sealer or jacket material.
- G. Protect all insulations outside of buildings with aluminum jacket using lock joint or other approved system for a continuous weather tight system. Access doors and other items requiring maintenance or access shall be removable and sealable.
- H. HVAC work not to be insulated:
  - 1. Internally insulated ductwork and VAV boxes.
  - 2. In hot piping: Unions, flexible connectors, control valves, , vacuum breakers, thermostatic vent valves, steam traps 20 mm (3/4 inch) and smaller. Insulate piping to within approximately 75 mm (3 inches) of uninsulated items.
- I. Apply insulation materials subject to the manufacturer's recommended temperature limits. Apply adhesives, mastic and coatings at the manufacturer's recommended minimum coverage.
- J. Firestop Pipe and Duct insulation:
  - 1. Provide firestopping insulation at fire and smoke barriers through penetrations. Fire stopping insulation shall be UL listed as defines in Section 07 84 00, FIRESTOPPING.
  - 2. Pipe and duct penetrations requiring fire stop insulation including, but not limited to the following:
    - a. Pipe risers through floors
    - b. Pipe or duct chase walls and floors
    - c. Smoke partitions
    - d. Fire partitions

### **3.2 INSULATION INSTALLATION**

- A. Duct Liner Board:

1. Coated rigid insulation: Apply board on pins spaced not more than 300 mm (12 inches) on center each way, and not less than 75 mm (3 inches) from each edge of board. Butt insulation edges tightly and seal all joints with laps and butt strips. After applying speed clips cut pins off flush and apply vapor seal patches over clips.

B. Flexible Mineral Fiber Blanket:

1. Adhere insulation to metal with 100 mm (4 inch) wide strips of insulation bonding adhesive at 200 mm (8 inches) on center all around duct. Additionally secure insulation to bottom of ducts exceeding 600 mm (24 inches) in width with pins welded or adhered on 450 mm (18 inch) centers. Secure washers on pins. Butt insulation edges and seal joints with laps and butt strips. Staples may be used to assist in securing insulation. Seal all vapor retarder penetrations with mastic. Sagging duct insulation will not be acceptable. Install firestop duct insulation where required.
2. Supply air ductwork to be insulated includes main and branch ducts from AHU discharge to room supply outlets, and the bodies of ceiling outlets to prevent condensation. Insulate damper frames. To prevent condensation insulate trapeze type supports and angle iron hangers for flat oval ducts that are in direct contact with metal duct.
3. Concealed supply air ductwork.
  - a. Above ceilings at a roof level: 50 mm (2 inch) thick insulation faced with FSK.
  - b. Above ceilings for other than roof level: 40 mm (1 ½ inch) thick insulation faced with FSK.
4. Concealed return air duct above ceilings at a roof level, unconditioned areas, and in chases with external wall or containing steam piping; 40 mm (1-1/2 inch) thick, insulation faced with FSK. Concealed return air ductwork in other locations need not be insulated.

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