

ATTACH #9

**Minneapolis VAMC Post Deployment Clinic**

1 Veteran's Drive  
Minneapolis, MN 55417

Located on 4D-101

Also located through the following Community  
Based Outpatient Clinics(CBOC):

**Chippewa Valley CBOC**  
2503 County Rd. 1  
Chippewa Falls, MN 54729

**Hayward CBOC**  
15954 Rivers Edge Dr.  
Hayward, WI 54843

**Hibbing CBOC**  
1101 E. 37<sup>th</sup> St. #220  
Hibbing, MN 55746

**Mankato CBOC**  
410 E. Jackson St.  
Mankato, MN 56002

**Maplewood CBOC**  
2785 White Bear Ave.  
Maplewood, MN 55109

**Rice Lake CBOC**  
2700A College Dr.  
Rice Lake, WI 54868

**Rochester CBOC**  
1617 Skyline Dr.  
Rochester, MN 55902

**St. James CBOC**  
1101 Moulton and Parsons Dr.  
St. James, MN 56081

**Twin Ports CBOC**  
3520 Tower Ave.  
Superior, WI 54880

**Minneapolis VA Medical  
Center**

**OFF/OIF**

**Post Deployment Clinic  
4D-101**

A Clinic specially designed for all newly returning  
Combat Veterans as they return from deployments  
or off Active Duty status. The Clinic is designed to  
assist in accessing care and services through the  
Minneapolis VA and associated Clinics

**Clinic Hours: Mon-Fri 8:00AM – 4:30PM  
Tues & Weds Evenings: 4:30PM-- 8:30 PM**

**Scheduling: (612)467-3757 or  
(612)467-1100, option 4**

**Azber Ansar, MD  
Medical Director and Physician**

**Sandra Lewis, MD  
Physician**

**Derek Prowe, PsyD.  
Psychologist**

### **What is an OEF/OIF Veteran**

An OEF/OIF Veteran is anyone who has been deployed on Active Duty to a combat area since

November 11, 1998 to including:

Iraq  
Kuwait  
Saudi Arabia  
Afghanistan  
Philippines  
Kosovo  
Horn of Africa  
Trans Sahara  
Kyrgyzstan prior to 2004  
Pankisi Gorge prior to 2004

And has either "*in Support of OEF or OIF*" in Section 18 of their DD214

### **Eligibility**

The Department of Veteran's Affairs has offered 5 years of free medical/mental health care for all combat related illness and injuries to all OEF and OIF Veterans upon discharging from Active Duty.

After the 5 years of free care, you may be eligible for VA care under normal eligibility standards. Refer to the VA website for more info on eligibility standards:

<http://va.gov/healtheligibility>

### **Services Offered:**

Post Deployment Health Assessments  
Routine Preventative Care/Maintenance  
Women's Health  
Immunizations  
Health Education  
Screenings for PTSD, TBI, Depression  
Substance Abuse Evaluations/Treatment  
Referrals to Specialized Clinics such as:  
Audiology  
Physical Therapy  
Orthopedics  
Dermatology  
Mental Health Counseling

### **What to bring to your Visit**

- List of all medications, supplements, and over the counter medicines you are taking to include dosages.
- Any questions you might have for the nurse, provider, or case manager.
- A Copy of your DD-214, member 4. To verify eligibility and update your VA records.
- Copy of any medical records or LOD's(line of duty's) you may have.

### **What to Expect on your Initial Appointment**

Arrive 10 minutes prior to your scheduled appointment time for check in (also allow extra time for parking).

You will:

- Check in at the front desk and verify your correct address/phone number.
  - Sit down with an OEF/OIF Care Manager to discuss benefits, eligibility and assess any needs you might have whether health related or community based.
  - Meet with your primary care provider, your provider will assess any medical issues you might have.
  - If you have any re-integration of mental health needs, your provider may refer you to see a psychologist.
- Expect your initial appointment to last up to 2-3 hours due to a baseline exam/assessment on all your needs and concerns.
- You might also be seen in the following areas if needed and ordered by the provider:  
Pharmacist (if any medications are ordered)  
ID Card Section (for your VA ID Card)  
Lab (blood work)  
Radiology (X-rays, CT Scans)  
Prosthetics (BP Cuffs, medical devices)  
Psychologist