

ATTACH #9

Minneapolis VAMC Post Deployment Clinic

1 Veteran's Drive
Minneapolis, MN 55417

Located on 4D-101

Also located through the following Community
Based Outpatient Clinics(CBOC):

Chippewa Valley CBOC

2503 County Rd. 1
Chippewa Falls, MN 54729

Hayward CBOC

15954 Rivers Edge Dr.
Hayward, WI 54843

Hibbing CBOC

1101 E. 37th St. #220
Hibbing, MN 55746

Mankato CBOC

410 E. Jackson St.
Mankato, MN 56002

Maplewood CBOC

2785 White Bear Ave.
Maplewood, MN 55109

Rice Lake CBOC

2700A College Dr.
Rice Lake, WI 54868

Rochester CBOC

1617 Skyline Dr.
Rochester, MN 55902

St. James CBOC

1101 Moulton and Parsons Dr.
St. James, MN 56081

Twin Ports CBOC

3520 Tower Ave.
Superior, WI 54880

Minneapolis VA Medical Center

OEF/OIF

Post Deployment Clinic 4D-101

A Clinic specially designed for all newly returning
Combat Veterans as they return from deployments
or off Active Duty status. The Clinic is designed to
assist in accessing care and services through the

Minneapolis VA and associated Clinics

**Clinic Hours: Mon-Fri 8:00AM – 4:30PM
Tues & Weds Evenings: 4:30PM-- 8:30 PM**

**Scheduling: (612)467-3757 or
(612)467-1100, option 4**

**Azber Ansar, MD
Medical Director and Physician**

**Sandra Lewis, MD
Physician**

**Derek Prowe, PsyD.
Psychologist**

What is an OEF/OIF Veteran

An OEF/OIF Veteran is anyone who has been deployed on Active Duty to a combat area since

November 11, 1998 to including:

Iraq
Kuwait
Saudi Arabia
Afghanistan
Philippines
Kosovo
Horn of Africa
Trans Sahara
Kyrgyzstan prior to 2004
Pankisi Gorge prior to 2004

And has either "*in Support of OEF or OIF*" in Section 18 of their DD214

Eligibility

The Department of Veteran's Affairs has offered 5 years of free medical/mental health care for all combat related illness and injuries to all OEF and OIF Veterans upon discharging from Active Duty.

After the 5 years of free care, you may be eligible for VA care under normal eligibility standards. Refer to the VA website for more info on eligibility standards:

<http://va.gov/healtheligibility>

Services Offered:

Post Deployment Health Assessments
Routine Preventative Care/Maintenance
Women's Health
Immunizations
Health Education
Screenings for PTSD, TBI, Depression
Substance Abuse Evaluations/Treatment
Referrals to Specialized Clinics such as:
Audiology
Physical Therapy
Orthopedics
Dermatology
Mental Health Counseling

What to bring to your Visit

- List of all medications, supplements, and over the counter medicines you are taking to include dosages.
- Any questions you might have for the nurse, provider, or case manager.
- A Copy of your DD-214, member 4. To verify eligibility and update your VA records.
- Copy of any medical records or LOD's(line of duty's) you may have.

What to Expect on your Initial Appointment

Arrive 10 minutes prior to your scheduled appointment time for check in (also allow extra time for parking).

You will:

- Check in at the front desk and verify your correct address/phone number.
- Sit down with an OEF/OIF Care Manager to discuss benefits, eligibility and assess any needs you might have whether health related or community based.

- Meet with your primary care provider, your provider will assess any medical issues you might have.

- If you have any re-integration of mental health needs, your provider may refer you to see a psychologist.

Expect your initial appointment to last up to 2-3 hours due to a baseline exam/assessment on all your needs and concerns.

- You might also be seen in the following areas if needed and ordered by the provider:
Pharmacist (if any medications are ordered)
ID Card Section (for your VA ID Card)
Lab (blood work)
Radiology (X-rays, CT Scans)
Prosthetics (BP Cuffs, medical devices)
Psychologist