

**SECTION 02 82 13.19**  
**ASBESTOS FLOOR TILE AND MASTIC ABATEMENT**

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**SECTION 02 82 13.19 - ASBESTOS FLOOR TILE AND MASTIC ABATEMENT  
SPECIFICATIONS**

**PART 1 - GENERAL**

**1.1 SUMMARY OF THE WORK**

**1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS**

Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work and the phasing of the work. In the event the Asbestos Abatement Contractor (Contractor) discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Contractor. All cost incurred due to such action are also the responsibility of the Contractor.

**1.1.2 EXTENT OF WORK**

- A. Below is a brief description of the estimated quantities of asbestos flooring materials to be abated. These quantities are for informational purposes only and are based on the best information available at the time of the specification preparation. The Contractor shall satisfy himself as the actual quantities to be abated. Nothing in this section may be interpreted as limiting the extent of work otherwise required by this contract and related documents.
- B. Removal, clean-up and disposal of ACM flooring in an appropriate regulated area in the following approximate quantities;  
740 square feet of flooring and mastic (12" x 12" tan floor tile and associated mastic)

1,430 square feet of flooring (12" x 12" beige speckled floor tile)  
2,500 square feet of mastic (under 12" x 12" light gray floor tile)  
600 square feet of ceramic tile floors and any/all waterproofing/vapor barrier

1.1.3 RELATED WORK

- A. Section 07 84 00, FIRESTOPPING.
- B. Section 02 41 00, DEMOLITION.
- C. Division 09; FINISHES.

**1.1.4 TASKS**

The work tasks are summarized briefly as follows:

- A. Pre-abatement activities including pre-abatement meeting(s), inspection(s), notifications, permits, submittal approvals, work-site preparations, emergency procedures arrangements, and standard operating procedures for Class II asbestos abatement work.
- B. Abatement activities including removal, clean-up and disposal of ACM waste, recordkeeping, security, monitoring, and inspections.
- C. Cleaning and decontamination activities including final visual inspection, air monitoring and certification of decontamination.

**1.1.5 ABATEMENT CONTRACTOR USE OF PREMISES**

- A. The Contractor and Contractor's personnel shall cooperate fully with the VA representative/consultant to facilitate efficient use of buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan and in compliance with any/all applicable Federal, identified State requirements and Local regulations and requirements.
- B. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved pre-abatement work plan. Asbestos abatement drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA representative through the pre-abatement plan of action.

## **1.2 VARIATIONS IN QUANTITY**

The quantities and locations of ACM as indicated on the drawings and the extent of work included in this section are estimates which are limited by the physical constraints imposed by occupancy of the buildings. Accordingly, minor variations (+/- 5%) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the Contractor shall provide unit prices for additional work that is newly discovered materials and those prices will be used for additional work under the contract.

## **1.3 STOP ASBESTOS REMOVAL**

If the Contracting Officer or their field representative presents a written **Stop Asbestos Removal Order**, the Contractor/Personnel shall immediately stop all asbestos removal and adequately wet any exposed ACM. The Contractor shall not resume any asbestos removal activity until authorized to do so by the VA. A stop asbestos removal order may be issued at any time the VA determines abatement conditions/activities are not within specification requirements. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the industrial hygienist's time. The occurrence of any of the following events shall be reported immediately by the Contractor in writing to the VA representative and shall require the Contractor to immediately stop asbestos removal activities and initiate fiber reduction activities:

- A.  $\geq$  0.01 f/cc outside a regulated area or  $>$ 0.01 f/cc inside a regulated area;
- B. breach/break in regulated area critical barrier(s)/floor;
- C. serious injury/death at the site;
- D. fire/safety emergency at the site;
- E. respiratory protection system failure;
- F. power failure loss of wetting agent; or
- G. any visible emissions observed outside the regulated area.

## **1.4 DEFINITIONS**

### **1.4.1 GENERAL**

Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

### **1.4.2 GLOSSARY**

**Abatement** - Procedures to control fiber release from asbestos-containing materials, typically during removal. Includes removal, encapsulation, enclosure, demolition and renovation activities related to asbestos.

**ACE** - Asbestos contaminated elements.

**ACM** - Asbestos containing material.

**Aerosol** - Solid or liquid particulate suspended in air.

**Adequately wet** - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.

**Aggressive method** - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.

**Aggressive sampling** - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to aggressively disturb and maintain in the air residual fibers after abatement.

**AHERA** - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.

**Aircell** - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

**Airlock** - A system for permitting entrance and exit, while restricting air movement, between a contaminated area and an uncontaminated area.

**Air monitoring** - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 2 is used to determine the fiber levels in air.

**Background Air Samples** - A method used to determine airborne fiber concentrations in the area where abatement work is to be conducted prior to the starting of the project.

**Pre-Abatement Air Samples** - A method used to determine airborne fiber concentrations in the area where work area preparation work is occurring.

**Clearance sample** - The final air sample taken after all asbestos work has been done and visually inspected. Performed by the VA's industrial hygiene consultant VPIN/CIH. Final clearance air samples will be analyzed by TEM. Results must be less than the background or 70 structures/mm.

**Personal sampling/monitoring** - Representative air samples obtained in the worker's breathing zone. **Air sample filter** - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester membrane for PCM (Phase Contrast Microscopy) and polycarbonate for TEM (Transmission Electron Microscopy)

**Amended water** - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

**Asbestos** - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

**Asbestos-containing material (ACM)** - Any material containing more than one percent asbestos.

**Asbestos contaminated elements (ACE)** - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

**Asbestos-containing waste material** - Asbestos-containing material or asbestos contaminated objects requiring disposal.

**Asbestos waste decontamination facility** - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

**Authorized person** - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.



**Authorized visitor** - Any person approved by the VA; the contractor; or any government agency having jurisdiction over the regulated area.

**Barrier** - Any surface that isolates the regulated area and inhibits fiber migration from the regulated area.

**Critical Barrier** - Barrier that seals off all openings to or within the defined regulated abatement work area, including but not limited to operable windows and skylights, doorways, ducts, grills, diffusers and any other penetrations to surfaces adjacent to or within the regulated abatement work area.

**Breathing zone** - The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.

**Bridging encapsulant** - An encapsulant that forms a layer on the surface of the ACM.

**Building/facility owner** - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.

**Bulk sampling** - The collection and analysis of suspect asbestos containing materials.

**Certified Industrial Hygienist (CIH)** - One certified in practice of industrial hygiene by the American Board of Industrial Hygiene. An industrial hygienist Certified in Comprehensive Practice by the American Board of Industrial Hygiene.

**Class I asbestos work** - OSHA term for activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).

**Class II asbestos work** - OSHA term for activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.

**Clean room/Changing room** - An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.

**Closely resemble** - The major workplace conditions which have contributed to the levels of historic asbestos exposure, are no more protective than conditions of the current workplace.

**Competent person** - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29 CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.

**Curtained Doorway** - An assembly which consists of at least 3 overlapping sheets of 6-mil plastic sheeting over an existing or temporary framed doorway, used to separate the chambers within the decontamination system enclosures and to inhibit airflow if the negative pressure ventilation system shuts down.

**Decontamination area/unit** - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.

**Demolition** - The wrecking or removal of any load-supporting structural member of a building or structure.

**Disposal bag** - 6 mil thick siftproof, dustproof, leaktight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.

**Disturbance** - Any activities that disrupt the matrix of ACM or PACM, or generate debris, visible emissions or airborne fibers from ACM or PACM. This includes moving of friable ACM from one place to another.

**Employee exposure** - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.

**Encapsulant** - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.

**Encapsulation** - Treating ACM with an encapsulant.

**Enclosure** - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.

**Equipment room** - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

**Fiber** - A particulate form of asbestos, 5 microns or longer, with a length to width ratio of at least 3 to 1, which results from the break up of ACM, PACM or asbestos material..

**Fibers per cubic centimeter (f/cc)** - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.

**Firestopping** - Material used to close the open parts of a structure in order to prevent a fire from spreading.

**Friable asbestos containing material** - ACM that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

**Glovebag** - A manufactured impervious bag-like enclosure constructed of at least 6-mil plastic, seamless at the bottom, with inward-projecting long sleeve glove(s), which may also contain an inward-projecting water-wand sleeve, an internal tool pouch, and an attached, labeled receptacle or portion for asbestos waste. The glovebag is constructed and installed to surround the object or area to be decontaminated and contain all asbestos fibers released during the abatement process.

**High efficiency particulate air (HEPA) filter** - A filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 microns or greater in diameter.

**HEPA vacuum** - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.

**HVAC** - Heating, Ventilation and Air Conditioning

**Industrial hygienist** - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop controls for occupational health hazards.

**Industrial hygienist technician** - A person working under the direction of an PIH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned and meets the requirement of OSHA as a Competent Person at 29 CFR 1926.1101.

**Intact** - Asbestos material that has not crumbled, been pulverized, or otherwise damaged or disturbed and the material's matrix has not noticeably deteriorated.

**Lockdown** - A thinned-down bridging encapsulant used for lockdown purposes to assist with cleanup.

**National Emission Standards for Hazardous Air Pollutants (NESHAP's)** - EPA's rule to control emissions of asbestos to the environment.

**Negative initial exposure assessment** - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), that employee exposure during an operation is expected to be consistently below the PEL's.

**Negative pressure** - A local exhaust system, capable of maintaining air pressure within a containment at a lower pressure than the air pressure outside of such containment. OSHA requires maintaining -0.02" water column gauge inside the negative pressure enclosure.

**Non-friable ACM** - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

**Outside air** - The air immediately outside the building or structure in which an asbestos project is performed.

**Building Owner/operator** - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

**Permissible exposure limit (PEL)** - The level of exposure OSHA allows for an 8 hour time weighted average. For asbestos fibers, the PEL is 0.1 fibers per cc.

**Polarized light microscopy (PLM)** - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type(s) of asbestos present in a bulk sample.

**Presumed ACM (PACM)** - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (k)(5).

**Professional IH** - An IH, hired by the VA, who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed EPA/NYS DOL approved courses on project monitoring and air sampling technician for

asbestos abatement projects; has formal training in air sampling requirements; and has a minimum of four projects of similar complexity with this project of which at least three projects serving as the project monitor.

**Project designer** - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Appendix C, Part I; (B)(5).

**Regulated area** - The portion of the restricted area where abatement work actually occurs. For OSHA Class I and Class II asbestos abatement, the interior of the restricted area containment enclosure is the regulated abatement work area.

**Regulated ACM (RACM)** - Friable ACM; Category I nonfriable ACM that has become friable; Category I nonfriable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II nonfriable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

**Removal** - Abatement consisting of operations where ACM, PACM or asbestos material is removed or stripped from structures or substrates. This includes demolition operations.

**Renovation** - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

**Repair** - The replacement, overhauling, rebuilding, reconstructing, or reconditioning of any part of a building/structure component or system with like or similar material or parts, due to excessive damage or wear.

**Shower room** - A room between the clean room and the equipment room in the personal decontamination enclosure with hot and cold running water controllable at the tap and arranged for complete showering during decontamination.

**Standard operating procedures (SOP's)** - Asbestos work procedures required to be submitted by the contractor before work begins.

**Surfacing ACM** - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, fireproofing and other purposes.

**Surfactant** - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.

**Thermal system ACM** - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.

**Transmission electron microscopy (TEM)** - A microscopy method that can identify and count asbestos fibers.

**VA Industrial Hygienist (VPIH/CIH)** - Department of Veterans Affairs Professional Industrial Hygienist.

**VA COTR** - The VA official responsible for on-going project work.

**Visible emissions** - Any emissions, which are visually detectable without the aid of instruments.

**Waste/Equipment decontamination area (W/EDA)** - An area, consisting of a washroom and a holding area separated from each other by airlocks, designated for the controlled transfer of materials and equipment from the regulated abatement work area.

**Waste shipment record** - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.

**Wet cleaning** - The process of eliminating asbestos contamination from surfaces, equipment or other objects by using cloths, mops, or other cleaning tools that have been saturated with amended water.

#### 1.4.3 REFERENCED STANDARDS ORGANIZATIONS

The following acronyms or abbreviations as referenced in contract/specification documents are defined to mean the associated names. Names and addresses may be subject to change.

- A. VA Department of Veterans Affairs  
810 Vermont Avenue, NW  
Washington, DC 20420
- B. AIHA American Industrial Hygiene Association  
2700 Prosperity Avenue, Suite 250  
Fairfax, VA 22031  
703-849-8888
- C. ANSI American National Standards Institute  
1430 Broadway

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212-354-3300

D. ASTM American Society for Testing and Materials

1916 Race St.

Philadelphia, PA 19103

215-299-5400

E. CFR Code of Federal Regulations

Government Printing Office

Washington, DC 20420

F. CGA Compressed Gas Association

1235 Jefferson Davis Highway

Arlington, VA 22202

703-979-0900

G. CS Commercial Standard of the National Institute of Standards and Technology (NIST)

U. S. Department of Commerce

Government Printing Office

Washington, DC 20420

H. EPA Environmental Protection Agency

401 M St., SW

Washington, DC 20460

202-382-3949

I. MIL-STD Military Standards/Standardization Division

Office of the Assistant Secretary of Defense

Washington, DC 20420

J. MSHA Mine Safety and Health Administration

Respiratory Protection Division

Ballston Tower #3

Department of Labor

Arlington, VA 22203

703-235-1452

K. NIST National Institute for Standards and Technology

U. S. Department of Commerce

Gaithersburg, MD 20234

301-921-1000

L. NEC National Electrical Code (by NFPA)

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- M. NEMA National Electrical Manufacturer's Association  
2101 L Street, NW  
Washington, DC 20037
- N. NFPA National Fire Protection Association  
1 Batterymarch Park  
P.O. Box 9101  
Quincy, MA 02269-9101  
800-344-3555
- O. NIOSH National Institutes for Occupational Safety and Health  
4676 Columbia Parkway  
Cincinnati, OH 45226  
513-533-8236
- P. OSHA Occupational Safety and Health Administration  
U.S. Department of Labor  
Government Printing Office  
Washington, DC 20402
- Q. UL Underwriters Laboratory  
333 Pfingsten Rd.  
Northbrook, IL 60062  
312-272-8800
- R. USA United States Army  
Army Chemical Corps  
Department of Defense  
Washington, DC 20420
- S. New York State Department of Labor - Industrial Code Rule 56  
State Office Campus, Room 161A  
Albany, NY 12240

## **1.5 APPLICABLE CODES AND REGULATIONS**

### **1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS**

- A. All work under this contract shall be done in strict accordance with all applicable Federal, State, and local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.



- B. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specifications exists, the most stringent requirement(s) shall be utilized.
- C. Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5 shall be available at the worksite in the clean change area of the worker decontamination system.

#### **1.5.2 CONTRACTOR RESPONSIBILITY**

The Contractor shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment as required by applicable Federal, State and Local regulations. The contractor shall hold the VA and VPIH/CIH consultants harmless for any failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental requirement on the part of himself, his employees, or his subcontractors. The contractor will incur all costs of the CPIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State requirements.

#### **1.5.3 FEDERAL REQUIREMENTS**

Federal requirements which govern some aspect of asbestos abatement include, but are not limited to, the following regulations.

- A. Occupational Safety and Health Administration (OSHA)
  - 1. Title 29 CFR 1926.1101 - Construction Standard for Asbestos
  - 2. Title 29 CFR 1910.132 - Personal Protective Equipment
  - 3. Title 29 CFR 1910.134 - Respiratory Protection
  - 4. Title 29 CFR 1926 - Construction Industry Standards
  - 5. Title 29 CFR 1910.20 - Access to Employee Exposure and Medical Records
  - 6. Title 29 CFR 1910.1200 - Hazard Communication
  - 7. Title 29 CFR 1910.151 - Medical and First Aid
- B. Environmental Protection Agency (EPA)
  - 1. 40 CFR 61 Subpart A and M (Revised Subpart B) - National Emission Standard for Hazardous Air Pollutants - Asbestos.

Ward 9D Renovations  
VA WNY Health Care System  
3495 Bailey Ave  
Buffalo, New York

09-05

2. 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA)

C. Department of Transportation (DOT)

Title 49 CFR 100 - 185 - Transportation

#### **1.5.4 STATE REQUIREMENTS**

State requirements that apply to the disposal, include, but are not limited to, the following:

A. Title 6, Part 364 - NYSDEC

#### **1.5.5 STANDARDS**

A. Standards which govern asbestos abatement activities include, but are not limited to, the following:

1. American National Standards Institute (ANSI) Z9.2-79 - Fundamentals Governing the Design and Operation of Local Exhaust Systems Z88.2 - Practices for Respiratory Protection.

2. Underwriters Laboratories (UL) 586-90 - UL Standard for Safety of HEPA filter Units, 7th Edition.

B. Standards which govern encapsulation work include, but are not limited to, the following:

1. American Society for Testing and Materials (ASTM)

C. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:

1. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.

2. NFPA 701 - Standard Methods for Fire Tests for Flame Resistant Textiles and Film.

3. NFPA 101 - Life Safety Code

#### **1.5.6 EPA GUIDANCE DOCUMENTS**

A. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference. EPA publications can be ordered from (800) 424-9065.

B. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024

C. Asbestos Waste Management Guidance EPA 530-SW-85-007

D. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001

E. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

#### **1.5.7 NOTICES**

- A. Send written notification as required by local regulations including the local fire department prior to beginning any work on ACM as follows:
- B. Copies of notifications shall be submitted to the VA for the facility's records in the same time frame notification is given to EPA and Local authorities.

#### **1.5.8 PERMITS/LICENSES**

- A. The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, ICR 56, and Local regulations.

#### **1.5.9 POSTING AND FILING OF REGULATIONS**

- A. Maintain two (2) copies of applicable federal and local regulations. Post one copy of each at the regulated area where workers will have daily access to the regulations and keep another copy in the Contractor's office.

#### **1.5.10 VA RESPONSIBILITIES**

Prior to commencement of work:

- A. 10 days before work is to start notify occupants adjacent to regulated areas of project dates and requirements for relocation, if needed. Arrangements must be made prior to starting work for relocation of desks, files, equipment and personal possessions to avoid unauthorized access into the regulated area. **Note: Notification of adjacent personnel is required by OSHA in 29 CFR 1926.1101 (k) to prevent unnecessary or unauthorized access to the regulated area.**
- B. Submit to the Contractor results of background air sampling; including location of samples, person who collected the samples, equipment utilized and method of analysis. During abatement, submit to the Contractor, results of bulk material analysis and air sampling data collected during the course of the abatement. This information shall not release the Contractor from any responsibility for OSHA compliance.
- C. The VA will employ an independent industrial hygienist (VPIH/CIH) consultant. The VPIH/CIH will perform the necessary monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, that the abatement work proceeds in accordance with

these specifications, and that the abated areas or abated buildings have been successfully decontaminated. The work of the VPIH/CIH consultant in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the VPIH/CIH and their services will be borne by the VA except for any repeat of final inspection and testing that may be required due to unsatisfactory initial results. Any repeated final inspections and/or testing, if required, will be paid for by the Contractor.

#### **1.5.11 SITE SECURITY**

- A. Regulated area access is to be restricted to authorized, trained/accredited and protected personnel. These may include the Contractor's employees, employees of Subcontractors, VA employees and representatives, and any other designated individuals. A list of the Contractor's personnel shall be established prior to commencing the project and be posted in the clean room of the decontamination unit.
- B. Entry into the regulated area by unauthorized individuals shall be reported immediately to the Competent Person by anyone observing the entry. The Competent person shall immediately notify the VA.
- C. A log book or sign-in sheet shall be maintained in the clean room of the decontamination unit. Anyone who enters the regulated area must record their name, affiliation, time in, and time out for each entry.
- D. Access to the regulated area shall be through of a critical barrier doorway. All other access (doors, windows, hallways, etc.) shall be sealed or locked to prevent entry to or exit from the regulated area. The only exceptions for this requirement are the waste/equipment load-out area for the removal of containerized asbestos waste from the regulated area, and emergency exits. Emergency exits shall not be locked from the inside, however, they shall be sealed with poly sheeting and taped until needed.
- E. The Contractor's Competent Person shall control site security during abatement operations in order to isolate work in progress and protect adjacent personnel. A 24 hour security system shall be provided at the

entrance to the regulated area to assure that all entrants are logged in/out and that only authorized personnel are allowed entrance.

F. The Contractor will have the VA's assistance in notifying adjacent personnel of the presence, location and quantity of ACM in the regulated area and enforcement of restricted access by the VA's employees.

G. The regulated area shall be locked during non-working hours and secured by VA security guards.

#### **1.5.12 EMERGENCY ACTION PLAN AND ARRANGEMENTS**

A. An Emergency Action Plan shall be developed by the Contractor prior to commencing abatement activities and shall be agreed to by the Contractor and the VA. The Plan shall meet the requirements of 29 CFR 1910.38 (a); (b).

B. Emergency procedures shall be in written form and prominently posted and available in the regulated area. Everyone, prior to entering the regulated area, must read and sign these procedures to acknowledge understanding of the regulated area layout, location of emergency exits and emergency procedures.

C. Emergency planning shall include written notification of police, fire, and emergency medical personnel of planned abatement activities; work schedule and layout of regulated area, particularly barriers that may affect response capabilities.

D. Emergency planning shall include consideration of fire, explosion, hazardous atmospheres, electrical hazards, slips/trips and falls, confined spaces, and heat stress illness. Written procedures for response to emergency situations shall be developed and employee training in procedures shall be provided.

E. Employees shall be trained in regulated area/site evacuation procedures in the event of workplace emergencies.

1. For non life-threatening situations - employees injured or otherwise incapacitated shall decontaminate following normal procedures with assistance from fellow workers, if necessary, before exiting the regulated area to obtain proper medical treatment.

2. For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker,

remove them from the regulated area, and secure proper medical treatment.

- F. Telephone numbers of all emergency response personnel shall be prominently posted in the clean room, along with the location of the nearest telephone.
- G. The Contractor shall provide verification of first aid/CPR training for personnel responsible for providing first aid/CPR. OSHA requires medical assistance within 3 minutes of a life-threatening injury/illness. Bloodborne Pathogen training shall also be verified for those personnel required to provide first aid/CPR.
- H. The Emergency Action Plan shall provide for a Contingency Plan in the event that an incident occurs that may require the modification of the standard operating procedures during abatement. Such incidents include, but are not limited to, fire; accident; and power failure. The Contractor shall detail procedures to be followed in the event of an incident assuring that work is stopped and wetting is continued until correction of the problem.

#### **1.5.13 PRE-CONSTRUCTION MEETING**

Prior to commencing the work, the Contractor shall meet with the VPCIH to present and review, as appropriate, the items following this paragraph. The Contractor's Competent Person(s) who will be on-site shall participate in the pre-start meeting. The pre-start meeting is to discuss and determine procedures to be used during the project. At this meeting, the Contractor shall provide:

- A. A copy of the Contractor's Standard Operating Procedures for Asbestos Abatement. In these procedures, the following information must be detailed, specific for this project.
  - 1. Regulated area preparation procedures;
  - 2. Notification requirements procedure of Contractor as required in 29 CFR 1926.1101 (d);
  - 3. Decontamination area set-up/layout and decontamination procedures for employees;
  - 4. Abatement methods/procedures and equipment to be used;
  - 5. Personal protective equipment to be used; and
  - 6. Site specific safety plan with task hazard analysis.

- B. At this meeting the Contractor shall provide all submittals as required.
- C. Procedures for handling, packaging and disposal of asbestos waste.
- D. Emergency Action Plan and Contingency Plan Procedures.

#### **1.6 PROJECT COORDINATION**

The following are the minimum administrative and supervisory personnel necessary for coordination of the work.

##### **1.6.1 PERSONNEL**

- A. Administrative and supervisory personnel shall consist of a qualified Competent Person as defined by OSHA in the Construction Standards and the Asbestos Construction Standard. These employees are the Contractor's representatives responsible for compliance with these specifications and all other applicable requirements.
- B. Non-supervisory personnel shall consist of an adequate number of qualified personnel to meet the schedule requirements of the project. Personnel shall meet required qualifications. A request for approval shall be submitted for any person to be employed during the project giving the person's name; qualifications; Certificate of Worker's Acknowledgment; Affidavit of Medical Surveillance and Respiratory Protection and current Respirator Fit Test.
- C. Minimum qualifications for Contractor and assigned personnel are:
  - 1. The Contractor has conducted within the last three (3) years, three (3) projects of similar complexity and dollar value as this project; has not been cited and penalized for serious violations of asbestos regulations in the past three (3) years; has adequate liability/occurrence insurance for asbestos work; is licensed in New York State; has adequate and qualified personnel available to complete the work; has comprehensive standard operating procedures for asbestos work; has adequate materials, equipment and supplies to perform the work.
  - 2. The Competent Person has four (4) years of abatement experience of which two (2) years were as the Competent Person on the project; meets the OSHA definition of a Competent Person; has been the Competent Person on two (2) projects of similar size and complexity as this project; has completed EPA/NYSDOL contractor supervisor training requirements/accreditation(s) and refreshers or equivalent;

and has all required OSHA documentation related to medical and respiratory protection.

3. The Abatement Personnel shall have completed the EPA/NYSDOL abatement worker course or equivalent; have training on the standard operating procedures of the Contractor; has one year of asbestos abatement experience; has applicable medical and respiratory protection documentation; has certificate of training/current refresher and State accreditation/license.

## **1.7 RESPIRATORY PROTECTION**

### **1.7.1 GENERAL - RESPIRATORY PROTECTION PROGRAM**

The Contractor shall develop and implement a Respiratory Protection Program (RPP) which is in compliance with the current OSHA requirements found at 29 CFR 1926.1101 and 29 CFR 1910.134. ANSI Standard Z88.2-1992 provides excellent guidance for developing a respiratory protection program. All respirators used must be NIOSH approved for asbestos abatement activities. The written respiratory protection shall, at a minimum, contain the requirements found at 29 CFR 1910.134 (c)(1)(i - ix) - Respiratory Protection Program.

### **1.7.2 RESPIRATORY PROTECTION PROGRAM COORDINATOR**

The Respiratory Protection Program Coordinator (RPPC) must be identified and shall have two (2) years experience coordinating the program. The RPPC must provide a signed statement attesting to the fact that the program meets the above requirements.

## **1.8 WORKER PROTECTION**

### **1.8.1 TRAINING OF ABATEMENT PERSONNEL**

Prior to beginning any abatement activity, all personnel shall be trained in accordance with OSHA 29 CFR 1926.1101 (k)(9) and EPA/NYSDOL requirements. Training must include, at a minimum, the elements listed at 29 CFR 1926.1101 (k)(9)(viii). Training shall have been conducted by a third party, EPA/NYSDOL approved trainer meeting the requirements of EPA 40 CFR 763 Appendix C (AHERA MAP). Initial training certificates and current refresher and accreditation proof must be submitted for each person working at the site.

### **1.8.2 MEDICAL EXAMINATIONS**

Medical examinations meeting the requirements of 29 CFR 1926.1101 (m) shall be provided for all personnel working in the regulated area,



regardless of exposure levels. The physician's written opinion as required by 29 CFR 1926.1101 (m)(4) shall be provided for each person and shall include in the opinion the person has been evaluated for working in a heat stress environment while wearing personal protective equipment and is able to perform the work.

#### **1.8.3 PERSONAL PROTECTIVE EQUIPMENT**

Provide whole body clothing, head coverings, foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d). The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle.

#### **1.8.4 REGULATED AREA ENTRY PROCEDURE**

Worker protection shall meet the most stringent requirements. The Competent Person shall ensure that each time workers enter the regulated area, they remove ALL street clothes in the clean room of the decontamination unit and put on new disposable coveralls, head coverings, a clean respirator with P-100 or HEPA filters, and then proceed through the shower room to the equipment room where they put on non-disposable required personal protective equipment.

#### **1.8.5 PERSONAL DECONTAMINATION PROCEDURE**

The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area. The exiting of the regulated area shall be in accordance with 12 NYCRR 56, Asbestos Subpart 56-8.3, a, 2.A. When exiting the regulated area, remove all disposable PPE and dispose of in a disposal bag provided in the regulated area.

- B. Carefully decontaminate and clean the respirator. Put in a clean container/bag.

#### **1.8.6 REGULATED AREA REQUIREMENTS**

The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for Class I glovebag regulated areas at 29 CFR 1926.1101 (e) are met applicable to Class II work. All personnel in the regulated area shall not be allowed to eat, drink,

smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

## **1.9 DECONTAMINATION FACILITIES:**

### **1.9.1 DESCRIPTION:**

Provide each regulated area with a fiber drum with a disposal bag in it for personnel waste materials.

**1.9.2 WASTE/EQUIPMENT DECONTAMINATION AREA (W/EDA)** - The Competent Person shall provide a W/EDA for removal of all waste, equipment and contaminated material from the regulated area.

**1.9.3 WASTE/EQUIPMENT DECONTAMINATION PROCEDURES:** Contaminated equipment and waste will be cleaned and removed from the regulated area in accordance with 12 NYCRR 56, Asbestos Subpart 56-8.9.

## **PART 2 - PRODUCTS, MATERIALS AND EQUIPMENT**

### **2.1 MATERIALS AND EQUIPMENT**

#### **2.1.1 GENERAL REQUIREMENTS (ALL ABATEMENT PROJECTS)**

Prior to the start of work, the Contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the Competent Person has submitted verification to the VA's representative to this effect:

- A. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).
- B. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable materials cannot be stored inside buildings. Replacement materials shall be stored outside of the regulated/work area until abatement is completed.
- C. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized place.
- D. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.

- D. Poly sheeting for critical barriers/floors in the regulated area shall be 6 mil.
- F. If required, the method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA and selected to minimize damage to equipment and surfaces.
- G. An adequate number of infra-red heating units, HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements shall be provided. Fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project shall also be provided. All electrically operated hand tools, equipment, electric cords shall be equipped with GFCI protection.
- H. Special protection for objects in the regulated area shall be detailed. (e.g., plywood over carpeting or hardwood floors to prevent damage from scaffolds, water, and falling material.)
- I. Impermeable fiberboard drums and disposal bags 2 layers of 6 mil, for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
- J. The VA shall be provided with a site specific chemical inventory of all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication. The corresponding MSDSs for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication will be maintained in the clean room. Chlorinated compounds shall not be used with any spray adhesive or other product. Appropriate encapsulant(s) shall be provided.
- K. DANGER demarcation signs shall be provided and placed by the Competent Person (as required by OSHA 29 CFR 1926.1101(k)(7)). All other posters and notices required by Federal regulations shall be posted in the Clean Room.
- L. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a hazard assessment conducted under 29 CFR 1910.132(d).

## **2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA**

### **2.2.1 GENERAL**

- A. Prepare the regulated area for abatement in accordance with 12 NYCRR 56, Asbestos Subpart 56-7 and/or 56-11. Should adjacent areas become contaminated, immediately stop work and clean up the contamination at no additional cost to the Government. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 2.2.8; Section 07 92 00, FIRESTOPPING. 2.2.2 PREPARATION PRIOR TO SEALING THE REGULATED AREA

### **2.2.7 FIRESTOPPING:**

- A. Through penetrations caused by cables, cable trays, pipes, sleeves must be firestopped with a fire-rated firestop system providing an air tight seal.
- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The Contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA Representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

## **2.3 MONITORING, INSPECTION AND TESTING**

### **2.3.1 GENERAL**

- A. The VPIH will perform work monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and Section 3.11 of these specifications.
- B. If fibers counted by the VPIH/CIH during abatement work, either inside or outside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed the specified respective limits, the Contractor shall stop work. The Contractor may request confirmation of the results by analysis of the samples by TEM. Request must be in writing and submitted to the VA's representative. Cost for the confirmation of

results will be borne by the Contractor for both the collection and analysis of samples and for the time delay that may/does result for this confirmation.

### **2.3.2 SCOPE OF SERVICES OF THE VPIH/CIH CONSULTANT**

- A. All documentation, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.
- B. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

### **2.3.3 MONITORING, INSPECTION AND TESTING BY CONTRACTOR CPIH**

The Contractor's Competent Person is responsible for managing all personal monitoring in accordance with 29 CFR 1926.1101, inspections that are documented in the daily project log of 12 NYCRR 56, Asbestos Subpart 56-7.3, as well as any and all regulatory requirements adopted by these specifications. The Competent Person is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor's personnel.

### **2.4 STANDARD OPERATING PROCEDURES**

The Contractor shall have established site-specific Standard Operating Procedures (SOP's). The minimum topics and areas to be covered by the SOP's are:

- A. Minimum Personnel Qualifications
- B. Site-specific Emergency Action Plan/Contingency Plans and Arrangements
- C. Site-specific Security and Safety Procedures
- D. Site-specific Respiratory Protection/Personal Protective Equipment Program and Training

### **2.5 SUBMITTALS**

#### **2.5.1 PRE-START MEETING SUBMITTALS**

Submit to the VA a minimum of 7 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-construction meeting for this project.

- A. Submit a detailed work schedule for the entire project reflecting phasing/schedule requirements.

- B. Proof of Contractor licensing.
- C. Proof the Competent Person(s) is trained and accredited and approved for working in this State. Verification of the experience of the Competent Person(s) shall also be presented.
- D. A list of all workers who will participate in the project, including experience and verification of training and accreditation.
- E. A list of and verification of training for all personnel who have current first-aid/CPR training. A minimum of one person per shift must have adequate training.
- F. Current medical written opinions for all personnel working on-site meeting the requirements of 29 CFR 1926.1101 (m).
- G. Current fit-tests for all personnel wearing respirators on-site meeting the requirements of 29 CFR 1926.1101 (h) and Appendix C.
- H. A list of and verification of training for all personnel in OSHA 10-hour or 30-hour awareness training for construction.
- I. The facility for the disposal of ACM waste/equipment.
- J. Submit Standard Operating Procedures developed specifically for this project incorporating the requirements of the specifications.
- K. Submit the specifics of the materials and equipment to be used for this project with brand names, performance characteristics, MSDS if applicable for the following:
  - 1. Negative air machines, HEPA vacuums and pressure differential monitoring devices
  - 2. Waste water filtration system, shower system, containment barriers.
  - 3. Hand held sprayers, airless sprayers
  - 3. Glovebags
  - 4. Respirators, protective clothing, personal protective equipment.
  - 5. Fire safety equipment to be used in the regulated area, fire extinguishers
  - 6. Emergency power generating system
- L. Submit the name, location, and phone number of the approved landfill and proof/verification the landfill is approved for ACM disposal.
- M. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction

- N. Submit the name, address and accreditation of the laboratory to be used for analysis of personal air samples. Air monitoring must be done in accordance with OSHA 29 CFR 1926.1101(f) and Appendix A.
- O. Submit copies of State license for asbestos abatement
- P. Copy of insurance policy, including exclusions with a letter from agent stating in plain english the coverage provided and the fact that asbestos abatement activities are covered by the policy.

#### **2.5.2 SUBMITTALS DURING ABATEMENT**

- A. The Contractor shall maintain a daily log at the regulated area documenting the following:
  - 1. An account of the daily activities and progress of the work;
  - 2. All personnel entering/exiting the regulated area;
  - 3. Document and discuss the resolution of unusual events such as barrier breeching, equipment failures, emergencies, and any cause for stopping work;
  - 4. Results of representative air monitoring.
  - 5. A copy of the "Certificate of Worker's Acknowledgment" for all persons to be employed on the project.
  - 6. NYSDOL Asbestos Handling Certifications (DOH 442) for all persons employed on the project (likeness on photographs must be clear).
  - 7. Proof of current (within the last 12 months) physical examination for all persons to be employed on the project.
  - 8. Proof of current (within the last 12 months) respirator fit test for all persons to be employed on the project.
- B. The CPIH shall document and maintain the inspection and approval of the regulated area preparation prior to start of work and daily during work.
  - 1. Removal of any poly barriers.
  - 2. Visual inspection/testing by the CPIH prior to application of lockdown.
  - 3. Packaging and removal of ACM waste from regulated area.
  - 4. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA's representative on a weekly basis.

#### **2.5.3 SUBMITTALS AT COMPLETION OF ABATEMENT**

- A. The CPIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. The

report shall include a certificate of completion, signed and dated by the CPIH, in accordance with Attachment #1. The VA Representative will forward the abatement report to the Medical Center after completion of the project.

- B. The CPIH shall submit as built drawings with identified removed locations and quantities as well as what was known to be left in place.

### **PART 3 - EXECUTION**

#### **3.1 PRE-ABATEMENT ACTIVITIES**

##### **3.1.1 PRE-ABATEMENT MEETING**

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

##### **3.1.2 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS**

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.
- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of 10/95 A/E Quality Alert indicating the failure to identify asbestos as applicable to glovebag abatement in the areas listed. Make sure these areas are looked at/reviewed on the project:



Lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations; inside chases/walls; transite piping/ductwork/sheets; behind radiators; below window sills; water/sewer lines; electrical conduit coverings; steam line trench coverings.

- C. Ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects which the Contractor is required to remove from the regulated area have been cleaned and removed or properly protected from contamination.
- D. Shut down and seal with a minimum of 2 layers of 6 mil fire retardant poly all HVAC systems and critical openings in the regulated area. The regulated area critical barriers shall be completely isolate the regulated area from any other air in the building. The VA's representative will monitor the isolation provision.
- E. Shut down and lock out in accordance with 29 CFR 1910.147 all electrical circuits which pose a potential hazard. Electrical arrangements will be tailored to the particular regulated area and the systems involved. All electrical circuits affected will be turned off at the circuit box outside the regulated area, not just the wall switch. The goal is to eliminate the potential for electrical shock which is a major threat to life in the regulated area due to water use and possible energized circuits. Electrical lines used to power equipment in the regulated area shall conform to all electrical safety standards and shall be isolated by the use of a ground fault circuit interrupter (GFCI). All GFCI shall be tested prior to use. The VA's representative will monitor the electrical shutdown.
- F. If required, remove and dispose of carpeting from floors in the regulated area.
- G. Inspect existing firestopping in the regulated area. Correct as needed.

### **3.1.3 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS**

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the

VPIH/CIH and may require that upon satisfactory inspection, Contractor's employees perform all major aspects of the approved SOP's, especially worker protection, respiratory systems, contingency plans, decontamination procedures, and monitoring to demonstrate satisfactory operation.

- C. The CPIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the Class II asbestos abatement work in accordance with this specification.

### **3.2 REGULATED AREA PREPARATIONS**

#### **3.2.1 OSHA DANGER SIGNS**

Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101 at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed ambient background levels. Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional signs will be posted following construction of the regulated area enclosure.

#### **3.2.2 SHUT DOWN - LOCK OUT ELECTRICAL**

Shut down and lock out electric power to the regulated area. Provide temporary power and lighting. Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.

#### **3.2.3 SHUT DOWN - LOCK OUT HVAC**

Shut down and lock out heating, cooling, and air conditioning system (HVAC) components that are in, supply or pass through the regulated area. Investigate the regulated area and agree on pre-abatement condition with the VA's representative. Seal all intake and exhaust vents in the regulated area with duct tape and 2 layers of 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6 mil poly disposal bags for disposal as asbestos waste.

#### **3.2.4 SANITARY FACILITIES**

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

#### **3.2.5 WATER FOR ABATEMENT**

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

#### **3.2.6 PRE-CLEANING MOVABLE OBJECTS**

Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location.

#### **3.2.7 PRE-CLEANING FIXED OBJECTS**

Pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After precleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape.

#### **3.2.8 PRE-CLEANING SURFACES IN THE REGULATED AREA**

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

### **3.3 CONTAINMENT BARRIERS AND COVERINGS FOR THE REGULATED AREA**

#### **3.3.1 GENERAL**

Seal off any openings at the perimeter of the regulated area with critical barriers to completely isolate the regulated area and to contain all airborne asbestos contamination created by the abatement activities. Should the adjacent area past the regulated area become contaminated due to improper work activities, the Contractor shall suspend work inside the regulated area, continue wetting, and clean the adjacent areas in accordance with procedures described in these

specifications. Any and all costs associated with the adjacent area cleanup shall not be borne by the VA.

### **3.3.2 PREPARATION PRIOR TO SEALING OFF**

Place all infrared machines, materials, equipment and supplies necessary to isolate the regulated area inside the regulated area. Remove all movable material/equipment as described above and secure all unmovable material/equipment as described above. Properly secured material/equipment shall be considered to be outside the regulated area.

### **3.3.3 CONTROLLING ACCESS TO THE REGULATED AREA**

Access to the regulated area shall be permitted only by the competent person. All other means of access shall be closed off by proper sealing and OSHA DANGER demarcation signs posted on the clean side of the regulated area where it is adjacent to or within view of any occupiable area. An opaque visual barrier of 6 mil poly shall be provided so that the abatement work is not visible to any building occupants. If the area adjacent to the regulated area is accessible to the public, construct a solid barrier on the public side of the sheeting for protection and isolation of the project. The barrier shall be constructed with normal 2" x 4" (50mm x 100mm) wood or metal studs 16" (400mm) on centers, securely anchored to prevent movement and covered with a minimum of ½" (12.5mm) plywood. Provide an appropriate number of OSHA DANGER signs for each visual and physical barrier. Any alternative method must be given a written approval by the VA's representative.

### **3.3.4 CRITICAL BARRIERS**

The regulated area must be completely separated from the adjacent areas, and the outside by at least 2 layers of 6 mil fire retardant poly and duct tape/spray adhesive. Individually seal all supply and exhaust ventilation openings, lighting fixtures, clocks, doorways, windows, convectors, speakers, and other openings into the regulated area with 2 layers of 6 mil fire retardant poly, and taped securely in place with duct tape/spray adhesive. Critical barriers must remain in place until all work and clearances have been completed.

### **3.3.5 EXTENSION OF THE REGULATED AREA**

If the regulated area barrier is breached in any manner that could allow the passage of asbestos fibers or debris, the Competent Person shall immediately stop work, continue wetting, and proceed to extend the regulated area to enclose the affected area as per procedures described in this specification. If the affected area cannot be enclosed, decontamination measures and cleanup shall start immediately. All personnel shall be isolated from the affected area until decontamination/cleanup is completed as verified by visual inspection and air monitoring. Air monitoring at completion must indicate background levels or less than 0.01 f/cc.

### **3.3.6 FLOOR BARRIERS**

If floor removal is not being done, all floors in the regulated area shall be covered with 2 layers of 6 mil fire retardant poly and brought up the wall 12 inches.

## **3.4 REMOVAL OF CLASS II FLOORING; ROOFING; AND TRANSITE MATERIALS:**

### **3.4.1 GENERAL**

All applicable requirements of OSHA, EPA, and DOT shall be followed during Class II work. Keep materials intact; do not disturb; wet while working with it; wrap as soon as possible with 2 layers of 6 mil plastic for disposal.

### **3.4.2 REMOVAL OF FLOORING MATERIALS:**

- A. All requirements of OSHA Flooring agreement provisions shall be followed:
  - 1. Negative air machine shall be used to effect some negative pressure in the regulated area. A spare machine shall be available.
  - 2. Flooring shall be removed intact, as much as possible. Do not rip or tear flooring.
  - 3. Mechanical chipping or sanding is not allowed.
  - 4. Wet clean and HEPA vacuum the floor after removal of flooring.
  - 5. Place a 6 mil poly layer 4' by 10' adjacent to the regulated area for use as a decontaminated area. All waste must be contained in the regulated area.

### **3.4.3 REMOVAL OF MASTIC**

- A. Mastic removal material must have a flash point above 140°F.
- B. The mastic removal material must be a "low odor" or "no odor" material.

- C. A negative air machine as required under flooring removal shall be provided.
- D. Follow all manufacturers' instructions in the use of the mastic removal material.
- E. Prior to application of any liquid material, check the floor for penetrations and seal before removing mastic.

### **3.5 DISPOSAL OF CLASS II WASTE MATERIAL:**

#### **3.5.1 GENERAL**

Package and dispose of waste materials as per this specification. All OSHA, EPA, and DOT requirements must be met. Landfill requirements for packaging must also be met. Disposal of non-friable waste must be done in accordance with applicable regulations.

### **3.6 PROJECT DECONTAMINATION**

#### **3.6.1 GENERAL**

- A. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH.
- B. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleaning of the regulated area surfaces after the primary barrier removal.
- C. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

#### **3.6.2 REGULATED AREA CLEARANCE**

Air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

#### **3.6.3 WORK DESCRIPTION**

Decontamination includes the cleaning and clearance of the air in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities.

#### **3.6.4 PRE-DECONTAMINATION CONDITIONS**

- A. Before decontamination starts, all ACM waste from the regulated area shall be removed, all waste collected and removed, and the secondary barrier of poly removal and disposed of along with any gross debris generated by the work.
- B. At the start of decontamination, the following shall be in place:
  - 1. Critical barriers over all openings consisting of two layers of 6 mil poly which is the sole barrier between the regulated area and the rest of the building or outside.
  - 2. Decontamination facilities, if required for personnel and equipment in operating condition.

#### **3.6.5 CLEANING:**

Clean all surfaces of the regulated area by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping methods. If determined by the CPIH/VPIH/CIH additional cleaning(s) may be needed.

### **3.7 VISUAL INSPECTION AND AIR CLEARANCE TESTING**

#### **3.7.1 GENERAL**

Notify the VA representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH after the cleaning.

#### **3.7.2 VISUAL INSPECTION**

Final visual inspection will include the entire regulated area, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other suspect material is detected, the cleaning shall be repeated at no cost to the VA. When the regulated area is visually clean the final testing can be done.

#### **3.7.3 AIR CLEARANCE TESTING**

- A. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final testing. Air samples will be collected and analyzed in accordance with procedures for PCM in this specification. If the release criteria are not met, the Contractor shall repeat the final cleaning and continue decontamination procedures. Additional inspection and testing will be done at the expense of the Contractor.

- B. If the results of the PCM are acceptable, remove the critical barriers. Any small quantities of residue material found upon removal of the poly shall be removed with a HEPA vacuum and localized isolation. If significant quantities are found as determined by the VPIH/CIH, then the entire area affected shall be cleaned as specified in the final cleaning.
- C. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

#### **3.7.4 FINAL AIR CLEARANCE PROCEDURES**

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured with PCM methods.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
  - 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method.
  - 2. All clearance air testing samples shall be collected on 0.8 $\mu$  MCE filters for PCM analysis. Air samples will be collected in areas subject to normal air circulation. A minimum of 5 PCM samples will be collected with at least 1200 Liters of air sampled. All results must be less than 0.01 f/cc for clearance.

#### **3.8 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE**

##### **3.8.1 COMPLETION OF ABATEMENT WORK**

- A. After thorough decontamination, complete asbestos abatement work upon meeting the regulated area clearance criteria and fulfilling the following:
  - 1. Remove all equipment, materials, and debris from the project area.
  - 2. Package and dispose of all asbestos waste as required.
  - 3. Repair or replace all interior finishes damaged during the abatement work.
  - 4. Fulfill other project closeout requirements as specified elsewhere in this specification.



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### **3.8.2 CERTIFICATE OF COMPLETION BY CONTRACTOR**

The CPIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

### **3.8.3 WORK SHIFTS**

All work shall be done during administrative hours (7:00 AM to 3:30 PM) Monday - Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

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**ATTACHMENT #1**

CERTIFICATE OF COMPLETION DATE:

PROJECT NAME:

VAMC/ADDRESS:

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):  
which took place from            /            /            to            /            /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all glovebag work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH Name:

Signature/Date:

Asbestos Abatement Contractor's Name:

Signature/Date:

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**ATTACHMENT #2**

**CERTIFICATE OF WORKER'S ACKNOWLEDGMENT**

PROJECT NAME:

DATE:

PROJECT ADDRESS:

ABATEMENT CONTRACTOR'S NAME:

**WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.**

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature:

Social Security Number:

Printed Name:

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**ATTACHMENT #3**

**AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND  
TRAINING/ACCREDITATION**

VA PROJECT NAME AND NUMBER:

VA MEDICAL FACILITY:

ABATEMENT CONTRACTOR'S NAME AND ADDRESS:

1. I verify that the following individual

Name:

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.

Address:

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.
3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.
4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH:

Date:

Printed Name of CPIH:

Signature of Contractor:

Date:

Printed Name of Contractor:

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**ATTACHMENT #4**

**ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S  
ASBESTOS SPECIFICATIONS**

VA Project Location:

VA Project #:

VA Project Description:

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature

Date

Abatement Contractor Competent Person(s)

Date

- - - END- - - -